

## Castleton alumnus lands dream job



COURTESY PHOTO

**John Shramek takes notes during a recent high school basketball game.**  
**By Stacy Sullivan**  
*Castleton Spartan*

John Shramek finally got his wish. The 2012 Castleton State College alumnus is now a full-time sports reporter at *The*

Castleton and credits him as a professor who helped him join the Herald staff.

“Making connections with professors was important,” Shramek continued. “I checked in with Bob Fredette right after I graduated and started as a part-timer in the fall.”

But the road to full-time employment in his field didn’t come quickly and eventually led him away from the Herald part-time gig.

Shramek is originally from Castleton and currently lives in Burlington with his girlfriend Shannon Ellis, another Castleton alumnus.

“I’ve been dating Shannon Ellis since high school. She was an accounting major,” he said.

That relationship, he said, led to a move. Then another move. And in the process his part-time sports writing job at the Herald had to be given up.

“We moved to Massachusetts for a big accounting firm for her and she ended up hating it. Burlington came up and it worked for the both of us,” Shramek said.

Fredette has been at the Herald since 1977 and could tell from the beginning Shramek had talent.

“You can always tell students that are just taking the class and students who have a passion to be there. John had a thirst for writing

sports,” Fredette said.

After the move to Burlington, the call came from Fredette that he’d been waiting for, Shramek said. And for the past few weeks, he’s been writing sports stories and helping design pages that readers across the region read daily.

He’s happy, although not entirely comfortable being interviewed.

“It’s weird being on the other side of this interview for *The Spartan*,” he said, especially because it wasn’t long ago he was one of the paper’s leaders.

“I’m so proud of John. He was such a great student and I think he always saw himself as a Herald sports reporter,” said Spartan Advisor David Blow. “He always worked hard and I tell students all the time that hard work pays off.”

Shramek’s father Dennis is a professor at Castleton and is very proud of his son’s accomplishments.

“I know that John enjoys and appreciates working with some of the Herald sports writers whose stories he grew up reading. And certainly I appreciate that he has this new opportunity at the Herald.”

## Klatts leave CSC after six years

**By Jorah McKinley**  
*Castleton Spartan*

Castleton said goodbye to two valued members of the college community in December with the departure of head football coach Marc Klatt, and Dean of College Advancement Colleen Klatt.

The couple came to Castleton six years ago, Marc as assistant coach for the brand new football team, and Colleen as director of Grants and Research.

In 2011 Marc took over the head-coaching job and in 2012 Colleen was promoted to dean of College Advancement.

Marc’s decision to resign came after a rough 2013 season, with the Spartans only winning one game. Early in the season, a number of key players were suspended for disciplinary reasons stemming from thefts from Dick’s Sporting Goods.

Colleen’s resignation came soon after.

Marc did not return a voicemail left on his answering machine, but he did speak with a reporter for d3football.com in December.

“When you go through a season like this, it gets you to take stock in a lot of things,” he said in the interview.

“I think we have reached a point where someone else is needed to move the program forward. There comes a point where the same old tactics and strategies aren’t working and it’s time to move forward,” Marc said.

However, even after a difficult 2013 season, it can’t be forgotten that Marc led the team to its most successful season yet in 2012, and the football program now has some of the highest attendance figures in the country for division three schools, College President Dave Wolk said.

Eric Minnaugh played two seasons for Klatt, and



CASTLETON YEARBOOK PHOTO

**Chrispin White (right) and his former Spartan teammates pause for a picture on the hardwood of the old Glenbrook Gym.**

## CSC’s taste of southern comfort

**By JenniLee Mark**  
*Castleton Spartan*



Chrispin White

students and co-workers, but also for his surrounding community.

A typical day for White includes countless meetings with students to help them gain experience in the community, meetings with community partners such as schools and non-profit organizations, meetings with faculty members to incorporate community service into their courses, sending out countless emails and planning service events.

And he does it all with a smile on his face.

“It’s wonderful when you see a student who’s

In the tiny town of Castleton, Vt. sits a small college with a little white building that’s home to a petite sky blue office that belongs to a big man with an even larger heart. Director of Community Service and Internships Chrispin White not only has a heart for his friends, family,

not quite sure what they want to do and you connect them with an experience in the community and that light goes on,” he said. “They’re excited about their potential in a certain area. That’s very rewarding for me.”

He loves interacting with students and helping them to build their future. One student, Maria Burt, is a second-year social work and sociology student working toward her Civic Engagement Certificate and calls White her mentor.

“Chrispin is an indispensable person,” Burt said. “No matter what, Chrispin always has a smile on his face; and it’s contagious. I always feel better about whatever it is I am doing when I leave a meeting with him.”

White described his job as more than just an office job, saying he gets to constantly interact with others and help encourage many people, which he considers fun and his community service.

In 2010, the Vermont Campus Compact awarded White with the Campus Leadership for Civic Engagement Award. In the announcement, they praised White for his efforts to improve the community.

“With his steady hand and strong but gentle way, he has helped the College progress considerably toward their goal of becoming a campus where civic engagement opportunities are ubiquitous,” Vermont Campus Compact officials wrote.

Anyone who knows White knows how helpful he is and how positive he is. His positivity stems from his childhood growing up in Newport News,

Va. The positivity comes in part from his father, Grady, and though he worked often, White said he still taught him the best advice: “Don’t worry about things you can’t control.”

White was extremely close with his mother, Ida, and his two older brothers, Elvis and Ledell. He fondly remembers going to Ocean View Amusement Park with them, going to Buckrowe and Virginia Beaches and playing sports with his brothers.

Growing up, White was a total sports junkie, but basketball was always his favorite and became the reason he came to Castleton.

Janice Rousse, then the athletic department’s administrative assistant and now his co-worker, recruited White to play. She was the first person he met on campus when he arrived and she recalled her first encounter with him.

This large young man walked up to her outside of Glenbrook Gym and she said, “Are you Chrispin?”

“Yes I am,” he replied.

“Well are you sure you’re at the right school because we don’t have football here,” Rousse said.

He knew he was in the right place and began his college basketball career. White remembers ending the season 14-13 under Coach Jim Caziano. However, that changed to a 26-2 record White’s sophomore year under Stan Van Gundy, who went on to coach the Miami Heat and the Orlando Magic.

Rousee may have been the first person he met here, but the second was Renee Beaupre White,

*Continued on page 6.*

## Beer and politics served in Huden

**By Jorah McKinley**  
*Castleton Spartan*

Beer, pizza, wings, and politics brought students and faculty together on Jan.28.

Students sat around high tables in Huden’s Spartan Room eating, drinking, and waiting for President Obama’s State of the Union Address to begin.

In other times, people used to gather in pubs to drink beer, listen to the president’s speeches, and debate politics, said Rich Clark, professor of political science at Castleton.

That is the idea behind Pub

Night at Castleton, to offer a venue for students to gather and experience politics in a way that can actually be entertaining.

The event, sponsored by The Stafford Center for Civic Engagement and the Castleton Polling Institute, even had its own hashtag on twitter.

Castleton is a member of the American Democracy Project, which created the hashtag so schools across the country could connect while watching the president’s speech, said Clark.

Castleton SGA President, Timothy Macintosh says Pub

night provided “something completely unique” to the students.

Macintosh would love to see even more involvement from students in political events like these.

Students everywhere seem to be involved and engaged already. The American Democracy hashtag had thousands of tweets from students all over the country who were actively watching the speech, and Castleton students seemed to be equally engaged.

There were nods and murmurs of ascent when



CAMERON MAURER / CASTLETON SPARTAN

**Bottled beer and the Constitution line the tables in the Spartan Room.**

*Continued on page 6*

*Continued on page 6*



# How about some honesty Mr. President?

“America when will you be angelic?  
When will you take off your clothes?  
When will you look at yourself through the grave?  
When will you be worthy of your million Trotskyites?  
America why are your libraries full of tears?”  
-Allen Ginsberg, *America*, 1956.

Circle the wagons, America, 2014 is to be a year of action as called for by President Barack Obama in the Jan. 28 State of the Union Address.

Since 2008, Americans have become familiar with the commander in chief’s abstract promises of equality and opportunity for all paired with a lack of specificity of how this will be achieved.

But be ready for action in 2014, America. According to Obama, our nation is a better market to invest in than China and by the end of the year, “Made in the USA” will once again be a regular stamp on products across the globe.

Here I challenge our smooth-talking leader. What about our major corporations, like Apple, that outsource parts of their products to be made in third world countries and ship these pieces to be assembled in California?

Made in the U.S.A.? You tell me, America.

In addition to Olympic gold medals, the President also intends to bring our troops in Afghanistan back to American soil.

“Together with our allies, we will complete our mission there by the end of this year, and America’s longest war will finally be over,” Obama said.

However, in the event

that Afghanistan signs a security agreement, Obama said we are prepared to deploy a small force for two small missions.

Tell me this America; Does bringing home some forces just to deploy others constitute as “bringing our troops home?”

Cynically speaking, Allen Ginsberg once asked “When can I go into the supermarket and buy what I need with my good looks?”

Although 2014 may not yet be the year to stock your cupboards based on your physical attributes, according to Obama it will be the year to hit the register with more change in your pocket.

With the plan to utilize his power to sign an executive order raising the minimum wage to \$10.10 an hour for all future federal contract workers, Obama also called on Congress to make this the minimum wage for workers from coast to coast.

Last year’s State of the Union address called for a similar wage increase, which was argued extensively on Capitol Hill for its potential to cause detriment to both businesses and the job market.

Now America, I may be just a journalist and by no means a mathematician, but simple economics tells me that raising wages typically results in cutbacks in order to maintain profit.

I hope you are prepared for a year of action. But America I ask, when will that action be an honest assessment?

-Molly DeMellier



# A push for a CSC pub

In order to teach students about drinking alcohol responsibly, give them a beer.

For most of age Castleton State College students, a social gathering place such as a bar is several miles away from campus. With the high cost of alcohol, the gas money to drive to the place, and the headache of figuring out a safe way to get back to campus, it seems like “staying in for the night” is the most viable option when it comes to having fun.

We thought it might be time to get a buzz going by saying Castleton State should have an on-campus bar.

Several bars around Rutland County attract students on weekends and sometimes weekdays. And that’s all fine and dandy, but an on-campus bar would provide a safe space for students to drink with friends without having to worry about trekking back to campus and might potentially curb a lot of off-campus drinking problems.

Not to mention, a bar would also provide several new work study jobs.

Students are less likely to fall into danger or get into trouble with alcohol if they are drinking on campus at a safe place, surrounded by friends and familiar faces. Furthermore, students will drink regardless of whether Castleton considers holding town halls and informa-

tion sessions around this possibility.

Sure there are going to be some who abuse the privilege and there will be those administrators who despise the idea and will fight it – like has been done in the past when it has been mentioned.

But is it possible opening a bar on campus might actually establish a deeper sense of rapport between students and faculty and administration?

If students feel the administration trusts them enough to open up a pub, they will be more likely to listen to the guidance on alcohol consumption.

This vision of a campus bar, therefore, is not outside the realm of possibility. We’re not talking about a place to go “get hammered,” but rather, a nice informal place for people to meet people, swap stories, and enjoy a meal.

For the sake of a safe and centralized social experience for the Castleton community, it is time to consider the value of pushing for an on-campus pub.

Sometimes the problem is part of the solution. And sometimes the poison is a part of the cure.

-Christian Doran

# Challenge Accepted!



already survived seven semesters and earned 103 credits.

To be honest, seeing the light at the end of the tunnel fills me more with dread than delight. I have been a student for more than 75 percent of my life and the thought of no longer spending time in classes is frightening.

Even though everything is moving so fast and there is so much to do, I take solace in the small things, like an extra hour of sleep or a free “adult beverage.”

Perhaps my favorite small thing though, is taking time to watch an episode of “How I Met Your Mother” whenever I can. I cannot help but compare my adventure toward graduation to Ted Mosby trying to meet the ‘one.’

Though the show goes off the air before I graduate, I have been following it for a long time, nine years to be exact.

I’ve followed the adventures of Mosby (even though I’m way more like Marshall) all

the way from the start, always enjoying his seemingly never ending adventures.

I think of all the great moments, like when Ted thought Robin was the one, Lily leaving for San Francisco and then coming back, Marshall and Lily’s marriage, Barney’s escapades, Ted being left at the altar, Marshall’s father dying, Marshall and Lily having a son, Barney and Robin getting engaged to each other and finally at the end of the last season, getting to meet the mother whom the show is named after.

It’s been a real journey, both watching the show and getting ready to graduate from college. It started when I was in eighth grade, seems like so long ago. I was a little shorter, a little rounder, and college seemed so far away.

Now, I sit here nine years later, typing away on this column while on my lunch break from my internship at the *Rutland Herald*. In that time I’ve not only gotten through the so-called toughest years of my life (high school), but even my time in the once distant land known as college is now rapidly winding down. Nineteen credits and one semester to go, I say bring it on.

In the eloquent words of Barney Stinson, “Challenge Accepted!”

-Josh Bassett

## Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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# Reacting on the freeze between the mountains

By Emma Rudnick  
*Castleton Spartan*

That familiar squeaky crunch of snow and ice under your boots and those awkward breathing sensations because your nose hairs have ever so delightfully frozen mean winter is in full force.

Tis the season of skis and snowboards lining hallways, massive ice hockey bags taking up of space in dorms, and roof racks on cars making it tough to tell if it's a cop car behind you or just a regular car.

And there's the lovely feeling of praying to the winter gods that your car will start when the mercury is in negative numbers.

"It's happened to me twice already," said sophomore and Okemo ski instructor Matt Nota.

Hoping your car will start isn't the worst on the list of problems people dislike about winter. Having a job that requires you to constantly break ice in water buckets and do physically demanding chores all day in sub-zero temperatures isn't all fun and games.

"I've woken up every day this month with an angry feeling because it's so cold out," said a frowning senior and barn manager at Tedesco Stables Jenna Guarneri. "There is

nothing enjoyable about being frozen and having to work outside."

And she's not the only person who feels this way. Senior Carly Pepin said that the cold and ice ruin her day because she hates being cold more than anything else in the world.

But the haters might be in the minority among Castleton State College students.

"I like harsh winters, they're fun," said junior Alex Denny. "The cold sucks, but I'd rather have it cold than hot."

Junior Nick Bruch agrees, saying there's nothing better than a good hot cup of coffee to start your day in the winter.

This winter season could be one for the record book according to the 2013-2014 farmers almanac. It has been predicted that it is going to be one of the harshest winters yet. The harshness so far, however, has come in the form of cold, not snow.

"It's been a pretty cold winter so far. Pretty crazy, too," said Reid Lesswing, senior and captain of the men's ice hockey team. "It's gone from warm to cold to warm to cold."

Ali Spencer, senior and captain of the women's ski team agrees.

"It's a harsh winter so far because it has gone from extreme negatives one week to the next where it's raining and slush," said Spen-



EMMA RUDNICK/ CASTLETON SPARTAN

## Students trek through a snowy Castleton campus.

cer.

But when the snow has arrived, students say they enjoy snowball fights, snow angels, catching snowflakes on their tongues, ice fishing and ice skating. And there's nothing like going star-gazing on a clear winter night, they say.

"The lakes freeze so you can go ice skating and play pond hockey," said Lesswing. "I like the snow, it's majestic."

And even though winter isn't everyone's favorite season, all seem to find a way to endure.

"I reward myself with more wine at night for surviving such extreme weather," said Guarneri laughing.



MATT TROMBLEY/SPARTAN CONTRIBUTOR

## Dean of Enrollment Maurice Ouimet poses on his Hubbardton farm.

# The farming dean

By Matt Trombley  
*Spartan Contributor*

At 5:30 a.m. the rooster isn't even up yet. Most of Castleton is sound asleep while Maurice Ouimet, Castleton's dean of enrollment, is just getting up and ready to milk the cows. The cold morning frost burns his cheeks as he steps outside to tend his animals, but it's all worth it for Ouimet, it's just what he loves to do.

Ouimet grew up on a farm in a small town called Plainville, Mass. He attended Boston College, where he majored in sociology. After college, Ouimet wanted to continue the farming lifestyle.

Admissions office coordinator Linda Sheridan jokes about Ouimet's dual life.

"He's what I like to call a gentleman farmer ... Let me know when he has two of every animal and I'll call his place Noah's Ark," she said.

Ouimet's farm is on Hubbardton Road, relatively close to campus.

"I love working so close by," Ouimet states. "If I ever need to get home to my wife or kids, I can easily do that and still come back to work if need be."

Assistant Dean of Enrollment Emily Weizalis works closely with Ouimet

and states that with him, "what you see is what you get."

"He's such a sweet guy, just a family oriented person ... It's the little things he says like 'don't let the grass grow under your feet.' You can tell that's one of the lines he grew up with on the farm."

To welcome new transfer student counselor Raphael Okutoro to Castleton, Ouimet invited Okutoro's family over to the farm for a visit.

"I was surprised to see Moe without a shirt and tie and instead as Moe the farmer," he said.

He listed off all the animals he noticed on the property including four cows, four turkeys, eight pigs and 20 chickens.

"The family was busy," Okutoro continued. "Everybody was doing farm work, even the kids."

Ouimet met his wife, Susan, at an early age – a really early age.

"I met my wife I was 4 years old," he explained. "We dated in high school. I went to Boston College and she went to Bridgewater State."

After college, Maurice and Susan married and moved Vermont to start his new job at College of St. Joseph in Rutland.

He started his career in college administration when he was a tour guide

during his undergraduate years.

"My first job was being a telecounselor for a college in Boston," he said.

When working for College of St. Joseph's, Ouimet noticed Castleton State College. He wanted to work for Castleton and jumped at the opportunity when the admissions office needed a counselor in 2002. Ouimet was promoted to the director of admission the next year and became dean of enrollment in 2007.

Although his career is thriving, Ouimet gives the impression that his greatest accomplishment is his family. His wife, two sons and daughter work hard on the farm and live almost completely off the land.

"If you look in my fridge, you won't find anything store-bought," Ouimet said proudly.

To some, Ouimet is almost too good of a person. Weizalis commented that "his closet is clean" when kiddingly asked if there may be any hidden skeletons we don't know about.

By all accounts, Ouimet turns out to be a family friendly guy who loves his farm. The only dirt this dean has is between his fingers and on his pants when he's tending his garden.

# Yes, miracles can happen



By Jadie Dow  
*Spartan Contributor*

The call came around 4 a.m. My dad shook me awake with tears in his eyes.

"Jade, wake up and get dressed. I just got a call. We have to go to the hospital."

I got dressed in a hurry and knew exactly why we were going. My grandmother probably wouldn't make it through the night. We had all feared this call for weeks, but knew it would come sometime soon.

The 25 minute drive to the hospital felt like hours, and as we drove, memories flashed through my mind. There isn't a memory I had with Gram that I don't treasure. With the countless cookies and the knitting lessons and the family dinners, my "stereotypical" grandmother was nothing but special to me.

And I was about to lose her.

My dad's knuckles were turning white around the steering wheel when my mom gently placed her hands on his and he released his grip and looked over at her.

"I don't know if I can do this," he whispered

I held my dad's hand as the doors opened and we walked into the hospital. Suddenly, I was overwhelmed with everything.

We walked silently into her room, past my aunts and uncles trying to give us an update.

I knew they were talking about me, but I didn't hear a word they were saying. All I wanted to do was see my Gram.

We opened the door and walked into the room. The only sounds in the room were the monitors and breathing machines. My mom and brothers followed shortly behind us and no one said a word.

Seeing my Gram in that bed was perhaps the hardest thing I have ever seen. She had been fine a few months before. Now, she was bald, thin, and missing both of her breasts. The only thing cancer had left to take was her heartbeat.

She opened her eyes and the edges of her mouth slowly formed a smile. I grabbed her hand and squeezed. Knowing this could be the last time I ever saw her, I savored every moment.

With tears streaming down my face, I looked at my Gram and told her I loved her. There was nothing left to do but pray for a miracle.

We left the room when the doctor came to update our family on her condition.

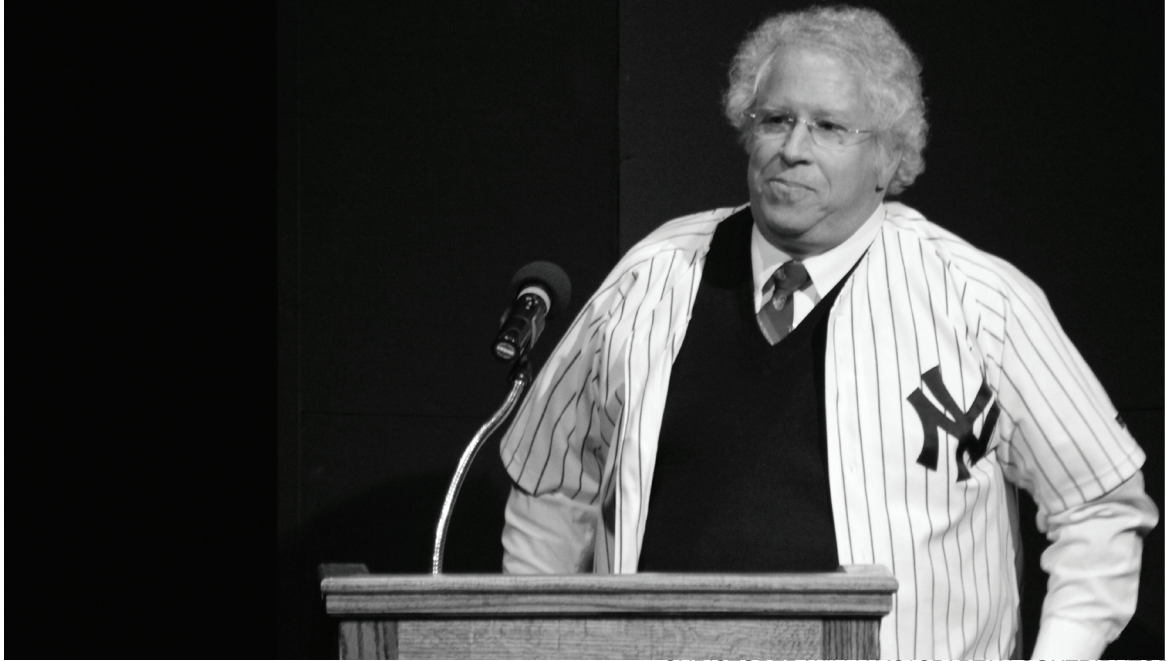
"Things don't look good folks. I would say your goodbyes now. It doesn't look like will make it through the night"

But she did.

She woke up the next morning, and the morning after that, and the morning after that too. She has woken up everyday since then. It's been four years, and she is still kicking.

I'm still not sure what happened that night, but what I do know is that my Gram is the strongest person I know, and anything can happen when you pray for a miracle.

# He had to wear the pinstripes again



CHRISTOPER WILLIAMS/ SPARTAN CONTRIBUTOR

## President Dave Wolk sports the Yankee jersey for a lost bet.

By Alex Davis  
*Castleton Spartan*

Students and faculty filed into Casella Theater on Jan. 23 for

what would prove to be an engaging Convocation to kick off the spring 2014 semester.

It started with opening remarks from President Dave Wolk

about Dec. 17, when Castleton students helped shatter the existing record for pints of blood donated within a 24-hour period, contributing to the astronomical

2,400 pints of blood collected in the last ever Gift of Life Marathon.

To put it in perspective, that's enough blood to conduct approximately 250 complete adult blood transfusions.

Wolk, in what has become a semi-annual defection, stoically sported a New York Yankee's jersey as a treat for all of those who participated in the Red Cross event. This was met by both cheers and some amount of heckling, with one student exclaiming "No, don't do it!" as he changed outfits.

The atmosphere then shifted as Wolk acknowledged the marked improvement in the behavior of the student body in the last year, compared to the rocky fall semester of 2012. He credited the improvement to strong student leadership.

Before passing the microphone to Dr. Michael Keirnan, Wolk concluded with a quip about the frigid temperature and by announcing that the new ice skating rink located in the pavil-

ion is once again open for business. The commuter student of the year was also announced, the honor going to Student Government Association President Timothy Mackintosh.

Keirnan, from Porter Medical Center in Middlebury, offered a tribute to the life and works of Dr. Martin Luther King Jr. that included some powerful parallels drawn between the non-violent methods of both Dr. King and Mahatma Ghandi, as well as a number of soulful musical accompaniments.

Music Education student Christy Papandrea then presented a fascinating breakdown of the source genres of what would contribute to the rock & roll explosion of the mid-sixties. The event was brought to a close with a group of students performing a full recitation of the famous "I Have a Dream" speech Martin Luther King Jr. presented at the 1963 March on Washington.



## Campus Quips

By Rebecca Roe



Question: What is your goal for the semester?



Amanda Tracy  
“Get on the Dean’s List.”



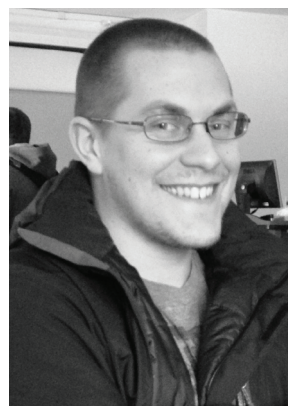
Stephanie Brassard  
“Go to the gym with Leah Barnett more often.”



Zach White  
“Dean’s List.”



Taylor Traverse  
“To Survive.”



Hans Harvey  
“To graduate.”

# Choma’s efforts are widespread at CSC

By Stacy Sullivan  
*Castleton Spartan*



COURTESY OF DEB CHOMA

From Safe Ride to the One in Ten Club, Castleton’s Deb Choma has left a mark.

During the day, Deb Choma, works with dementia patients and patients at the end of their lives.

She spends her Tuesday nights in a much different setting, talking about college health issues with Castleton State College students.

Choma is credited with creating many different clubs and services on campus including the Safe Ride program and One in Ten Club.

“In memory of my nephew who was killed by a drunk driving boater, I started Safe Ride in my own Isuzu Trooper about 15 years ago,” Choma said proudly. “At first some administrative staff said I was encouraging students to drink, when in reality, I was doing the complete opposite.”

Choma organized the One in Ten Club while working as a nurse in the Reed Center, known today as the Wellness Center.

“Students were coming to me with gay and sexual issues, so I started the club on my lunch break,” Choma said.

When Choma first started at Castleton, commu-

nity advisors were asking the nurse to help with events to interact with students, and thus “Sex with Deb” was born. She would talk to them about safe sex in a fun and non-threatening way and provide condoms to students.

In addition, Choma has now been public speaking for nine years to crowds up to 300 people at Health Care conferences across 42 states about sexuality and long term care.

“I am scheduled for a trip to Oregon soon to make it 43,” she said.

Additionally, she is also in the process of writing a book about long term care and ways to cope with crisis.

“I’ve heard a lot of great things about Deb’s class, and am excited to start this semester with her. She really seems to understand all of her students and make us feel so comfortable in her classroom,” said senior Chelsea Paola.

Alex Sears, also a senior at Castleton, has taken Choma’s Women’s Health Issues and Community Health classes, and is a big fan.

“I used to walk into Deb’s classes and all my stress would go away. She truly makes the Castleton community a better place,” she said.



EMMA RUDNICK/CASTLETON SPARTAN

A spin class takes advantage of new wellness center room.

## Haskell Hall basement gets ‘well’

By Callie Ginter  
*Castleton Spartan*

From spinning records to spinning bikes, the basement of Haskell Hall has had a major makeover.

What used to be the dark and dingy WIUV radio studio has been transformed into a fresh, clean wellness center room.

The new studio has bright white walls, spotless black floors, green trim along the walls, and a sparkling refreshing smell.

On Friday, members of spin class were crank-

ing the pedals of their stationary bikes.

Janet Hazelton, director of Human Resources, said she’s thrilled to have an official, consistent, class space for yoga and other wellness programs.

“In previous years we were always getting bumped from our space,” she said. “It caused a lot of confusion. Now that we have a finalized place, we can be more flexible with our classes.”

Jamie Bentley, coordinator of Campus Wellness Education, suggested that because of the new studio, people will be more eager to participate.

“I’m expecting good participation for this semester,” she said of a yoga class offered in the space. “The class is open to faculty, staff, students

and community members.”

Hazelton was also enthusiastic to get the word out about the new equipment and classes they were offering as a compliment to the yoga classes.

“We have new spinning bikes, so we will be offering spinning classes as well,” she said.

While Lucia Sforza, graduate student at Castleton, was spinning away on her bike Friday, she managed a comment on last week’s class.

“It was really fun and upbeat! The class was packed. All the bikes were full, and Taina (the spinning instructor) is really helpful.”

## SGA continuing concern for student safety

By Megan Harris  
*Castleton Spartan*

As the spring semester kicks off, the Student Government Association has once again revved up for action.

At its first official meeting Jan. 26, the SGA welcomed new member Jake Grinbergs as an SGA delegate.

In other news, the ongoing issues with blue light security poles remain. Delegate Catie Weligiz has been a longtime proponent for campus safety projects and has worked tirelessly to ensure safety across campus.

In her efforts, Weligiz put together a survey asking commuters and residence alike to answer questions about the blue security poles around campus. Eighteen percent of students responded and the results seemed clear: the majority of those who responded had never had any orientation regarding proper use of the devices.

More shockingly, responses from 10 percent of respondents showed that even when the security pole was activated, the response time from Public Safety was dismal or completely nonexistent.

“So, what I guess we’re seeing here is that this is still an important project. People need to be oriented and responded to when they feel unsafe,” Weligiz said.

In unrelated news, the SGA will continue a plan of stricter funding policies. After new waves of students utilized SGA fund last semester, the group was careful to make sure that their practices matched their constitution. The SGA requires funding exceeding \$2,000 to seek their approval and that of the Finance Board at least two weeks in

advance of a trip or major expense event.

The SGA, known for being generous and supportive of educational opportunities off campus, was having a hard time saying no.

The issue came up again Tuesday when the group discussion veered toward the definition of “advisor” came up regarding club and class trips.

“When we say an advisor, we need to be clear as to what the person is responsible for. Are they active member of the trip or are they providing transportation,” said SGA Advisor Melissa Paradee.

Conversation erupted around the table almost immediately, both from those in support of stronger policies and those in favor of more independence when young adults are traveling.

Vice President of Academics Dan Rivers’ answer was that of consistency.

“We can’t keep making exceptions. We’re kind of saps. If there’s a way it should be done in the Constitution, than that’s how we should do it. If we don’t like how it’s done, we should change. But for this instance, we should do it how it should be done,” said Rivers.

The discussion that followed led to the consensus that an advisor in the case of off-campus trip fulfills the functions of leadership while participating in the events of the advisees.

In other news, College Court is looking for four new members to fill its ranks. Students may apply by picking up an application in the SGA office on the second floor of the Campus Center.

SGA meetings are open to students, staff, faculty and the public. Join them Tuesdays at 5 p.m. to share your thoughts, ideas, concerns or questions.



REBECCA ROE/CASTLETON SPARTAN

Stephanie Brassard strolls past a blue security pole.

# Loss of sibling changes perspective

By Jordan Seymour  
*Spartan Contributor*

*Editors note: The below personal story was written for Professor David Blow’s Media Writing class as an exercise on the power of descriptive storytelling. It was chosen by classmates to run in The Spartan.*

One day I had three siblings. The next day I had two. It’s simple math really, but that had become my reality.

The bright summer sun had abruptly awoken me. As my foggy eyes regained focus, it was clear that I wasn’t in my house. I looked around the unfamiliar room. Anxiety had overcome my little 7-year-old body.

Finally I heard voices, familiar voices.

My babysitter Diana entered the room. It was clear something wasn’t right.

I asked where my mom was. Tears welled up in her crystal blue eyes. Immediately I began to think the worst. My heart began to race.

“Josh has been in an accident. Your mom will be here to pick you up in a few hours.”

That’s all she said.

For the next few hours leading up to my mom’s arrival, I watched episode after episode of “Hey Arnold,” which was also odd due to the two-episode TV rule my babysitter swore by.

In the back of my head, all I could do was hope Josh was ok, but my innocence left me naive to even allow myself to think about the potential fatality I was about to learn about.

Being only 7 years old, I had assumed that my oldest brother had broken a leg or something of that nature.

Turned out, I was wrong.

At 12:37 p.m. my mom’s forrest green Subaru Outback pulled into the driveway. I’ll never forget the look in her eyes. It was as if someone had drained all the joy out.

Usually I was quite the annoying little kid, constantly asking questions and causing mischief.

That day I knew better.

The silence had finally broken. I don’t remember how she told me or what she said, but when I got out of the car, I had come to the realization that Josh had passed away.

After that moment, my childhood was over. The world had become a dark and scary place. It took away my brother. It took away my once wholesome and happy family.

But losing a sibling has taught me the value in life, the importance of living every moment like it was your last because I know first-hand how quickly it can be taken away.





# Q&A: Mike Shalgeniwick lands job



COURTESY PHOTO  
**Mike Shalgeniwick stops to pose in his scrubs.**

**By Matt Trombley**  
*Spartan Contributor*

Michael Shalgeniwick walks through the halls of Mountain View Center in Rutland. Bright green scrubs mirror the energy Shalgeniwick brings to the old folks home. If you were to turn the clock back a year, you’d find Shalgeniwick in the SGA office as president, probably brushing up on his nursing textbook. I had a chance to sit down with the former Student Government Association president and get a glimpse of his life after Castleton.

**Q.** How has your life changed since graduation?

**A.** This is the first time I’m living completely independently on my own. Paying bills, buying groceries, rent, everything just makes me feel like an adult. It’s just hard to believe I’m going to be spending the rest of my life working full time.

**Q.** How long did it take you to get your first job as a nurse?

**A.** I got my nursing degree my junior year, I only applied to three different places and

three days before graduation I got my first job offer. I took two days to decide then I accepted. I chose it because it was a lot closer than the other job offer.

**Q.** Do you feel relieved getting a job within your major?

**A.** Yes! It’s just very gratifying having a job with the career choice you made. It makes me feel like I’m not wasting all the money I spent in college because I have I career I enjoy.

**Q.** What has more responsibility, being a nurse or SGA president?

**A.** Being a nurse (he chuckled). The overall job responsibility of being a nurse is more than being SGA president. Being president I had to do a lot of coordinating with just SGA things. My job as a nurse I have to manage a 40-bed unit of patients. My patients are generally stable, but it does require close attention.

**Q.** What’s the craziest thing you’ve experienced in your career so far?

**A.** I work on a dementia unit ... so there’s a lot of a crazy incidents. One time an elderly woman wheeled up to me, I leaned over to talk to her and she smacked me in the face and just

wheeled away.

**Q.** How do you feel after those kinds of moments?

**A.** When I first started, it was hard for me to adjust to things like that. But as the months go on, it all starts to seem normal. I feel like I’m just losing my mind slowly.

**Q.** Do you plan to stay in the area, or are there bigger things for Shennanigans?

**A.** Originally I planned to be gone last summer, but after I put in my notice, my managers asked if I would be interested in starting a career in management. So I decided to spend one more year here as the nurse manager in my nursing home. I plan on going to graduate school and hoping to get a job at a major hospital. Hopefully Boston, but I don’t know where I’m going to end up.

**Q.** What advice would you give to graduating seniors this year?

**A.** You’re probably gonna spend the first year just missing college, which I still do, but remember there’s bigger and better things out in the world for you.

## What makes you tick?

**By David Blow**  
*Spartan Advisor*

I asked them to tell me what makes them tick.

It was supposed to be just a fun writing exercise over pizza during the last Feature Writing class before a break last semester, but it turned into so much more – and I had to share.

Matt Trombley’s answer made the girls in the class utter a collective “awe!”

“What makes me tick might sound cliché and sappy, but it’s the closest to the truth as I can get,” he wrote. “What makes me tick, is my wife, Sam. No matter how bad my day is, no matter how many graying hairs I pull out of my head throughout the day because of stress, I always get to walk home and see her smiling face. Whenever I think of the future, she’s in the center of it. I do everything for her.”

For Molly Howard it was hockey. A member of the CSC women’s hockey team, Howard wrote that although she complains about the commitment at times, serving as a role model for other girls – including a recent autograph seeking visit by local Girl Scouts, makes it special.

Alexis Esposito wrote that CSC makes her tick saying it “allowed her to blossom.”

Deven Savage agreed, also crediting CSC for making him tick. He wrote that the school allowed him to meet the “love of his life, Emmalee,” and also made him mature.

“My life would be very different if I chose not to attend Castleton. I thank God each day I did,” he wrote.

For Chelsey McKinney, it’s the “world surrounding me.” She sees school as the catalyst to get her traveling the world and seeing foreign cultures that she’s so fascinated with.

“I have a mind that won’t sit still and I need to know what’s out there,” she wrote.

Co-Editor of *The Spartan* Becka Roe wrote about her time back home with family, and the little things like smelling her father’s morning coffee and being greeted with “good morning Sunshine.”

I bet her dad would love reading that because as a dad, I would hope my daughters might answer the same.

Mike Divis said “inspiration,” makes him tick, be it a sports team winning for their city or a single mom raising a child.

But for Molly DeMellier, co-editor of *The Spartan*, it’s the pursuit of laughter.

“I live to laugh and make others laugh,” she wrote. “This natural high keeps my world turning.

“Getting a laugh and putting a smile on someone’s face can have the potential to change their entire day.”

This assignment was meant to be a fun way to get some creative writing and share with classmates, but to me it became more – and I thought it would be neat to share.

## Kick-off to spring Soundings events

**By Catherine Twing**  
*Castleton Spartan*

Classes have started and tagging along is another semester of Soundings events. The intention of Soundings is to enrich the liberal arts education offered at Castleton with the hopes that students will become more aware of their surroundings and their place in the world. There are 17 events planned for this semester ranging from musicals and concerts to lectures on medicine and social media. As a reminder, Soundings I students are required to attend and successfully complete cards for six events. Soundings II students are required to attend and complete only four and Junior Soundings must attend three events and submit responses online along with a culminating essay. As a change this year, tickets are no longer required for events and Soundings students need only to bring their student IDs.

Before you whine about the boring lectures and lost evenings, take a look at some of the exciting events this semester has to offer. The spring 2014

soundings calendar really has something for everyone. The Burlington Ensemble will return on Feb. 10 for a workshop at 12:30 p.m. and a performance 7 p.m. highlighting the theme “Beyond Beethoven.” If classical music isn’t your thing, Los Ciegos Del Barrios, a New York based Latin band whose members are blind will be performing on April 1 at 7 p.m. On April 17, music department professor Paul Kafer will be presenting on the topic of film music and the connections it has to many fields of study.

Many lectures this semester showcase the current generation and how students in this era will have to adapt to challenges that other generations never dreamed of. Among these presentations is a lecture by former Vermont Gov. Howard Dean on Feb. 11 on the topic of civic engagement in “the first global generation.” Another is a lecture about the growing field of natural medicine presented by Dr. Emily Cannon of Integrated Medicine in Middlebury on Feb. 18. For athletes uninterested in medicine or music, on Feb. 10. former NFL cornerback Wade Davis will be speaking about his life

and challenges he has faced while advocating for LGBTQ youth.

In what is sure to be an exciting show, the Castleton theater department will be performing the satirical comedy “Urinetown”, a show about a hero who refuses to pay to use a public toilet. There will be six performances in late March so be sure to come and check it out. A full calendar of events can be picked up at the Fine Arts Center box office and online at [castleton.edu/soundings](http://castleton.edu/soundings).

The Soundings staff wishes to remind students that all food and drinks, including water bottles are not allowed in Casella Theater and must be left outside before all events. As usual, cell phone use is prohibited and if students are seen using these devices their Soundings cards may be taken and their responses may not be counted. Remember to bring your ID, something to write with and to arrive early. If there are any questions regarding soundings please stop by the box office or contact SallyAnn Majoya.

## Gliding through the Castle



DASHIELL MONDER / CASTLETON SPARTAN  
**Castleton students enjoy playing hockey on the ice skating rink beneath the pavilion outside Spartan Stadium.**

## Music review: 2014 Grammy Awards

**By Alexandra Johnstone**  
*Castleton Spartan*

From Jay-Z and Beyonce to Trombone Shorty and Orleans Avenue, the 2014 Grammy’s was an adequate variety of good music. Jay-Z and Beyonce performed a very seductive version of “Drunk In Love,” blowing everyone’s minds within the first five minutes of the show, naturally setting the bar high for the remainder of the duo performances.

Next to perform was Billie Joe Armstrong with Miranda Lambert, which changed the mood with a solemn song in tribute to Phil Everly of the Everly brothers. Switching the mood again, Bruno Mars sang to millions of girls through the TV performing his hit “Young Girls,” and very beautifully I might add. He went on to win best pop vocal album later in the night.

Daft Punk and Pharrell were basically nominated for every award available, a total of 11 between them. They received two Grammy’s each for their song “Get Lucky” and Pharrell won the non-classical producer of the year award.

Katy Perry turned the stage into a black forest performing with Juicy-J and all her usual erratic dancers in yet another seductive duo called “Dark Horse.” It seemed as though duos were the way to

perform this year as Pink and Nate Ruess also got into the act performing their number one billboard hit “Just Give Me a Reason” and proved why it was number one for so long.

Suddenly, in a heart-warming moment, 33 couples were married as Queen Latifah officiated while Macklemore and Ryan Lewis sang “Same Love” off their debut album “The Heist,” accompanied by Madonna. Macklemore and Lewis won four Grammy’s, a pretty successful first Grammy experience if you ask me.

Other usual performers including Taylor Swift, Madonna and Keith Urban were there to share their fabulousness once again and although there were a lot of familiar faces at the Grammy’s, there were also many new ones. This year was full of new powerhouse artists including Lorde, Kacey Musgraves and Kendrick Lamar. Lorde proved to be in her own world during her performance, but nonetheless still sounded amazing for a 17-year-old, leaving everyone wanting more of her unique hypnotizing voice. Lorde also won song of the year and best pop solo performance with her first big hit “Royals.”

The fabulous Justin Timberlake didn’t perform, unfortunately, but he was nominated for and won best R&B singer and best rap/song collabo- ra-

tion with Jay-Z in their hit “Holy Grail.”

Needless to say, the night was full of talented artists showing off their amazing vocals, humor and glamorous side in a fantastic show. Then again, if Jay-z and Beyonce open for any show it’s going to be fantastic.



**Beyonce and Jay-Z perform “Drunk in Love” at the Grammy’s.**

## Game review: Pokemon Y

**By Dashiell Monder**  
*Castleton Spartan*

Pokémon X and Y were released in October to rave reviews including a nine and 10 ranking respectively out of 10 by reviewers IGN.

The game takes place in a new region called the Kalos Region with 69 new Pokémon and a new type of Pokémon species called Fairy Type. Other gamers are speculating that there might be another evolution form for Eevee, which might be a dragon type Eevee and mean that the Pokémon can mega evolve into their mega evolution forms, which look pretty epic and powerful. There is also a new group of villains called

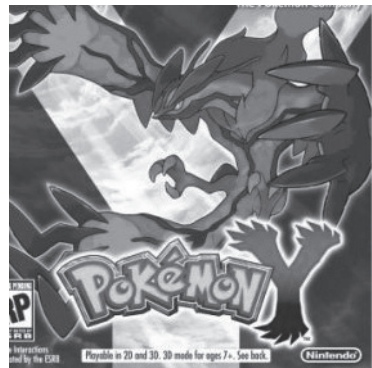
Team Flare.

Players get to choose from three new starters: Pokémon named Fennekin, Froakie or Chespin; and then later Bulbasaur, Charmander or Squirtle. In order to get these, you meet a man named Professor Sycamore. There is a really cool feature called wonder trade where you get random Pokémon for a Pokémon the player doesn’t want, but you can only do it on the Internet if the owner of the router allows them to use it. The only devices the game was designed for are the Nintendo 2DS and 3DS. When you choose one of the starters, the players get to capture one of three different legendary birds; Pokémon from the 1st generation of Pokémon named Articuno, Zapdos and Moltres.

And there are many other legendary Pokémon; and soon there will be an addition to the game called Pokémon Bank, which connects to Pokémon Black 2 to transfer Pokémon from one game to another.

After the player gets eight gym badges, they get to take on the elite four and the champion. The Pokémon bank has been delayed until the end of next month, and I’m sure other players are very irritated by trying to get the addition to the increase the gameplay a boatload more and have a lot of crazy fun.

I hope all you video game players out there will have a blast as much as I have!









# Ski teams hopeful as regional qualifiers approach

**By Tanner Dana**  
*Spartan Contributor*

The men’s ski team took a dip in the rankings this past weekend at Crotched Mountain.

Senior Gordon Mason said that Saturday’s events went well, but the team could have performed better.

“We didn’t really ski to our full potential,” Mason said.

The women’s team, however, kept the pace with last weekend’s meet by ranking second in their division. The men fell short landing in fifth place after last weekend’s third place.

“Our conference is one of the most competitive conferences in the country. Nobody is dominating these meets. Many of the runs are decided by seconds,” Coach Chris Eder said.

He said his skiers need to start having more consistent runs instead of just having a solid first one and that it’s all about finishing what they start.

“We’re too in our comfort zone and we need to start skiing more dangerously and just go for it,” sophomore Jackie Bielak said.

Others couldn’t agree more.

“We just need to focus on finishing consistently well for the rest of the season,” Mason said.

For the men, freshman skier Matt Couture made an impression Saturday by placing second in the slalom, his best finish all year. Junior Patrick Burke also kept up his successful season by placing eighth in slalom and fourth in giant slalom.

From the women’s team, sophomore Simona Croccolo was the only member to place in the top 10 in the slalom at eighth. Senior Ali Spencer skied into eleventh while sophomore Lisa Davis came in 16th.

Another standout, senior Blaire Hooper, earned her best finished by coming in fifth in the giant slalom while Spencer joined her in the top 10 at eighth. Croccolo placed 14th in her two runs.

For the future, Eder says it’s about peeking at the right time.

“At the end of it all, it’s about who’s doing well in February,” Eder said.

Some team members feel the February will be kind to Spartan skiing.

“I think we have a good shot at qualifying at regionals, but we need to be dominate in our last two races to secure our position,” Mason said.

Bielak said she too is confident that the team will make it to regionals by skiing a little more aggressive.

“Ultimately, we ski to win, not just to ski,” Eder said.



COURTESY PHOTO

Patrick Burke carves past a gate.



KATIE SAULT/CASTLETON SPARTAN

Carnelius Green soars to the rim over a Thomas defender in the Jan. 25 home contest.

# Men split in Maine

**By Deven Savage**  
*Castleton Spartan*

The men’s basketball team headed to Maine for a two-game weekend road trip against Husson University and Maine Maritime.

In the first game, Castleton battled now 1st place Husson but couldn’t come out on top and fell 69-64 on Friday in Bangor, Maine.

Castleton came ready to play and the first half was back and forth as the two teams struggled to gain the lead. Eventually Husson went ahead just before halftime 36-32. A jump shot from Casey McGraw just before the halftime buzzer cut the Spartan deficit to 4 points at the break.

Logan White and Troy

Davine led the Spartan offense with 12 and 18 points, as well as 2 and 3 steals.

Chad Copeland led the floor with 11 rebounds as his team out rebounded the Eagles 36-26. However the Spartans managed to turn the ball over 21 times, including a pair of vital late game turnovers in the fourth.

The loss dropped Castleton down to second place in the NAC Conference with a 9-2 record, 11-7 overall.

“We’re still discovering each other as a whole and as teammates; it’s a work in progress. We haven’t been playing to our full potential and with a team like Husson, you can’t get away with mistakes,” said Castleton Head Coach Paul Culpo.

Saturday the Spartans headed off to Castine to face

Maine Maritime for their second game of the weekend stretch.

The Spartans were fresh off a hard fought battle with Husson and were looking for redemption. The Spartans were too much for their opponents to handle going on to dominate Maritime 104-68.

The Spartans had six players score in double figures and a program high 25 steals. Eight different Spartans snatched the ball from their opponent at least twice while Logan White and Jahnathan Mitchell each recorded four. The Spartans capitalized on the 40 turnovers they forced for a total of 37 points off turnovers.

Castleton’s offense found a groove as 14 different players recorded points with Lo-

gan White leading the pack with 15. Carnelius Green and Cosrick McDonald also added hefty contributions to the offensive strike with Green scoring 13 points and McDonalds putting up 12 of his own along with five rebounds.

The Mariners offensive attack just couldn’t handle the Spartan defense as they went to shoot just over 25% from the floor. Maine Maritime falls to 1-16 overall and 0-11 in conference on the season.

Castleton advances to 12-7 overall and 10-2 in the NAC. They hope to maintain their 2nd place spot Tuesday at 7:30 p.m. hosting Johnson State.

# Men’s hockey drops to .500 in Beantown

**By Andrew Cremins**  
*Castleton Spartan*



EMMA RUDNICK/CASTLETON SPARTAN

Tyler Gaudry makes a play in the defensive zone.

The Spartans took to the road this past weekend heading to Boston for a pair of tough conference games. Babson and UMass Boston are ranked nationally in the top-15. With playoff seeding an important factor nearing the end of a season, Castleton had the opportunity to slide into the fourth spot of the ECAC standings with a win over Babson. The move in seeding would secure a home quarterfinal game given they kept that spot for the last few games of the regular season.

Castleton’s Derek Gingera scored the game tying goal with 30 seconds left sending it into overtime Friday night.

The Spartans flew out of the gate taking a quick two goal lead in the first period. Goals were scored by Kevin Rosset (Kovalchik, 11:20) and Nick Kovalchik (Herzog and Greene, 14:41).

Staying out of the box has been something Castleton’s Coach Steve Moffat has been reiterating to his team. The Spartans managed to get three penalties in the game, but killed them all off.

Castleton went into the first intermission with a 2-0 lead despite being

outshot by Babson 10-9.

The sixth nationally ranked Babson Beavers wouldn’t back down. The Beavers would net two goals back-to-back with a tie score of 2-2 in the second period.

Both teams opened up the third with competitive back-and-forth play until Babson’s Andrew Bonazza cut the tie with a goal at 6:40 remaining.

It looked like it was all over reaching the final minute until Castleton’s Derek Gingera scored a clutch game-tying goal with 30 seconds remaining the Spartans came back to life.

The Spartans and Beavers battled relentlessly for five more minutes, but neither side could muster another offensive punch. The teams ended in a 3-3 tie.

Castleton moved to 10-9-2 before playing another tough opponent in U Mass Boston.

Moving onto the Beacons Saturday afternoon, Castleton looked to rebound after squandering a two goal lead to Babson the night before.

The Spartans had a slow start and the Beacons took advantage.

The Beacons top ranked scoring attack in the ECAC at 4.30 goals a game was apparent as they exploded with five goals against the Spartans; three of

which came in the first period.

Castleton senior Brian Greene found the back of the net making it 3-1, but wasn’t enough as the Beacons kept the pedal down.

Coming out of the first intermission, UMass’s Giovanni Marinelli scored seven minutes into the second period, deepening the hole for Castleton 4-1.

Hopes of making anything out of the third period were crushed after a Beacon goal 38 seconds after the drop of the puck extending their lead 5-1.

Castleton usually has a tough time of staying out of the penalty box was on the opposite end of things; especially in the third.

UMass received five penalties in the third and seven total for the game. Castleton however, only cashed in on one of their power plays back in the first period.

The storm calmed as UMass’s scoring ceased after their fifth goal.

Coach Moffat made no excuses for his team.

“We need to learn something from UMass,” Moffat said. “They played with good energy.”

Castleton received their 10th loss making them 10-10-2 where they’ll prepare for in-state rival Norwich next Friday at 7:00 p.m.



# Castleton grads team up at St. Joe’s



**Zak Mayo, left, and Caylee Fleury, right, are taking over softball coaching duties at the College of St. Josephs.**

**By Ruby Bushey**  
*Castleton Spartan*

After graduating college most students are stressed about two things: money and finding a job. But two recent Castleton graduates already received an offer they couldn’t refuse. Caylee Fleury, a 2013 graduate, and Zak Mayo, a 2012 graduate, have become coaches for the College of St. Joseph’s first softball team in more than nine years. Mayo is the head coach who is also working toward his masters at St. Josephs.



CONTRIBUTED PHOTOS After graduating from Castleton with a sports administration degree, Mayo worked for Castleton’s Admissions Department, then Burlington College in Northern Vermont, and then at St. Josephs this fall. “I feel absolutely blessed. Caylee is awesome, she brings depth and knowledge of the game to help start this team from scratch. It’s something I always dreamed of doing,” Mayo said. Fleury, who graduated with a degree in social work, currently works for the Rutland Mental Health Community Access Program that provides services for adults and children with disabilities. Fleury recently landed a full-time position there as a service coordinator. “I am very lucky that I got this opportunity, for both a full-time job with my degree, and as the full-time assistant coach

at St. Josephs. I am really excited, I got a big start,” she said. The team in the spring of 2015 will play in the USCAA division, a subdivision of the NAIA. The team will be playing mostly division I, and II schools, but Fleury, a Castleton softball alumnus, said she hopes they can play the Spartans during their regular season. “Him and I are so thrilled, we are in the recruiting process now. We’ve been going to a lot of showcases to scout upcoming freshman for the fall of 2014,” said Fleury. Both coaches said they are looking for transfers as well. Although transferring is a painful process, the college of St. Josephs has a scholarship called the Providers Scholarship, where students have to maintain a 2.0 GPA and perform 15 hours of community service during both fall and spring semesters. “With the Providers Scholarship it truly is an opportunity for students to attend an affordable college,” Mayor said. “The opportunities here are awesome, the small campus, and small classes are perfect for the one on one attention that is good for students.” Macyn Clifford, one of Mayo’s old teammates, called Mayor a really hard worker. “This is a good opportunity for him to share his past knowledge of the game,” he said. The excitement is evident when Mayor talks about his new role. “When involved in coaching, you can really enjoy teaching a certain philosophy about the game. We may be starting from scratch, but I think we have the opportunity to successfully have a well-rounded team of great athletes for our first season next spring,” he said.



**Women’s Head Coach Tim Barrett refocuses the team during a 2012-2013 season game .**

## Barrett’s success secrets

**By Kaylee Pratt**  
*Castleton Spartan*

The Lady Spartans are off to another dominating season after winning seven straight games. The team has breezed through its 2013-14 schedule with a 17-2 record just a year after going 29-2. It’s no secret that since Tim Barrett has been head coach, the girls have had nothing but success. After coaching for 13 years, Barrett has 245 wins in his pocket and a 70 percent win percentage. So what’s his secret? In a recent interview with a sports writing class, Barrett said recruiting is key. First, he said, a database is created each year with 300 to 400 possible athletes to look at.

But that is just the first stage of an ongoing process. “There is no dead period in Division three recruiting,” Barrett said, adding that he is committed to chasing solid players all year round. When on recruiting trips, Barrett said he looks for girls with character on and off the court, but he finds it equally important to develop relationships with each player. After 13 years Barrett has only had 2 players leave the program. Alyssa Leonard, a senior on the team, said she was very surprised with the overall communication Barrett and his staff had with her and how consistently they came to watch her play. Leonard said the staff would even sit and connect with her parents, which also stood out from other schools looking

to recruit. Senior player Stephanie Bull agrees. “He doesn’t just care about basketball, he cares about my personal life and how I’m doing as well as academics, and how my friends are doing. He cares about you as a person, not just as his athlete,” Bull said. During the bus ride home from a game last season no one knew Barrett had hit his 200th win that night until a player had found out and asked why he didn’t say anything about it. “Well, Spartans won tonight,” Barrett said. Barrett said he spends a lot of time communicating with the girls and working on preparation. “He prepares like no one else in the league,” said Jeff Weld, a former assistant

coach. One of the team’s greatest strengths is defense and knowing how to strategize. Barrett said they spend a great deal of time preparing for each game and his players can see that too. “He is always adapting our style of play to the people that we have on the team He is great at recognizing personnel and utilizing our strengths,” Leonard said. But Barrett gives all the credit to the girls. “You’re only as good as the players you have on your team,” he said in a genuine tone. “Success breeds success sometimes.” *Andrew Cremins contributed to story.*



**Liz Douglass goes in for a layup against Thom-as College.**

## Streak continues

**By Andrew Cremins**  
*Castleton Spartan*

On a brief road trip to Maine over the weekend the Spartans swept their opponents increasing their win streak to seven. In the first game Castleton beat Husson 62-55. Alyssa Leonard and Jade Desroches led the team with a combined 29 points. Starting the first half slow, the Spartans exploded in the second shooting 53.8 percent from the field making 14 of 26 attempts. Castleton outrebounded the Eagles 30 to 20, but turned the ball over 17 times to Husson’s 11. The Spartans continued their momentum into the second game against Maine Maritime. Castleton was poised at the line sinking 92.9 percent of their free throws on 13 of 14. This proved to be difference maker as the Spartans and Mariners were nearly deadlocked in most statistical categories. Meghan O’Sullivan led the way with 16-points followed by Jade Desroches with 12. Leonard weighed in on how the team will approach the rest of the season. “To establish that we are a defensive team by continuing to bring the same consistent effort and enthusiasm every time we step on the court,” Leonard said. The team improves to 17-2 overall and 12-0 in the NAC.



**Brie Narodowy faces off against a Nichols College foe.**

# Pink brings in the green

**By Andrew Muse**  
*Castleton Spartan*

The Women’s hockey team took the rink last weekend for its fifth annual ‘Pink the Rink’ event. The event was a success as they raised money for Breast Cancer Awareness while beating Nichols College 6-2. “This event means a lot. I’ve had a number of teammates that have had cancer and survived,” said Castleton Alum Barb Pennington. “We all have moms, aunts, and sisters so it’s important that we support such a great cause.” The event has raised \$28,000 in the last four years including \$7,000 at the last year’s event. The team wore pink collector’s jerseys that they are selling online with all the proceeds going to the breast cancer program at Rutland Regional Medical Center. “The event raises money for the local community for patient care and people struggling,” said Pink the Rink supporter Peg Soule. “We are able to give money to people that are in need of help through their struggle.”

In the ‘Pink the Rink’ game, Castleton got a big boost from Brie Narodowy when she recorded her first career hat trick in Castleton’s win. “We come together and played a solid 60 minutes,” Rachel Bombardier said. “The event definitely elevated the purpose of our game and we realized that this is bigger than just a game”. This past weekend, Castleton traveled south for a double header in Massachusetts and Rhode Island to face Holy Cross and Salve Regina. Against Holy Cross, the Spartans were not able to get any offense going getting shutout by the Crusaders losing 2-0. The next night against Salve Regina, both teams fought hard but neither could score as the game ended in a 0-0 tie. The Spartans went 0-1-1 on the weekend. Castleton now moves to 11-8-2 on the season with a 6-4-2 record in the ECAC East. They play again on Feb. 7 when they host Southern Maine.



## Hazing cancels men's rugby for one year

By Callie Ginter  
*Castleton Spartan*

Castleton's men's rugby team has been suspended for one year due to a hazy hazing incident.

The alleged hazing incident was reported this past fall, but reportedly had taken place in the spring of 2013, school officials said. Athletic Director Deanna Tyson made the final decision to suspend the team.

"A year suspension is very fair," said Tyson in a Feb. 10 interview.

The topic was brought to the school's attention when former Castleton student Evan Hall wrote an effective speaking speech on things that "make you for the better." Hall had said that being on the men's rugby team made him better. What was unexpected was the teacher demanded it be reported at once, for the hazing that was being implied.

"I did not intend for the events following to unfold. Sorry I am unavailable to talk in person, personally I want to forget about it all," Hall said

The issue was first brought to Public Safety's attention for further investigation. After a process of meetings, it was decided that, "hazing did indeed take place," said Tyson. "Numerous people, 'the rookies' were involved."

Captain of the team, Dan Beauregard, explained that in the investigation, it was determined that there was no participation option in the rituals, even though he says there was.

"It was implied that there wasn't, even though there was an option ... We are not denying that we messed up, all we can do now is solve the problem instead of waiting a year," said Beauregard.

Dean of Students Dennis Proulx attended the meetings for professional reasons, but had no official rule in the decision. He said he believed that students simply don't know or understand what hazing is, until it's too late.

"Any organizational development initiation can easily get to a level of hazing ... and I think what happens over time is what starts as ritual or as team building morphs sometimes into hazing and they don't see it coming," Proulx said.

Beauregard said his team has already begun an appeal process to reduce their suspension. The appeal process consists of positive activities such as community service and hazing education, according to both Tyson and Beauregard.

"We know she (Tyson) was just doing her job ... We are doing the process now and trying to solve the problem," Beauregard said.

Sophomore Taylor Noonan expressed his disappointment and frustration with the suspension as well.

"I'm sad they took away the sport that I love," said Noonan.

The decision wasn't easy for Tyson either.

"It's disappointing. I really enjoy working with both rugby teams," said Tyson sadly.

## Professor helped transform art department



CONTRIBUTED BY JONATHAN SCOTT

Jonathan Scott poses at the Saronic Islands in Greece.

By Chelsea McKenny  
*Castleton Contributor*

As he steps out of his cozy home in Castleton, Jonathan Scott takes a deep breath of the fresh Vermont air. Just another ordinary day for ev-

eryone else is farthest from ordinary for Scott, because to him everyday is special.

On his way to his car, he passes his 12 chickens frolicking around the gothic chicken house that he built for his beloved wife, Marie.

"In my spare time, Marie always has 101 projects for me. I love to do it though. I wanted to put stained glass in the gothic chicken house, but she wouldn't let me," said Scott.

Along with being a husband and father to his five children, Scott is the chair of the art department and teaches art and architectural history at Castleton State College. But Scott isn't just a part of the art department, Scott could very well BE the art department.

"When we first got here, we tried to start an art history program. Jon built that thing up from the bottom so now we offer seven sections of different kinds of art history. What looked like a hopeless cause is now a big deal," said art colleague and close friend Bill Ramage.

Before Scott arrived at Castleton 25 years ago, there were only three students in the entire art history program. It was a great difference from the class of 320 he previously taught at the University of Mexico.

"Art history was nothing here. I'm proud to say it grew and grew and I have been here to help it," said

Scott, who actually owned his own carpentry business prior to teaching.

Scott's intense interest in the history of art is driven from his own personal experiences.

"I love being in Jon Scott's class because he shows us his own pictures and has had his own experiences. It makes learning that much more interesting," said senior art student Jessica Perkins.

Scott has an intense desire to travel and deepen his knowledge of other cultures.

"Marie and I have been on four European trips and many trips in this country," said Scott. "I usually have purposes and places to go. I love going to sacred sites and learning about what makes them sacred."

One of those sacred places was the Sacred Island of Iona in Scotland. It was a place Scott and his wife had always wanted to go to and to this day, the trip is still vivid in his memory.

*Continued on page 6*

## Rising to the challenge

By Molly DeMellier  
*Castleton Spartan*

Everyone has always told you that college will be the best four years of your life; a peak in your early 20s that will never compare to another portion of your life.

But what will you see looking back?

A series of skipped classes, more free pizza than you ever thought imaginable, and a GPA that has a direct correlation to your average BAC?

Perhaps not for some students at Castleton State College. Through courses within the Adventure Recreation minor, adjunct professor Steve Lulek strives to provide students with experiences that test their limits and develop their self-worth further than any rigid classroom environment or Scorpion Bowl Weekend.

"Steve always says that anyone who takes mountaineering you can tell because it changes them, and he's right," said senior and adventure recreation minor Stanti Schonbachler

A retired senior non commission officer of the military and former teacher of a military mountaineering school, Lulek traveled the globe developing his skills. But he says it wasn't just his background that allowed him to see the world primarily from a bird's eye view.

"I teach about perseverance and commitment and I try to model that," he said. "The mountain doesn't care about your resume. The cold doesn't care about your resume."

After 22 years in the military, this Central Vermont native was called home to the Green Mountains to fulfill high aspirations.

"I was kind of a youth of risk," Lulek said. "I developed a passion at a young age and wanted to grow up and

bring this back to the community."

And that he did. With climbing gyms in Rutland and Quechee, Lulek also owns the area's top-rated guide service, Vermont Adventure Tours. Additionally, he has been a part of the Castleton community for the past 13 years extending his knowledge and exposing students to phenomenon of the world that surrounds campus.

The opportunities presented paired with his teaching style and extensive background have made Lulek's classes appealing to those across a variety of social and academic interests.

"I have a lot of regard and respect for Steve. He brings a lot of positive energy to everything," Schonbachler said.

In particular, the winter mountaineering course has drawn the interest of backwoods Vermonters and out-of-state city dwellers alike.

The course serves to teach the proper use of equipment and the fundamental skills of rock climbing, ice climbing and camping.

Three excursions to Birdseye Mountain, Smugglers Notch and Mount Washington test these newly acquired skills.

"Every trip we went on I was rocking a 65 pound pack," Schonbachler said.

Originally from Wallingford, Vt. Schonbachler began climbing with his brother, Daniel, at a young age.

"You grow up around all these mountains. You look up and you're like 'I wonder what's up there? I wonder what's on the other side?'" he said.

Despite his base skills prior to taking the winter mountaineering course, Schonbachler credits



CONTRIBUTED BY JOSH BUDZINSKI

Adjunct professor Steve Lulek starts off the ice climb on Birdseye Mountain.

*Continued on page 6*

## Red with roses or red with rejection?

By Jorah McKinley  
*Castleton Spartan*

While Valentine's Day can be a romantic and adorable occasion for those fortunate enough to have a significant other, for many of us, it has been a source of anxiety, awkwardness and mild to severe depression since grade school.

Deciding which paper valentine to give to each fourth-grade classmate was a serious stressor. Do you play it cool and give your crush one that says 'You Rock', or be bold and give them the one that says 'Be Mine' with a heart? As most of us know, that feeling of dread and discomfort only increased after the fourth grade.

Castleton freshman Mason Brown recalls one particular time in middle school when things got a little bit creepy with her prospective valentine.

"This really, really weird little guy asked me to be his valentine and gave me this card with drawings inside that he said were supposed to be me," Brown said. "Then my other guy friend was like 'yeah I've seen those in his locker before'." Yikes.

In some cases, having an unwanted Valentine can be worse let than not



JORAH MCKINLEY/CASTLETON SPARTAN

Don't worry, Valentine's Day isn't always Instagram worthy.

having a Valentine at all. Freshman Alex Brownell had one hopeful Valentine's Day admirer who she tried, yet failed to let down easy.

"He got me flowers and he was like, 'will you be my Valentine?' I was just like 'awe' and took the flowers and didn't really say anything. Then I walked away. I felt really bad," Brownell said.

When junior, Meghan O'Sullivan was asked about her worst Valentine's Day story she got right down to it.

"Let's be real," she said. "I have no Valentine's Day story - good or bad."

Maggie Rodgers, a Castleton freshman, shared a tearful eighth-grade experience full of teenage

angst and dramatics.

As she walked down the halls of her middle school, she looked around and noticed all of the Valentines, hearts and lace covering the walls, and it really started to get to her.

"I just started thinking ... I'm never going to find someone. And I started crying," said Rodgers. "It was like a montage of couples and candy and hearts and red and pink and ... barf." Maggie's eighth grade brain had convinced her that she was forever alone.

Speaking of being forever alone, when asked what her worst Valentine's Day story was, one Castleton student said, "Probably one of the times when I was just sitting on the couch crying, eating ice cream and watching a sad movie. Just kidding... but not really." This lonely soul requested to stay anonymous, for good reason.

Valentine's Day is not all hugs, kisses and smiles. To all single folks out there who spent their night with a Nickolas Sparks DVD, a pint of Ben and Jerry's, and a box of wine, better luck next year. Stay strong.



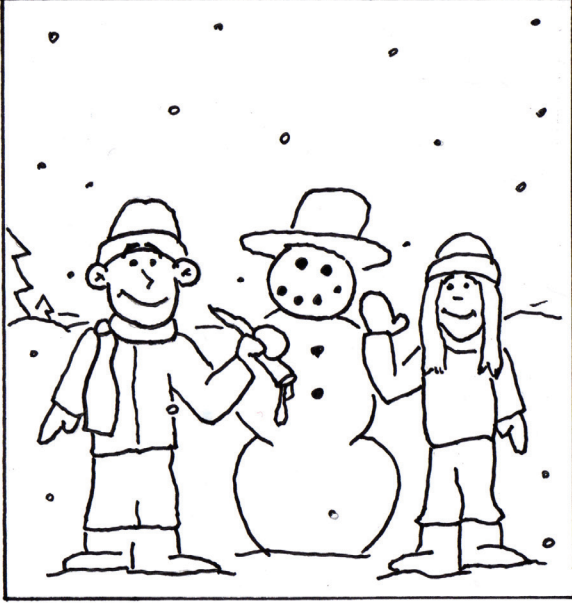
# Breaking Superman

By Nate Marden  
Castleton Contributor


As the sound of the ball-game scratched over the radio, I found myself stuck staring out the window of my dad's 2004 Dodge Stratus. Not able to tell the difference between words and static crackling, my dad killed the radio and began to ask questions on how my day went. "Great!" I replied with a sarcastic tone. "Same shit different day." "Excited for your baseball season to start up?" he asked hoping to raise some excitement out of me. "Yeah, it shouldn't be too bad," I said trying to convince even myself I was going to enjoy my senior year of baseball. After pulling into the store, I stayed behind to start picking through the dirty dimes and nickels sitting in my dad's cup holder hoping I would find enough quarters for a bag of chips. With my dad already in the store, I was the only one in the car to notice the sound of his cell phone viciously vibrating in the center console. Being the nosey, know-it-all senior I was, I just had to find out who was calling. To no surprise, the call was coming from my mom. Thinking she was going to ask us to grab a few extra things for dinner, I answered, but not to hear the same joyful voice that my mom usually spoke with, but with a voice of pain and sadness. Not knowing what had happened to make her like this, I started firing off questions trying to hit what had made her so upset. "Mom what is it, what's wrong, is everything ok?" "Yes, Nate I'm fine. You and your dad just need to come home as soon as possible." As I hung up the phone, I could only sit there in complete confusion trying to figure out the reason for the

frantic call from my mom. When my dad got into the car, I told him to hurry home, because mom wanted to talk to us, totally leaving out the fact she sounded as if she was holding back tears. After a long car ride home, it was finally time to figure out what had placed my mom in such a state of emergency. Worried and not knowing what to expect, I popped open the old wooden door to our house to find my mom in the kitchen waiting. "What's up stinky?" my dad asked in a playful voice, completely blind to the sad situation. "Your Uncle Matt," my mom said with a long pause, "he passed away a few hours ago." As silence struck the air like a ball of thunder, I couldn't help but watch my dad's reaction. Shocked and with visible signs of disbelief, he walked out back to the steps and sat there alone like he was almost trying to hide from the bad news, which wasn't like the man I grew up idolizing. But there it was, the man that I thought to be superman had just lost the one hero he had looked up too his whole life, the one man who played the role of his father when he had no one. As I walked out to comfort him, I started to plan what I was going to say, which was going to be the typical, "He's in a better place" bullshit that we tell ourselves to help cope with the pain of a loss. I sat down next to my dad and swung my long, lanky, pail, arm around his shoulder. But before I could even gain the power to speak, I saw the one thing I thought I would never see, the single drop of water to prove that even the man I looked up to has his moments of weakness. The single tear drop finally proved that it's all right to cry.

# SNOW DAYS



IN GRADE SCHOOL



IN COLLEGE

## Brotip#2014:Always have a wingman



Nothing would give more joy or personal satisfaction when I graduate than saying I did it all by myself. I LOVE having all the pressure on me and the joy of having something done all on my own. That's not to say I hate group projects or working with others, but I'm at my best flying solo. But the truth is, I cannot say I did it myself. I have had more than enough help. Between my parents, my friends, my professors and my co-workers, I have been very well supported during my time in college. Not to sound like a broken record, but there are so many people I can thank, probably too many. There is one person in particular though that I just have to single out; my roommate Zach Draper. We both went

to Rutland High School together and decided once we were both enrolled at Castleton to room together. It's probably one of the greatest things that ever happened to me, to room with someone who shares so many of the same interests. Just looking back now, I can't help but laugh thinking about all the times we watched the various "Star Wars" films or made evening runs to China City in Fair Haven. You really cannot put a price on having a great roommate, someone who is there for you in the ups and the downs. You learn so much living with someone else, including just how to live with someone else. Maybe the strangest thing about living with a roommate is just how certain personality traits or interests rub off on the other person. I know for certain that I did not watch nearly the number of movies in high school that I do now. I've easily spent more time in movie theaters over the past two or three years than I have the previous 18 years of my life combined and probably then some. And whenever we take a ride and plug in his iPod, I'm in charge and see fit to play anything by The Black Keys. Whether it's "Tighten Up," "Gold on the Ceiling," or "Howlin' for you," both of us are just fine with whatever song is on. After all these years, there are two

moments I remember more than any others. The first was the day Hurricane Irene rolled through the area two years ago. Many roads were closed and school was cancelled for the next day, so we did what any college students who were told to just stay inside and hang out do. We went out traveling the open road. Our travels led us to the Fair Haven Shaws supermarket. We did what seemed like the logical thing to do and got some M&M cookies, some China City and came back to campus to watch "Ferris Bueller's Day Off," because I had never seen it. It was a great evening. The second real strong memory is when we watched "Top Gun" for the first time, again because it was a movie I had never seen before. Sure, it's from the '80s, so parts of it do not hold up so well anymore, but I still found it highly enjoyable. He always insists I'm Goose. No matter how many times I tell him I'm Iceman, he still calls me Goose, probably just because he knows how much it annoys me. No matter which character from "Top Gun" I may or may not be, one thing is certain; I certainly found my wingman.


-Joshua Bassett

## Abandon the stereotypes

You're walking across campus to head to your usual 8 a.m. class. Your eyes are still half closed and your body is moving like a zombie. You pass a couple that seem to be arguing. You hear, "You belong in the kitchen." You stop for a brief second to make sure you heard that comment correctly. To avoid confrontation, you keep walking, but you can't stop thinking about that remark. You finally make it to your class and the professor isn't even in the room yet. You're still thinking about that comment and wondering if you should have stopped to say something. "All men are the same. They're so stupid!" you overhear a female in the back of the room

say to her agreeing female friend. This angers you even more. You keep quiet and ignore the rest of the conversation happening behind you. You think, aren't we all equal now? Guess not. Even at Castleton State College, gender seems to stick out in certain classes. There are four females out of 18 students in a 4,000 level Computer Information Systems course. The testosterone level is high in the classroom. In the Nursing Department, things are different. The women outnumber the men. According to nursing major Amanda Hill, there are about 12 men in a class of 96 students. However, that doesn't mean the stereotypes of a high estrogen level apply. Sure the women

gossip, but they're not catty towards the few males in the classroom. Contrary to this environment, male nursing majors may be subject to prejudices outside the classroom. If men are going to say that women belong in the kitchen, than great! That's where the food is! And if women say that all men are the same, then why do we date and love them so much? According to Philly.com Beyoncé says, "We need to stop buying into the myth about gender equality. It isn't a reality yet. Today, women make up half of the U.S. workforce, but the average working woman earns only 77 percent of what the average working man makes. But unless women and men both say this is unacceptable, things will not change..." If we're saying we're all equal now, then why are women being paid less than men? Don't some women work the same amount of hours as men and sometimes even more? In 2012, EU insurance established a new policy that says that they will no longer charge customers based on their gender. Usually, women are initially charged less for being categorized as safer drivers. However, this new rule will increase the price for women and possibly decrease the price for men. So why is it so hard for us to treat each other the same way? The only differences are how we go to the bathroom and the chemicals that run in our body. We both eat food to survive, work to get paid and go to school to learn together. Why can't we be treated equally? -Rebecca Roe



CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

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# Throwback Thursday at Fishtail funds nurses



COURTESY PHOTO

Dollar drafts fill the tables at Fishtail.

By **Stacy Sullivan**  
*Castleton Spartan*

Fishtail Tavern hosted a Throwback Thursday night Feb. 6 to help fund the Castleton Student Nurses Association’s medical brigade to Honduras. The \$2 cover was donated to the fund and also came with a chance to win a day pass to Killington.

Dave Rogers, owner of Fishtail, has had the business open for about two years now. The property itself has been in his family for the past 56 years.

Fishtail opened with an idea of live music and cold beer for people of all ages to enjoy.

“We love this college crowd we get on Thursday nights, it’s a positive energy,” said Rogers as he helped bartender Mike Mamunes pour a PBR.

“I like when we have fund-raisers. It goes to a good cause and always brings in people,” said Mamunes, who has tended bar there since it opened.

Fishtail has hosted events for Castleton football, men’s and women’s hockey, Habitat for Humanity and now the Nurses Association.

“About one-third of our business comes from college stu-

dents. We have to take care of the people who take care of us,” Rogers said

Thursday nights offer \$2 shots, dollar drafts and a DJ, but you have to be 21.

Many students attended Thursday to help support the nurse’s trip, but more supplies and funds are still needed. Katie Derrig, a senior nursing major, is very excited for the trip to Honduras.

“The groups we will be helping don’t know much about simple things like dental health. We will be teaching them,” Derrig said.

Kylah Livingston is also a senior who will travel with the group on the goodwill mission.

“I’m looking forward to seeing the happy faces of all those we are going to help in Honduras. It will make all of this hard work very worth it,” she said.

Chris Kiernan, a bouncer at Fishtail, said he also enjoys the college atmosphere on Thursday nights. Kiernan graduated from Castleton a few years ago and said “I like bouncing because I stay connected with the College.”

“The staff at the Tail is like family. We have all been together since the beginning,” he said.

# Rigorous program proves difficult for timely finish

# Men’s hockey teams up with College Store

Rigorous program proves difficult for timely finish

By **Stacy Sullivan**  
*Castleton Spartan*

Castleton’s education program is very successful, though some students find it hard to accomplish in the four years.

But Richard Reardon, director of education, said he has many ways to ensure students’ succeed in just four years. He said he realizes it’s a rigorous program, but it can be done.

“Our program is unlike many because it gets students out into the field early,” Reardon said.

Inquiry 1 is to be completed as a freshman or as soon as you confirm your major and is worth 10 credits. Inquiry 2 is to be taken as a senior, along with student teaching, and is worth 14 credits, he said.

“These are two giant classes. Some students are not ready for this rigorous work,” Reardon said.

To help education majors with planning, they are provided with two advisors, one from the department and the other from their concentration. Reardon stressed the importance of meeting with advisors and looking at the program evaluations.

Jake Bellamy is a senior at Castleton and will be graduating this spring.

“I knew from day one I wanted to be a teacher. It’s important when you enter the education program you understand the program evaluation and have regular meetings with your professors,” Bellamy said.

With all majors, students will struggle if they are not focused, Reardon said.

“If students don’t stay on track with everything, it can be overwhelming,” he said.

Shawna Pinsonault is a senior who will complete her education at another institution after Castleton to receive her licensure.

“I’ll admit it’s a little unorganized. It’s very important to figure out your concentration as quick as possible so you will have another advisor,” Pinsonault said.

According to Bellamy, planning ahead is very important in the program. “Trying to plan classes a semester in advance is critical,” Bellamy said.

Tyler Carpenter is a Castleton graduate and former football player who spent an extra semester to finish his degree.

“It wasn’t upsetting I didn’t finish on time because I got the time-consuming parts done after football,” Carpenter said.

Although some students and professors may have different opinions on the rigor of the program and whether it’s realistic to complete in four years, many agree it just needs hard work and planning.

KT Pellegrino is a student who had to stay longer at Castleton to get her education degree. But she said it might not be the program’s fault.

“The program is only unorganized if the person entering is too,” she said.

By **Emma Rudnick**  
*Castleton Spartan*

Nothing is better when you are away at college and you get a care package from home. It’s always nice to know that someone somewhere is thinking about you and seeing your favorite goodies can put a smile on a face, even in the darkest of moments, like finals week.

That’s where the men’s hockey team comes in. Starting this past September, in collaboration with the College Store, team members assemble and distribute care packages all over campus.

“The students parents can sign up for them,” said senior Ross Herzog. “It helps them get a sense of home.”

Postcards are sent to each on-campus student’s home and parents then can order care packages for their son or daughter. Team members then deliver

the care packages personally. They go around to each dorm, knock on students’ doors and drop off each package.

“They include mostly food and snacks,” said senior Reid Lesswing.

There are three different types of care packages available: the basic, deluxe and the Spartan Spirit. The packages can include a few Castleton trinkets, ear buds, hand sanitizer, Chapstick and goodies such as Milk Duds, Air Heads, Pringles and Kraft mac and cheese

“It helps take your mind off of everything that is going on during exam times,” said senior Colin Murray.

Coach Steve Moffat has enjoyed taking over the care package fundraising.

“I think it’s a great idea,” said Moffat. “I thought it was a good way to help out the collage, get our faces out on campus more and interact with the students.”

Even though many students aren’t aware of the care packages, word is spreading.

“A little over 1,100 were sent out [during the fall],” said College Store Manager Gail St. Pierre. “It’s fun to create them and work in junction with the hockey team.”

The hockey team doesn’t fully benefit from the fundraising. A little bit of the money raised goes toward the team to help with equipment purchases and the rest goes back to the College Store.

Knowing someone is thinking about you from home is sometimes the greatest gift when you are having a troubled time getting through finals. That extra piece of chocolate or popcorn can give you the boost needed to study all night and pass all finals with flying colors.

“It’s just fun,” said St. Pierre. “It gives you a good feeling...knowing that the student is going to be surprised.”



MATT ZITWER / CASTLETON SPARTAN

Charlie Carrier takes to the air in the rail park behind Hoff Hall.

# Student riders throw down in the park

By **Justin Hepburn**  
*Spartan Contributor*

After the snow gods granted Castleton 11 inches of snow late last week, many riders took to the slopes of local mountains. For some, however, a couple shovels and a little ambition was all that was needed to throw down in the rail park a few steps outside of Hoff Hall.

As the falling snow glistened through beam- ing light from Hoff Hall at 9 p.m. Tuesday night, enthusiastic riders diligently situated the rails and precisely sculpted the ramps, reflecting the character of a passionate rider.

The flow of the flakes combined with the sound of twin-tip skis grinding over a 14-foot rail was irresistible. The envy of onlookers brought pride to the eyes of those climbing the ramp. The creativity of the riders grabbed the attention of anyone who walked by. It was clear the riders had been patiently waiting to play in the park.

“It’s a privilege to have this park on campus,”

said Connor Mchugh, a sophomore from Barre.

“Not many schools are lucky enough to have a rail park on campus.”

Most riders say they are simply stoked that they’re able to walk right outside of their dorm and have a rail session with their buddies without having to commit most of a day to riding at a resort.

Despite the lack of hills on campus, Physical Plant workers along with the Freestyle Club enabled riders to find the speed they need to fully utilize the park’s features by building a drop ramp.

During the fall of 2006 and winter of 2007, Heather Slater, president of the Freestyle Club, worked cooperatively with Physical Plant to choose a location, design the park and construct a drop ramp sufficient for riders to launch onto rails, climb the quarter-pipe, and hit the jump.

Slater – the mastermind behind the project – reached out to Killington and successfully acquired most of the rails being used in the park today.

For the drop ramp, the school donated \$500 for Physical Plant lead carpenter Bill Bunker to dem-

onstrate his expertise. The end result: an 8-foot-tall by 8-eight-foot-wide momentum producing tier.

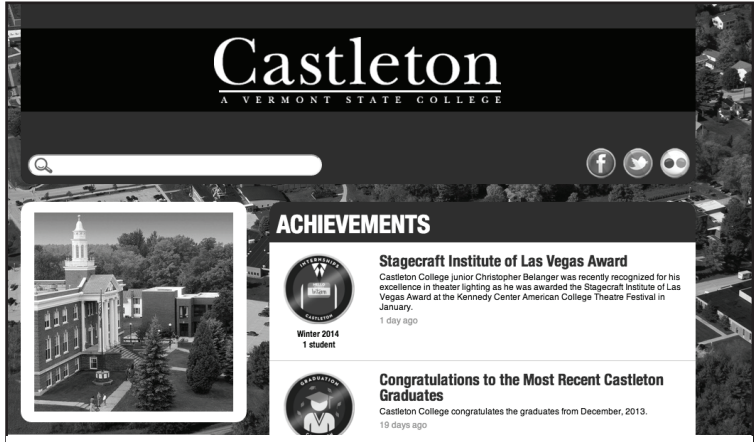
Many of CSC’s back-yard riders seem to ride the park at sporadic times, but some students suggested that it would be nice for riders to coordinate and converge sessions, allowing riders to share their ace tricks and practice new ones.

“It would be nice to see more students come out, especially on Friday and Saturday nights,” said Brad Peterson as his buddies behind him agreed.

Peterson and his friends would like to find a way to play music during Friday and Saturday night rides, which he said would “set the perfect tone for a campus riding session.”

The only downfall, according to riders, is the lack of light. Rob Bresnan of Milford, Conn., said the four light posts closest to the park used to illuminate the park, but have recently been turned off. Bresnan hopes to coordinate with administrators to get them turned back on.

# Merit pages showcase student accolades



**Castleton’s Merit pages display student achievement.**  
By **Ryan Ackerman**  
*Castleton Spartan*

A new platform to showcase academic and extracurricular achievement is now available to all Castleton students. Unless you opted-out, you have a Merit page live online right now.

A Merit page consists of badges

representing successes ranging from dean’s list to soccer Defensive Player of the Year. There are also fields for work experience and clubs, all of which can be shared via social media.

Jeff Weld, director of College Relations and Sports Information, was behind the rollout of Merit at the college last spring.

“It really is a great place for students to have a digital presence that’s

positive and reflective of their time at Castleton. That stays with them, it doesn’t go away,” Weld said enthusiastically in an interview.

Merit.com indicates that 75 percent of employers research job candidates online before hiring. A student’s Merit page is like, “a resume that builds itself, and a hub for sharing your accomplishments with employers, family and more to get you the attention you deserve,” according to the site.

In addition to acting as a digital resume, Merit has automated the process of distributing names of dean’s and president’s list achievers to local media outlets.

“If you’re a student out in Alaska, we don’t have to spend time calling and wondering. Your zip code goes in, Merit pulls the radius, and the list goes out to your hometown dailies,” Weld said.

According to Weld, this process took approximately an entire week for work-study students to complete each semester prior to the implementation of Merit.

Matt Zitwer, a second-semester freshman, has already begun building a positive image for himself on his Merit page.

He was named to Dean’s List in his first semester at college and sees the value of Merit.

“I think it’s pretty nice that the school recognizes people for accomplishments and tries to put that out on the web,” he said.

In order for students to gain full control over their Merit pages, a verification process called “claiming” must be completed. Junior Jazmin Spear described the claiming process as easy and straightforward.

Nearly 200 schools have adopted Merit across the country. Colleges such as Penn State, Merrimack, and Colby-Sawyer have implemented the service alongside Castleton, according to Meritpages.com.

To claim your Merit page or to opt-out of the service, visit castleton.meritpages.com, search your name, and follow the instructions.



## Campus Quips

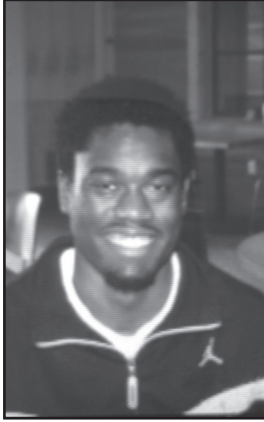
Kelsie Boudreau and Sara Miles



Question:  
What is your big-  
gest fear?



Amanda Harte  
“My biggest fear is spiders because I’m afraid they’re going to crawl over me and bite me.”



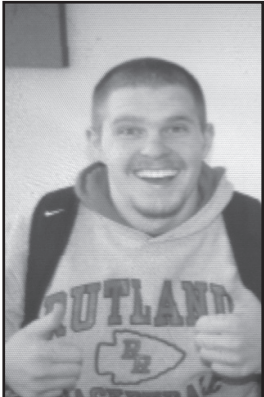
Jeremy Odena  
“Dying because once you’re gone, you can’t come back.”



Lily Grandchamp  
“I’m afraid of the dark because you never know when something is going to jump out at you.”



Nicole Ricci  
“Not finding a job once I graduate, because I need to be able to pay off my student loans and make a living.”



Scott Therriault  
“My biggest fear would have to be heights because I fell out of a tree when I was little.”

# Did you catch the ‘Flappy Bird’ fever?

By **Brian Dawicki**  
*Spartan Contributor*

For those of you who haven’t had the chance to experience the game “Flappy Bird,” you’re out of luck because the game flew off the Apple App Store and Google Play list. Dong Nguyen, the creator of the highly addicting mini-game, took the game down from the App Store. This past Saturday, Nguyen posted on his Twitter page “in 22 hours, I will take ‘Flappy Bird’ down. I cannot take this anymore.” Nguyen was making over \$50,000 a day through ad revenue from this very popular indie-game. “Flappy Bird” is a game where you control a bird by tapping on your screen and dodging incoming pipes. For every set of pipes you dodge, you get a point. Many people around campus who play this game tend to become frustrated because of how difficult it is. Dyllan Winters, who has a high score of 246 points on “Flappy Bird,” still has the game downloaded on his

phone and still plays it. “It’s simple, it becomes addictive and it’s a big time waster,” Winters said. Aaron Schwartz, who doesn’t own “Flappy Bird,” doesn’t understand the hype. “It’s a stupid game for stupid people. Honestly, it’s a perfect example of the consumer doesn’t know what the hell they want,” Schwartz said. Many rumors have been going around the Internet like Nguyen committed suicide or Nintendo is suing Nguyen because the background artwork of “Flappy Bird” was similar to the artwork in the all-time Super Nintendo classic “Super Mario Brothers.” But Nguyen told Forbes Magazine in a recent interview that he took it down because the game was too addictive, and not the 10-minute escape to break up a day he wanted it to be. But one rumor is turning into a fact; smart phone users who have the “Flappy Bird” game downloaded onto their device can expect an increase in value from \$1,000 to

\$10,000. People around the country are selling their “Flappy Bird” smartphones on eBay and Craigslist and cashing in. Winters says he would definitely sell his iPhone if it was worth \$10,000. Caleb Watkins, another owner of “Flappy Bird,” has a high score of 62 points says that it is a fun game. He too said he’d sell his smart phone if it was worth \$1,000. “I could buy a new phone and still have money left over,” Watkins said. There are still remakes and parodies available on the App Store and Google Play such as “Floppy Bird,” “Flappy Angry Bird,” “Flappy



REBECCA ROE/CASTLETON SPARTAN  
**‘Flappy Bird’ is the new ‘Angry Birds’.**  
Doge,” “Flappy Bird-Justin Bieber Edition” and many other farces. But, nothing can top the legendary game of frustration that was created by Nguyen himself.

# Vestrich shines in Black Box



RYAN ACKERMAN/ CASTLETON SPARTAN  
**Professor Roy Vestrich applauds as students direct and perform his series of one act plays.**

By **Ryan Ackerman**  
*Castleton Spartan*

Students in the Theatre Arts Department gained experience in producing plays close to home last weekend. TAKE FIVE was a series of five one-act plays written by veteran communication professor Roy Vestrich. The plays, performed in the Black Box Theatre, included elements of romance, friendship, family and academics. For the plays’ directors, the stress of a tight timeline was compounded by

the desire to produce something great for Vestrich, who would be in attendance at each showing. “This is the first time that we’ve had an original piece by someone in the department who we’ve all worked with,” said Jeff Blanchette, director of “The Search Committee.” “We want to do him proud. Definitely.” Vestrich discussed his goal of creating an emotional connection with the audience in an interview prior to the debut performance. “I hope people who go there will laugh, that they’ll be touched at the ap-

propriate moments, and that they’ll be moved emotionally,” he said. One of the plays, titled “Green Mountain Bucks,” was presented at the Edward Albee Theatre Festival in Valdez, Alaska in 1999. The brilliant performance of this play by Castleton actors Robert Valenti and Cameron Scully, took the audience through a series of emotions, as the character Joe remembered childhood hunting trips with his father who he accidentally shot and killed at age 14. Andrew Wilson, an adjunct communication professor, attended the Sunday

matinee with his wife and son. “This is one of the reasons I like teaching here so much,” said Wilson. “I have the chance to see students I’ve had in class direct and perform good work written by a colleague in my department in a small, intimate setting.” TAKE FIVE was produced, acted, and directed entirely by students. Vestrich said he was not at all involved in the process of production other than answering questions. “What I meant may not be what you get and what you get may have nothing to do with what I meant. But if you get it, it’s there, and it’s yours,” Vestrich said of the plays. The experience of producing the plays was enjoyable for director of “Steak and Potatoes”, Meghan Hakey. When asked if she would direct another one of Vestrich’s plays, she enthusiastically answered, “in a heartbeat.” “I think it’s really nice way for all of us to show our appreciation for what he’s done for us over the years,” added Blanchette. Vestrich, who began teaching at Castleton in 1988, said this was the first time he had an opportunity to see his plays acted out on a Castleton stage and he “walked away very impressed.” The spring of 2014 is Vestrich’s final semester teaching full-time. Beginning in the fall of 2014, he will teach part-time while pursuing his passions for sailing, writing, music, and the arts.

# Pavilion sees skates - and sticks - in spite of rules

By **Mike Davis**  
*Spartan Contributor*

“Denver Divens skates past the half-court line, shakes off one defender, has an open net. He shoots, he scores! The crowd goes wild and Divens kicks your butt again Belanger.” That was the sound just outside Hoff Hall at the ice skating rink underneath the pavilion. Junior Denver Divens and a group of friends play on the ice a few nights a week when they can find time to escape homework. “It’s just something to do while I’m not stuck at theater rehearsal or up in my room playing video games,” junior Chris Belanger said. “It’s nice to get a few friends out here to mess around and not have to think about homework.” The rink under the pavilion is free and open to the public. However, according to the large green rules and regulations sign out front of the main entrance, “Hockey



EMMA RUDNICK/CASTLETON SPARTAN  
**Student J.J. Beal knocks a puck around under the lights in the pavilion.**

sticks and pucks are not permitted on or around the rink.” So what does this rule mean to Divens and his friends who like to just mess around at night? “Of course we have read the rule about no playing hockey on the rink, but it’s not like we are gearing up and playing some big com-

petitive game,” Divens said. “They are just worried about kids playing too rough and someone getting hurt. There are liability issues at stake, but we are just out here to clear our heads and fool around, nothing dangerous.” The green entrance sign also reads that “there is no skate attendant on duty,”

which means all skaters enter the rink at their own risk and the college “isn’t responsible for any injuries.” The rink is open from 9 a.m. to 11 p.m., but you must be wearing skates, again according to the rules. The need for ice skates brings up another issue with the rink. What about those

who want to skate, but don’t have any? “There isn’t a place on campus to rent skates, which is a problem,” senior Anna Olson said. “I’d love to be able to go out there and skate with my friends, but I don’t own a pair of skates and don’t have money to go out and buy any.” Olson suggested the school should rent skates or have skates allowed to be borrowed, which might make the often empty rink utilized more. Others agree and offered different ideas to get more use out of it. “I think that there should be a skate, dance, get-together sort of thing for students,” senior student Shea Bryant said. “I also believe the rule about no hockey sticks or pucks on the ice should be removed. Our school has a lot of hockey players and there is nowhere else for players to practice in their free time.”

# Vermonters on world stage doesn’t spark Olympic hype

By **Tanner Dana**  
*Spartan Contributor*

If you’re looking to get into the Winter Olympics, you better move to Vermont, but don’t expect any Vermonter to know you made the team. With 16 Vermont-born athletes in the Olympics this year, you would expect many people in the Green Mountain State to be paying close attention to the games, especially around college campuses.

Not so much. When asked if she had been watching the Olympics, Alexandra Johnstone said, “Slightly, yes ... when it’s not cross country.” And she couldn’t think of any other suite watching the Olympics. A quick search of Babcock revealed only one common room had the Olympics on. Rooms throughout the halls were in mid-semester shape though, with guys crowded around the TV playing Xbox, tunes cranking and students studying for classes.

The lack of Olympic spirit and awareness was the same from Babcock to Hoff. “Fourteen,” Shawn Pinsonault said when asked how many Vermont Olympians are competing this year. It was a pretty close guess, considering he said he has only watched the Olympics one night. Most others knew that the number was around 10 to 20. But 16 is a large number for a state our size. In fact, Vermont has the most Olympians per capita, followed by New Hampshire.

When told of that fact, most were impressed. “It’s a big deal that people from Vermont are in the Olympics, because we are such a small state,” said Derek Blouin. Blouin is also one person who watches the Olympics a lot. “I enjoy watching pretty much all of the winter games, especially when they fall,” he said. Michael Bergeron also watches the games every day and said that he wasn’t surprised that Vermont had so many athletes in the Olym-

pics. “Vermont is a good place to live and train for winter athletes,” he said. Most students may not be following the games closely, but one student thinks they soon will be. Matt Rafus says people are just waiting for events like speed skating and figure skating to get over with. “People know that the good events are coming, soon enough a lot more people will start watching them,” he said.



# UK VIDA comes to Castleton Soundings

By Catherine Twing  
*Castleton Spartan*

For a small, rural college, Castleton offers its students many unique cultural opportunities. One such opportunity came on Jan. 30 when the VIDA guitar quartet performed. Just hearing their name, they may not sound very special. Four people playing guitars, big deal, right? But this group from the UK is way more than that. They don't play their guitars traditionally and instead almost exclusively pluck the strings rather than strum while occasionally using props, like sponges, to change the sound. The group got its start in 2007 and toured mostly around

Europe until 2011 when they made their U.S debut. This quartet, consisting of three men and one woman; travel around the world performing their transpositions of famous compositions. Their final piece of the concert, and perhaps most recognizable was the Carmen Suite. Students and community members who attended the show seemed very impressed by the way that the musicians were able to express their love of music through their performance while exposing the audience to a new kind of sound. Another truly incredible concert was performed by David Kaplan and Benjamin Elton Capps, two members of the Burlington Ensemble. With Kaplan on piano and Capps on cello,

the duo entertained a small audience on Feb. 6 with compositions by Felix Mendelssohn and Johannes Brahms. As the performers admitted, the pieces they played were quite long and challenging to endure for both the musicians and the audience. While long in length, it was a very passionate and well-rehearsed performance. You could see and hear the connection between the two instruments and the pieces they played evoked a plethora of emotions. It's a different experience hearing classical music live versus on a recording and students who attended were fortunate to hear such quality music right on here on campus for free.

## #1 Diva: Beyonce shocks world with secret album

By Alexandra Johnstone  
*Castleton Spartan*

What's the first thing you think when you think diva? I hope it's Beyoncé. If not, have you listened to her? Beyoncé has been the topic of discussion after she dropped a bomb on the music scene by releasing an album with absolutely no press hype on it before the release date. The new "Visual Album" includes electric R&B as well as a little pop; it has fourteen tracks on it, each having an accompanying music video. The album was recorded secretly and was released on Dec. 13, 2013, less than a year after her daughter Blue Ivy Carter was born.

With this being her fifth studio album it has multiple guest performances including Jay-Z, Drake, Frank Ocean and her now two-year old daughter Blue Ivy. The third song on the album is a duet with rap artist and husband of five years, Jay-Z, called "Drunk in Love." This sexy song also has an even sexier video including a dark lit beach, Beyoncé and almost no clothes. It surely seems as though Beyoncé got her body back and was eager to show it. At first it seems as though this album isn't much different than any of her previous albums. It's full of lust, power and sex, but the marketing for this album was different than any other album before. When the album came out so did all the music videos for it, which also prevented it from being leaked before the release date. In the album, Beyoncé sings about record labels, keeping the attention of her man, pressures, and insecurities she goes through. The mood generating off the album changes various times throughout its entirety. A few of the songs on the album have dark parts in them including the song "Haunted" where in the video Beyoncé checks into a hotel room occupied by the spirits of the dead. Then there are songs like "Mine" featuring Drake that show Beyoncé still has her pop touch. The song "Yonce" proves to be another female ballad, with a powerhouse video. This album certainly surprised people all over the world but this album proves Beyoncé has still got it and isn't going anywhere. If you haven't listened or watched the videos, you really should.



CHRISTOPHER WILLIAMS / CASTLETON SPARTAN

Mike Ray rocks out on guitar for "Zak Hampton's Moose Crossing Quartet" at Total Backstage Access.

## The best show no one saw

By Christopher Williams  
*Castleton Spartan*

Total Backstage Access took over the Fine Arts Center on Feb. 8 with bands playing from 3 p.m. to 10 p.m. The night culminated in a show-stopping performance from "Zak Hampton's Moose Crossing," filled with Castleton alumni playing a mix of funkified jazz and blues. Not to be outdone, the "Plotts Project," a last-minute band of current Castleton students, closed out the night around 10 p.m. with some jam heavy renditions of rock classics. But this year, unfortunately, nobody was there to hear the classic jams. "TBA doesn't normally have a large audience and this year we didn't advertise as well as past years," said senior technical assistant TJ Van Liew. The technical department of the FAC is responsible for putting together TBA each year. The all-day concert is the brainchild of former technical director Chad Voghell. "His vision was to bring together people who love music, lighting and staging to come together to celebrate and enjoy what makes them happy," said Jane Foley, creative director at Castleton. Many of the artists were perplexed by the turnout. "I think it's a shame," said Mike Ray, a 2013 Castleton graduate and lead guitarist for the "Zak Hampton's Moose Crossing Quartet." "It shows that there is a severe abundance of disinterest on the campus ... It shows that the events that students are made to go to are heavily attended because they have to be there." Ray wasn't the only one to notice the lack of an

audience. "I couldn't say there was ever more than 10 or so people there at one time," says "Plotts Project" keyboardist Tim Duch. "It was their loss because there was nothing cooler going on in Castleton at the time." Musicians said it is unfortunate because the event that previously hosted quality acts such as Robert Wuagnuex and Twiddle was certainly not lacking in a talented lineup this year, just the crowd to appreciate it. "I thought it was fun," said senior Adam Boshart, one of a handful of members of the audience. "It was just us two hippies in the front (referring to a friend of his) and the tech kids in the back running the show. There were more people on stage than in the audience, but it was fun!" TBA is an annual event put on free of charge in the back of the FAC stage and adjoining shop warehouse. With full professional production lights and sound, courtesy of Atomic Audio, the stage is set for bands around the region to put on the best performances they can muster for happy crowds. "The set-up, lighting and sound were awesome as well as all of the performances," said senior Erika Tyler. "I can't wait to see what TBA brings next year." This year however the crowds never came. With a marketing campaign that began just two days before the event, it was hard for students to know about one of Castleton's "best kept secrets." "It was a group thing really," admitted Van Liew. "Time just got away from us."



CHRISTOPHER WILLIAMS/ CASTLETON SPARTAN

Zak Hampton rips on his saxophone.

## Keeping you and your wallet warm this winter

By Emma Rudnick  
*Castleton Spartan*

During the winter, especially in Vermont, it's hard to stay motivated to get dressed. It's dark, cold, icy and the only thing that seems remotely comfortable are hoodies and sweatpants. But there are ways to get dressed, stay warm and comfy and not go over your monthly budget. Sweaters are a brilliant invention. They're comfortable, stylish and available at almost every single

store imaginable. You don't need to go to J. Crew or Anthropologie to purchase a sweater that is flattering, fashion forward and inexpensive. Take Old Navy for example. They have great simple crew neck sweaters for only \$10. They come in just about every color and the cut of the garment is flattering for every body type. Scarves are also a huge accessory for the winter. Personally I wear a scarf every day. I have an obsession with them. My collection is 60 and growing. Scarves add something special to your outfit and they will help

keep you warm in this cold wintery time. Investing in a good winter coat is also necessary. It may be expensive on initial purchase, but it will end up saving you money in the long run. A good coat will last you years, maybe even a few decades. And trust me, unless you're lucky enough to have a bottomless trust fund, spending money on a coat every few months will end up hurting you in the end more than a face plant on the slippery ice.



EMMA RUDNICK/CASTLETON SPARTAN

Ali Spencer models a trendy sweater.

## Game review: Elder Scrolls V: Skyrim

By Dashiell Monder  
*Castleton Spartan*

Elder Scrolls V: Skyrim, released in Nov. 2011, takes place in a fantasy world called Skyrim with multiple villages like Whiterun. The players get to dual wield a spell and a weapon like an imperial sword and healing spell or fire spell. Players can loot off of enemies or from an open room. They can take items like money, spell books, weapons and even armor. IGN rated the game at a nine out of ten. Many others gave similar reviews for the graphics and amazing game play in first or third person perspectives. There are many weapons like swords, battle-axes and bows and arrows. There are also many different spells like regeneration, construction and destruction. The weapons are ancient medieval and very deadly if used incorrectly. They can be lethal when used correctly if the player uses the weapon to kill enemies around them. The players can zap enemies or burn

them if they wish, or any way they choose to kill the enemy. The enemies are A.I. Controlled players that are at some point very powerful or weak and pathetic. At some point in the game players get to battle a massive dragon with any weapon and spell that will work against the dragon in the fight. The player will get missions to do like little errands or a very important mission like finding a very valuable item. On each of the missions there might be a secret code on a door or pillars with traps at every point afterwards. There are amazing treasures in many secret rooms after each trap and other kinds of weapons. Players can't carry everything they find because players can't run very fast with so many items, so they may have to drop some items or sell them for cash. Hope many other gamers out there will enjoy this game as much as I have! And kill as many dragons as you can.







CONTRIBUTED BY JOSH BUDZINKSI  
Winter mountaineering students hike through a boulder field.

# Lulek’s lessons from the peaks

*Continued from page 1*

Lulek with refining his abilities. “You have so much more confidence. And it calms you down having Steve with you,” said Schonbachler. From the rock climbing to ice climbs and below freezing temperatures while camping, Lulek endures the elements alongside his students. “I don’t ask anything of them I can’t do myself and model,” he said. “Every course I’m right there leading the way. They’ve just got to follow me” Along with feeding his fervor for the outdoors, Lulek said he enjoys witnessing the sense of self-fulfillment that washes over his students with each trip. “They’re all so special. The continual thing that sticks out almost all the time is to see that kids faces when they accomplish something,” he said. “People love to be challenged. People love the reward.” For junior and Nutley, N.J. native Josh Budzinski, the challenges and rewards he has experienced thus far have exceeded his expectations. “I would have never seen myself doing

that,” he said of his first climb up Birdseye Mountain. As an exercise science major, Budzinski is enlisted in Lulek’s course strictly for the recreational experience. “I’m just trying to take advantage of the area that I’m in,” he said. According to Budzinski, the portion of the trip the class climbed tied together as a rope team stuck out in his mind as a moment of individual and group growth. “You need to build trust pretty quickly. If you fall you have to trust that someone else is going to catch you,” he said. Lulek said group activities like the rope climb add to the strength of the class and build cohesion within the group. “All 10 of them were attached to the rope that was attached to me,” he said. “It’s like real life. Real stress. They had to support each other.” Overcoming these moments of adversity together are trials that are unmatched by any classroom environment. “They go through it as a team and they need each other. These bonds they’ve created are for a life time,” said Lulek.

# Scott finds sacred sites



Jon Scott

*Continued from page 1*

“At first we didn’t think we could afford it, but then Marie said we really have to do this and we had the most amazing time,” said Scott. “For two weeks after we returned I kept waking up and thinking I was still in Scotland. I don’t know what kind of psychic stirrings there are in each of us when we go to a place that speaks to us in some way, but that was Scotland for me.” Scott is still a devoted traveler and admits he wants those kinds of experiences for his own kids. “I want what Marie and I have for my children. You need a companion,” he said. But Scott had to go through a few of his own struggles before he met the love of his life. He ended up getting a girl pregnant at the age of 21 when attending Amherst College in Massachusetts. “I actually got accepted into Harvard and Middlebury, but decided that wasn’t for me. My dad was a little disappointed about that,” said Scott. He ended up marrying 19-year-old Penny and they had their son, Jonny. It was a rough and quick marriage for the young lovers and they eventually got a divorce. “The minute my son was born, we both absolutely adored him. But my ex-wife Penny, you know, it was just too much for her and she was too young. We got a divorce and I raised Jonny,” said Scott. Scott then moved back to Martha’s Vineyard, where he was from, to raise his son.

That’s where he met Marie. “I had barely known Marie when she was young, but after my first marriage, I met her again as if for the first time. With Marie, my life has new purpose,” said Scott. Together they raised their five children, Jonny, Malia, Josh, Andrea, and Nathaniel – and a wide variety of pets. “I’ve always had pets, I just love animals. We’ve had chickens, dogs, and cats,” said Scott. Unfortunately, Scott and his family went through some heartbreak this past June when their beloved dog, Giotto, passed away suddenly. “We miss him so much. I think we will get another dog, but we’re still recovering and we’re not quite ready. We just really miss him,” said Scott. Giotto was a very special dog. He would join Scott in the classroom when teaching his students about art history. He would even take him on field trips with the class. “We all got to know Giotto. I met him my freshman year at Castleton. He made everyone feel more at ease since we were all new students and didn’t know anyone,” said former CSC student Travis Hudson. Scott resides in Castleton, just a mile away from the college. All of his children are full-grown and he is now blessed with nine grandchildren. “My life has always been so busy and sometimes you have to leave things behind for the ones you care about,” said Scott. “I used to be in a band, I played guitar and sang. Now, I think I’m going to start singing to my grandchildren, just little folk songs, I love doing that.” He also wants to get better at the piano when he retires after this semester. “I have two years left of just part-time, so I will be around. But I really want to devote more time to the piano. I can play it by ear. I’m no good at sight reading,” said Scott. “Yeah, I think I want to play the piano now.” Scott has been at Castleton for exactly 25 years, just what he wanted. His departure, though, colleagues say, will leave a hole. “He is so effective, both personally and professionally. He is one of the friendliest people you would ever meet. We do all kinds of things together. I’m really going to miss him,” said Ramage.

# Soaring possibilities

By Jorah McKinley  
*Castleton Spartan*

Ever wonder what it’s like to be a pilot, or how you even become one? An event hosted by Career Services on Feb. 4 answered all those questions, and all it took to make it happen was the interest of one student, Castleton Freshman Zach Castellini-Dow. “We did this because of Zach,” said Renee Beaupre-White, director of Career Services. “His professor emailed me one day and said ‘I have a student who wants to be a pilot.’” That was all the motivation she needed. Beaupre White contacted Ryan Ollis, an aviation education coordinator for Vermont Aviation, and he agreed to come to Castleton and speak. Just like that, Castellini-Dow and six other students were given the tools they needed to make a dream a reality. “My dad got me interested because he was in the air force for 22 years, so he opened my eyes to aviation

as a possible career choice,” said Castellini-Dow. “I’m interested in this. I can actually learn about this.” Learn he did. Ollis provided the students with an abundance of information about every aspect of aviation, a booming industry. “My colleague is famous for saying aviation is the second largest producer of jobs in the nation. The first is Wal-Mart,” Ollis said. Ollis passed out handouts to students with a list of over 60 different jobs in aviation. You could be a helicopter pilot, a corporate pilot, an air traffic controller, a flight attendant, a mechanic, a meteorologist, an air marshal or even a flight instructor. The handout, sponsored by the Aircraft Owners and Pilots Association, also gave information about what kind of education you need for each job and who employs each position. “My main job is to expose students and young people to the opportunities there are in aviation,” said Ollis. “We’re trying to grow the young community.” In addition to providing other handouts on pilot schools and certification courses, Ollis also shared some of his experiences and opinions about what its like to actually be a pilot. “It’s a challenging field, but it’s very rewarding,” he said. Ollis even says once you’re up there, flying is less stressful than driving a car. Why? “Less traffic.” Ollis also gave examples of the perks of having a pilot’s license, saying he often rents a plane just to take a day trip. He and his fiancé have even flown down to Martha’s Vineyard just for dinner at a nice restaurant. “If you like rollercoasters you’ll also like aviation,” Ollis said. Castellini-Dow is currently a history major, but he plans on changing that. “I was going into teaching, but I’m not liking the education system, so it’s a good alternative,” he said. “And I think it offers something good for me.”

# Graduate Gushes: Megan Davis Q&A

By Rebecca Roe  
*Castleton Spartan*

Megan Davis is a 2012 Castleton graduate. She majored in communication with a concentration in journalism and a minor in writing. Davis was the managing editor for *The Spartan* for her senior year. She was also an SOS leader for three years. Now she’s 23 years old and living in New Jersey, engaged and happy.



Megan Davis

Q: Right out of college, you got a job. Where? And how was it?  
A: I got a job as a reporter in Darien, Conn. I had to move away from home and to be honest it was actually really lonely. I didn’t know many people in the town I moved to, and, some days, pulling 15 hours for the weekly paper didn’t exactly leave much time for making friends. Working for the paper was exhausting, but so much fun. I was lonely, but I worked hard and had a lot of fun reporting. I wouldn’t change what I did for anything, and there are often days when I miss it a lot and wish I could go back. I had a lot of laughs and made a lot of really good memories with my editors and co-workers. It was a very good five months.  
Q: Why are you no longer there?  
A: Finances. It was a tough pill to swallow. I knew reporters were never high up there on the pay scale, but when my student loan payments came due in January, I quickly realized my salary at the paper wasn’t going to cover rent, food, gas, bills, and my student loans, so I had to leave. I was sad to go and they were sad to see me leave, but I still keep in touch with my editor.

Q: Did you meet your fiancé at Castleton? How long were you two dating before he popped the question?  
A: I did indeed meet Nick at Castleton! I met him my sophomore year when we both lived in Ellis. We knew each other for about four months before finally getting together, and we were dating for exactly three years before he asked me to marry him. He actually asked me to marry him ON our three-year anniversary in front of the Sydney Opera House in Sydney, Australia. It was incredible and I couldn’t have asked for a better proposal or a better fiancé!

Q: Any big wedding plans yet? Did you set a date yet?  
A: We’re getting married June 13, 2014. Friday the 13th. We were looking at dates in June of next year and when we saw the 13th was a Friday we absolutely had to have it. We’re getting married in Ocean City, Maryland on the beach and it’s going to be the best thing ever.

Q: You’re on YouTube now, what made you decide to start a channel? Do you have

many viewers/subscribers?  
A: After watching a bunch of my favorite YouTubers for a while, I decided, “hey, that looks like they’re having a ton of fun” so I just kind of started making videos. As far as views and subscribers go I don’t have many. My first video got almost 200 views, I think, but the rest of them have stayed at like 60-ish views each. It’s not bad, though.

Q: Do you still write?  
A: Not for a newspaper, but I do spend my free time writing. It’s creative writing, mostly. I tried to do NaNoWriMo (National Novel Writing Month) this year, but I got to about 2,000 words and then stopped. I would love to write a young adult novel someday, I’ve just got to get it all down on paper. I miss writing for a newspaper, I really do, but creative writing is just as fun sometimes.

Q: What do you miss the most about Castleton?  
A: I miss my dorm room, I miss classes, I miss not having to pay bills, I miss the newsroom, I miss the weekly Wednesday meetings and thinking up story ideas. I miss the camaraderie of the people who wrote for the paper and the students at Castleton in general. I miss Dave and *The Spartan* staff and the New York trip and the sense of community and belonging I had there.

Q: What are you doing now?  
A: Right now I am working as a Game Advisor for GameStop. I actually like it a lot more than I was expecting. I work with a lot of really nice people, and I’ve yet to come across any customers who are particularly miserable or anything like that, so I count myself lucky. It’s definitely not what I pictured my life like when I was getting ready to graduate in 2012, but I’m not upset with where I am.

# Public Safety report

Date & time reported	Date & time occurred	Incident Type	Location
2-02-14 0240 hrs	2-02-14 0130-0240 hrs	Vandalism	Reinfurt House
2-03-14 0900 hrs	2-03-14 0800-0830 hrs	Medical	Coffee Cottage
2-05-14 2100 hrs	2-05-14 ?	Theft	Haskell Hall
2-05-14 2300 hrs	2-05-14 Semester	Harrassment-phone	Babcock Hall
2-08-14 1405 hrs	2-1&7-14 Late Night	Drugs/conflict	Castleton Hall
2-08-14 0707 hrs	2-08-14 0345 hrs	Alcohol/Medical	South House
2-11-14 1300 hrs	2-11-14 1300 hrs	Hit & run	North House
2-11-14 1700 hrs	2-11-14 0800-1700 hrs	Hit & run	Science Lot
2-12-14 0110 hrs	2-12-14 0050 hrs	Medical	Public Safety Office
2-15-14 0834 hrs	2-15-14 0430 hrs	Suicide Threat	Castleton Hall



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# Q&A with Spartan standout Carnelius Green



PHOTO BY KATIE SAULT

**By Andrew Cremins**  
*Castleton Spartan*

Basketball sensation Carnelius Green, erupted Glenbrook Gymnasium when he slammed home an alley-oop pass from teammate Troy Davine against Williams College a couple weeks ago. Since making the transition from Green Mountain College to Castleton, Greene has given the CSC men’s basketball team more offensive firepower. Green scored his 1,000th point of his collegiate career this season.

Q: What does basketball mean to you?  
A: Basketball is definitely more than just a sport to me. I plan to play professionally. I would love to make this a career.  
Q: What age did you start?  
A: I’ve been playing basketball forever. My first organized basketball game was

in high school.  
Q: What is your favorite NBA team?  
A: I am from Florida so definitely Miami Heat.  
Q: Who’s your favorite NBA player?  
A: Lebron. I feel like I kind of play like him. I like to drive to the hole more than just shooting.  
Q: What brought you here to Castleton?  
A: Definitely to win championships. Tyler Ackley messaged me on Facebook and talked to me to come for a visit. Me and coach Culp sat down and had a conversation about what I want to do in the future with basketball and I liked everything he said.  
Q: What’s been most enjoyable here at Castleton?  
A: Definitely a different environment [from Green Mountain College]. Green Mountain was like mostly hippies and just wasn’t fitting in that environment. I

feel like I’ve become a better player in just one season here.  
Q: Aside from general practice, is there anything you do that has gotten you to where you are now?  
A: He [coach Paul Culp] is on top of everything. Everyday we have to shoot 200 three’s and 100 free-throws outside of practice.  
Q: What were your thoughts before the game of your 1,000th point and your thoughts when you scored it?  
A: I didn’t know anything about my 1000th point. When we played New England College, I just played basketball and when I got on the bus everyone just started cheering for me. I didn’t even know I was that close.  
Q: Can you describe or just comment on your alley-oop?  
A: We practice those plays all the time in practice. It wasn’t planned at all though. He [Troy Davine]

just saw me open and he threw it. I had to finish it...I just can’t leave my teammate hanging.  
Q: Other than sports, what are some things noone else would know about you?  
Guilty pleasure TV shows, genre of music, movies?  
A: I don’t know, I mean I’m pretty open about things. I rarely party, I do my homework, I stay in my room, play video games with my suitemates. I mean I’m a huge fan of the Walking Dead, but I don’t think it’s weird or anything. I hope a lot of people watch it.  
Q: Do you wish you played any sports other than basketball?  
A: I wish I would of played football. I feel like if you’re able to play different sports, you can use it for your main sport. I feel like if I played football I would have been a better basketball player. I feel like having a bigger, stronger body would

have helped me in the long run.  
Q: What are your dreams and aspirations?  
A: My main goal is basketball. It’s just to help my mom out. I just want to help her out, get her a house and just not have to worry about anything in the future. But if that doesn’t happen I am going to school so maybe open up a bar and grill. But my dream is basketball and get paid for doing something I like doing.  
Q: If you could ask for one thing what would that be?  
A: I would ask for just as much money as Bill Gates.  
Q: If you could change one thing in the world what would that be and why?  
A: I feel like I would change the government. I feel like they’re just lying to society these days. I feel like so much is being hidden from us and I want to know the truth about the world.

# Spartans steamroll Maine to host conference championship

**By Kaylee Pratt**  
*Castleton Spartan*

The Castleton State College women’s basketball team continues to attack the hoop as their tough defense continues to gain the girls special recognition. They left on the road for a double-header in Maine coming away with a pair of victories.  
After their first conference loss to Colby-Sawyer Wednesday evening, the Spartans bounced back, out-rebounding the Terriers 50-21 with a final score of 83-42 in a North Atlantic Conference game Friday night at Thomas College.  
Jade Desroches recorded yet another high scoring game of 21-points which marked her career best. Meghan O’Sullivan racked up 16-points while a trio consisting of Heather McDough, Stephanie Bull and Alyssa Leonard each scored 9-points.  
For the Terriers Kate McAllister was the only one in double digits scoring 14-points and teammate Elizabeth Goodall putting up five more.  
With the win Castleton’s record jumped to 20-3 overall (15-1 NAC) and Thomas dropping to 3-19 overall (3-12 NAC).  
In the first three minutes of the ball game, the Spartans went on a 10-1 run until McAllister made two field-goals.  
For the Terriers it just wasn’t enough



KATIE SAULT/CASTLETON SPARTAN

**Spartan Jade Desroches drives the lane against Colby-Sawyer.**

as the Spartans lashed back. The first half concluded with a lay-up by Desroches who logged two 3-pointers earlier giving the Spartans a comfortable lead of (44-25).  
Castleton continued to keep their lead in the second half with two 10-0 runs on Thom-

as. The largest lead of the game came with 24 seconds to go in the game where the Spartans led by 43 points.  
Castleton’s defense dominated as McDough snatched 10 of the 50 rebounds for the Spartans. Five other Spartans grabbed five or

more individually.  
The Spartans came back for more action Saturday against Farmington Maine with even more intensity than before. Both teams put up a good fight but the Beavers couldn’t break through the Spartans defense, finishing the night 90-61.  
Desroches upped her career high to 26-points while Liz Douglas and Shelby LaBarge scored a high game of 19-points each.  
The Beavers had Lindsay Ranquist as a high scorer with 15-points and Ayla Allen adding another 11-points, their only players to score about 5.  
The Spartans improved to 21-3 overall and (16-1 NAC). The Beavers dropped to 9-4 overall (8-8 NAC).  
The first half was neck-and-neck. Farmington either led or was tied with Castleton for about eight minutes until Desroches hit a 3-pointer to take the lead 14-13.  
Less then a minute later the Spartans went on a 10-0 run until Holly Oliver broke the run with a 3-point shot.  
The half culminated with two made free throws by Allen causing a very close score of 43-40.  
The Beavers only scored 20 points in the second half, but didn’t get over eight on a run as the Beavers played competitively by their side.  
Spartans will be back on the court Sat. Feb. 22 for their last regular season game against Green Mountain College at Glenbrook gym.

# CAB hosts a trip to Boston Bruins game

# Sports talk with Eric Dowd



RUBY BUSHEY/CASTLETON SPARTAN

**Students travel to Boston to watch an NHL game.**

**By Ruby Bushey**  
*Castleton Spartan*

A bus load of 41 Castleton students set out on a three-hour adventure Feb. 1 to Boston to watch the Bruins take on the Edmonton Oilers. The bus departed at 8 a.m. and arrived in the city around 11:30 a.m. giving the student’s time to roam the city before the 1 p.m. game.  
“I’ve been to the city many times, but every time

is a new memory and it’s almost as if the city changes. I love it here honestly,” said junior Allie Dwinell.  
Dwinell and other friends joined her at a local bar where they grabbed some loaded nachos before the game. Other students simply walked around the city.  
“I don’t get to go to the city very often, so I took advantage and bought myself a Bruins hat to represent. I’ve been a big fan of the Bru-

ins for a while, and this trip made it so much easier for me to attend a game,” said freshman Morgan Young.  
The Bruins won the game 4-0, making it their 35th win and goalie Chad Johnson gained his second career shutout, his first as a Boston Bruin.  
“The Bruins game was a lot of fun! It was a great experience for my first time ever going to see a NHL game,” said Kara Doherty.

The trip was made possible by the Campus Activities Board, a part of the Student Government Association, as a way to help bring students together.  
“I work on CAB, so I think that it’s pretty cool we can do this type of stuff. The turnout was great for our school and the game as well. I really enjoy helping putting on these events,” Doherty said.  
The students were able to sit up on the top floor of the arena and were treated to free food and a free Bruins hat.  
“Sitting in a special box on the ninth floor was pretty epic,” said Doherty.  
Castleton student Kelsie Boudreau attended the game with some of her friends unaware that she could have gone on the bus.  
“I bought this ticket months ago for over \$100. I was so shocked that Castleton had this opportunity, especially because these tickets were only \$40. It’s much easier and more affordable for college students to attend games. I had so much fun and I hope CAB continues to provide more opportunities for students to attend sports games,” she said.  
CAB is talking to both the Boston Red Sox and the New York Yankees to see if they can get tickets to one of those games this spring for students to take another fun adventure to a city.

As the groundhog saw his shadow and declared six more weeks of winter, all I could do was think of spring and better weather coming our way. However, with all the slew of storms hitting our way, who knows when spring is going to start.  
All I know is its 40 days until opening day for Major League baseball and 40 days until the Red Sox take the field to defend the World Series Trophy.  
It also means it’s almost time for tennis, baseball, softball, and men’s and woman’s lacrosse. Winter sports are getting into the best part of the season; post-season play.  
Both the men and women’s ice hockey teams finished off the regular season this past Saturday.  
The men played hard on senior day at Spartan Arena earning a 4-0 victory over Skidmore.  
Seniors scored three of the goals and senior net minder Eric Cinotti had 35 saves for the shutout. With the win it puts the men in fifth place, which means they will play away in the ECAC East playoffs.  
That said, the men played one of their best games of the season against Skidmore, and may be peaking just at the right time.  
The woman suffered a 4-0 loss to fourth-ranked Norwich on Saturday. Despite the loss the women are

having a record year.  
They have 14 wins, the most in program history. The Spartans will also finish in the top-three in the ECAC East and host a home playoff game.  
If they have to play Norwich again, remember how the old saying goes; third time is a charm.  
The men’s and women’s basketball teams have one more regular season game against Green Mountain College before the NAC playoffs begin. Both teams are coming off a pair of weekend wins in Maine against Thomas and UMaine-Farmington.  
The men hold the second seed in the NAC standings behind Husson, which beat the Spartans twice to this season.  
The men have been on fire since losing to Husson Jan. 31, winning six straight while averaging 119.5 points per game during that streak.  
If they play Husson again, you can expect it to go a different way.  
The women’s team sits in first and will host the NAC playoffs this year. The women have won two straight since losing their first conference game of the season at home against Colby-Sawyer 66-56.  
Look for the Spartan women to have a chip on their shoulder as they go into the playoffs, hoping they see Colby-Sawyer again.

# Weekend sweep in Maine makes it six in a row

**By Deven Savage**  
*Castleton Spartan*

The Castleton State College men’s basketball team returned home from their Valentine’s Day weekend road trip with a pair of victories sweeter than chocolate.  
On Friday against Thomas, Castleton’s newcomer Steve Rosemond put up a career high 32-points, 11 rebounds and three assists to help his team to a nail biting 130-129 overtime victory.  
This win extended the Spartan winning streak to five straight as they improved to 16-7 overall and 14-2 in conference play.  
Both teams went back and forth in the first

half and ended the half even at 64 each. The battle continued and each team traded buckets until they were knotted up at 106 with just under a minute to play.  
Tyler Ackley was fouled and sent to the line for a pair of free throws. Ackley nailed the first but missed the second, which was recovered by the Terriers who threw up a 3-pointer for the tie with 5 seconds left. The shot was missed but was recovered with an offensive rebound by the Terriers. Levi Barnes put up another desperate 3-pointer and sent the game into overtime.  
Ackley commented on the strategy going into extra time.  
“We knew we had to take it one possession at a time and make sure we played solid

defense, got rebounds and took smart shots,” Ackley said.  
In extra time Castleton came out to a 116-111 lead early in the period. Thomas continued to fight and came within 3-points with under a minute to go.  
Castleton’s Troy Davine nailed a free throw and a layup from Rosemond gave them the 129-123 lead. Just a few moments later the Spartans walk to the locker room victorious.  
In Farmington, the Spartans got off to a slow start and were down 7 minutes into the game. The Beavers gained a 15-point lead before Troy Davine nailed a three to cut the deficit to 48-36 at halftime.  
Down just a single point later on, Castle-

ton’s Logan White drilled a 3-pointer to give his team the lead. Their defense did the rest and the Spartans ended the weekend 2-0 and a 98-92 win over UMF.  
Spartan’s Logan White and Tyler Ackley combined 6-for-6 on free throws and even though they were Ackley’s only points on the night, they were crucial.  
“I knew I had to make them to make up for missing the one Friday night,” Ackley said.  
Castleton improves to 17-7 overall and 15-2 in the NAC. They end their regular season next Saturday at home against Green Mountain for senior day.



# Officials, players want a fresh start

By **Spencer Danderand**  
*Spartan Contributor*

Castleton football is hoping a fresh face means a fresh start.

When asked about the upcoming season, and the expectations of a new head coach, linebacker Jay Morgan confidently said “conference championship.”

Morgan is not alone in his wishes. Several Castleton football players stressed the need for a head coach who can bring success to the program in his first year.

With the resignation of former head coach Marc Klatt this past December, the Castleton football program has been working around the clock to find a replacement. A five-member search committee, headed by Dean of Administration Scott Dikeman and Athletic Director Deanna Tyson, has narrowed down a field of 180 applicants from all around the country, to just eight final candidates.

Dikeman admits that the large pool of applicants makes for a lengthy process, but he sees the situation as an opportunity, rather than an obstacle.

“We feel we’ve got some really capable

people, and rather than miss the potential opportunity, we’d rather spend the time to talk to all of them,” Dikeman said.

While the weight of the final decision lies mostly on the shoulders of Dikeman and the committee, Tyson has appointed a committee of 10 to 12 players to aid in the interviewing process. Returning captain and wide receiver Kevin Alberque is among those players.

“I feel good. I like that they’re including the players. I’m hoping that the players’ decision is of great value,” Alberque said.

Dikeman assures that the committee will “listen to their opinion, and take their opinion seriously.”

“Getting the feedback from the current players we have here, on who they think can bring in players, that’s the person we want,” Dikeman said.

After several players on the promising 2013 roster were charged with retail theft at Dick’s Sporting Goods in Rutland last fall, the town, the school, and the program are eagerly awaiting a fresh start. With the players and the committee working together, both groups are looking at this entire process as one big opportunity.

“I think it’s a new start for our program, especially with this past year, we were 1-9 and we had some of our players in the news for not the right reasons, so I think having a fresh face at the coaching position will be a good thing for the program,” Tyson said.

Arguably the most excited for a fresh start is returning Quarterback George Busharis.

“I think it will be good. Now we can focus 100 percent on football and getting better and winning a championship ... After last season, with losing all of those games and everything that happened, I think next season it’s eyes on the prize, and I hope our coach is thinking the same way,” Busharis said.

Dikeman shares the hope for success, but says the search committee has more important criteria a candidate must meet to get the job.

“It’s really about the quality of the person. I think we always say we want a great coach, but a better person,” Dikeman said. “Winning is great, but that’s clearly not our priority. Our priority is to get somebody who’s going to make the players better people.”



COURTESY PHOTO  
**Castleton quaterback George Bucharis is one of many other teammates looking for a fresh start.**

## Lady Spartans ready for NAC playoff run

By **Andrew Muse**  
*Castleton Spartan*

The Castleton Women’s hockey team split the pair of games on their road trip this weekend, beating St. Michael on Friday, 3-0, and losing to Norwich 4-0 on Saturday.

“We struggled with both games as our team is dealing with illness,” Head Coach Bill Bowes said. “It shows a lot of guts and character that we were able to pull out a win against St. Mikes.”

The Spartans were led by Brie Narodowy’s two goals and tenacious goaltending by Paula Stephens who finished with a 20-save shutout in net.

Narodowy scored her first goal at 6:14 into the game, putting the puck top left to beat the goalie. She was able to score again in the second period on a power play opportunity to put the Spartans up 2-0. They were able to net one more goal as Lisa Kilroy scored on an open net with only 14 seconds remaining in the contest.

“We did a really good job at pulling this win out,” Stephens said. “We kept it simple and our game plan worked for us.”

The next night against Norwich, the Spartans had trouble generating offense falling 4-0 to the 4<sup>th</sup> Nationally ranked Cadets.

The Spartans came out aggressive and had a few power-play opportunities in the first period but the Cadets’ penalty were too much, shutting down all five of the Spartans power-play opportunities.

Stephens made 29 saves for the Spartans as they ended their regular season with the best overall and conference record in program history.

The Spartans finished at 14-9-2 overall and 9-5-2 in conference play.

“We have got to do better on our power plays,” Bowes said. “If we can do that and stop committing as many penalties as we have, we can get to where we want to and expect to be which is in our conference championship game.”

The Spartans await the result of the Nichols and Salve Regina game to see if they get the second or the third seed in the conference championships.

If Nichols wins or ties, the Spartans get the second seed. If Salve Regina wins, the Spartans will take the third seed and face the number six team in the tournament.

“In the playoffs, you have to play good. Today anyone can win because it’s win or go home,” Bowes said. “I hope to see a lot of Castleton students at the game next Saturday. Tghe support this season has been great and hopefully it continues for out playoff games.”



**Simona Croccolo powers around a gate at Whiteface Mountain.**

PHOTO CONTRIBUTED BY CHRIS EDER

## Spartan skiers gear up for regionals

By **Kaylee Pratt**  
*Castleton Spartan*

The Castleton State College men and women ski teams are packing their bags and waxing up their skis.

With another impressive season, both teams captured third place in overall standings for the Eastern Collegiate Ski Conference out of nine teams, and have locked up a trip to United States Collegiate Ski Association Eastern Regional Championships at Sugarloaf Mountain in Maine.

The top five colleges and universities from 13 different divisions qualified for the regional competition.

A journey to regionals will make it the ninth appearance for the Castleton men since 2003 and the 10th for the women.

The Castleton women have one second-place finish to their credit this season in regular-season meets while the Spartans men have a victory to their credit.

Spartans Co-Head Coach Chris Eder said both the women and men’s team would need to keep a few strategies in mind.

“The key thing is just having two solid runs each day we compete. For men it’s finishing what they start and for the women its being consistent both runs,” Eder said.

Eder also said the teams never give up and that’s what makes them unique from past teams he has coached.

“This team may not be the most talented that we’ve had, but they definitely have a lot of heart and they’ve been showing it,” Eder said.

The Spartan men’s top skier, junior Patrick Burke, ended the season in sixth place overall, recording nine top-10 finishes in 10 meets, which was enough to earn ECSC All-MacConnell honors.

Burke said regional’s will be a tough competition this year and realizes that each guy has to hold its own while providing decent finishes in order advance to the next level.

“Individual results won’t get our team to nationals. Finishing runs is the key,” Burke said.

Burke was not the only one to earn the All-MacConnell honor.

Freshman Matt Couture started the year off by completing his first ever collegiate slalom run in fifth place out of 80 opponents on Jan. 9, and since has harnessed three top-10 finishes and placing 10th overall for the season.

Like the men, the Spartan women also had two All-MacConnell honors. Over the course of the year sophomore Simona Croccolo managed to amass a 10th-place finish overall and five top-10 finishes on the season.

Croccolo realizes that hard work is key and is the only way to succeed in regionals.

“I think as a team we need to work on putting two solid runs together. Normally

we have a really good first run and not as good of a second run or vise versa,” Croccolo said.

Senior Blaire Hooper ended her last regular season the right way. Along with teammate Croccolo, she also received All-MacConnell honors and landed in 12th place while also grasping six top-10 finishes. Last year regional’s was quite a success story for Castleton’s teams and this year they hope to make it even further.

The men were able to tally a third-place finish in the giant slalmon and second in the slalmon for regional’s, which sent them on their way to nationals. There, they finished ninth in the giant slalmon and eighth for the slalmon.

The women were on their game last year and ranked higher in regionals and nationals than did the men, taking second in the giant slalmon and the slalmon. At nationals, the women were sixth in the giant slalmon and seventh in the slalmon.

“We all hope that we can perform as well as last year and place top three as a team in both the giant slalmon and the slalmon to finish top three overall to take us to nationals at Whiteface,” Croccolo said.

Burke expects the same for the men as they enter regionals.

“I think we are capable of top three but am expecting at least top five and a trip to Lake Placid for nationals,” Burke said

## Spartans look forward to success in the playoffs



PHOTO CONTRIBUTED BY EMMA RUDNICK

**Seniors pose during their senior against Skidmore College.**

By **Andrew Cremins**  
*Castleton Spartan*

Looking ahead to Saturday, February 22, the Spartans aim to seal the victory in the first round of the

ECAC East tournament.

Prior to winning their final regular season finale and senior game against Skidmore College Saturday 4-0, the Spartans were 1-1-2 in recent play. The two ties came from Babson and Norwich

as the conference’s first and second seeds in the standings.

With the green locking down the fifth seed, Castleton will travel and play fourth seeded New England College.

NEC went 3-2-0 in their five

most recent games before wrapping up their regular season this past weekend. One of those wins came

“[I’m] confident if we play our game, we will be okay.”

- Spartan senior and Captain Ross Herzog.

over Conference powerhouse Norwich University.

Spartan defensemen and assistant captain Reid Lesswing feels good about playing on the road.

“It will be tough, but I think we can do it,” said Lesswing.

Castleton dropped both games to NEC during the regular season.

The Spartans lost 2-1 at home, despite four power-play chances in the first matchup against NEC. Cinotti started in goal recording 24 saves on 26 shots.

Thomas Shelley took over the

starting goaltending spot in early January after an unfortunate ankle injury to Erick Cinotti during practice.

Later on in the season Castleton traveled to NEC for the second game, losing 3-1. Shelley saved 20 shots on 24 attempts.

Whether Shelley or Cinotti will get the start is unknown according to teammates. The Spartans are confident if back-up Shelley is their guy.

“Shelley has been playing really well lately. No areas of worry for our goaltending,” said Spartan senior and team captain Ross Herzog.

However, the Spartans aren’t as concerned with who they will have to play in the first-round, putting more emphasis on themselves.

“[I’m] confident if we play our game, we will be okay,” Herzog said.

Regardless of the opponent, Head Coach Steve Moffat isn’t concerned with putting up huge offensive numbers for success in the playoffs.

“When you get into the tournament, defense wins championships,” said Moffat.



# No snow day makes students annoyed

By Alexandra Johnstone  
*Castleton Spartan*

Castleton’s campus was deserted and snow ridden after more than 15 professors canceled classes on Feb. 5. As the day continued, snow piled up as some dedicated students trekked across campus to attend the few classes that hadn’t been canceled.

While some students were lucky enough to have most or all of their classes canceled, others were less fortunate and had to attend classes during the storm.

So why didn’t we have a snow day?

“Generally we will be open when it snows and if the roads are plowed and passable,” said President David Wolk. “On days when there’s freezing rain and icy conditions we generally are going to close.”

Many professors said they believed it was unsafe to travel in the early morning, some having to travel over half an hour.

“It’s a difficult call to make and I’m glad that I’m not the one making the decision. My driveway didn’t get plowed until 12 so I was stuck,” said Professor Helen Mango.

Junior Jake Covell had all his classes canceled by professors. His roommate, junior Victor Cucullo, wasn’t as fortunate and had to attend all five of his classes.

“I had five classes and none of them got canceled,” said Cucullo. “I was freezing and I almost wanted to skip because I was so mad.”

“I had a really relaxed day. I had so much time I didn’t know what to do with myself,” said Covell smirking in Cucullo’s direction. “I think classes should’ve been canceled though.”

No other Vermont state colleges closed down on that day, though, and only Lyndon closed down during the next snow storm a few days later when Castleton also closed.

“I had three classes and only one got canceled, and it was snowing pretty solidly all day long,” said junior Olivia Janus.

Professor Pam Varnum was another professor who canceled.

“I ended up canceling classes for myself since my driveway is tricky,” she said. “As the day progressed and it got worse and worse, I was quite glad I did.”

Even though many professors did cancel, Bill Kuehn was not one of them.

“When I took this job, I did what you normally do and that’s move close to your job,” Kuehn said. In 43 years, Kuehn has missed one day of classes due to weather conditions.

Although there was much confusion surrounding the issue, the college’s policy on when to close has not changed.

“I’m just happy I’m not the guy who has to make that decision,” said Kuehn.

And professors who chose not to come to class that day defended their decision.

“Ultimately it’s my own decision. I have to feel as though it’s safe for me to go out and I don’t mind taking that responsibility,” said Varnum.



JOSHUA BASSETT/CASTLETON SPARTAN  
**A student treks through the snow to make it to class.**

# We’re‘sew’ pink for the cure

By Jorah McKinley  
*Castleton Spartan*

Twenty years ago, Jean Cadoret lost her husband of 44 years to cancer. She turned to knitting and sewing to keep her hands and mind occupied, but her hobby has grown into something much bigger.

Cadoret’s homemade knit and fleece wear items have now raised thousands of dollars for the fight against cancer.

For the past five years Cadoret, 85, has been donating her services to the Castleton women’s hockey team to help them raise money for breast cancer awareness.

Just this year she made 77 knit and fleece items, which were sold at Castleton’s Pink the Rink game. Profits benefited the Foley Cancer Center at the Rutland Regional Medical Center.

“It’s nice to see young people care,” Cadoret said.

Her hats, gloves, socks, vests and quilts have contributed at least \$3,700 to the Pink the Rink cause, said Cadoret’s daughter Karen Sanborn.

Sanborn, the media services coordinator at Castleton State College, felt the need to get involved with Pink the Rink when she attended a game and noticed low attendance.



JORAH MCKINLEY/CASTLETON SPARTAN  
**Jean Cadoret’s knit and sewn scarves, hats and other items are displayed in Spartan Arena.**

sell her mother’s items at the games to help raise money, and they’ve done it every year since.

“Karen asked me if I would do it. She supplies me with all the materials, and I just sew,” said Cadoret.

his father and sister and my mom’s mother and stepfather have all died from cancer. Two of my siblings and my sister-in-law are cancer survivors,” she said.

Cadoret’s community service doesn’t stop with Pink the Rink. She volunteers at Porter Medical Center every week. In 2004 she was honored by Rutland Regional Medical Center with the Outstanding Volunteer for the Community Cancer Center Award. In 2008, her hometown of Cornwall dedicated its town report to her.

The dedication listed all of the organizations she has donated her items to. This list included The Salvation Army, Hospice, women’s



COURTESY PHOTO  
**President Dave Wolk happily wears Cadoret’s pink scarf during the Pink the Rink game.**

“Cancer has taken a toll on my family.”

-Karen Sanborn

“These girls are really trying hard to do something good for the community, and there wasn’t a lot of recognition for them,” Sanborn said.

So she asked if they could

So why do they work so hard?

“Cancer has taken a toll on my family,” Sanborn said. “In addition to my father,

Continued on page 6

# Sodexo feeds off student comments

By Joshua Bassett  
*Castleton Spartan*

Forget John; Dear Jeff:

In the wide world of the food service industry, comment cards are typically only filled out by angry customers upset over a bad meal or poor customer service.

However, here at Castleton in Huden Dining Hall, they are filled out for all sorts of reasons.

Jeff Kurto, the general manager of Sodexo, said they get more than 400 cards a semester that they are 50 percent positive, 40 percent negative and 10 percent goofy.

Almost all get posted on a board in the dining hall. Some cards are serious, like the ones

asking to make Sunday a day for sundaes, for other fruit for the yogurt besides melon or for thanking the staff when they serve a good meal.

Negative comments included undercooked rice and that not everyone wants their food to have a lime taste to it.

As for the goofy ones, there’s one asking for stoner brownies and another from someone calling himself Silent Bob, left completely blank.

“It’s a good way to communicate,” said Kurto of the cards.

Kurto said that communication has certainly helped saying the staff has made many changes on campus based on the cards like which hard ice cream flavors to get,

which things to add to the deli like cheeses or cabbage and a decision to serve plain yogurt to go along with the berry yogurt because one student wrote of an allergy issue.

Students say they also value the opportunity to weigh in on what they eat.

“I think the more connected Sodexo is to the dining hall, the more people are proud to take ownership of it being part of our school,” said sophomore Kevin Santora.

Kurto said the company policy is to only have three cards out at a time, but he said that there are just so many cards that he has to put more of them up. Kurto said he spends probably an hour and a half a week reading over the cards and said the staff reads

them as well.

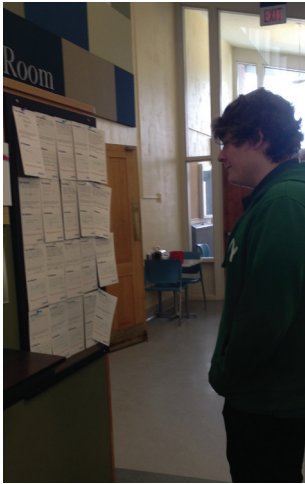
“I read all of them, 1 percent might not make it out there...anything offensive to my staff or overly vulgar,” he said.

That level of response is not lost on some here on campus.

“It shows Sodexo does care about (the cards),” said Santora.

Of course, there are some cards with suggestions that just are not possible, like the usual card asking for Honey Nut Cheerios, which is simply not possible due to the possible cross contamination with the other cereals possibly causing someone to have an allergic reaction.

“There’s something’s I can’t do,” he said.



MOLLY DEMELLIER  
**Roy Fetters reads comments from students about Huden food.**



# Battling the winter blues

You're sitting in your cold dorm room alone. The lights are turned off and the blinds are blocking the "it's snowing" view. A pile of homework sits on your desk, untouched. Just the thought of how much you have to do sickens you.

You pull your knees to your chest and hug them. Your eyes are empty but your head is bouncing to every worst-case scenario. You take a few deep breaths but that only leads to sucking in cold, hard air. Your mind sounds like white noise, all too much to handle at once.

Closing your eyes only leads you to your own personal hell, so you focus them on the blank white wall in front of you. The emptiness of the wall strikes you and makes your mind bounce to loneliness. You put your head down on your knees.

A single tear falls and stains your left cheek.

Before you can take another deep breath of choking, cold air, you begin to sob. The tears fall quick and your heart feels like it stopped completely. All you hear is the emptiness of your dorm, not even the furnace sang to you.

You begin to feel dizzy and decide to curl up under the covers. The sheets are ice cold and your pillow feels like a rock. You lie down and pull your knees to your chest again.

Your eyes are sore and your muscles feel weak. You close your eyes to ignore the emptiness of the room. Your thoughts are slowly fading as you drift off into sleep.

Winter depression or Seasonal Affective Disorder (SAD) is not unknown on a college campus. With the

roller coaster winter we've been having, who wouldn't feel even a little depressed?

According to bates.edu, SAD affects people because of a "biochemical imbalance in the brain resulting from shorter daylight hours and lack of sunlight."

Some signs of depression could be: decreased mood and low energy level, difficulty waking up in the morning, irritability, anxiety, inability to concentrate, difficulty performing tasks that are usually enjoyable, low sex drive, and carbohydrate craving.

Unfortunately, winter depression isn't where it ends. It could always build up and lead to something even worse.

## Suicide.

According to psychcentral.com, suicide is the second leading cause of death on a college campus.

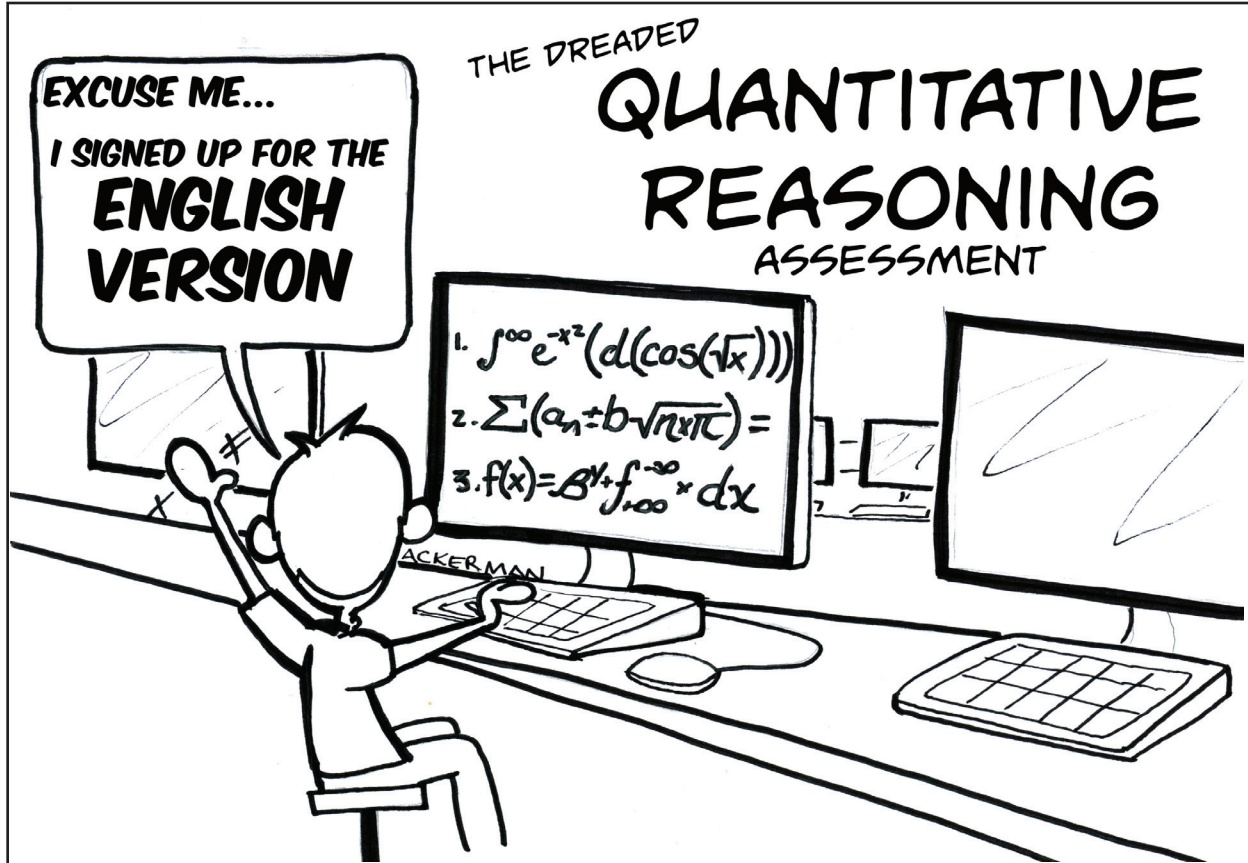
Luckily, Castleton is aware that some of their students get hit with the winter blues and give us time to recoup and relax with a break every five weeks. Castleton also provides us with help at the Wellness Center, if needed.

"I will usually exercise. It just puts me in a more positive mood," Callie Ginter said.

The most common treatment for the winter blues is an antidepressant or psychotherapy. Though, it can also be fixed by taking vitamin D, daily.

So if you're feeling hopeless and blue, don't worry, spring is just around the corner with warmer weather and happier days.

-Rebecca Roe



# Crash leads to unexpected appreciation for little things

As February break began, my wife, Kathleen, and I met up after work on Friday, fed the cat, set the thermostats, and packed the car. The forecast was good - some rain, perhaps - so we took the Civic, rather than the Rav. might as well save a few dollars on gas.

Traveling together means a lot to us. We were heading out to the island nation of Granada in the eastern Caribbean, just 90 miles from Venezuela. Our son is studying medicine at Saint George's University. This would be our only opportunity to get to know the life that he has chosen as he prepares to become a doctor - and to enjoy a week of Caribbean sun and the island's coral reefs.

As we drove out of our snowy driveway, we looked at each other and smiled. Another adventure. We planned to drive to Albany, take the train to Penn Station, a five-hour flight and soon we would be having a rum punch and dinner with Ben in a West Indian restaurant overlooking the sea. Travel - my wife and son- what more could life offer?

We headed down Route 22A to make our way to Route 4 West, just after a steep climbing curve on 22A. I was driving. It was a particularly dark night - the kind of night that seems to absorb light and reflect nothing. The outside temperature began to drop from a few degrees above freezing to 33, then 31. I slowed down, although each time I tested my brakes, the car had traction.

A truck came up quickly behind us. He came up close and stayed tight. Annoyed, I started looking for a safe place to pull over to let him pass. The thermometer was hovering at 32. In the darkness, his lights were blinding. Not long before a steep hill in West Haven, I found a wide section of road and let him by muttering something about his driving. He powered by and continued toward the hill.

We returned to our conversation. Would we rent a sailboat for an hour or two and do a little midwinter sailing?

It's hard to describe what happened next. It was surreal, confusing, shocking. I heard a loud, definitive, yet somehow muffled, crash. As if accompanied by another instrument, the loud deadened thud was joined by the sound of tinkling glass. It was over in a fraction of a second, no squealing wheels, or sounds of spinning cars. Then we saw a confusion of red and white lights that made no sense - they didn't seem to be obeying the usual laws of man and physics.

We approached slowly. Like a slalom course, hundreds of boxes of Starbucks coffees, metal and glass covered the road. I thought we were seeing a jackknifed truck but it looked more like a bus, yet the front - if it was the front - was wide open. A man was visible slouched over in front. We stopped. We tried calling 911, but had no reception. The road was covered in a glaze of black ice. I could see cars coming around the blind curve and entering the steep, glassy road. Kathleen, a nurse practitioner, got out to help while I worked my way to the blind curve at the top of the hill to warn drivers. Just beyond the bus I could see the



jackknifed truck headfirst into the cliff with its top peeled back like a can of sardines. Apparently, the bus heading north had hit the jackknifed truck headed south.

At the hilltop, cars couldn't stop. The drivers could not see what was around the corner and didn't have traction enough to break. They were confused. My flashers and blinking lights weren't getting the message across. I found myself holding on to the hood of my car screaming at drivers. Finally, it got through and cars began to stop. One driver went to call 911, and another to get town

"The Caribbean water seemed a little bluer. The food a little tastier."  
-Harry Y. Chaucer

sand trucks out.

On foot, I slid back down the hill to the collision. Kathleen was helping the driver. She directed me to a man I'll call Billy. He was a large man who had somehow been thrown face-up to the front of the isle. He was wedged in by his head. He was straining. On my wife's direction, I gently put my hand under his head supporting him. He seemed to need companionship, reassurance. We talked for about an hour. The driver was inches away. He seemed unresponsive. Fire and EMTs were on site at that point. They lit the scene and worked with young women in the first passenger seat as well as the driver. We were there for about an hour and a half, then climbed the hill to our car and crept on. We passed

two other accidents. The next morning, AP reports said that the driver had died.

I found myself thinking about these people who were laughing and anticipating their ski trip to Vermont one minute, the next covered in broken glass trapped in a cold bus while the injured were treated. I thought about a wife, and children who would receive life-changing calls that night.

The vacation week with my wife and son was a little sweeter than usual. The Caribbean water seemed a little bluer. The food a little tastier. I found myself thinking of the people I met in our travels with a bit more understanding - any of them could one day get a call that someone they love was hurt. I found myself wondering what happened to Billy and how that evening changed his life.

As I sit now by the wood fire sipping a cup of Caribbean hot chocolate, I feel fortunate that we had an opportunity to help out on that dark and icy night.

-Harry Y. Chaucer

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# SGA news

By Megan Harris  
Castleton Spartan

The Student Government Association continues to strive toward projects, preparations, and planning, even with the semester winding down.

The SGA welcomes transfer student Tara Dee onto their ranks as a new delegate and Hannah Locke as the Deputy Chief Justice of College Court.

Dee was also elected as the Vice President of Community Relations—a student liaison position that is meant to encourage greater cooperation between the Rutland and Castleton communities.

One exciting project that has delegates at work is the proposition of adding a “Zipcar” to the Castleton State College community.

“The car is subsidized by the company and insured by the company, while maintained by the college,” said President of SGA, Timothy Mackintosh

“It’s a wonderful tool that will allow students who have licenses but no cars on campus to rent the vehicle for hours at a time. That way, our on-campus students will have a way to access outside of Castleton, as well,” adds Treasurer Elizabeth Young.

The Cheerleading Club has reached out to the SGA to ask for strong support at their last meeting.

Sierra Boxberger, who will step up to the position of captain next year, spoke about the future of the club and the need for strong support from their student government in fundraising and in providing initial funds for uniforms so that they could represent the Castleton community in another arena.

“We have a real coach now, but we will never be allowed to be more than a club. So, we need to provide a strong base here. There are extreme athletes in this sport that are not looking to come to a failing program, so we want to get the Castleton name out and contribute to the growing of the program,” said Boxberger.

With their strong plans for fundraisers in March and April, along with their passionate hopes at representing the college, the SGA voted to award the Club \$2,980 for the initial costs for competition and uniforms.

“I like their commitment,” said Delegate Hollie Nopp about the vote.

In other news, Mackintosh hopes to leave one more lasting legacy on behalf of this year’s SGA—a student leadership scholarship designed to potentially pay the entirety of a dedicated student leader’s education.

Initially, the scholarship would become a regular budget item for the college. By depositing potentially a first sum of \$10,000, with the resulting interest of 10 or 12 percent, the scholarship grows every year.

“The interest is the scholarship,” said Mackintosh excitedly, “and if we call for a referendum to make this a mandatory budget item, every single year—this is like in 50 years from now, we will be able to pay for multiple student leaders’ education just on interest.”

The SGA delegates agreed with Mackintosh, and the group will move forward in drafting both requirements and stipulations in order to officialize the new scholarship.

Additionally, the SGA raised the student activities fee from \$123 to an even \$150 in anticipation of the growing population.

The move will add a cool \$170,000 to the SGA budget which will be used to provide more events and activities as well as an additional advisor position to the SGA.

Elections are set to take place soon. Online voting will start March 24 through 28; in person voting to start March 31 and end April 4. There are applications and job descriptions in the SGA office, located on the Campus Center. There is a great need for students to help with the process of elections.

# Career fair offers great opportunities

By Molly DeMellier  
Castleton Spartan

Castleton State College’s Career Services will once again be hosting the annual Career and Graduate Fair on March 20 from 11:30 a.m. to 1:30 p.m. in Glenbrook Gymnasium.

According to Director of Career Services Renee Beaupre-White, the fair will provide opportunities and information that is relevant to all students. There will be booths set up throughout the gym where students can talk with representatives from graduate programs as well as career and internship recruiters from all over the New England region.

“Not many students realize you don’t have to be a senior to go,” said Career Services intern Emmalee Stier.

After attending last spring’s fair, sophomore Hollie Nop made connections that resulted in a summer internship in the Human Resources department of the Vermont Country Store.

“The event leads to valuable professional opportunities that expand students’ industry knowledge and spur



COURTESY PHOTO

**Cody Arsenault and Chelsea Sheehan stop by a booth at last spring’s Career and Graduate Fair.**

their personal development,” she said.

Beaupre-White and Stier encourage all students to take the initiative to expand their professional experiences and develop their resumes.

“You really can’t start early enough,” said Beaupre-White. “The

more you do now the more ready you’re going to be when you do launch Castleton and fly away.”

In addition to the information booths and opportunities to receive resume feedback from recruiters, there will also be chances for all students



PHOTO CONTRIBUTED BY BEN CARSTENS

**Sociology professor Paul Derby, left, poses in Croatia with Castleton student Ben Carstens.**

# Carstens makes a difference

By Emma Rudnick  
Castleton Spartan

Ben Carstens is just your regular college student. Well, if by average you mean born in Ireland, lived in Germany, now resides in America, speaks two languages fluently and is learning a third, studied for a semester in Santa Fe, N.M., went to a conference in Croatia to present a documentary he made and basically wants to change the world.

Majoring in journalism and sociology, Carstens has picked up a different mindset than the average American, perhaps due to the fact he has lived in three countries. Born in Cork, Ireland, he lived there until just before his 9th birthday before moving to Germany with his mom.

“I wouldn’t even know what to consider my culture,” said Carstens. “I learned that generally people are welcoming.”

Things weren’t always going in Carstens’ favor, though.

In 2004, right around Christmas, his mom suddenly passed away from a brain hemorrhage. Calling her “the

sunshine of the family” and “the one who held the family together,” it is more than clear how much his mom has influenced his life.

“She was always there when I needed her to be,” said Carstens. “I’m not afraid to face what’s going to happen to anyone. I’m just going to live my life to the fullest and not worry about when I’m going to be out on the doorstep.”

Coming to Castleton, he realized how much sustainability was in his life already and that he really had a knack for learning more and educating people about it. Studying for a semester in Santa Fe, he learned all about adobe houses and how sustainable living is very possible and very inexpensive.

Carstens then made a documentary about how the group he was with helped rebuild a community arts center with the traditional adobe and made it sustainable again.

“Growing up in Ireland, it’s a really good example of green living,” said Carstens.

He then got invited by Castleton professor, Paul Derby, to present his

documentary at a sustainability conference in Croatia. According to on-sustainability.com, the conference is “to broaden conversations about environmental sustainability into an interdisciplinary discussion about the relations of the environment to cultural, economic and social conditions.”

And Carstens’ documentary was trying to do just that.

“His work is terrific because it shows them [people] visually how it’s made,” said Derby. “You could show it [the documentary] to anyone and they’d say ‘oh I get it.’”

It’s not surprising to his peers that Carstens’ work was so well received.

“He knows how to capture attention with his footage,” said recent Castleton graduate and friend, Martina Marchese. “I saw pieces of it [the documentary] before I left Castleton and it really captivated his experiences there.”

Because he is so passionate about his work with sustainable living, he one day would like to live in an earth ship. An earth ship is a house that is built out of natural and recycled materials such as old tires, dirt and old

soda bottles. They can be built in any part of the world, in any climate and still provide electricity, water, sewage treatment and food production.

“You’re not dependent on the electrical and water grid,” said Carstens. “You don’t need technology 24/7.”

Carstens is an overall extremely well liked guy. Marchese said that he will “absolutely do amazing things with his future and talents.” His girlfriend, Elena Neszvecsko agrees.

“He has ambition and ideas to make the world an even better place to live,” said Neszvecsko.

Bob Gershon, head of the communication department at Castleton, believes that Carstens “can relate to people other than just college age Vermont students” because he has “a leg upon the global community because he is a global citizen.”

No matter where Carstens ends up living; America, Ireland, Germany, in an earth ship, all he wants to do is make a difference.

“I just want to make the world a better place,” said Carstens.

# They slip, they slide, they all fall down



COURTESY SHANNON / SPARTAN CONTRIBUTOR  
**Students trudge along slushy sidewalks on their way to class.**

By Courtney Shannon  
Spartan Contributor

Castleton students are saying the condition of campus walkways this winter is unacceptable. They say snow, slush and ice buildups have been causing the journey across campus to be messy – and potentially dangerous.

Professor Candy Fox has heard first-hand the struggle students have had walking to her class after a storm.

“Every single student in the class, every single one, either fell on the way to class or almost fell,” said Fox after discussing the walk to class on Feb. 21.

One of the most common complaints is that the sidewalk clearing crew is not getting to work early enough to let the salt do its job before students need to go to class.

Jennifer Morelli, a sophomore, recalled one treacherous morning. While walking down the walkway hill by Ellis, she said she witnessed a girl slip at the top and slide all the way to the bottom, where the sidewalk connects with the road.

“I watched three other people fall that day,” says Morelli. “My whole suite has 8 a.m.’s and I know it may be early, but we are the ones who are slipping on everything.”

Students are also complaining about that the lack of complete clearing of slush on sidewalks. Complaints of soggy feet and ruined shoes also float around the academic halls after coming in from the slippery outside.

“Who knew that sidewalks could be such a pain”

said sophomore Juliette Iffland. “They don’t take it seriously, they don’t take their time.”

Many students feel that since they pay to go here, the problem should not be occurring on such a regular basis.

But according to Jake Rick, CSC Grounds Supervisor, the severity of the winter is to blame for the problem.

“This is the first good Vermont winter we’ve seen in a while,” Rick said. “We’ve used 80 tons of salt and 40 tons of sand this winter so far.”

Understaffing is also greatly impacting the speed in which the snow is being cleared, he said. The entire Physical Plant department consists of six members that are responsible for snow clearing.

When it snows, the team is broken up with four people clearing parking lots and roadways on campus, and two clearing the sidewalks.

“We have over four miles of sidewalk to cover,” Rick said.

With only two machines covering that distance of sidewalk, students and workers say it is clear that the department needs to expand in order for this problem to cease reoccurring in the future.

“As the college continues to grow I hope our department can as well,” Rick said. For now however, he said the department will continue to do the best with the equipment that they have.

Luckily for students the spring weather is quickly approaching and the threat of slipping and sliding their way to class will soon be a worry of the past to be replaced with dry and sunny sidewalks and worry free trips across campus.



Campus Quips

Kelsie Boudreau and Sara Miles



Question:  
How do you plan to celebrate St. Patrick's Day this year?



Jordan Seymour  
"I'm going to drink lots of beer to honor my Irish ancestors."



Dylan Kraus  
"I don't have any set plans but I have an exam at 8 p.m. on Monday, so I'll probably just cerebrate after that."



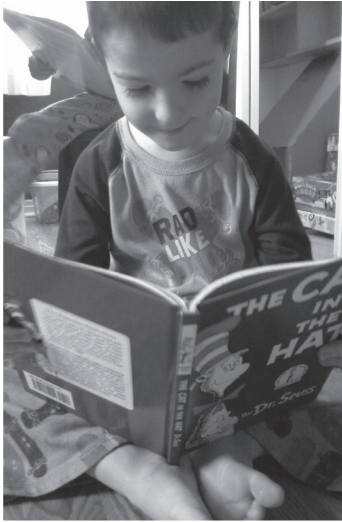
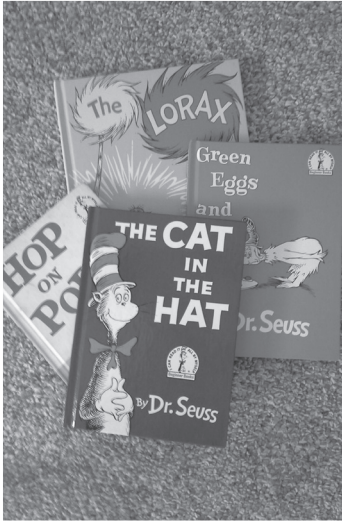
Allie Dwinell  
"I'm going to Boston to watch the parade and celebrate accordingly with my boyfriend and his friends."



Zack Devoid  
"I will be doing festive things with some good friends."



Kayla Ploof  
"I plan on celebrating with friends and family, with a whole lot of beer."



COURTESY PHOTO

Former adjunct professor Rhonda Triller's triplets, enjoy reading their Dr. Seuss books.

# One book, two book, red book, blue book

## Social Issues Club and local kids to celebrate Dr. Seuss Day

By Dashiell Monder  
Castleton Spartan

On March 15, Castleton State College students and local elementary school students will come together to celebrate Dr. Seuss Day. Dr. Seuss Day is sponsored by CSC's Social Issues Club and members hope it will be a very special day for children's literacy. Students will enjoy arts and crafts, book reading and face painting. "Anyone can join the Social Issues Club and stop by to see the Dr. Seuss Day and help if they feel like it," said Social Issues Club President Jazmin

Spear. The event is from 9 a.m. to noon in the 1787 room in the Campus Center and there will be snacks provided. "It's my first time doing an event like this as president of the Social Issues Club and we hope to spread out more to the community," Spear said. Spear and Vice President Shelley Van de Weert are hoping that the college and the community can connect together and help get their name out there as a positive club. They said the Social Issues Club wants the community to not think of college students as unruly kids. Castleton Elementary School Prin-

cipal Eloise Ginty is excited about the collaborative effort between her students and college students and said Dr. Seuss is a perfect glue to bring them together. "I think making connections between college and elementary school students is definitely a positive thing especially if it is well organized and fun for the children," she said. "The Dr. Seuss books all have such important messages in them and can be the catalyst for some very deep conversations, learning and new perspectives." The Social Issues Club is open for anyone who wants to join and leaders hope to branch it out to the community

and the college. They are looking for donations of children's books and said anyone can attend the Dr. Seuss event and help out if they feel the need to have fun and play with the kids. Ginty said it's important for her students to be exposed to college students. "The elementary school students look up to college students and spending productive time with them might even spark a seed of higher education for them in the future," she said. For more information contact Spear at jjs09290@csc.vsc.edu



DASHIELL MONDER & RYAN ACKERMAN/ CASTLETON SPARTAN

Photos show the three phases of the Calvin Coolidge Library steps project culminating with Jake Grinbergs using them.

# Closed stairs mystery solved

By Nathan Marden  
Castleton Spartan

Although it might not have been the biggest concern on the Castleton State College campus, the Calvin Coolidge Library recently created a lot of questions with its signs, caution tape and cones blocking off the stairs to the front entrance. Although some students were ready to bash the school's maintenance crew for being too lazy to clean off the stairs after a major snowfall last month, the actual reason for the crime scene replica was two of the stairs broke. Zack Wiessner, who works at the library, was the

one to notice the broken stairs and reported it after he and his friend danced on top of the wobbly stones that shifted out of place. Wiessner, who laughed at students thinking the stairs weren't cleaned off was because of the maintenance crew, said workers were happy to notice the stairs before anyone got hurt on them. Although cold temperatures and lots of snow didn't allow it to happen for a while, workers were working on the stairs the first day warm enough to lay down new cement. Sandy Duling, the library's director, said watching them fix the stairs was actually rather entertaining. She said it was neat to see them using giant heat

guns to warm up the stones and concrete underneath what appeared to be a giant trash bag. Although the closed stairs mystery might not have been the most talked about topic on campus, it's still important that people know the true story of why they were closed and that the maintenance crew was not responsible for students having to walk another 20 feet up a ramp to get around the stairs. Although the hard-working, shorthanded maintenance crew gets blamed for plenty on campus – like the walkways – the closing of those three little steps wasn't their fault.

# Master's programs cause controversy

By Jorah McKinley  
Castleton Spartan

As Castleton and its academic programs expand, some faculty members are skeptical of what the school's new graduate programs might mean for them. Linda Olson, president of the faculty union, worries not enough new faculty are being hired to support the new masters degrees. "If we're creating all these new programs and we don't have the faculty in place to support them, or the support staff to support them, or the classrooms to house them, are we going to be successful?" Olson said. According to Academic Dean Tony Pepper, Castleton has developed three new master's degrees that will be implemented this summer including theater arts, music education and math education. This is cause for concern for Olson.

"Who's going to teach all these new classes that you're creating for these masters programs?" she asks. Olson doesn't want to see the existing faculty overloaded with new classes. "If we're going to create these programs we want them to be sustainable," Olson said, arguing that the faculty should be in place before the programs see students. Pepper disagrees. The administration plans to generate interest and get the programs off the ground before they commit to hiring new faculty. "Since we don't have a lot of experience with master's degrees, we don't want to get in a situation where we hire someone, they do a wonderful job, but the degree isn't viable and we wind up having to let them go," Pepper said. "I think it's more prudent of us to see if the program is moving and then make the hires." "Its part of the Castleton plan," Pfeffer continued.

"The vision is that we become the public master's institution for Vermont." As for the issue of professors having to teach overloads, (more than four classes per semester) Pfeffer said teachers won't have to overload unless they want to. However, lack of faculty isn't the only concern. There is also a lack of facilities. Castleton is already short on classroom space, so where will all of these new classes be held? Pfeffer doesn't see this as an immediate issue either. The theater arts programs will be mostly production based, most of its classes taking place in Casella or Black Box Theater. As for the math education and music education, Pfeffer said some of their courses would be online. Pfeffer also pointed out that most of the students in these programs are people who already have a bachelor's degree and a job, therefore most of

their classes would be later in the day when there is no problem finding class space. Although Pfeffer doesn't see needing to immediately create new class space, it is in the future. "The Castleton plan calls for expanding academic classroom facilities. We know that as we grow were going to need more space." Pfeffer expressed his excitement for the new programs, especially those in liberal arts. "All the data I've seen suggests that if someone in liberal arts has a master's degree, their employment is at least as good as any professional program," Pfeffer said. He also said Castleton's growth is far from over. "We want to start really good programs that are healthy and well supported, and that's what we'll do," Pfeffer said.

# Reap benefits of professional social media

By Ryan Ackerman  
Castleton Spartan

You've probably heard of Facebook and Twitter, but another social network could hold a higher stake in your future. LinkedIn is the black-tie cocktail party of social networking. Users create profiles that showcase their experience, awards, recommendations, community involvement and more. The website offers both free and premium versions of their services. "Having a LinkedIn profile is the equivalent of having a resume, a portfolio and references, all within the easy reach of recruiters

and hiring managers," said adjunct communication professor Kathy Aicher. Aicher, who owns her own business and previously worked at NBC Universal, knows the importance of entering the workforce digitally. "Launching your career is a competitive business, and if you are not on LinkedIn, you are at a disadvantage," she said. In addition to acting as a digital resume, LinkedIn offers access to job listings, professional discussion boards and the ability to "follow" companies to stay updated on their happenings. Users can also see who has viewed their

profile and how many times their name has appeared in search results. The LinkedIn network introduces a new element into job hunting: recruiters and hiring managers can search for candidates with certain qualifications and experience. Andrew Stein, senior digital analyst at L.L. Bean, landed his current job and his previous job at Amazon.com as a result of recruiters contacting him via LinkedIn. "I haven't searched for a job in 10 years," he said in a phone interview. "Advancement and better opportunity have found me through LinkedIn. Even if you aren't active in the job market, jobs may find you."

Connections on LinkedIn are meant to be authentic. You can ask to be introduced to someone via a mutual friend, or reach out to someone directly with a personalized connection request. If you don't have a LinkedIn profile, the best time to start building is now. Begin by making connections, posting your experience and joining groups relevant to your skills and desired career path. The network you build now will follow you long into the future. You can stay updated on classmates' professional activity and maybe even reach out to a Castleton alum in 10 years to land your dream job.



# Music review: Drake

By Alexandra Johnstone  
Castleton Spartan

For the past five plus months I have been listening to Drake’s semi new album, “Nothing Was the Same.” I have continuously been annoying my roommate as I sing to it each morning while getting ready and continue to play it in the shower.

Drake’s new album was released on Sept. 24 which proves I’ve been listening to it for far too long.

Usually albums that come out have one or two decent songs on it that quickly get overplayed. But, for the first time in years I was able to sit down and listen to an entire album while enjoying each song. Since this is a rare thing in the 21st century I became obsessed with “Nothing Was the Same.”

The first song on the album titled “Tuscan Leather” is a six and a half minute introduction song and just when you think it’s over, the beat continues and Drake surprises us some more.

Guest appearances are mixed up in the album for a combined 15 songs including Jay-Z, 2 Chainz, and Big Sean adding a lot of variety to the album.

I was already a fan but after this album I’m a much bigger fan. “Pound Cake” including Jay-Z is a catchy slow tempo song in which Jay-Z mimics Rihanna saying, “cake, cake,

cake, cake, cake.”

The reason this album is great is due to the theme of the songs. Most rap albums have very few focuses other than women, money and how successful they are. Drake’s album has more than that and although he didn’t write his songs, they seem to describe his life at this present time.

“I showed up knowing exactly who I was, and never leave as myself,” this quote from the song “Connect” is sung in a way that makes you feel as if he wrote the song.

Slow beats seem to be Drakes forte since most of them are easy to sing along to. “Too Much” takes you through Drake’s hectic side of being famous and some downsides to it all.

A lot of the songs on the album have other people singing the chorus, which I think makes it catchier.

Smart Drake, smart.

I can relax to this song, or play it while I’m not trying to relax making this the reason I listen to it all the time. I know I’ll get sick of it sometime but at this point I’m wondering, when?

Even though many people don’t like Drake, this album isn’t like any of his previous albums; it’s so much better. Who knows how much of it is real but sometimes made up stories are the best ones.

# Game review: Youth Digital Mod Design I

By Dashiell Monder  
Castleton Spartan

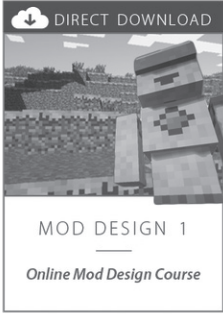
Youth Digital Mod Design 1 was designed for modifying Minecraft PC version. In this mod pack players get to create a sword, pickaxe, and many other very cool things that you can imagine. You can put that imagination into code and then into the game for players to use and have a blast using the items they create. Not only are you playing, but you are learning programming.

Players can make the items they create more powerful or very dull. They can make helpful food for healing your character’s hunger bar and regenerate your health bar. And players can make animals or hostile enemies for very challenging fights or you could make them tamable so they work for you or for sticky situations like when you need light. The animals can glow and give you light. Creatures can be made of glow stone, a bright light source you can use so you don’t have to go to the Nether every time you need glow stone dust.

You can also make an ore block and the item that comes from that specific ore block such as uranium ore and titanium ore. You make weapons or armor from these. Armor can also be made to look awesome and give full protection or very low protection from any enemies. Music disc, which can be played as a game soundtrack, can be a

possibility.

Many players that play PC Minecraft may need server



software called LogMeIn Hamachi which allows other players to join your modded game and try out the many different items the host has made in the Youth Digital Mod 1 for the fun of playing a modded game for their first time.

The price of the mod pack is about \$150 but getting the mod pack is totally worth it. If you like programing games then this is the program for you and anyone else that wants to try it out for the experience in video game programming. Learning code is a nice addition for anyone’s resume, especially if they want a computer programing job or be a video game programmer. They could create their own video game that other gamers would try out for themselves. I hope many PC gamers will enjoy this software program as much as I have. It’s cool to constantly program many different items into the game’s code.

# Only 10 weeks til we graduate

By JenniLee Mark  
Castleton Spartan

If you watch television or go anywhere near a store, you’ll notice all the flowers and bright colors signifying spring is coming soon. However, if you take a peek out your window, all you’ll see are the streets and trees still covered in snow, indicating the Vermont winter is lingering.

We’re all beginning to think these freezing temps and snowfall will never end and no one would think graduation is in less than 10 weeks.

But it is.

It’s not just coming, it is rapidly approaching. But before thinking about the future and post-graduation plans, try to enjoy everything before you leave Castleton. For me, that includes every aspect from lacrosse practices and workouts to time with my friends.

There are so many emotions involved when graduation comes to mind, it’s almost overwhelming. The word “bittersweet” seems so cliché, but also such an understatement.

Graduation, for those of us not going to grad school,

means no more late nights staying up cramming for finals. On the flipside, it also means we don’t have that great of an excuse to stay up late for “thirsty Thursdays” and “Sunday fundays.”

We’ll no longer have homework, but we also won’t have breaks in the middle of our day to sneak in a nap between classes.

It signifies the end of college life, but it begins the rest of our lives working and exploring. It’s time for new adventures, even though we have to say goodbye to all the crazy, fun college ones.

We can take all the pictures and keep the memories in our hearts, but there’s still a sadness that lingers in the air when the word “graduation” works its way into conversation.

The reality of it is we have 10 weeks left to be considered “college students.” Ten weeks to have an excuse to be out until 3 a.m. and 10 weeks to squeeze the last we can out of the Castleton experience.

There are only 10 weeks left to have as much fun as possible and make as many memories we can with the friends who have turned into family over the last four years.

# Arts & Entertainment

# Soundings: Girls Rising



By Catherine Twing  
Castleton Spartan

Are men and women equal? In America, women may not be 100 percent equal, but they definitely have opportunities that girls around the world only dream about.

American girls can go to the same school as boys, get the same jobs and, for the most part, are in control of their own bodies. In other countries, however, girls have nowhere near the abundance of opportunities we have here in the States.

In many developing na-

tions, girls only dream of sitting in a classroom, listening to a lecture or staying up half the night writing a paper. Instead of getting an education, 14 million girls under 18 will be married this year. That means 26 girls are married every minute: girls who will not get an education and in many cases do not own their bodies.

A global campaign called “Girl Rising” is an effort to increase the education of women around the world through storytelling and partnerships. Their mission is to “change the way the world values the girl,” and part of their cam-

paign is through screening the film “Girl Rising.”

As part of Women’s History Month, Castleton students had the opportunity to see sections of this film on Mar. 6 followed with a panel discussion by three students.

The full-length film involves the stories of nine girls from around the world who each face institutional obstacles to gaining an education. The film highlights the inequality they face as the girls live their daily lives.

While we struggle to make it to our 8 a.m. on time, little children like Wadley, an eight-year-old Hessian girl, break the law just to sit in a classroom.

Americans whine about having to go to high school, but Amina, a girl from Afghanistan, would rather be in high school than married at 11, forced to have children and hidden under a shroud.

Girls in other countries are raped, forced to work and seen as objects of pleasure for men when all they want is to learn. To them, education is health and safety. Education is status. Education is a way out.



KATELYN SCHOLWIN / SPARTAN CONTRIBUTOR

Stevie Bartenstein draws a card during the Friday Night Magic game on March 7.

# ‘Friday night Magic’

By Katelyn Scholwin  
Spartan Contributor

Dakota Bebo picked up his cards and placed them on the table before rolling the dice that weren’t being too kind. Despite his best efforts, things didn’t go well for Bebo in the first of what he hopes will be many Friday Night Magic games hosted on campus.

For fans of Magic and other imagination twisting games, Friday nights just got a lot more fun.

If you’re looking to play some Magic with other Magic lovers and don’t want to travel miles just to play, look

no further than Castleton State College. The Castleton Planeswalkers club has started hosting Friday Night Magic games on campus in the North House classroom.

Bebo, the clubs president, shed some light on how this all came to happen.

“We are avid players of the game “Magic: The Gathering” and one night me and our event coordinator were playing around on a Friday night, wishing that there was Friday Night Magic. Finally after playing a few rounds, we decided we wanted to host Friday Night Magic on campus,” Bebo said. “This week we’re

trying to do a round robin Commander game, which Steve and I thought would be fun.”

Fellow club member Stevie Bartenstien tried to explain the story behind the game.

“Commander is where you choose a legendary creature and build a deck around it. The deck is 100 cards including the commander themselves. A commander game is different in that you can only have one of each card and those cards need to match your commander,” he said.

Bartenstein has been sending out emails detailing when

the club is holding these events.

The club’s former president, Daniel Omand, also partook in the Friday night game and said he hopes to attend more.

“It think it’s a great idea holding Magic tournaments here. It will help the club expand and hopefully gain more members than it has ever had,” Omand said.

In the future, the club as a whole hopes to gain more members and have more people to show up to these events.

Contact Bebo for more information.

# Vermont’s Mardi Gras

By Cassie Harnett  
Spartan Contributor

Smile, laughs, beads, and certainly a little too much fun was had at the annual Magic Hat Mardi Gras parade and celebration in Burlington last month. Nineteen years in the making, Magic Hat’s Mardi Gras celebration has now accommodated up to 25,000 people.

Matt Reveal, a regional manager for Magic Hat, shared the history of the Mardi Gras parade.

“Nineteen years ago this February, the Magic Hat Brewing Company had this crazy idea: to gather the city of Burlington, Vermont, together for a Mardi Gras-themed celebration to benefit a local non-profit.”

Of course, the only catch was that the Vermont brewer had to figure out how to get “Burlingtonians” outside for several hours in the middle of winter’s coldest, most unforgiving of February.

“Over the years, the Magic Hat Mardi Gras parade has seen it all: 50 degree Febru-



CASSIE HARNETT / SPARTAN CONTRIBUTOR

People gather at the Mardi Gras celebration.

ary days, -5 degree February days, snow storms that led to a parade being canceled and rescheduled the following weekend,” Reveal said.

But the parade always carried on, according to Karl Anderson, a regional manager in Orlando, Florida. “Although this freezing cold weather persists, nothing stops me from flying up here and partying with some of the best guys I know. I love Mardi Gras!”

“I love Mardi Gras,” was shared throughout the crowd at this year’s parade, of course with too much Magic Hat beer in people’s systems, but all fun was had.

Each Mardi Gras weekend features an ice-breaking concert on the night before the parade hits the streets,” Reveal said. “Bands that have primed the city and its many guests include The Jazz Guys, Soulive, The Disco Biscuits,

Deep Banana Blackout and more. Through these efforts and so-called ‘debauchery,’ Magic Hat has helped to thaw the frozen winter streets of downtown Burlington, and, more importantly, raised money through revelry for non-profits such as HOPE Works for the last 17 years.”

Former Castleton student Robert Gorruso shared his enthusiasm for the event.

“It was a great time,” Gorruso said. “Parade was awesome, beads and moon pies flying everywhere. We bar hopped all over Burlington, tons of people were out drinking. It was a blast. Wild, but great way to spend a Saturday afternoon.”

So legally, if you don’t feel like spending close to \$500 for a flight down to New Orleans for a good Mardi Gras, spend \$40 on a car ride up to Burlington, Vermont, where each year, Magic Hat hosts its amazing Mardi Gras weekend, filled with beer, beads, and of course, debauchery.





JORAH MCKINLEY/CASTLETON SPARTAN  
Jean Cadoret sits with her furry friend as she knits items to benefit Pink the Rink.

# Cadoret knits on

Continued from page 1

shelters in Rutland, the Cornwall Church, Dartmouth Medical Center, White River Junction Veterans Hospital and more. Sanborn says she doesn't see her mother stopping anytime soon. "We have already planned the quilt for next year. And when I show up at Mom's with bags full of pink fleece, she will be ready to work her magic," Sanborn said. Cadoret said she never

gets tired of knitting or sewing. "Sometimes it gets frustrating in your old age, but I just keep going," Cadoret said, and that is the advice she gives to the young women of Castleton's Hockey team too. "Keep up the good work!" she said. "Keep a smile on your face. Be happy to know you've made someone else a little happier. Sometimes you get frustrated, but that's part of life. Just think about the good times."

# I grew, but at a steep price

By Dillon Duval  
Spartan Contributor

With a bitter arctic frost for much of January, I was allowed to look at my life with the glass half full. The only solace I could take form being pent up learning how bored a human truly could become was the fact that outside didn't look too exhilarating either. I began to think about how this excruciatingly long chapter of my life started.

nothing changed. That became increasingly more difficult by the day. As I began to grow taller and taller the curve grew larger and larger. The only thing the doctors could think of to stabilize the curvature was a back brace. For a while there was a shining glimmer of hope that soon this process would be over. The brace was working and when I stopped growing I would be able to take it off and go back to what I considered a normal life.

That never happened. The hope faded into the one word mentioned throughout the process to which I never wanted to believe would become reality: surgery.

As the date crept closer, I wasn't afraid that something wrong was going to happen. My doctor has performed literally thousands of these delicate procedures throughout his career. I knew I was in good hands.

That being said, the nervous pit in my stomach was infinitely bigger than it had ever been before. I didn't fear the surgery. I feared the unknown. I feared that after this happened I would never live my life the same way again.

Now, a month after I went under, I still have the same pit in my stomach. It has definitely lessened throughout my metamorphosis from morphine fiend, to oxy popper, and now Tylenol junkie.

But in the end, what I really fear is that the shining glimmer of hope that I once had to have my old life back is completely gone forever.

# SGA seeks new food opportunities

By Abi Foster  
Spartan Contributor

In recent discussion, the Student Government Association has danced around the idea of trying to add a new dining establishment to campus. Last week, an email was sent out by SGA Treasurer Elizabeth Young that included a survey asking students for their thoughts on current food options on campus. The questions were based on what type of options students would be most interested in if a new eating area was considered. "There aren't many options for students to eat on

campus. Huden and Fireside get old after a while and without a car, all you're left with is the Deli and Birdseye. A restaurant-like dining area would be a great addition to the college's campus," said sophomore Michaela Sorrell. Many students share the same views about present food options on campus. "I think a new dining area at Castleton is a great idea. The residential halls have expanded and so should the food options," said senior Liza Tarleton. At a recent SGA meeting, Young said she has heard a lot from students looking for more eating options, including commuters. "We really hear that com-

muters would like more options — and it would be smart to have another place for all students to eat," she said. One potential option being considered is that of "Sub-Connection," a dining deli provided by Sodexo. Castleton College has been consistently expanding in recent years and with the addition of a new dorm and new academic buildings, students say it only makes sense to build another dining option. Former Vice President of the SGA, Corrie Keener, talked about how in the past, they talked about adding a new dining option, while also trying to keep focused on the already present buildings and

to keep them in tip-top condition by working with what they already have. "There is a food committee that meets once a month," Keener said. "It's there to address some of the dining issues on campus and is open to students for their thoughts and opinions." SGA encourages students on and off campus to come to these meetings and express their opinions because in the end, their goal is to make campus a better place for them, she said. Callie Ginter and Megan Harris contributed to this story.



MOLLY DEMELLIER/ CASTLETON SPARTAN

Despite signs, students resort to the "Create-a-Space" method when it comes to campus parking.

# President: no parking problem

By Joshua Bassett  
Castleton Spartan

When Dave Wolk said he first got he first got to Castleton 13 years ago, two things were areas of concern for students: food and parking. Over the course of his 13 years here, those concerns have not subsided. That is especially true when it comes to parking, which students always seem to have an opinion on. "It sucks, because people can't park," said junior Brian Bird, who added how annoying it is when some students double park their cars taking up two or more spots. When asked, if there is a parking with problem on

campus, at least for students, college President Dave Wolk said no. "There are plenty of parking spaces. Is it just that students don't like where they park?" he said. The numbers certainly support Wolk's point as Dennis Proulx, Dean of Students supplied a sheet listing the number of parking spaces on campus. There are 1,486 parking spots on campus. Of those 1,486 spots, 739 for residents, 518 for commuters, 168 for faculty and staff, 39 for people with handicap stickers and 22 parking spots for the S.H.A.P.E Gym. The numbers date back to 2010, but Proulx said with the opening of Hoff Hall and Physical Plant moving, that

the number of spots likely actually went up, but not substantially. Proulx added that even during the school's peak hours of Monday and Wednesday from 10 a.m. to 2 p.m. there are spaces open on campus. Of course that does little to help students like freshmen Zach Field, who usually works evenings at Cara Mia's Pizzeria or Hannaford Supermarket in Rutland, getting back well after many of the spots in the Observatory or Hoff lots are full. "You get back here at 10:30 at night ... (Sometimes) it's cold," said Field, adding that the frequent walks from his car to his room in the cold this time of year are fairly unpleasant.

He does have a suggestion though for a possible way to help alleviate student's displeasure, which would be to take some of the commuter spots behind Jeffords and turn them into resident spots. "Even half that lot, I think would help out tremendously," said Field, who was a commuter for his first semester and said there were usually spots open there. Wolk has a suggestion of his own though, for those who have a problem with the way parking is on campus. "If students are concerned with parking, take it up with the Student Government Association," said Wolk.

# Unwrap a cheap date



STACY SULLIVAN/CASTLETON SPARTAN

Students get a surprise when they unwrap their book.

By Stacy Sullivan  
Castleton Spartan

Castleton's library has created a new way to borrow books this semester. If you ever struggle with the same genre and tend to get bored with a novel, the library has a way to fix the problem. "Blind Date with a Book" is an activity in which students and faculty choose a book judging by only a short description or illustration. The book is wrapped and its title is hidden to the viewer. Once the book is checked out, it is unwrapped revealing the "blind date." Sam Green, CSC video broadcast technician, and Stephanie Traverse, serials interlibrary loan assistant, stumbled upon something similar on Pinterest. They joined

forces to make it a reality for Castleton. All books in the 51-part collection are handpicked from staff members and include all kinds of genres from horror, sports, biographies and plays. "There is something in the collection for everyone," Traverse said. Ginger Johnston, a library employee, admits she couldn't help but get involved. "I love the idea of it. I get in a rut when reading the same types of books and this is adventurous," Johnston said. Within the first few weeks, 17 books have been lent out and new books are being added into the mix. "Blind Date with a Book" has been so successful Green and Traverse believe it will continue for the rest of the year. "Don't judge a book by its cover, literally," Green said.

# Every woman has a story to tell

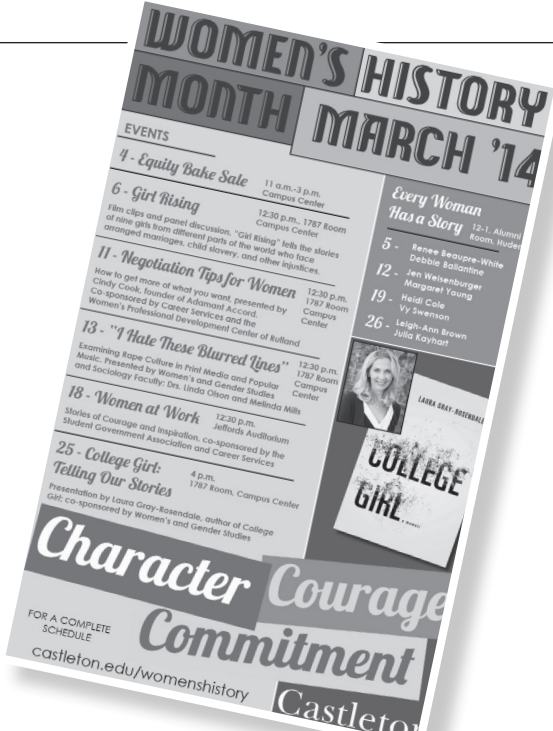
By Alexandra Johnstone  
Castleton Spartan

Every Wednesday during the month of March, countless women share their stories in Huden Dining Hall. "Every Woman Has a Story" has been around for 11 years and Victoria Angis has been there each year to make sure it happens. Around 100 women have participated in the event including students, staff and administrators. "Since 1988 we've celebrat-

ed Woman's History Month on campus with a variety of activities including speakers, Fireside chats and performances," said Angis. "I got the idea from watching the Opera Winfrey show and came back to Castleton and said, 'Hey, I think I have an idea,'" Angis said while laughing. A group of individuals get together every fall to brainstorm what to do during the month of March and Amy Bremel is one of the dedicated members. "The speakers have com-

plete control over what they can say, we don't give them any guidelines," Bremel said. The women speak every Wednesday in the alumni room in Huden. Lunch is free to anyone interested in coming, including community members. Each year organizers seek out new women to stand up and talk, making sure to get the best variety they can. "It's really just about what they've done in their life," said Bremel. "It doesn't have to be a life-changing story. Some women just talk about their job."

Senior Tyler Hartley went to one of the sessions for the first time this year. "I didn't know much about it in previous years, but I liked it, it was different and interesting," he said. As the month continues, more women will stand up to share their stories in Huden and other activities will be going on during the month. Bake sales will be held and some Soundings events will focus on women, officials said. For more information about the events contact Victoria Angis or Amy Bremel.





# Corkery steps up as women’s head lax coach

**By Isaac Devoid**  
*Spartan Contributor*

On Dec. 23, just a month prior to the start of the season, Mary Kate Scardillo stepped down as the head women’s lacrosse coach of Castleton State College, leaving athletic director Deanna Tyson in a state of panic, although the solution was right in front of her.

“I stepped back, and assessed who we had on staff now, and I realized that we had Hannah Corkery, who was a graduate assistant for us here, and did a great job,” she said.

And just like that, assistant



**Hannah Corkery**

coach Hannah Corkery was promoted to lead the Spartans program, but now she feels the pressure of defending a North Atlantic Conference title.

Despite feeling that pressure, Corkery has embraced the situation with enthusiasm.

“It was a long-term goal for myself that I did not expect to come so quickly. I didn’t feel a whole lot of pressure because I knew the players, and the program. I felt more prepared than anything,” she said with enthusiasm.

Corkery is not the only one excited.

Junior defenseman Chelsea Fisher feels that Corkery’s lacrosse IQ will help the team exploit a more strategic game plan than in the past.

“They would have been crazy not to hire coach Corkery. She will do great things

as a coach,” she said.

Corkery graduated from Saint Lawrence University in 2011, where she said she learned a vast amount about the game of lacrosse under Coach Jodi Canfield. Using this knowledge, Corkery has adopted a completely different strategy than the Spartans have seen in the past stressing the use of lots of personnel.

“Our midfield is very dynamic, our defense is very aggressive and our attack has more fluidity than they’ve had in the past,” she said.

Corkery’s goal is to beat more out-of-conference opponents like Williams College, Saint Joseph’s College and

Plymouth State. Corkery and the Spartans are determined to not only win the NAC Championship game, but also to win games in the NCAA Tournament.

“Making it first round isn’t going to be enough for us anymore, were a little hungrier this year,” she said.

Corkery has set the bar high on and off the field for the Spartans this season.

“We want to maintain a 3.0 cumulative team GPA, and as coaches we want to emphasize our girls to be well rounded involving personal life, school life and lacrosse,” she said.

Corkery has also empha-

sized simply enjoying the game of lacrosse. Her calm attitude and coaching style have had a positive effect on the team, said freshman midfielder Grace Johnson.

“Her coaching style helps a lot she gets to the point, and makes me feel comfortable as a player,” Johnson said.

With a talented retuning roster including former NAC player of the year Amanda Flodstrom, NAC tournament MVP Brandi Whittemore and a new game plan, Corkery is poised to make a stunning debut in the 2014 season as head coach.

# Spartans lose heartbreaker to Norwich

**By Andrew Cremins**  
*Castleton Spartan*

The Spartans men’s ice hockey team fell short in a semi-conference playoff game to in-state rival Norwich University 4-3, on Feb. 1.

The Spartans exploded at the drop of the puck with an aggressive forecheck that forced Norwich to play on their heels in the defensive zone.

Forechecking was a pre-game adjustment made by the Spartans in an attempt to put Norwich in an uncomfortable element by making them play in the defense zone; something they weren’t used to.

Senior Brian Greene lit the lamp midway through the first period giving Castleton the 1-0 lead, but a Spartans charging penalty would swing momentum and ignite the Cadets offense, surging four unanswered goals.

“Norwich plays a lot on emotion and got a lot of momentum off of that,” said Head Coach Steven Moffat. “We got stunned after the third goal.”

Norwich captain, Chris Duszynski capitalized on the power-play, evening the score 1-1.

Castleton’s Ben Roberts said he and the team never use the officials as an excuse for the end result of a game, but the charging penalty giv-

en to Castleton’s Reid Lessing was another matter.

“I thought the penalty was terrible,” Roberts said.

Castleton’s Kyle Pichler scored with 1:04 left in the second, but Norwich still had a 4-2 lead going into the second intermission.

The Spartans didn’t fly out of the gate at the start of the third period, but managed to make it a one-goal game by Charles Bando with 10:49 remaining when it looked like it was all but over.

Continued back and forth play brought Castleton down to their scoring chance, but was unable to tie it and force overtime as the puck missed just right of the goal.

Norwich’s four goals proved to be enough to advance them to the conference championship game.

The big difference was the start of the second period when Norwich scored two more goals extending their lead by three, according to Moffat.

The Spartans finished their season 13-11-3 and fifth in the regular season ECAC East standings.

“I was really, really proud how the guys practiced and prepared for each game this year. I’m not satisfied with the record, but couldn’t be happier with them on and off the ice this year,” Moffat said.



EMMA RUDNICK/CASTLETON SPARTAN

**Taylor Skelton makes a move on a Plymouth State defender during a Feb. 8 contest.**

# All good things come to an end

**Andrew Muse**  
*Castleton Spartan*

The Castleton Women’s hockey team’s best season in history came to an end this past weekend at the hands of Norwich who beat the Spartans, 4-0, in the ECAC East Championship at Kreitzberg Arena on Saturday night.

“They are a really offensive minded team,” forward Brie Narodowy said. “We can’t give them big opportunities to score like we did, when facing them.”

ECAC East Goalie of the Year Paula Stephens had a good game recording 31 saves in the loss. In the tournament she recorded 95 saves over the three games includ-

ing a very impressive season high, 50 saves, against Salve Regina.

Tori Charron and Emily MacKinnon both scored two-goals for the cadets in the win.

The Cadets started the scoring midway through the second period as they scored the two goals in rapid succession. First with Charron collecting a turnover and beating Stephens, then nine seconds later MacKinnon put home a second-chance opportunity to bring the lead to 2-0.

“Nine seconds beat us in that game,” Head Coach Bill Bowes said. “We were still thinking about the first goal and they converted again, it changed the whole complexity of the game.”

MacKinnon scored again five minutes into the third-period after a faceoff and four minutes later Charron brought the lead to 4-0 and that’s how the game ended.

“They capitalized when they got the chance to score,” Stephens said. “They scored two goals in 9 seconds which is tough to have happen.”

Nicoline Jensen, Taylor Steadman, and Samantha Pion all made the ECAC East all-tournament team.

The Spartans set multiple team records including 185 points, 71 goals and 114 assists, and besting the record of 145 that was set last year. They also made it to the ECAC East Championship for the first time in program

history.

“It’s disappointing to lose but I couldn’t be any happier with our team,” Bowes said. “They re-wrote the whole women’s hockey team record book, we have a lot of young talent and a really bright future.”

The Spartans end the season with a 16-10-2 record an improvement from the 9-12-5 record of last year, while the Cadets improve to 25-3.

“We have improved every year for the last three and the future is bright,” Bowes said. “I really appreciate the hard work, passion, enthusiasm, and heart all the girls bring to the table, and they deserved everything they earned this year.”

# Spartan men fall short in the ECAC Quarterfinals game

**By Kaylee Pratt**  
*Castleton Spartan*

The Castleton State College men’s basketball team had a disappointing end to an otherwise very successful season.

After falling to Maine Farmington in the semifinals and then putting up a fight at the Eastern Collegiate Athletic Conference Quarterfinals against Endicott, the Spartans season came to a close, ending 19-9 overall and 16-2 in the North Atlantic Conference.

Head Coach Paul Culp

so said it was a positive season.

“Our season was very successful; 19-9 was the best winning percentage that the college has had in men’s basketball in a long, long time,” he said.

Senior Brandon Bergeron agreed, but knows there is always room for improvement.

“I think our season went really well. We were pretty successful but we did not accomplish all that we set out for,” Bergeron said.

Culpo has been men’s head coach for five years and each year his men have advanced to NAC semifinals. They played in the championship three times and won it in the 2011-2012 season.

Looking ahead, Castleton will be losing some key players including Logan White, Tyler Ackley, Bergeron and Alex Homkey. Although the men will be missed, Culpo sounded pretty confident about his retuning players.

“We do return some very talented underclassmen and I think that we should be in for another successful season,” he said.

Culpo will keep in contact with his players in the offseason and will be setting individual meetings to discuss goals for next year. He also said the men will be focusing on getting stronger as they will be training hard with coach Al Jean.

As for those who are soon to graduate, they will miss the experience of being on a team and Bergeron offers a unique perspective on the experience having played football for four years and deciding to join the basketball team just this year.

“It was different coming from football to basketball. The team environment is a complete 180. I mean going from 100-plus kids in the locker-room to 16 is a major change and I was rookie all over again. I had to earn my teammates trust and prove myself and once that was established the team made the transition easy,” Bergeron said.

Though he only had a chance to get one year of col-

legiate basketball under his belt, there are still moments that standout in his mind.

“I would say just being able to be a part of the close knit group of guys everyday was a highlight. Along with senior night being able to make four 3’s was a personal highlight,” Bergeron said.

He also said he wouldn’t change a single thing about his time.

“I don’t have any regrets whatsoever. I am blessed that I was given the opportunity to be a two-sport athlete and get to know and be a part of two great teams with good people and life long friends,” Bergeron said.

Culpo added that he is very appreciative of the support his team has received this season.

“We had a great year. I thank the students and the college community. The fans at the games were outstanding,” Culpo said.



KATIE SAULT/CASTLETON SPARTAN

**Carnelius Green explodes to the net for a shot against Endicott College in ECAC quarterfinals.**

# The baseball and softball seasons get swinging down south with a rough start

**Spartan junior Tyler Lord bats during a game in Longview, Texas against the Yellow Jackets.**

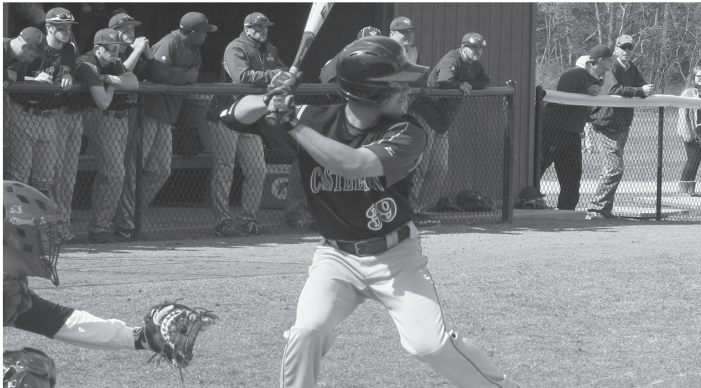


PHOTO CONTRIBUTED BY CASTLETON ATHLETICS



**Brittany Brayman puts power behind the ball in Lynchburg, Va. during a double header against Randolph College.**

PHOTO CONTRIBUTED BY CASTLETON ATHLETICS



# Men's Lax ranks first in preseason poll

By Ruby Bushey  
Castleton Spartan

Although the weather isn't heating up quite yet, that hasn't stopped the heat of the Castleton men's lacrosse team. The preseason coaches' poll voted the Spartans to be NAC Division III Champions again for the upcoming 2014 season.

Last year the Spartans played New England College for the championship and won 17-5.

"It's nice that our league coaches see us as the team to beat. With that said we are a team with 17 new players so we don't get too excited about preseason poll. We just want to play our best by the time our post season rolls around," Coach Bo McDougal said.

Sophomore Graeme Pike said expectations are held high because of last season's success.

"We are a completely different team this year. We have



EMMA RUDNICK/CASTLETON SPARTAN  
Castleton defends against a SUNY Canton player.

more newcomers than returners. We expect way more out of ourselves this year. We have a lot of talent this year and we're looking forward to big things," Pike said.

The Spartans lost 14 players total—nine were seniors.

"Our returners knew that we would be bringing in a

large group of new guys this year and that we would be relying on many to contribute early. Because of that the guys have really meshed together nicely. They spent break up here together and became a very close group of friends," McDougal said.

Last year the team created

the idea of "it's not about me" (INAM) and the players have really stepped forward and shown the team effort in preseason.

To start this season off the Spartans traveled to Union New Jersey on Feb. 22 against Kean where they fell 11-5.

Seniors Alex Green and Will Stuhler had two goals apiece while junior Alex Denny added one.

Starting in the net for Castleton was sophomore Peter Latulippe who made seven saves and gave up four goals. Junior Sam Polas ended in the goal but it wasn't enough for the Spartans as Kean capitalized off turnovers.

Though the game wasn't a success, Freshman Austin Titus is pretty psyched for the rest of the season.

"I was more than excited to be a part of the team this year. We definitely have the potential to be a very successful team again, we just have to take it one game at a time," freshman Austin Titus said.

The Spartans came back on March 8 where they captured a win against SUNY Canton for their home opener.

After the 11-3 win, Castleton stands 1-1 on the season.

The Kangaroos just couldn't keep up as Spartans offense dominated—outscoring their opponent 47-34.

Castleton had two players who earned a hat trick, including freshman Sean Paradis and Senior Alex Green.

In the goal for the Spartans was Latulippe who took the win with an impressive 13 saves.

As the season progresses there are high hopes for success.

"We see NAC championship as an expectation this year. Our goals are set on advancing in the NCAA's. We're looking to take the next step as a program," Pike said.

Castleton will be back on the turf for another home game on Tuesday night against Williams College.



## Sports talk with Eric Dowd

March is my favorite month of the year, and it is plain and simple why... MARCH MADNESS!

It is in my opinion one of the best things to happen in all sports. For me it ranks up there with the likes of the World Series and the Super Bowl.

Sixty-four teams enter (In Division I it's 68 teams with the play-in round) with their eyes on being the one team at the end of the tournament hosting the trophy and being crowned National Champions.

The best part of March Madness is you truly don't know who is going to win.

I mean you can try but the odds of getting a perfect bracket are about 1 in 9.2 quintillion. You have a better chance to win the Powerball numerous times before you can predict a perfect NCAA bracket. Most, including myself, can't even get the first round correct.

The best thing for me is being able to root for the Cinderella team. Everyone does it unless the team their playing you picked to win.

Take last year, for example, when Florida Golf Coast defeated Georgetown and San Diego State to make it to the Sweet 16 as a 15 seed, or you can look at Wichita State, who as a 9 seed made it to the Final Four.

We can even go back further and look at UVM beating Syracuse, or George Mason's run to the Final Four.

Every year there will be an upset somewhere in the bracket. To me, when underdogs take the floor they have nothing to lose. The team themselves are the only ones that believe that they can win and sometimes that is all you need mixed in with a little bit of luck.

This March is already one of the coolest March's I've ever seen. We are witnessing one of the best stories of all of Division III right now; Our Women's Basketball team is in the Sweet Sixteen!

I've been watching the games and it has been such a pleasure watching this team. They have overcome two 1st half deficits to get themselves back in the game, with in your face defense, and a stellar offensive game to beat Bowdoin on their homecourt, and SUNY Plattsburgh in overtime.

Both of these teams were ranked, and the Spartans went in with nothing to lose. They played their game and the rest is history.

Lets hope they keep going and make this one of the coolest March I have been apart of. Oh and lets get a massive crowd at Tufts, when they take on Tufts, March 14.

# Lady Spartans make history

By Andrew Cremins  
Castleton Spartan

The women's basketball team made history this weekend by being the first sports team at Castleton State College to win a NCAA tournament game.

To top it, the Spartans downed Plattsburg State the following night in the second round.

Two comeback wins advanced them to the 'sweet 16' round of the tournament. Out of 439 teams in division three, Castleton is one of 16 still standing.

The first win came over the Bowdoin Polar Bears Friday night, 64-62.

The Spartans came out a little shaky in the first half, but that was shortlived as they exploded in the second half, looking like a completely different team.

The lady-Spartans trailed at the first-half 29-26. Bowdoin launched 15 of 29 shots from the three-point arc in the first and stuck with that offensive theme the whole night.

The Polar Bears worked the ball around well, but more times than not they found somebody on the perimeter, shooting 42 percent of their shots from 3-point range.

Jade Desroches was electric scoring 32-points – half of the Spartan's total points scored.

"Was not the plan, but happy it happened," Desroches said.

Both teams were trading baskets in the first half, but it was Bodwoin with the constant upper hand.

The Polar Bears scored the first bucket to start the second half, but Castleton put up a stone wall with their defense after that.

Sparked by a Desroches layup, the Spartans went on a 14-0 run at 17:35. Bodwoin wouldn't end the streak until Shannon Brady laid it in at 12:31.

Castleton led Bowdoin the rest of the game. Their largest lead was 11-points coming at 5:35.

However, things got interesting for the Spartans when the Polar Bears narrowed the gap 53-48 with 3:33 remaining.

After a timeout break Morrell Gymnasium was deafening,



MOLLY DEMELLIER/ CASTLETON SPARTAN

The Castleton women's basketball team poses in front of Glenbrook Gymnasium Saturday.



MOLLY DEMELLIER/CASTLETON SPARTAN

The women's basketball team gets applause.

ing, with Bowdoin fans praying their team could come up with another stop.

Desroches was clutch, hitting a floater high off of the top right part of the backboard just beating the shot clock and silencing the crowd with just over two minutes left.

Bowdoin players stood in disbelief from Desroches's layup after a great possession of team defense and took the wind right out from them.

The game would end in

fouls from Bowdoin and made free throws for Castleton advancing them to a historic win.

Desroches (32-points), Alyssa Leonard (9-points) and Meghan O'Sullivan (7-points) led the Spartans' offense, while Shannon Brady (20-points), Megan Phelps (16-points) and Sara Binkhorst (15-points) led Bowdoin's charge.

"Very excited and proud of these players," Head Coach

Tim Barrett said. "Our biggest win in program history."

The Spartans' win on Friday night gave them another opportunity to play the following night against the Plattsburg State Cardinals.

Castleton found themselves in a deep hole early trailing 38-20 at halftime.

The Cardinals scored first to open the second half, but much like the Bowdoin game, the Spartans came out in the second half reenergized looking faster and playing tougher defense as they chipped away at Plattsburg's 20-point lead.

Desroches made it a 10-point ball game when she nailed a three at the 15:50 mark and started shifting momentum in Castleton's favor.

The Spartans collectively tied the game 52-52 at 8:52 in the game.

Leonard gave Castleton its first lead with a layup making it 54-52. O'Sullivan and Shelby Labarge padded the lead with a few points extending it to 58-53.

Castleton held the lead by no more than seven-points for the rest of the game until the final seconds.

Plattsburg State's Brit-

tany Marshall banked in a prayer from three-point territory to tie the game 65-65 with 47 seconds left.

Leonard missed the game winning shot forcing the game into overtime.

The Cardinals scored first in OT but Castleton responded with a bucket in the following possession.

The teams traded baskets for three minutes until Castleton took the lead with a layup from Labarge.

Key free throws by the Spartans in the final minute gave them a more comfortable six-point lead and another incredible comeback win.

"On cloud 9 right now, maybe even higher," Leonard said. "I could not imagine having a better season than this."

A big week of preparation, film study and walk through on the court is their game plan for Tufts right now, according to Leonard.

With the two wins on the road trip, Castleton's journey continues, advancing to the 'Sweet-16' in the NCAA Tournament. The Spartans will travel to Tufts University on Friday March 14.

# Ski teams headed to nationals at Whiteface

By Kaylee Pratt  
Castleton Spartan

The Castleton State College men and women ski teams have both sealed their future after finishing in the top-5 at regionals on Sugarloaf Mountain, ME on Feb. 22 and 23. Both teams will journey to the United States Collegiate Ski Association Eastern National Championships at Whiteface Mountain in Lake Placid, NY.

In regionals the women notched 2nd place overall and the men recorded 4th.

In the past the women's ski team has made two appearances at nationals— 2010 and 2013. For the men this will be their seventh straight appearance since 2008.

On the first day of regionals in the giant slalom the Spartan women's skiers earned second place with one top-10 finisher,

Senior Ali Spencer. She recorded the fastest first run of any competitor resulting in a podium finish and second place overall. Spencer was quite pleased with the outcome.

"Standing on the podium in the giant slalom after sliding on my hip in the second run was an amazing feeling. I'm really proud of myself and really excited to keep the momentum going into nationals," Spencer said.

Coming back Sunday for the slalom, the ladies had solid performances that allowed them third place overall in the slalom. Spencer, again, had the fastest run for her team at sixth place and sophomore Simona Croccolo placed 10th overall— the only top-10 finishers for Castleton.

"The goal was to simply finish in the top 5 overall as a team and to qualify for nation-



CHRIS EDER/CONTRIBUTOR

Ali Spencer, far right, enjoys the podium after a third-place finish in Maine.

als. We knew we could do that if we simply finished but we all knew we could do a lot better than that. Finishing second overall as a team was simply the icing on the cake," Spencer said.

As for the men, who unfortunately had two skiers unable to finish in the giant slalom, but they kept fighting and earned fifth in the giant slalom.

The Spartans lost Patrick

Burke, who has been the top male skier all season, during the giant slalom event at regionals. He took a hard fall and broke his collarbone. Because of this tragic event Vincent Corrado will be taking his place in Nationals after earning 12th place that day.

Corrado thinks the team will still have a strong showing but with their top skier missing they will have to work harder.

"Having Pat there just gave everyone a little more breathing room because we had more talent to work with. Now we have less people which makes it just a little bit more difficult, we all need to be on top of our game," Corrado said.

At the slalom freshman Matt Couture had the eighth fastest first run and ended in seventh place overall— only top 10 finisher for the men.

"Our game plan was to ski as fast as we could and as well as we could, not to take any risk that would jeopardize the team," Corrado said.

Entering nationals is not something the teams take lightly.

"Training is definitely a big thing we are working on right now. Any chance I get to train I always take advantage of it. Even if its one run or two runs, that's just an extra run to get me better," Corrado said.

Because of the location, both teams are confident going into nationals. "Having the raced at white face several times in the past and most of the team have spent a lot of time there, they are more prepared than they would be at another venue," Spencer said.

The Spartan women will be back on the snow for nationals on March 11 and the men on March 12.



## CSC supports gay athletes

By Christopher Terry  
*Spartan Contributor*

Homosexuality has become more accepted and mainstream in today's world, but what about in the sports world?

Recently, nationally known athletes like Brooklyn Nets Center Jason Collins and NFL draft prospect Michael Sam have opened up about their sexuality to their fans, teammates and families.

Collins' jersey has been flying off the shelves and what impact Sam's coming out announcement will have on his draft stock remains to be seen.

A recent attempt to contact Sam got this reporter a first-class ticket to his agent.

"Thanks for your interest. At this time Michael is not doing any interviews as he is focusing on football and Pro Day," agent Cameron Weiss wrote in an emailed response.

With their announcements, though, Collins and Sam opened up the question of how teammates will react.

But how do Castleton students and coaches feel about openly gay players and teammates?

Interviews with several students, players and coaches revealed the same response: they didn't mind at all.

Ten of the 17 were males and all said that they were fine with having an openly gay player on their sports team as long as that player didn't make any advancements toward them.

"Doesn't bother me. It's none of my business. Just because they're gay, it doesn't change if they're a good athlete," said Christian Procida, a cornerback on the football team.

The other seven to be polled were females, and they said they same thing.

"It personally doesn't matter. I've been in the locker room with gay athletes. I think it should be about athletic ability, not going on a date," said former basketball player Molly DeMellier

And the Spartan coaches felt the same way.

"They are no different than anyone else in our locker room ... If they can play, I want them on my team," said former assistant football coach Jason Challeen.

Students and coaches acknowledged that these answers might be different if this question was asked 20 or 30 years ago.

Students say that society in general is far more accepting these days of the gay lifestyle. It no longer is the taboo subject it once was, they say.

"I'm not going to base my opinion about someone based on their religion, race, gender, or sexuality" said Castleton freshman Cullen Eaton.

## Sodexo employee makes students feel at home

By Jordan Seymour  
*Spartan Contributor*

You roll out of bed, plant your feet firmly on the bone chilling floor with one goal in mind: GET FOOD.

Despite the nose-numbing cold, nothing keeps students away from trekking into Huden Dining Hall at least two or three times a day. And from the early morning coffee runs, to re-fueling after a long day of classes, Nancy Johnson's smiling face is always there to greet Castleton students and faculty.

Easily the students' favorite Sodexo worker, Johnson treats students as if they were her own children. She asks about their days, listens to their problems and tries to help.

"I only have one child and he lives in Connecticut. So the students I interact with and

see every day have become like children of my own," Johnson said.

Student worker Taylor Zimmer is a big fan of Johnson.

"I love to work with Nancy! I have had the opportunity to spend a lot of time with her and I know if I ever need anything she will be there to help me in any way possible. She has become like a mother to me since I've been away at college."

Huden supervisor Bonnie Pelliccione was eager to talk about Johnson's work ethic.

"Nancy interacts with the Castleton Students very well, which makes her a positive asset to Huden and the Castleton Community as a whole,"she said.

When asked about the importance of a college education, Johnson replied with a powerful statement.

"Overall, I am so happy to see so many students further their educations, especially females. I never got the chance to go to college so I always tell the students to do well in school so they won't end up working somewhere like this for the rest of their lives," she said.

Working around temperamental college students is surely a challenging task, but Johnson goes above and beyond to ensure everyone is taken care of.

"She's an angel," said Castleton sophomore Eammon Flynn

When she isn't working, Johnson said she often sees students around town. Being such a campus celebrity, students run up to her with open arms and smiling faces.

"Being recognized every so often makes me feel appreciated," she said.



KATIE SAULT/ CASTLETON SPARTAN  
**Nancy Johnson greets student Hilary Gray before entering Huden Dining Hall.**

# Wedded Bliss

## Why wait?

Photo Credit:  
Brandon Kennedy

### By Joshua Bassett

Matt Trombley stood sideways in a shopping cart just outside the Rutland Intermediate School as the love of his life, Sam Pike, shoved him from behind. Both were dressed up for the shopping cart surfing adventure and both had huge smiles.

The two just got married and this was one of their wedding pictures.

"We were taking pictures at the playground of the intermediate school because that is where we had our first kiss. The shopping cart was just there so we decided to just take a pic with it. It was just an impulse decision," said Trombley with a smirk.

Their big day was June 1, 2013, when Trombley and Pike, both students at Castleton, made the ultimate commitment to each other after dating for seven years.

The idea of getting married was something that they began to talk about years ago. Although Trombley said it was suggested by Pike, he too was tired of always being asked about when the big day was or when they were going to tie the knot.

"I feel like I was already married at the time. I've been with Sam so long, I really didn't think it was that big of a leap and I was sick of waiting," said Trombley, a senior communication major.

Just talking to either of them for more than a few seconds, it quickly becomes evident just how happy they are.

*Continued on page 6*

## Women's rugby team to host Scorpion Bowl 2014



PHOTO CONTRIBUTED BY NICOLE FOLINO  
**Students consume beverages out of their rugby cups.**

By Callie Ginter  
*Castleton Spartan*

As cabin fever grows ever larger, many Castleton students are grasping at the chance to do something outside. Thanks to the efforts of the Women's Rugby Club and despite the suspension of the men's club, one spring Castleton tradition will continue.

"As a team, we were glad to take on the responsibility of hosting Scorpion Bowl this upcoming spring," said sophomore team Secretary Emma Faucher.

The rugby tournament and

post tournament celebration known on campus as "Scorpion Bowl," will take place April 26 on the President's lawn for the 17th consecutive year. However, this year's installment has not come without complications.

Both the men's and women's teams at Castleton annually host the tournament. But because the men's team was suspended for the season for a hazing incident, the burden this year has fallen completely on the girls' shoulders.

"It's challenging getting everything done on schedule without the help of the guys'

team. Everything has to be approved and that can get hectic," said Faucher.

The tournament format is traditionally a round robin with both the guys and girls playing. However, this year only the women will be playing against their instate rivals Lyndon, Johnson, and Green Mountain.

Many seniors on the men's team, including Ryan Clark, are bummed that they cannot participate in their final Scorpion Bowl.

"I am disappointed by the fact that this is one of my last college memories, and the

fact that I can't participate saddens me. However, I'm glad the college is allowing the girls to continue the tradition and I will give them my support," said Clark.

Junior Captain and Club President Dan Beauregard can still see the bigger picture throughout this tough process.

"Rugby is rugby, so the fact that we can still have our alumni come and give us their support is the most important thing. The tournament atmosphere is vital for everybody on campus to enjoy themselves," Beauregard said.



# My life is a sick joke

It was a simple pursuit for contact solution gone very wrong.

Last Sunday as I made my way to my car parked on top of the Ellis Hill in single-digit temperatures, I even contemplated tossing this pair of contacts, avoiding the cold and just wearing glasses until my new ones came in the mail. However, after 21 years I have come to accept the fact that I have an abnormally large head, which makes glasses and most hats tight-fitting and unattractive.

For the sake of fashion, I endured the 20-yard walk from my front door to where I had parked my car before winter storm Vulcan swallowed Castleton. My 2006 Chevy Cobalt was in a pocket of snow I intended to blow right out of.

So I scaled the small sheet of ice between my Chevy and the car next to me, hopped in the drivers' seat, threw my key in the ignition, and whipped it in reverse.

However, this "pocket of snow" cradling my Cobalt was actually a block of ice just waiting to turn my car into the Titanic of the Ellis Hill. Instantly stuck, I threw it in drive as my steering wheel went spinning sending my wheels uncomfortably close to the car next to me. An extra coat of paint may have had tragic results. An over-correction in reverse sent me back into the ice-berg.

As I irrationally alternated between drive and reverse a cloud of burning rubber rose around my car as my wheels spun violently. With smoke everywhere and the little patience I have burned out with my tires, I gave it one final hard push of the gas in reverse, which landed me on top of the iceberg with a dead engine and no traction.

Obviously, I was convinced I had ripped every possible part off the bottom of the car, because that's a completely rational assumption to make.

With the help of some friends I got a shovel and moved some chunks of ice around apparently with the thought process that all a dead engine needs is a little traction.

In case you were wondering; it doesn't.

Still without contact solution and potentially car-less, we went inside to call AAA. These are the moments in my life that I envy every person with a basic colored car, you will never understand the shot to the ego it is to provide all of your information and then say, "Yes, my car is purple."

Yes, purple. Yes, purple was my high school color. No I didn't pick it out. Thanks Mom and Dad.

After a near two-hour wait for the tow truck driver to finish eating his dinner, he was on his way. However, at this point two cars had illegally parked in the direct line of my tow.

In a call to Public Safety to have the cars removed I was told that they had received a call that "someone was parked like an idiot on the hill."

My only response was, "I'm the idiot."

But the idiot with the purple car got the cars removed and with time to spare as the tow truck passed the entrance to the lot three times.

Despite the two-hour delay and single digit temperatures I was still dressed in capri yoga pants, neon sneakers, and a pink fleece; and consequently shaking by the time the tow found my car.

"Ok, so I'm going to hook you up to the truck," said the driver holding a long metal chain. "Just get in, put it in neutral, hit the break so you don't slam into me when I stop and just steer when I whip it around."

Clearly someone had not informed him that I was incapable of steering the first time when I tried to "whip it around."

Pretty confident that I was going to end up with a dead purple car lodged in the side of Ellis, I got in the drivers' seat and waited for the tug. Crashing over the iceberg I jerked my wheel and laid on my breaks. Not exactly the directions, but somehow I found myself pointed straight on the pavement.

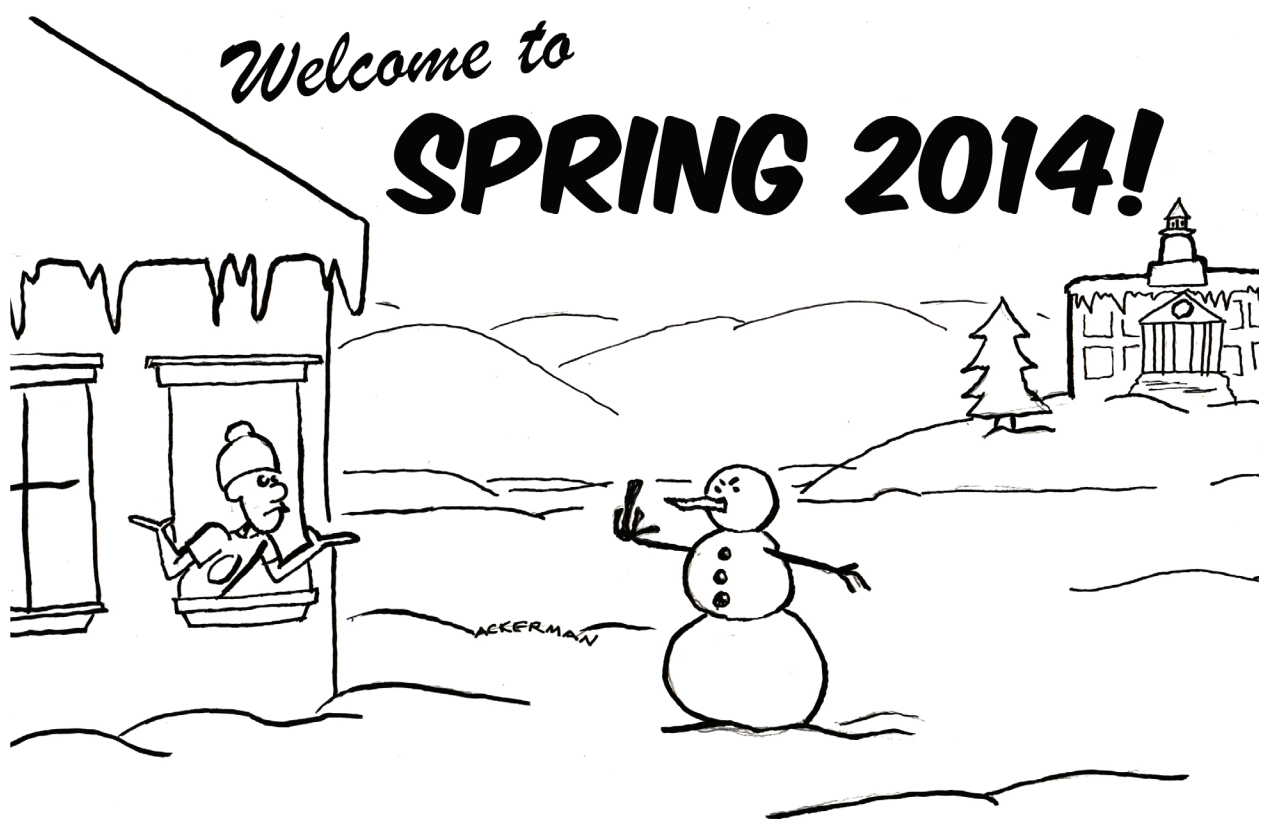
As I held up my flashlight app, my fingers solidified around my phone and the rest of my body shook while the driver searched under the hood for the battery to give it a jump.

Fun fact: the battery of a 2006 Chevy Cobalt is located in the trunk. However, we did not figure this out until after my phone died and a few failed "here try this" attempts.

I did ask the tow man if he would like to read my manual to help move the process along. I don't think he appreciated the gesture.

This two-hour ordeal resulted in confirmation of my already strong belief that my life is a sick joke, a dead phone, borrowed contact solution, and a new found fear of the Ellis Hill.

-Molly DeMellier



## Spice up spring and clean out abandoned clothing

While the ice still adorns most of the ground and what isn't covered in ice has a thick blanket of snow (is it spring yet?) on top of the still-dead grass. Sorry everyone, it's not sandal or flip-flop weather just yet. Keep on praying to the nature gods because I think just about everyone is in need of a little sunshine and warmer weather.

The old saying, in like a lion out like a lamb, has been proving true to March's nature. One day it is 45 degrees with blue skies and sunshine a-plenty, then the next day it's a blizzard dumping three feet of snow. While Mother Nature figures herself out, this could be a good time to do some spring cleaning!

There's nothing more satisfying than being able to see the floor of your room and closet again. There's a rug under that pile of shirts? Who knew? Spring is a good time of the year to figure out what fits you, what doesn't, what you actually do wear and what you don't.

I'm not sure about you guys, but I get emotionally attached to my clothes. I feel bad that I've neglected a piece of my wardrobe if I haven't worn it in a while. I wouldn't call myself a hoarder, but I'm not a fan of throwing things away. Especially my clothing. That said, when you're mentally prepared to part with your possessions, spring is the time of year to shed those extra layers.

Start with the clothing items you know you wear and make a pile. Do it neatly, however, because if you don't, that'll just be one extra step you have to take when putting everything back.

One sure way to know if you don't need to have something in your closet anymore, is if you forgot about it. Chances are if you forgot you even owned it, you won't miss it once it's gone. Put all those items in a separate pile. Or even a garbage bag. Out of sight, out of mind! Do the same thing with your shoes and accessories. If you're feeling even more ambitious, separate your clothes into seasons; summer, spring, autumn and winter. It will be easier to sort and organize your closet and storage systems if you know what clothes are where. Many people don't believe this saying, clean room clean mind, but trust me, it's true. Whenever my room looks like a bomb went off (it happens more often than not), it is so satisfying to see the floor again.

And the best part of spring cleaning? Once you throw away or donate the clothes you don't wear, you now have an excuse to go buy some new ones.

-Emma Rudnick

Check out The Spartan online @ [Castletonspartan.com](http://Castletonspartan.com)!

## What will your letter of recommendation say?

Last week, two students who owed me a project later that day, came asking essentially how they should get started.

It was assigned two weeks earlier.

I saw another student, in a different class, tell his classmates that he forgot his radio broadcast stories in his room. He came back 15 minutes later with an empty WORD document and began writing, again on a day it was due.

Some students have upwards of 10 skips at the semester's midpoint, despite being told that my attendance policy allows only four.

Some students stroll into class 15 minutes late. I know I should probably lock the door and not allow them in, but that's not how I work.

Others offer to write for the *Spartan* newspaper. They come to me eager and excited and vow to have their story or column done by the end of the

day, or tomorrow, but it never comes leaving *Spartan* editors scrambling to fill a hole.

I've been a little frustrated lately. I'm questioning my ability to inspire and teach. I have always felt that students like to please me and do good work, in part because I praise the hell out of them when they do it. I love it when they come to me with a draft of their story and we work on it together and it comes out in print and they get so proud – and so do I.

I don't know why it's different these days, but I seem to be seeing more apathy and indifference than ever before. I hate it.

I know students sometimes have issues at home that prevent them from focusing and doing their best work. But I'm becoming more cynical about the doctor's visits, the ill aunt and the go-to "family emergency" reason for skipping class or not doing work.

Did I go to every class while in college? God no. Did I hand in every assignment? Nope. But did I try hard for the professors who cared about me and had the ability to help me after college with a great letter of recommendation and assistance with job searches? You bet I did.

Now it's not all doom and gloom. Thankfully there are still amazing students I deal with every day who make me smile when I read their work or see their face at my door asking for assistance.

But for those students skating by with little regard for professors or classmates, just think a little bit about your future needs, would you?.

Think what you would write about you in a letter of recommendation to a future employer. I don't think employers like to read "he had great potential."

-Dave Blow



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# SGA to seek electric fueling stations

By Megan Harris  
Castleton Spartan

With eight weeks remaining in the semester, the members of the Student Government Association are eager to finalize and implement their plans for future students.

One particularly important issue that was finalized in their Tuesday meeting was the plans to implement a electric car charging station on campus.

George Ladabouche, director of Corporate Giving and Major gifts reached out to SGA to ask for their financial support in locating an electric fueling station on campus.

“This will not only help fuel the local movement in Rutland toward sustainability, but to show that Castleton is a premiere actor in the project,” said Ladabouche.

With a \$17,000 grant from Green Mountain Power and the SGA support of over \$26,000, the group moved to approve the project.

“The project will go ahead no matter our approval,” said SGA President Timothy Mackintosh. “The main factor is whether we as a group want to support it both in action and in finances. I think it’s a great project that moves us forward as a college and a community.”

The approved measure will allow for a solar array and powering station outside of the Jeffords science building. Ladabouche applauded the group’s careful consideration, adding that the project itself is indicative of the types of initiatives the college is working on towards sustainability.

In other SGA news, the group continues to work towards projects like the “Zip-Car,” which would provide rentable vehicle access to on-campus students without transportation, and also, approved measures to develop the building of an outdoor bus station.

With the semester winding down, another important legacy the SGA passes down is that of student elections.

Elections this year will be held throughout the end of March and into April. The process will allow for both in-person and online voting. The first 500 in-person voters will be rewarded for their participation with SGA supported Spartan reusable water bottles. In-person voting will take place in Huden and the Campus Center from April 14 to 21. Online voting will be available from March 28 to April 4.

The SGA meets at 5 p.m. on Tuesdays in the SGA office in the Campus Center. College and community members are always welcome and encouraged to attend.

# Scheffler left WIUV in good hands

By Colin Proctor  
Spartan Contributor

Over past years, the relationship between the college’s radio station and the students of Castleton had deteriorated, leaving the school with a staff of DJs that almost no one was familiar with.

Then came a student named Zach Scheffler, who decided to take the reins and give the radio station a healthy dose of publicity.

Scheffler, who was the music director for WIUV just last semester, played a crucial role in the redevelopment of the radio station as a strong part of the Castleton community. Scheffler was behind many of the events organized by WIUV that connected with the Castleton community including the CD giveaway that happened in the fall 2013 semester.

“Zach Scheffler is the reason the station is at the point we have it at today,” said current General Manager Matt Trombley, “He not only made the station relevant on campus again, but he turned the station back into a staple in this community.”



December graduate Zach Scheffler is on the WIUV airwaves last semester. Scheffler is credited with turning the station around.

Trombley, who is only in his third semester of working with WIUV, was one of the DJs who became heavily involved with WIUV because of Scheffler’s influence.

Scheffler had a major role in bringing in more DJs to the station and recruited many of the ones on air today.

Robert Wuagneaux says Scheffler was able to attract so many people to work at the station because “he was high-

ly visible and approachable.” Scheffler, as Wuagneaux said, “had a vision of what the station could be, and believed in the power of radio as a medium.”

Now with more than 20 DJs on staff, the Castleton radio is almost always jamming.

But as it goes with all students, Scheffler has moved, having graduated at the end of the fall semester of 2013. He is currently working as a web-

site developer for a company in Saint Alban’s.

Also set to leave Castleton is sophomore Andrew Carbee. Carbee, who has been with the station for about two and a half semesters, is moving to Wyoming after the end of this semester to pursue a career in radio as an operations manager. He says that Scheffler had a big role in getting him involved with the radio station, a place he plans on never leaving, no matter where he goes.

Another face leaving the station is Trombley, a senior graduating in May. This leaves the general manager and program director positions open for the upcoming semester. While neither was willing to give me any names of who they were thinking of picking for successors, they did say there were a few people very capable of taking over.

“As far as the current staff is concerned, I’ve gotta hand it to them, they are a super dynamic bunch of people,” said Scheffler in a recent phone interview. “You need people thinking differently and outside of the box. I love it, and I really miss it to be honest.”



COURTESY PHOTO

Video I students work on a music video featuring communication student Ryan Ackerman and alumnus Ali Flewelling.

# Behind the music

By Jorah McKinley  
Castleton Spartan

Student’s bustled around the Levenworth TV studio, climbing ladders, adjusting lights, testing microphones and locking down camera angles with the strumming of an acoustic guitar in the back-ground.

The studio played host to a music video shoot last Tuesday as students of Professor Bob Gershon’s video workshop class produced, directed and recorded a video of Ryan Ackerman and Ali Flewelling’s music.

Ackerman is a senior at Castleton and Flewelling is an alumnus. The couple has played at venues across the state, Flewelling singing and Ackerman accompanying her on guitar.

The video class typically produces a biweekly news show, The Castleton Video Magazine, but once a semester they have the privilege of recording live music.

In years past, they have had Castleton professor Robert Wuagneux with members of local band Twiddle, but when Gershon saw Ackerman and Flewelling play at a local venue, he knew they would be perfect for the next music shoot.

“I knew Ali was good by word of mouth, but I had never heard her sing. She just blew me away, and Ryan’s a hell of a guitar player,” Gershon said.

Student director, Christopher Williams, had creative control of the shoot. He instructed his camera operators and lighting directors on exactly how he wanted the shots

to look.

After a lot of preparation, the students were ready to shoot and took their places. Ackerman and Flewelling covered two tunes, “Wagon Wheel” by Old Crow Medicine Show, and “The Weight,” performed by The Band. Flewelling had an old fashion country twang with a raspy rock edge, reminiscent of Janice Joplin.

Between takes Williams made adjustments to the lights, audio, and camera transitions, trying to get everything just right. After four takes it was a wrap. Ackerman and Flewelling threw in one bonus song for fun at the end of the last take.

According to Gershon, the shoot went smoothly compared to some in the past, and they finished ahead of schedule.

Flewelling graduated from Castleton in 2011. Her class was the first to use the new studio, and she was very excited to return.

“I actually got a half day off from work today so I could come do this,” Flewelling said.

When Ackerman graduates this spring the couple will be relocating.

“We’re moving, so we’re going to be playing music in a whole new place, and now we have these legitimate recordings to show people,” Ackerman said.

All of the projects from the video workshop class can be found on the Castleton Website, and the class’s video of Ackerman and Flewelling’s performance can be found on our website, castletonspartan.com

# Is it his apology to have made?

By Jadie Dow  
Spartan Contributor

On Dec. 2, 2011, President Barack Obama was quoted as supporting a bill to issue a formal apology to Native American people. The bill is going through Congress and should have a consensus soon.

It essentially apologizes to Native Americans for the oppression of their people for hundreds of years. Few on the Castleton State College campus, however, seem to know about the effort. When polled, nine out of 10 people said they were unaware of the existence of the bill, and opinions varied on its significance.

“I don’t feel like it’s Obama’s place to apologize. He didn’t do anything to them. The apology isn’t going to do anything without action,” said student Brit Moyna.

Many students and professors echoed Moyna.

“The apology is symbolic. There’s no meat to it. There’s no redistribution of land that was taken away. Yes, I support it, but only because this country is finally starting to look at itself as the oppressor,” said professor Sanjukta Ghosh.

Through polling, statistics showed that females found the bill necessary and males did not. When asked whether the apology was necessary, Dakota Cooke said, “No. It was two hundred years ago. You don’t see them writing apology letters to the blacks or the Irish. It’s just a waste of time.”

His response raised another issue: Will there be a different reaction if the apology comes from an African American president as opposed to a white president?

Some students merely shrugged, but not Nicole Carpenter.

“I don’t know, reactions are funny. It depends on who you’re looking for a reaction from. If you’re looking at the country as a whole, the reaction would probably be the same. But if you’re looking at individual minority groups, it will be different,” she said.

Though many people aren’t even aware the bill exists, there has been a lot of progress on it in the past two years. Obama has met with many tribe leaders and discussed what will happen when the bill is finally passed.

“I believe that one day, we’re going to be able to look back on these years and say that this was a turning point,” Obama said in 2011. “This was the moment when we began to build a strong middle class in Indian Country; the moment when businesses, large and small, began opening up in reservations; the moment when we stopped repeating the mistakes of the past, and began building a better future together, one that honors old traditions and welcomes every Native American.”

# Internships are key

By Ryan Ackerman  
Castleton Spartan

In an increasingly competitive job market, how will you be noticed? What is going to set you apart from the rest of the crowd and make you a person of interest?

First impressions matter, and for graduates applying for jobs, the first impression is based on your resume and cover letter.

Daire Gibney, senior recruiter at The Vermont Country Store, has hired 15,000 new employees over the last 10 years. He estimates he has seen over 45,000 resumes over the same time frame.

“One of the biggest problems I see in resumes is over-inflating. It’s better to be honest,” he said.

According to Gibney, tailoring a resume and cover letter to a specific position can be what distinguishes people who get a call from those who don’t.

“Small personal touches

make you stand out. Instead of, ‘dear hiring manager,’ do a little digging and use names,” he said. “One size does not fit all when it comes to a resume.”

Gerri Harrison, who does college recruiting for Green Mountain Power, agrees.

“Everybody likes to see you’ve done your research. It shows you actually put time and thought into it,” Harrison said.

The inclusion of an internship experience in a resume was a major topic of conversation among employers and students at Thursday’s Castleton Career Fair.

Roxanne Vought, program manager of the Vermont Intern Program, said internships carry a multitude of benefits for students.

“They provide the opportunity to apply your classroom knowledge to the real world,” she said.

Internships also allow you to build your skillset, build your professional network

and “try out” a company to see what it’s like, she added.

Hollie Nop is a student and human resources intern with a concentration in training and development-recruitment at The Vermont Country Store.

“Having an internship has made me more attractive to potential employers because I now have experience in projects that are relevant to employers’ current situations,” she said. “I can hit the ground running with a new employer, rather than the company having to teach me about the field from the beginning.”

Officials at the career fair said it is never too soon to begin developing a resume as a student. A solid resume, cover letter, and internship experience can make a world of difference for those looking to move into professional careers after the days at Castleton have come to an end.

# A dual-purpose Boston trip



Student Abby Steiner, Castleton alum and Western New England professor Chris Hakala, Castleton professor John Klein and students Molly Statton and Hilary Hohle pose in Boston. Members of the Psychology Club were in Boston for the Eastern Psychology Association conference, but took time out of to cheer on the Castleton women’s basketball team playing against Tufts. Castleton President Dave Wolk wrote to Klein in an e-mail “Many thanks for cheering on our Spartan women, bringing your students to do the same, and leading them at the EPA meeting. We all bled green again that day and what a wonderful combination of student and athlete that you helped come alive in word and deed. I really appreciate it.”



## Campus Quips

Kelsie Boudreau and Sara Miles



Question: What are your thoughts on Mother Nature lately?



Erika Gauthier

“She is very tempermental, but nothing less than expected for Vermont.”



Shana Ploof

“I think that she has been really indecisive lately. Hopefully she brings in the sunshine soon.”



Haley Cotrupi

“I hate the back and forth with the temperature. I just wish the sun would come out and stay out to melt all the snow.”



Rachel Thompson

“I think she has been out of the ordinary for the past few years, but if you look back at a wider spectrum, everything we have been doing to mama nature, she doesn’t know what to do for weather patterns.”



Ashley McCormack

“I’m used to the weirdness of it. We had a crappy summer last year with rain for the most of it, so obviously winter was going to suck and last longer.”

By Kaylee Pratt

Castleton Spartan

Castleton has an open-door policy when it comes to allowing students, faculty and surrounding community members to use its facilities, but students don’t exactly love this idea, especially when it comes to “open gym time.”

Athletic Director Deanna Tyson is in charge of both Glenbrook Gym and the S.H.A.P.E Gym. She said both are basically open to everyone, including the community, as long as they are treating the facilities with respect and paying a membership fee if they aren’t a student or faculty member.

Yet, this open-to-everyone idea is what students find most frustrating.

Freshman Taylor Peters likes to go to the gym with his buddies often, but said he gets frustrated when elementary or middle school-aged kids are occupying it.

“It’s just really inconvenient when I want to play basketball because that’s how I exercise. And there are other

kids, younger kids who aren’t paying the tuition that we pay, and they get to use our facilities,” he said.

He’s not the only one who feels this way. Out of nine students interviewed, all expressed disappointment at not being able to use the gyms during open gym times because of too many young kids running around.

“I feel frustrated that I pay to go to school here and I am supposed to be able to use the facilities when they are available, but they often seem to be taken up by people who don’t pay the tuition that students do,” junior Jake Jones said.

Senior Eric Dowd has another issue, and it has to do with supervision of the younger kids.

“It’s annoying because they don’t have the membership to be in there and there are no parents watching them,” he said.

However, both Tyson and Athletics Administrative Assistant Diane Saltis are aware of young kids being in the gym without memberships and have recently been monitoring and cracking

down on who is in the gym, especially Glenbrook.

The crackdown comes in part because of damaged property when younger kids are using the facilities.

“We’ve gotten pretty good because the high school kids aren’t respecting the facilities so we’ve really gotten a lot stricter with kicking kids out because we are tired of the destruction,” Tyson said.

There have been outside entry doors to the building broken, inside doors to the S.H.A.P.E Gym broken, windows cracked, and kids have walked all over wet floors making them dirty, Saltis said.

To use either of the gyms, community members must pay a fee of \$5 each time they visit, which should be given to a student running the front desk in Glenbrook after 4 p.m. Another option is to buy a membership in the athletics office with Saltis.

Memberships require that a person be 16 years or older, otherwise they need adult supervision when using the gyms.

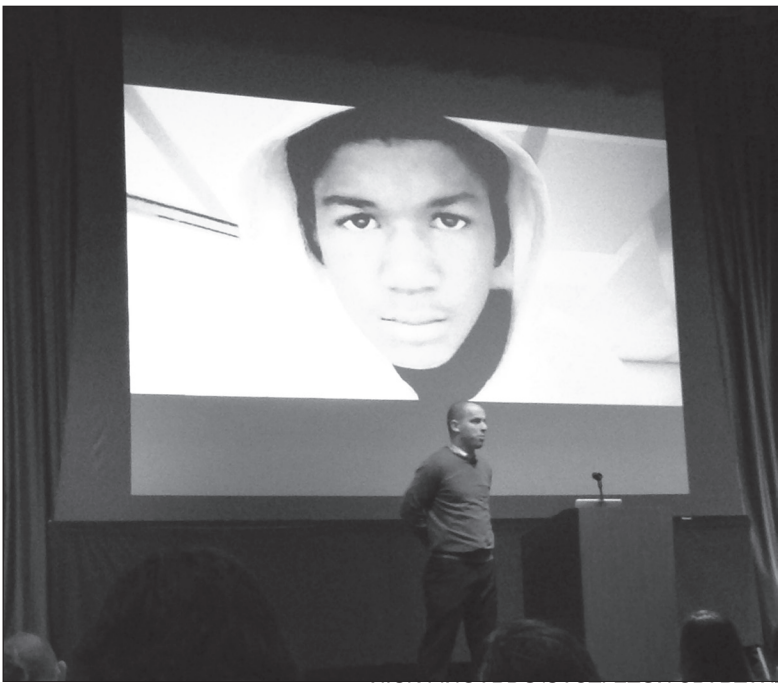
Saltis further clarified that community members, for the most part, are supposed to be using the S.H.A.P.E Gym to do whatever activities they would like, not Glenbrook. Glenbrook is really only supposed to be utilized by students, faculty, athletes, or by people who have rented out the space.

Although community members have been allowed to use Glenbrook in the past, the college would like to keep it very limited now because of the damage done to the facility.

However, Saltis said during spring, open gym is very limited in either gym anyway because basketball is going on and baseball and softball also use them until the weather clears.

As long as students aren’t harming anything, Tyson doesn’t mind the facilities being used,

“I’d be upset if it wasn’t being used all the time. It’s open space that kids can use and it’s good physical activity for them,” Tyson said.



NICK LINGARDO/CASTLETON SPARTAN

Between Little Italy and Madison Square Garden, ‘The Spartan’ staff took a bite of the Big Apple. Journalist Michael Skolnik, bottom, who made Trayvon Martin a household name, wowed students as the conference ending keynote speaker.

# The Spartan takes on NYC

By Molly DeMellier

Castleton Spartan

As the snowflakes clumped thicker and the winds blew faster, the hands of the clock seemed to be waving goodbye to the weekend that members of *The Spartan* staff had long been anticipating.

The promise of a three-day escape from the bitter Vermont temperatures to plunge into the center of Manhattan for a media conference appeared destined to be buried with the rest of Castleton beneath the blanket of winter storm Vulcan.

According to *Spartan* Advisor Dave Blow, in his eight-year tradition of attending the College Media Association New York City Conference, this year’s departure was by far the most complicated.

“I was emailing all Tuesday night trying to make this happen,” he said. “Dave Wolk was gracious enough to get us into the Queensbury Hotel.”

Blow said the conference is a valuable experience to expose his students to different types of journalists and professionals who share their passions.

With the help of Wolk, the group was able to make a day early departure and wait out the storm a little further south in Glens Falls, N.Y. Early the next morning, the groggy group fueled up on hotel coffee, scraped the sheets of ice from the van mirrors, and began the trek to the world’s Mecca of media and communication.

During the three days in New York City, the group adopted the “city that never sleeps” mentality

and sought to get the most out of the experience. In addition to attending the conference sessions held in the Sheraton Hotel, the staff attended The Big East Tournament quarterfinals basketball games in Madison Square Garden, bartered with street vendors in Chinatown, and shared a group dinner in Little Italy.

“New York City was one of my favorite school activities I have done here at Castleton,” said senior Stacy Sullivan.

Sullivan also had the opportunity to tour the Google building, which she said was so large employees had to ride scooters to move quickly throughout the building.

For sophomore Co-Sports Editor Kaylee Pratt, the most memorable experience was attending the Big East Tournament.

“Sitting over the court on the catwalk was awesome and it’s something I will never forget,” she said.

Co-Editor Rebecca Roe and Online Editor Joshua Bassett enjoyed their time taking in the magic of the city while catching up not only with each other, but also with former *Spartan* Editor Martina Marchese, who joined the group for the weekend.

Despite the distractions downtown Manhattan has the tendency to provide, the group unanimously agreed that the conference sessions were the most powerful aspect of the trip.

Roe and Bassett both said their session on how to find story ideas impacted them the most.

“The speaker was extremely energetic and the audience reacted well to it,” Roe said. “He gave me

really great ideas for future issues.”

From discussing social trends to oddities the two said the session opened up their imaginations.

“It’s amazing how many stories are out there if you look at things from a different perspective,” Bassett said.

The rest of the group attended the final session of the conference by keynote speaker Michael Skolnik and were astounded by his presentation about covering tragedy.

“I found a passion in storytelling. I never stopped believing in that passion,” said Skolnik as he recounted his experiences reporting on the deaths of black children.

According to Skolnik, when a white child dies, society sees the tragic, untimely death of an innocent person. He said names like Jean Bene Ramsey and Natalie Holloway will forever be remembered and directly connected with the tragedy. However, he said when a black child dies they become a statistic.

Skolnik said the fortunate ones get a small article in the back pages of a newspaper, but society does not see their faces and have them ingrained in their memories by the media as they do with the death of a white child.

“I decided to tell stories that are not my own, tell stories for those who don’t have the chance to tell their own stories.”

Continued on page 6

# Residence hall thefts on the rise

By Stacy Sullivan

Castleton Spartan

Castleton is known as a close knit community and generally feels very safe to students living in the dorms. Lately, however, some thefts have been reported that are making some students question their neighbors.

On March 6, Dean of Students Dennis Proulx sent out a campus wide email saying “Public Safety has received three reports of stolen electronic items from the residence halls. It is unknown if these thefts are connected, however the items being targeted appear to be video gaming equipment.”

He said police have been alerted to

these thefts.

“As a community we must remain vigilant and respect each other’s personal property. Please remember to keep suite and room doors locked and closed while no one is present, and please be aware of people in areas that they do not belong,” he wrote.

As an educational exercise, Community Advisors Molly DeMellier and Cameron Maurer recently performed a mock-theft exercise they called “While You Were Out” in Ellis Hall. The CAs looked to see if a resident’s door was unlocked while they’re not home.

If it was, they left a note pretending they took something, and then locked

the door on the way out.

Residents were then let back into their rooms and the CAs hope they learn their lesson about not leaving doors unlocked.

“This is the point in the year when things tend to go missing because you think you know someone,” DeMellier said.

Stanti Schonbachler was a victim of theft this year when someone stole his Xbox, games and controllers out of his suite in Castleton Hall. Schonbachler had his Media Access Control number written down before the theft, which Director of Residence Life Michael Robilotto suggests.

“I am waiting for the MAC address

to be punched in somewhere here on campus,” Schonbachler said.

Robilotto, like DeMellier, urges students to be smart with their stuff.

“Take inventory on prized possessions. Write serial numbers down and take pictures. If you have the information, it’s easy to track down,” Robilotto said.

The most common items stolen are cash and electronics, he said.

“It’s a community, but it takes one person to ruin it,” DeMellier said.

If anyone has information about the recent thefts, Proulx urges students to contact Public Safety at 802-468-1215 or through the confidential Tip-Line at 802-468-1(TIP).



# Country boy Brandon Stiles plays to empty cafe



COURTESY PHOTO

**Country singer Brandon Stiles performs for fans.**

**By Brian Dawicki and Cassie Harnett**  
*Spartan Contributor*

It was a quiet night at Fireside Café. The stage was set up and the lights shined on the Atlanta, Ga. born-and-raised country singer, Brandon Stiles, who tried to liven the lounge for the very few students who actually paused to hear him.

During the show, he sang a mix of both rock and country songs from artists like Keith Urban and Bruce Springsteen. He even sang a few of his own songs.

When he was little, Stiles said he grew up listening to The Beatles and Johnny Cash records. He started playing music at about 6 years old when he, his cousin and

his brother started a little band.

“We got a paper drum kit, cheap guitars, and we sold tickets to our grandparents for a dollar,” Stiles said.

Stiles said he got serious about music when he was 25. He admitted he was not always a huge country fan until four years ago when a friend of his got him listening into Keith Urban.

“Keith is a good crossover because he is a rock and country guy,” he said.

He has been touring around the country for about three years and is still going strong. He plays for crowds of anywhere from 10 to 1,000 people, he said.

Normally his band members tag along, but he came to Fireside by himself and sang with just his acoustic guitar because he said it is

hard to bring all the equipment and members up north.

Castleton freshman Katelyn Schowlin, who happened to be at the Campus Center during Stile’s performance, noticed how this country crooner’s show was very vacant.

“My friend and I were sitting above Fireside, when we decided to get a snack,” said Schowlin. “When we had gone inside, we both commented on how such talent had such a small audience. It was depressing.”

Of course, everyone had gone home for the weekend for some St. Patty’s day festivities and this is Stiles first time being in the state of Vermont.

“He played well and did a great job at trying to keep the audience entertained,” said Alex Guyette,

who was one of the few others who showed up for the show.

Sodexo worker, Jay Tice Jr., who was working at Fireside that night, shared the same sentiments as Schowlin.

“I felt bad for the guy,” Tice said. “It sucks when you try to showcase your talent, and no one shows up to see it.”

Two weeks ago, Stiles finished his second EP album.

Stiles said he soon plans to move from his hometown, Atlanta to Nashville, Tenn. to sign with a new record company.

“The goal would be to get a publishing deal and then be an opener for a major act,” he said.

## Help pick outstanding student and faculty

**By Mike Divis**  
*Castleton Spartan*

At Castleton State College there are several people who put in time an effort to both teach and acquire knowledge. They demonstrate the attributes of a friend and a leader around campus.

Not everyone gets the opportunity to be acknowledged for these traits, but they can with a little help. The Leonard C. Goldman Distinguished Senior Award and the Outstanding Faculty Award are given out every year at the beginning of the graduation ceremony.

Leonard C. Goldman was a member of the Alumni Association Board of Directors and came up with the award. Nominators for his award must be a CSC administrator, faculty or staff member or a graduating senior.

“It’s not an academic award or an athletic award per say,” said Alumni Association Treasurer Gary Quinn. “It’s for the senior that typifies what Castleton is all about.”

The winner of the award will be presented \$1,000 by the CSC alumni association board president.

The Outstanding Faculty Award is given to a member of the Castleton staff in honor of their teaching and impact on students both present and past.

“Awards are never what drive me, but it was humbling and emotional to be given the award,” said 2012 recipient David Blow. “I think it’s great to have and to get it is validation that you’re making a difference.”

Those nominating must be a graduating senior, alumnus, administrator or faculty member.

“Castleton faculty members hope to prepare their students to lead productive and meaningful lives,” said 2013 recipient Denny Shramek. “Consequently, those faculty members devote an enormous amount of time and thought to their teaching. The Outstanding Faculty Award is one way to acknowledge such work.”

Outstanding Faculty Award winners get a \$250 prize and a plaque.

It’s important to make nominations because it is how both awards are chosen. When a nomination is made, it is best to be very specific with examples so that the person being praised has a strong chance to win.

“We need examples of what they did to earn the award, not just they’re an awesome friend or a great professor,” said Quinn.

Award nominations can found on the Castleton website under the alumni section. The deadline for nominations is April 4 before offices close.

# Urinetown leaves audience laughing

**By Catherine Twing**  
*Castleton Spartan*

With political commentary, corrupt businessmen, forbidden love and plenty of adult humor, Urinetown: The Musical has something for everyone.

Basically, there is a town experiencing a major drought in which extremely poor citizens must pay to pee. The wealthy; however, are free to pee and just get richer.

Through the course of the play, audience members discover the truth about Urinetown and the dictatorial corporation ‘Urine Good Company’. The truth is exposed through the humorous narration by Officer Lockstock played by Robert Valenti and Little Sally played by Alexa Fryover.

Even though the audience is often reminded by the narrator that it is “not a happy musical,” the show leaves viewers conflicted with a feel-good message of hope and the ominous view of the future.

As student Grace Hathaway put it, “I felt like I should have been crying, but I was laughing.”

What I think made the show was



COURTESY PHOTO

**Students perform “Urinetown” and rock Casella Theater.**

the cast’s energy. They made it come alive through spirited dancing and musical talent.

One thing that makes this play appealing to college students is the humor. While there were plenty of sexual references there was also enough

dry humor, political satire, perfectly placed silences and physical humor to keep the audience laughing.

On the technical side, I really enjoyed the simplistic scenery. The clever use of a projector to indicate changes in location was effective in



PHOTO CONTRIBUTED BY JANE FOLEY

**Art professor Bill Ramage meticulously draws details in a flower box for his large-scale drawing of Rutland.**

# Bill Ramage’s Rutland masterpiece

**By Callie Ginter and Spencer Danderand**  
*Castleton Spartan*

Art professor Bill Ramage has large aspirations with his current project, both physically and mentally.

Starting with a series of photos he took in the summer of 2012, Ramage began working on a massive 10 by 43-foot pencil drawing of downtown Rutland titled “Post Piero Ideal (Actual) City.”

Working from his home studio, Ramage has had to draw standing up, sitting on a stool, and even on his hands and knees to cover the large amount of space this piece covers

Director of Creative Services Jane Foley often photographs events on campus and stressed how much she admires Ramage’s work.

“I went to Bill’s studio to photo document him doing his work. I was speechless. It’s difficult to take in this pencil sketch of massive proportions. His work is tremendous and we are so fortunate that he is part of our community,” Foley said.

Art professor Liza Meyers also spoke highly of Ramage’s work, as well as his unique perspective.

“Bill dares us to see differently. He asks us to observe the world through

his eyes, restructuring human perception,” said Meyers.

The overwhelmingly large, black and white drawing of Rutland is finely detailed, including images of cars, buildings, scenery and even window reflections from the photographs he had taken previously.

The perspective of the drawing is perhaps the most remarkable characteristic, and is a look into the motivation behind much of Ramage’s artistic vision.

“I honestly believe there is a whole new world to process, and a whole new way to process visual information,” Ramage said.

Ramage feels it is unlikely that his ideas will become popular on a large scale, but he simply hopes individuals will come and view his piece with an open mind.

“I always hope that they will end up asking serious questions about how they process their perception,” Ramage said. “If you affect the way you see, it will affect everything. It will affect the way you think.”

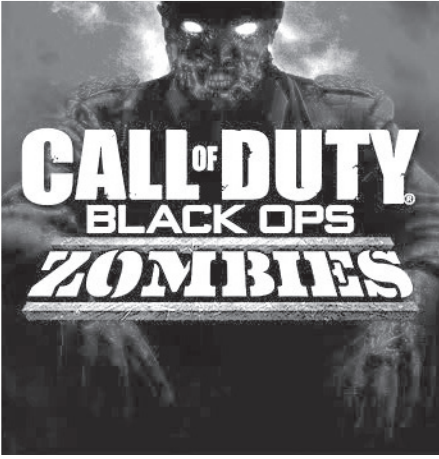
Ramage hopes to finish his monumental drawing by November of this year and plans display it in the Brattleboro Museum and possibly at a location in Rutland.



PHOTO CONTRIBUTED BY JANE FOLEY

**Bill Ramage holds up one of his pencil drawn panels.**

## Game Review: Call of Duty Black Ops Zombies & Dragon City App



**By Dashiell Monder**  
*Castleton Spartan*

“Call of Duty: Black Ops Zombies” version for the iPhone, iPod Touch and iPad was developed by Activision to be played on iOS devices for people that don’t have an Xbox 360 or PS3. Dragon City was developed by Social Point only for the iOS devices to play with your friends through Facebook.

In “Dragon City,” there are elemental dragons like fire, ice, nature, and earth and every time players hatch dragon eggs, they get some experience points in order to level up over time. The “Call of Duty: Black Ops Zombies” app is a recreation of the popular game for the Xbox 360.

There are many different guns like the SPAS12, Stakeout, and the VR-11, and the same characters from “Call of Duty: Black Ops” named Tank Dempsey, Takeo Masaki, Nikolai Belinski, and Dr. Edward Richtofen.

Hopefully they will add some more maps, like Five and many others. The price for “Call of Duty: Black Ops Zombies” is about \$7 but “Dragon City” is absolutely free. There are in-game buyable items like big vases of gems going from \$1 to almost \$100 depending on the amount of gems. Gems allow players to buy more dragons that can only be bought with the gems in the vases.

Players want these dragons because they want more breeding options with the dragons the players already have.

There are many positive reviews for “Call of Duty: Black Ops Z iOS.” Players say it has good quality graphics, although they too hope for more maps. Negative reviews say the game sucks because of the poor selection of maps and guns. There are some decent reviews for “Dragon City” too, like that it has excellent choices of dragons and food for the dragons.

The lines that the characters say in “Call of Duty: Black Ops Z iOS” are as good as the hilariously funny characters in “Call of Duty: Black Ops” for the Xbox 360 version. Hopefully other players with an iPhone will enjoy these two relatively fun games as much as I have.



# Students network at NYC event

*Continued from page 4*

With the experience of exposing the deaths of a few black children, Skolnik caught wind of the Trayvon Martin story and pitched the story to his boss.

“I said I’m going to write a story about white people...I called it ‘Dear White People, you’ll never look suspicious like Trayvon Martin,’” he said.

The following day, Skolnik received a call from NPR. Then CBS and CNN were on the side of the ringing phone.

His friendship with Gabrielle Union, fiancé to NBA star Dwayne Wade, helped bring the story into the national spotlight when the Miami Heat asked how they could help the cause. Skolnik told them to take a picture with their hoods up like Martin’s was the night he was shot and

“I called it ‘Dear White People, you’ll never look suspicious like Trayvon Martin.’”

-Michael Skolnik

killed.

“The next day, the entire team in Heat attire put their hoodies up,” he said.

Skolnik said that as a result of his coverage of the Martin story and soon after the death of another black teen, Jordan Davis, President Barack Obama invited him to the White House with the families of the deceased teens.

“It was a powerful presentation with a lot of emotion,” said senior page designer Nick Lingardo of Skolnik’s session.

In addition to learning from the experiences of professionals, the conference provided the staff with the opportunity to make connections with people in their intended fields.

“I think this is an opportunity for students to network with not only other students with like interests but with professionals,” said Andrea Franz, a conference presenter from North West Iowa. “You can make some awesome connections here.”

According to Blow, the conference is both a reward for his students as well as an opportunity to ignite their passions and expose them to aspects of journalism and communication they have not experienced.

“I hope these trips are something you guys look back on,” said Blow.



BRANDON KENNEDY

## Newlyweds Matt Trombley and Sam Pike pose on their wedding day.

*Continued from page 1*

“Now that I’m married, I’m happier than I’ve ever been. To have a place with just my wife, this is something I’ve been dreaming about since we first started dating,” Trombley said.

Friends of the couple, like recent alum and WIUV radio buddy Zach Scheffler, are happy that the two got married.

“I was kind of surprised because it’s not something you hear about everyday ... I was like, ‘that is awesome, glad you’re doing it,’” said Scheffler, who added that he isn’t against getting married in college, if you meet the right person.

The level of love and friendship that Pike and Trombley have for each other also filtered into a classroom recently. In professor David Blow’s feature writing class,

he asked the class to write down “what makes them tick” and Trombley wrote a neat passage about how for him, it’s his wife.

Not only was Blow surprised that he was married and impressed by the response, but he said all the girls in the class immediately went into showers of “awes,” that made him blush.

Even though Trombley and Pike got married while in college, it’s not a common practice or one that everyone even entirely understands. Trombley, who gives tours at CSC to perspective students and parents, said his marriage often raises eyebrows.

“A question I usually get on my tours is ‘why did you move off campus?’ And then I say because I got married and they go, ‘how old are you now?’” said Trombley. “Some people are taken back and say ‘what did you say?’”

According to a 2009 Pew Research Center study, the average age of men getting married for the first time is 28 years old and 26 years old for women.

A request for data on Castleton students getting hitched led to an email response from the Registrar’s Office that those stats aren’t tracked. The office only gets a few requests each for students changing their last names, though that could be due to multiple factors including marriage or divorce, officials said.

But why is the Trombley-Pike marriage so unique?

Longtime Leavenworth secretary Mary Wood said two reasons come to her mind.

“There’s so much that goes into planning a wedding, especially for the bride,” she said, adding that students are also really focused on their school work and not tying the knot.

Scheffler had a few other thoughts as to why his millennial classmates might be waiting to get married. He said they might be disillusioned with the marriage idea and that people are starting to cohabitate together instead of getting married and focusing more on their careers now so that they are in a good place when the time comes to get married.

Most in the Castleton community know Crispin White met his wife Renee while they were both students here at Castleton. He said they began dating sophomore year and had a simple answer when asked if he thought of getting married while in college.

“No!” said White, director of Community Service and Internships here at Castleton, before letting out a long string of laughs.

He also has his own thoughts on why students are waiting till after school to get married.

“There’s so much to think about as college students that

marriage seems so far away,” he said.

No matter who you speak with though, all seem very supportive of those couples who decide they can’t wait to commit to married life.

“If people are ready financially and personally than go with it,” said Amanda Zuber, a Castleton student who is engaged. She said her wedding day will likely be after her fiancé graduates, though it could possibly be when he was still in his last semester.

Regardless of opinions about their choice, Trombley and Pike say they are happy they got married and moved into their own small quaint apartment on Main Street in Castleton.

“We got married June 1, 2013. The next day we moved into this apartment. The day after that we went to work,” said Trombley who added both he and his wife work for the college with him doing tours and Pike working in the library.

“Our schedules don’t always match up all the time,” said Trombley, before Pike finishes his sentence. “But we make time.”

Some may say there’s too much life ahead to tackle marriage in college, but Pike and Trombley say they couldn’t be happier.

“If you find the right person, I highly recommend it,” Trombley said.

# Cruzado shares Spanish culture on WIUV

By Justin Hepburn  
and Tanner Dana  
*Spartan Contributors*

They’re seated in cushy chairs with wheels, microphones are lowered, and the last 30 seconds of a Spanish song is playing.

“Hi everyone! This is Spanglish Hour on 91.3 WIUV!” booms a voice over the last seconds of the song.

From 4 to 5 p.m. on Tuesdays and Thursdays, the foreign language department puts on the informational, hour-long show on Castleton’s WIUV radio station. Teaching Assistant Cristian Cruzado laughs as he tells his invisible audience about the English translation of the previous song’s title.

“At first I was scared to go on the radio, but now it’s just fun too,” Cruzado said.

Led by Cruzado, the “Spanglish Hour” is dedicated to sharing Spanish culture

with the student body hoping to spark interest in the language.

“My real goal is to just get people more comfortable with the Spanish language, mostly through songs and speaking it on the air,” Cruzado said.

Cruzado, a Peru native, has been sharing his cultural background at Castleton for two semesters, although “Spanglish Hour” has been broadcast on 91.3 for much longer.

Spanish professor Ana Alfaro-Alexander said she initiated Spanglish Hour about 15 years ago with intent to “open many doors for students at Castleton.”

Teaching assistants have worked in conjunction with students and have become the biggest contributors in spreading the Spanish language and culture at Castleton.

“Actually, last week a girl came on who had been to Spain for a year, and who was a Spanish major. I loved just

talking to her about her experiences there,” Cruzado said.

Alfaro-Alexander’s colleague, Delma Wood, stressed that the radio show is a great forum for students and faculty to learn and share.

“Anyone can come on the show and show their form of Spanish culture, whether it be songs or even poetry,” Wood said.

Each year, the foreign language department sponsors one visiting TA to work with and connect with students and staff members to promote cultural and linguistic understanding among Castleton students.

They are among many international students who are a part of the Fulbright Association and the Institute of International Studies who come from around the world to broaden the horizons of American Collegiate students.

Alfaro-Alexander emphasized the importance of knowing the Spanish language.



TANNER DANA/ CASTLETON SPARTAN

## Cristian Cruzado is on WIUV with “Spanglish Hour.”

“It’s not at the forefront of students’ vision,” she said. “Spanish is the second biggest commercial language in the world. The buying and selling power of the language is tremendous.”

Those who desire a further

understanding of the Spanish culture and language are encouraged to join the Spanish Club, which meets at 12:30 p.m. on Thursdays in the Spanish lounge of Leavenworth Hall.

# Right to Play to fundraise with campus-wide kickball tournament

By Emma Rudnick  
*Castleton Spartan*

Anyone who has every played a sport or still plays a sport knows the importance life lessons it can teach. But not every child in America has the opportunities to be able to play a sport. That’s where the charity Right To Play comes in. They raise money to be able to teach children sports and allow them to learn and experience lessons in a safe and comfortable environment.

Two years ago, thanks to Castleton graduate, Lindsey

Gullet, Right To Play came to Castleton. The first event was a dodgeball game that broke a world record. Last year it was a barefoot soccer game and this year it is kickball.

In charge of the fundraising are juniors Ryan Frost and Thomas Shelley. Their main goal this year is to get everyone involved, not just student athletes and raise even more money.

“The last couple years, we’ve had only athletes in it,” said Frost. “So I thought of something that would be fun for everyone and that guys and girls regardless of athletic ability could go out, play and

have a good time with it.”

Shelley agrees. “That was a big thing this year, involving everybody,” said Shelley. “The more the merrier.”

Instead of just student athletes being able to participate in the event, their ultimate goal is to have ten teams of ten people and raise over \$7,500 for the charity. That means alumni, staff, non-student athlete students, friends, family et. cetera can play.

According to rightto play.com, Right To Play’s mission is “to use sport and play to educate and empower children and youth to overcome

the effects of poverty, conflict and disease in disadvantaged communities”.

“I really like that the Right to Play is all about helping the children and allowing them to have a chance to play the game that they desire,” said junior Jenna Botswick. “As children, we were all privileged with the opportunity to play, so I believe that it is important for the rest of the children to have a chance”.

While you’re having fun, indulging your inner child playing kickball, you’re also making a difference in a child’s life. Sports can change lives. It can be used as a tool

for education and physical and mental health along with bringing entire communities together and inspiring people to be the best that they can be. They teach selflessness, work ethic, sportsmanship, teamwork and so much more.

“I like being involved in Right to Play because not only does it involve sports, but its a way that I feel I am making a difference in kids lives all over the world who aren’t fortunate enough to have the same opportunities and experiences that I have had,” senior Annie Towslee said.

The kickball game will be

taking place on May 3rd on the president’s lawn. Round up 10 to 12 friends, release your inner child and enjoy a game of kickball for a good cause.

“Without sports, we probably wouldn’t be here at this college or this part of the United States,” said Shelley. “Giving kids the opportunity...and use our resources to help them to increase their health and life expectancy then I think we’ve made a difference.”

# A senior’s parting words to the college that became her home

By Megan Harris  
*Castleton Spartan*

How do we find the words to say goodbye to a place that has been home without avoiding clichés? Bittersweet and time flies, in particular, come to mind. But in my case, clichés are no good.

I’ve had an experience here beyond truisms and tired out lines. My experience has been everything but average. In my fifth and final year here at the Castle, I find myself stricken with gripping emotion, tremendous fear and an overwhelming sense of gratitude.

Parting with a place that has formed you is like grieving the loss of a loved one. It’s as if I’m trying to

detach from a piece of myself so deeply embedded, no quick rip of the Band Aid could ease the pain.

I have never had such a love-hate relationship with an institution as I’ve had here. I loved the school, but hated the thought that I would have to stay so close to home, secluded and stifled in the Green Mountain State. I loved the people I met, but the winters made me hate the state.

Truth be told however, this place had made me – even in the times when I thought it would break me.

What do you say when five years of friendship and camaraderie, love and pain, the making of memories (and trouble), comes to an end? What is there to say when your home and

your family and your college can be said to be the same thing?

I’ve been writing this article in my mind since I was an eager, active, enthusiastic freshman. I was confused and self assured back then, certain that my senior column would be full of all the joys and sorrows like that of any other, yet imbued with all of my various accomplishments. But, in retrospect, I didn’t realize how terribly sad the piece would be when thinking about all those things. Instead of my own accomplishments, I would rather thank the people who made me, apologize to those I hurt and mourn the loss of the biggest family I have ever known.

First , the thank yous.

Thank you, all of you, every single one. You reading this piece, thank you. You have endowed me with tremendous confidence in myself and in a community’s ability to help define one person. You have changed me. Your friendly faces all across campus, those people who make Castleton what it is, thank you. To Lalor and Lamy, Pinto and Johnson and Hagan and Weber. To Spiro. To Derby and Varnum. You are the educators who have the courage to profess and to give everything from the depths of your soul into mine.

To those I may have scolded, outright threatened, blew up at — I apologize. Especially to those two boys freshman year

in English Comp—I believe the words “fisticuffs” might have been thrown out there a few times.

And the mourning is seemingly never-ending. A part of me knows that moving onto the next chapter of my life is normal, even noble. I know intellectually that I have made a stain here on campus, that the recognition I get from faculty and staff, friends and acquaintances alike shows that I have made an impression. But who can’t help but wish that they had done more?

My parting legacy is unknown to me. But I do know that I will be one of the few and proud Spartans to say that I left with no regrets, no grievances, no baggage — just joy and

pride.

Love this place like you built it with your own two hands, and then you will know the happiness and sorrow that comes with being lucky enough to call yourself a Castleton alum. Reject it and lose.

The Castleton way isn’t just a nuance or an unemployed concept. It can make or break the individual. My sincere hope for all those who continue here is that you can leave with the same sense of confidence and community that I am parting with. And hopefully, you’ll be lucky enough to avoid the clichés, too.



# Spartans hope to erase bitter end of 2013 season

By Kaylee Pratt  
*Castleon Spartan*

After last season's disappointing end, the Castleton men's baseball team is looking to start fresh and by season's end they hope to clinch a NAC championship.

The men entered playoffs last year a number one seed, but lost against Husson in the fourth round – ending NAC play for the Spartans. Then they proceeded to the ECAC tournament, where they fell to Elms in the first round.

Senior pitcher Adam Greenlese said after a great season, they thought they had it all.

"I think we just went into the NAC with the mindset that we were the best and kind of played down to their level so we lost our focus and competitive edge. We started to kind of slow down too and get tired toward the end of the season so I think that had to do with our losses in the end.

We had the team to go far but just couldn't close the deal," he said.

Looking at the bigger picture, the men are truly proud of last season, ending 28-2 overall and 22-2 in the NAC. But this year they are determined to improve even more.

To accomplish their goals the men have a specific focus in mind.

"We have really been working on trying to not get ahead of ourselves and worry about each game as they come, one game at a time. No other games matter until then," Greenlese said.

Head Coach Ted Shipley agrees but has this mindset entering each season, not just the games.

"We look at every season (every year) as a totally new team and a new adventure. What we accomplished or didn't accomplish from year to year doesn't have much bearing on the current season or team," he said.

Still, the men are hungry for more.

Greenlese, who went 7-0 on the mound last season, is prepared to come back with more fight than ever and as a pitcher he knows what it takes to be successful.

"Pounding the zone and attacking the hitters is our biggest focus. We are the driving force of the team. As Chad Bentz, our pitching coach says, 'We are only as good as our pitching staff,'" Greenlese said.

This season kicked off in Texas and Virginia where the men went 3-4, but the experience compared to last year was much different.

"Last year was much more of an experience for us, going to the Dominican Republic. This year is much more about being focused and working hard," senior catcher Macyn Clifford said.

He also said the team gets a chance to see what they need to work on but that is not

the only thing the trips have to offer.

"We are cooped up in the gym all winter and it's always good to get real game experience. Playing against teams down south is also a step higher as well because they get to play more games before us," Greenlese said.

Going down south allows the men to show off their individual talent as they compete for a position on the team.

"Our pitchers were pretty consistent with throwing strikes and the hitters had quality at bats, going deep in the count and getting on base," Greenlese said.

Last year some key players graduated, including Cameron Curler, Ryan Zielinski, Matt Pause and Patrick Riley, and Shipley said the legacy they left behind will be tough to match or beat.

"You would like to coach guys like that forever, but it is now time for someone else to make and leave their mark on



COURTESY PHOTO

**Senior Macyn Clifford takes a hard cut.**

the program," he said. Shipley said this year's team is very young but that doesn't matter as much as "college readiness and performance."

He said this year the men are anticipating a championship in their future and are ready to compete.



PHOTO CONTRIBUTED BY BEN STOCKWELL

Lady Spartans line up for the national anthem before their playoff game in Brunswick Maine on March 8.

# A historic season comes to an unfortunate end



CAMERON MAUER/CASTLETON SPARTAN

**Spartans huddle before tipoff against Tufts.**

By Andrew Cremins  
*Castleton Spartan*

The Castleton State College Women's basketball team closed the final chapter of what was a historical season.

Tufts University welcomed the Spartans in the second round of the NCAA tournament after coming off two key comeback wins in a "win or go home" type of fashion.

Castleton started off their last contest of the Sweet 16 tournament a bit slow and powered back too late in their 55-35 season ending loss to Tufts. However, the end result didn't define how the season played out.

"It's been an unbelievable ride," said Head Coach Tim Barrett. "I couldn't be happier for our players and six

seniors."

It's tough for any team to take away a lot of positive after a convincing loss, but Barrett was able to find the silver lining.

"I think it's all positive, especially getting to a point where this program has never been," Barrett said.

Alyssa Leonard who was named Player of the Year by the conference and was honored by D3.com and New England Women's Basketball Association was full of positivity five days after the loss to Tufts.

"I could not have imagined a better senior year season," said Leonard. "Walking away from Castleton I couldn't really ask for anymore."

Leonard praised the coaches, the parents, the college, the community and the fans for such great support throughout

her four years playing.

She also said the Tufts head coach commented on how impressive Castleton's fan base was.

As the Spartans look forward, their future looks promising as they will be returning starting point guard Jade Desroches who was pivotal in the team's first NCAA win.

The game marked the first NCAA win for any sport in Castleton history. Desroches finished with 32-points – half of the team's total.

Another key player, junior forward Meghan O'Sullivan, will hold down the paint next year for the Spartans. O'Sullivan averaged 11.2 points per game and snagged 3.7 rebounds per game.

Unfortunately, graduation will claim NAC Defensive Player of the Year Liz Douglass. Douglass averaged 6.7

points per game, 5.1 rebounds a game and 2.0 steals per game.

The Spartans will try to replicate and even exceed this season next year, but they understand it will be no easy task.

"I think it will be hard, but with the players returning with experience from the big games we played this year it will help a lot," Desroches said.

She said anyone can lead the way for the team next year, but as for herself and O'Sullivan, who will both be seniors, she recognizes they must step up.

"Next year we need to start off where we ended this year," Desroches said.



EMMA RUDNICK/CASTLETON SPARTAN

**Zach Devoid takes a shot against conference opponent Thomas College at a March 24 contest.**

# Men's lax sends statement to NAC

By Ruby Bushey  
*Castleton Spartan*

Cold weather and snowy conditions brought about a slow start to the season, but when the time came the men's lacrosse team was ready and eager to play. Castleton faced Thomas College on March 23.

The Spartans shut the Terriers down with a score of 16-3 on what was a cold but beautiful sunny day.

Zach Davidson had two goals and a season-high five assists to lead the Spartan scorers. Alex Green and Taylor Swarter each had three goals and two as-

sists. Will Stuhler, Alex Denny, Michael Ruggiero, and Sean Paradis also contributed two goals apiece.

Head Coach Bo McDougall is psyched about the roster this year.

"With the exception of two goalies, 33 out of 35 players saw time in the game today. It's nice to finally have a full roster. This is what we have been working towards," he said.

McDougall is confident in the team's abilities and has a lot of talent to work with.

"We lost to good teams," said McDougall. "Now that we have a full roster there is more competition at practice."

Swarter knows as the season pro-

gresses the men will really show what they're made of.

"It was a slow start to the season, but we are in conference play now. Things will pick up," he said.

The game ended short due to a serious head injury for the Terriers. With 3:10 left in the game, a player from Thomas took a shot to the head. Stretchers were used as a precautionary measure.

The Spartans now advance 2-3 overall and 1-0 in conference play.

Castleton will continue their season against Lyndon on March 25 at 7p.m. in a home contest.

# Ladies notch first win

By Andrew Cremins  
*Castleton Spartan*

Light from the sky beat down and reflected off of the green surface of Spartan Stadium Sunday afternoon during a women's lacrosse game.

The Spartans took on the Southern Maine Huskies in a game they won 10-9.

Fans were heckling from the stands, aiming all their complaints at the refs in disagreement with nearly every call made against Castleton.

Voicing his opinion the most was a young man dressed in a black zip-up sweatshirt, blue jeans and stingy old looking Boston Bruins hat.

The Spartans opened up the game with control in the offensive zone for the first two minutes through a series of passes and shots setting the tempo early.

However, the Huskies broke the ice first, finding twine on their first shot of the game at the 27:00 mark.

Castleton responded just two minutes later when senior JenniLee Mark weaved through two defenders putting the ball behind the goalkeeper.

Neither team could seem to pull away from the other, matching one goal to the other almost every time after scoring.

The first half ended with the Spartans ahead 6-4 despite being outshot 15-10.

Castleton's goalkeeper

Rachel Bombardier was phenomenal, making big saves at key moments for the Spartans. She finished with 18 saves on 26 shots, but the saves came at opportune moments.

Offensively in the second half the Spartans were stunned, unable to score for 21 minutes. The Huskies on the other hand scored three straight goals to take the lead 7-6.

Brianna Mackay topshelved one passed Southern Maine's goalkeeper to make it 7-7 ending the scoring drought.

Two more Spartan goals gave them the lead again 9-7, but Southern Maine wouldn't sit down.

With 3:56 remaining Southern Maine's Sarah Pelligrinella scored cutting it to 9-8. The Spartans were then able to maintain possession killing most of the time left.

For insurance, Castleton's Kate Auer scored her fourth goal of the game with 0:06 left. The Spartans went on to getting their first win of the season.

Getting the first win is always a sigh of relief for any team and was certainly important for the Spartans today.

"Feels great considering we had three tough losses," Mark said. "Going forward it's a step in the right direction for us."



# Volpone eager to take over football program



PHOTO CONTRIBUTED BY ISAAC DEVOID  
**President Wolk welcomes new Head Football Coach Tony Volpone at a March 14 press conference.**

**By Isaac Devoid**  
*Spartan Contributor*

Tony Volpone was introduced as the third head foot-

ball in Castleton history and now takes over the reins of a program that has a bit of a dark cloud over it.

But Volpone stressed that as far as he's concerned, it's

all about the future.

"We are putting no focus on the past, we are simply moving forward," he said.

The football team finished last season with a 1-9 record. Despite the many losses Volpone is confident that he can steer the struggling Spartan squad in the right direction.

"Pressure is something you get when you don't know what you're doing, I've been thinking about this moment for many years now," he said.

Volpone is not alone in thinking the Spartan can again succeed, and soon.

Linebacker Nick Romeo feels the Spartans can have great success with the addition of Volpone.

"I like his philosophy for offense and defense. It doesn't mention anything about winning or losing. It is a formula that mentions the aspects it takes to win," he said.

Volpone is very certain that his mission statement will help in taking the Spartans in the right direction.

"Our goal is to develop the most united, disciplined, physical, fundamentally sound football family that understands the importance of academics and becomes integrated within the community; demonstrated through unmatched focus and work ethics while establishing life long memories and friendships. That is what we are going to stand for here at Castleton," he said.

According to Volpone this mission statement will be the focal point of the program.

"I expect to be able to stop a player in practice, the dining hall, or on the way to class and have them recite our mission statement," he said

Volpone has also stressed the importance of character within the team.

"When you can think outside yourself, and impact someone else's life, that's when you know you have something special. That's when you know you have a program."

Prior to Castleton, Volpone has served positions at Nichols College, Bridgewater College, Becker College, Norwich University, and Endicott College. At Endicott, Volpone played a vital role in transforming Endicott from a three win team to a New England Football Conference Powerhouse. Volpone served as the offensive coordinator, quarterback coach, and recruiting coordinator. Under his control the Gulls had the number one passing offense in the NEFC totaling 2788 yards, and 27 touchdown passes.

While at Endicott, Volpone instilled the trait of character within his players by participating in many charity events.

One of these events was reaching out to the member of the community with cerebral palsy. The Endicott team took him in and treated him as if he were another teammate. The team even held a press conference and signed him with a mock letter of intent.

Dean of Administration, Scott Dikeman feels strongly that the Castleton community made the right decision by choosing Volpone.

"We ended up with what we feel is not only an outstanding football coach but also a better person," Dikeman said.

President Dave Wolk spent seven-hours in the car with Volpone driving from Boston to Castleton. After the drive Wolk only had positive things to say.

"It made me realize that the unanimous choice of the committee was the right choice for the job," Wolk said.

## Sports talk with Eric Dowd

It is officially springtime! Wait. So you're telling me it's spring despite the fact that we have snow on the ground still, single digit temperatures, and more snow on the way?

Yup. It is lovely old springtime alright. Let's just hope this snow melts soon and fast so the baseball and softball teams have a chance to play on their home fields before May.

Winter sports have officially ended. Castleton's woman's basketball team lost to Tufts 55-35 in the Sweet 16 round of the NCAA Tournament. Tufts was a very strong opponent and anytime that the Spartans were in a groove, it seemed like Tufts just came right back and shut down their run quick.

I was fortunate enough to ride the bus and see the game in person, it showed the sense of Spartan Pride that we have on this campus. All in all I would say there was 50-60 people in the section I was in and even more people in the bleachers below us. Oh, and Tufts ended up in the final four this year.

Spring sports are trying their best to get off and running, but it is getting tough due to weather conditions lately.

The baseball team is 3-4 in this young season, playing three games in Texas and four games in Virginia.

The big thing for them is getting to actually play games. They were scheduled to go to play Coast Guard in Connecticut this previous Sunday, but that game was postponed. They are supposed to have a game next week against Skidmore and Husson, but it is looking tough for them to have a home game anytime soon.

Softball has also been patiently waiting to play as they are sitting at 0-2 and haven't played since March 6. They have home games coming up and are supposed to play at Middlebury, who has had the same problem with this "snow stuff."

The madness has officially ensued into March with the men's basketball tournament opening up this past week. There were some major upsets in the round of 64 matchups. Number 14 seed Mercer upended Number 3 seed Duke, which made me jump out of my seat and scream a little bit because I am a North Carolina Fan. Also three 12-seeded teams advanced to round 32. The best news is that I picked those three teams for my bracket.

But the worst thing is I picked Ohio State in the Sweet 16 and they were out on the first day after losing to fellow Ohio team Dayton in overtime. And as far as the Quicken Loans Billion Dollar Bracket Challenge goes, there are no perfect brackets remaining after the first round of play.

ting machine doesn't offer.

In talking about success, Sylvester mentioned a concept Chapdelaine had introduced to the team about coming out of the gym. It revolved around the teams' pre-season preparation, which mainly takes place inside the gymnasium because weather doesn't allow them to be outside.

"The team that best comes out of the gym will be the best," said Sylvester.



PHOTO CONTRIBUTED BY LIAM MCKINLEY  
**Rochester standout guard and valadicotrian Pavin Parrish has committed to play basketball for the Spartans.**

# Spartans land major recruit

**By Jorah McKinley**  
*Castleton Spartan*

Three weeks ago the Vermont scoring record for high school basketball stood at 2,477 points, but in the last twenty seconds of a semi-final game, that record, which stood for 31 years, was broken by Rochester High School senior Pavin Parrish.

Come next fall Parrish will trade in his navy blue high school uniform for #343 green and continue his basketball career as a Castleton Spartan.

Parrish announced Feb. 20 on twitter that he had made his decision. He was also accepted to Keene State, Colby Sawyer, and Norwich, but Castleton was the perfect fit.

"The basketball program is up and coming, and I want

to be a part of that while continuing to represent Vermont," Parrish said.

Staying close to home was also an important factor. Parrish wanted his family and friends who have supported him over the years to still be able to come watch him play.

Surpassing the 1,000-point mark as a sophomore, Parrish led his team to it's first championship in 20 years his junior year. He finished his high school career with 2,479 points, dropping 45 in his record breaking game. In addition, he was named the 2014 Vermont Basketball Coaches Association player of the year.

On March 21, Parrish was also named the Gatorade Vermont Boy's Basketball Player of the Year, an award that recognizes academic achieve-

ment and community service as well as athletic prowess.

"Parrish has maintained an A average in the classroom. President of his senior class, he has volunteered locally on behalf of community clean-up initiatives and youth basketball programs," the Gatorade press release said.

Parrish is eager to make the transition to college ball, knowing he'll have to up his game.

"The speed of the game is going to be a lot different coming from a small division four school...Transitioning into a new program is going to be a process and obviously different," Parrish said. "I need to keep improving my game, and I know I will."

Not only is Parrish number one on the court, he is also

number one in his class and is in line to graduate as valedictorian. This will earn him free tuition at Castleton, or any other Vermont state school.

"I'm not sure what major I want to go into yet, but I'm leaning toward exercise science," Parrish said. "I know it's going to be difficult," he said of the transition to college academics. "It's going to be a learning process. I just hope I figure it out quickly!" he said.

Spartan point guard and graduating senior, Tyler Ackley said he wasn't there the day Parrish visited to play pick up with the team, but he heard he was "solid."

"He's much better than me!" Ackley joked, when asked if Parrish would be replacing him.

Sophomore forward Chad Copeland, another Vermont native, has played on a team with Parrish in the past.

"I think having a kid like Pavin in the program is good because it shows upcoming in state kids with potential to play at the college level how important it is to stay close to home and represent your state," Copeland said.

Copeland said he is excited to see what next season will bring for the team with the incoming freshman and returners.

"Pavin and I have been good friends for years, and I don't think there is any other place I'd rather see him play," Copeland said.

# Ski teams finish season strong at Nationals

**By Andrew Muse**  
*Castleton Spartan*

The Castleton men's and women's ski teams both finished their seasons with impressive performances at the USCSA National Championships in Lake Placid at Whiteface Mountain.

The men's team posted a third place finish and the women took fifth.

"We worked hard all season and preseason with AI, we trained every day," said junior Ben Hannah. "We were focused coming into nationals and finished great as a team."

The men's squad finished with a combined time of 308.26 only trailing the winner Rocky Mountain College (292.82) and Sierra Nevada College (292.94). Castleton

beat Babson College and Clarkson University who finished fourth and fifth respectively. It was Castleton's best finish at the National Championships in team history.

Freshman Matt Couture finished in 13th place overall in slalom giving him All-American status; he improved his first run time by five seconds to get it down to 1:40.03, good enough to place. He also took 12th in the combined with 103.85 points.

Hannah also garnered All-American status in the combines coming in 13th place with 104.32 points; he also took 16th place in slalom.

"We may not have had the best regular season overall," said Hannah. "When it comes down to it though, we can ski with anyone."

The men's team finished their regular season with one

first place finish at Whiteface Mountain, and three-second-place finishes—two at Bromley Mountain and one at Crotched Mountain.

The women also had their best finish in team history taking fifth place in the giant slalom and sixth place in the slalom—their combined score was good enough for fifth place.

Blaire Hooper took 16th overall in the combined event with a total of 148.72 points. Lisa Davis and Ali Spencer went 21st and 22nd respectively with Davis scoring 183.90 and Spencer scoring 193.23.

In the slalom Hooper took 19th place with a time of 1:47.77, Simona Croccolo finished in 1:50.51 good enough for 27th place. Davis took 29th with a time of 1:51.28 and Spencer was clocked at



PHOTO CONTRIBUTED BY CHRIS EDER  
**Men's and women's ski team pose at the USCSA National Championships in Lake Placid.**

1:53.28 earning 32nd place.

The women's team also succeeded in the classroom having five different skiers earning academic All-American status. Croccolo, Spen-

cer, Hooper, Erin Luce and Kelsey O'Rourke all earned that honor.

The women finished with five 2nd place finishes on the season.

# Softball team hopes for big season with a lot of young talent to work with

**By Andrew Cremins**  
*Castleton Spartan*

Castleton State College women's softball team is feeling very confident as they look ahead to their season.

Head Coach Chris Chapdelaine has high hopes for his team to remain at the top of the standings and is also looking for development and consistency among his very young team as the season progresses.

The team has only one senior, Tori Fearon, and nearly half the team is made up of freshmen.

Chapdelaine talked about the significance of a young team. He said there isn't as much of a pressure factor that a team with many seniors or upperclassmen might create.

"Being young is always a positive to me, you get to watch them grow," Chapdelaine said.

Despite losing star pitcher, Taylor Lively, from last year's team, Chapdelaine isn't too worried about success on the mound.

"Not concerned about it at all. They're all different in their own ways and complement each," Chadelaine said.

Kayla Wood who was a former Brattleboro standout, feels good moving from high school into college.

"Since working with the team in the fall, it's been an

easy transition," Wood said.

She said it wasn't very different playing in college than it was in high school, but said the real difference was strategy from coach-to-coach.

Even though Wood is young, she holds high standards—saying she "definitely" thinks its possible to win a championship.

Junior Stephanie Sylvester is confident in how the team will perform this year.

"I know we'll be good,"

Sylvester said emphatically.

However, an area of concern she mentioned was the mental toughness of her youthful team. Sylvester said the biggest problem she sees occurring is freshmen "staying in it" mentally.

Sylvester said Chapdelaine has changed the way they practice, bringing a more realistic look. She says he has them do more scrimmages to ready them for the kinds of pitches they will see that a hit-



# Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday April 23, 2011

CastletonSpartan.com

Castleton, Vermont

## Author Gov. Dean speaks to power of this generation shows strength in the struggle

By Jorah McKinley  
*Castleton Spartan*

"A fistful of my hair jerks me back. There's a slabby male figure leaning over me, pants bunched around his hips. I screech into the blackness..."

The audience in Castleton's 1787 room seemed not to blink or breathe as Laura Gray-Rosendale read from the opening chapter of her memoir, *College Girl*.

The author and professor of English was the victim of a brutal sexual assault when she was a student at Syracuse University.

"He nearly killed me," she said. "In some ways he did kill part of me, the college girl." But her attacker couldn't silence her voice.

In her book, *College Girl*, Gray-Rosendale tells the story of her fight to recover, her highs and lows and her search for justice and peace.

"I found that I had to tell, to break the silence surrounding sexual assault," Gray-Rosendale said during her presentation to Castleton students, staff and faculty on March 4.

Gray-Rosendale spent the day on campus speaking with students, staff and faculty, visiting classes and taking part in a memoir workshop that Melinda Mills, director of Castleton's women and gender studies program, called "moving and transformative."

Mills organized Gray-Rosendale's visit as the conclusion to women's history month, which Mills says was "an ongoing effort to draw attention to issues of gender violence and social justice."

"Her testimony, her writing, can be understood as a way to heal from trauma. Telling such a traumatic story can trigger others (readers who are survivors of sexual violence), but ideally it also reminds survivors that there are other survivors out there," said Mills.

One student who attended Gray Rosendale's presentation is a survivor and is now a member of PAC (Peer Advocates for CHANGE) at Castleton. "I have a huge interest in women's rights," she said. Her experience here at Castleton and as a member of



CHRISTOPHER WILLIAMS/CASTLETON SPARTAN

**Former Gov. Howard Dean speaks to Soundings students on March 31.**

By Stacy Sullivan  
*Castleton Spartan*

When former Vermont Gov. Howard Dean and his classmate wanted to halt the Vietnam War, they waived picket signs and marched. When college students of today want to make change, they head to their computer.

Dean spoke to a packed Casella Theater at Castleton College March 31 about how the Internet has created a more global generation and changed how people can interact and mobilize to right wrongs.

Dean was Vermont's longest serving governor at 12 years from 1991 to 2003. He also ran for president in 2004 before conceding the ticket to John Kerry.

Dean addressed the crowd about how fast moving and motivated this generation is compared to his, with the help of social media and Internet.

"When we wanted to get something done like stop the Vietnam War, we picketed and marched for month upon month, year upon year," he said.

Dean explained how an

online group halted the Stop Online Piracy Act, which was backed by big business interests, with the power of the Internet. Throughout the speech he stressed how fast our generation can react because of the communication outlets.

He said he believes soon enough college students will band together online to fight student debt.

"The power this generation has far exceeds anything like the power my generation had," Dean said.

Another example the former governor brushed upon

## Rocks let light shine through

By Christoper Williams and Colin Proctor  
*Spartan Contributors*

The geology department at Castleton State College is one of the smaller programs in the school, and because of how most people feel about rocks, it isn't hard to imagine why.

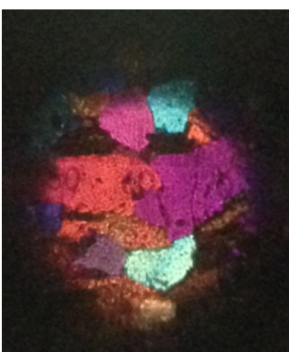
But to Tim Marshall, a geology student at Castleton, what many people think of as just a rock is a tiny vault of information waiting to be released in a prism of colors.

In a project led by professor Tim Grover, Marshall and other students of the geology department are conducting a study using rock samples from the nearby Adirondack Mountains in the Shelving Rock Quadrangle in the town of Fort Ann.

"I really enjoyed hiking the 'dacks with Tim this summer. It really allowed us to apply our knowledge in the field," said Alex Clodgo, a fellow geology student and Marshall's assistant this past summer.

Marshall and Clodgo collected the samples during a summer work study to help create a geologic map of the area to aid further research about how the foundations of our area were created.

Using a diamond and corundum tipped saw, the researchers cut these rock samples into incredibly thin sections averaging about 35 micrometers thick – or about



the width of a human hair.

With this vault cracked open, Marshall can now use an electric microprobe to force light through the rock.

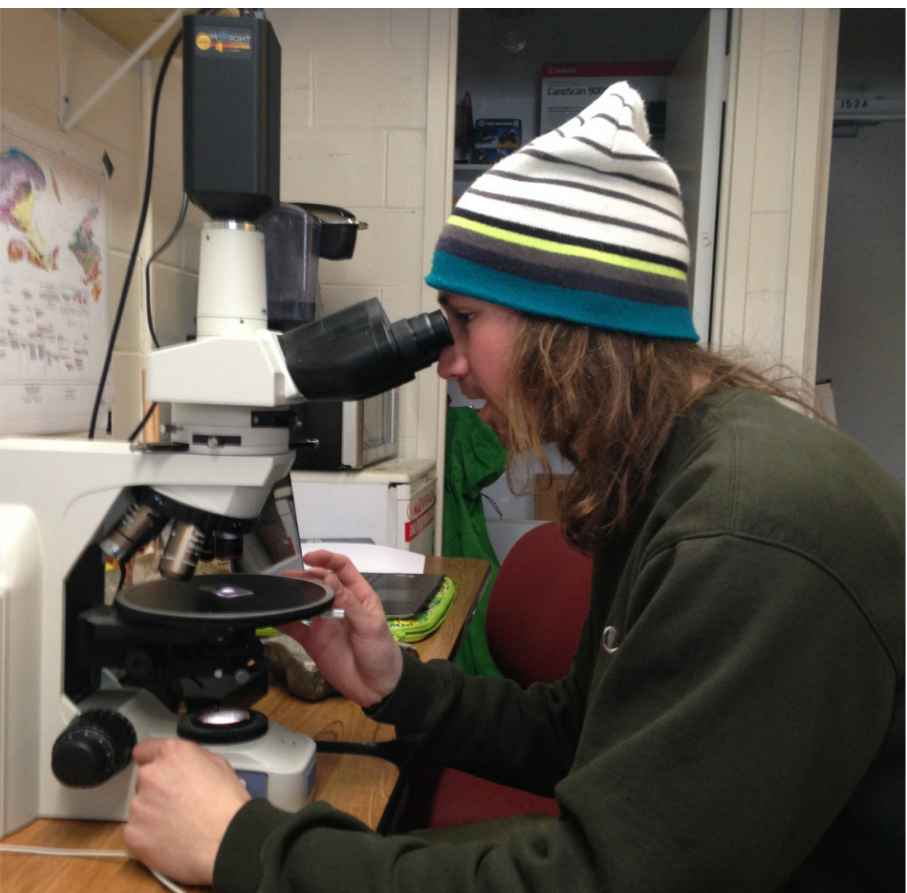
Using different wavelengths of light and measuring the refraction within the rock can tell Marshall about the mineral composition of it and the properties of those minerals. It also releases a kaleidoscope of different colors.

"Looking at it on a small scale can give you hints at the larger scale," said Marshall.

This technique can also hint at the temperature and pressure conditions of where the rock was formed or "metamorphosed."

"The rock samples are analyzed ... to determine the mineral composition and to date the rock at the time of metamorphism and deformation," Grover said in an interview before break.

With that information, researchers like Grover can make better hypotheses about the composition of the layers



CHRISTOPHER WILLIAMS/CASTLETON SPARTAN

**Geology student, Tim Marshall, above, shines light through rocks to observe the kaleidoscope colors through a microscope. Results of the experiment can be seen top left.**

of bedrock within the quadrant.

This allows people to understand how the Adirondacks were formed by different planes of minerals interacting with one another to form

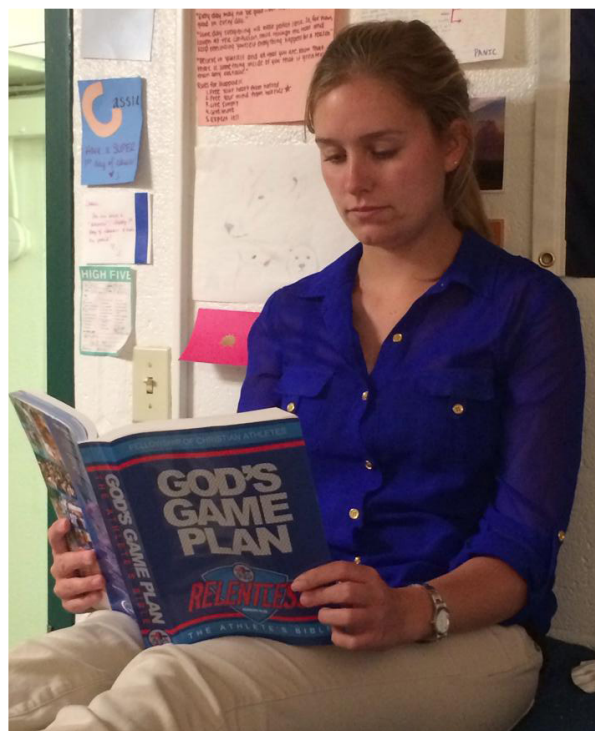
the landscape we see today because every rock is a small piece of geologic record, Grover said.

Marshall and Grover will be back in the Adirondacks this summer working with fel-

low geology majors on this continuous project.

"I am radiating stoke about interning again this summer," Marshall said.

## Keeping the faith brings Castleton students together



EMMY HESCOCK/SPARTAN CONTRIBUTOR

**Cassie Pinaire reads "God's Game Plan," the fellowship for Christian Athletes hand book.**

By Emmy Hescock  
*Spartan Contributor*

Reading the *Bible* and praying is what a smiling Taylor Greenway said keeps her close to God and strong in her faith.

Greenway says being a Christian and a nursing student on Castleton's campus isn't always easy. She said it's all about balancing everything and making sure she's spending enough time with God, because being a Christian is all about your relationship with God.

"When I was younger, my family didn't really go to church, and when I got to Castleton I started going to church and joined the Intervarsity Club, and it all helped me build my faith and helped with getting through hard times with family issues," she said.

Senior Elise Mellor, vice president of the Intervarsity Club at Castleton, says she thought about transferring

her freshman year to a Christian college, but had a friend convince her that she was at Castleton for a reason. Mellor says it has made her stronger being on a non-Christian campus, having to resist temptation and staying true to God.

Mellor said she was recently in charge of the Day of Prayer, which took place April 2. She said the group formerly met in a room in the library and took shifts praying, but because of conflicts this year they changed it and had different people sign up for a slot throughout the day to pray. The turnout was about average this year, but she said that might be because it was a little short-noticed.

Shelly Audette, a junior and president of Fellowship of Christian Athletes Club on campus, walks to the St. John The Baptist Parish on Main Street every Saturday night or Sunday morning. She says sometimes people see her walking there, but no one says

anything. Audette says before ski races, she makes the sign of the cross, and she noticed that other teammates do it, which surprised her.

Audette helped start the Fellowship of Christian Athletes Club with her cross-country coach Melissa Crossman. Crossman is the state representative for the club. She got involved while she was a college athlete, after getting inspired by listening to alumni Dan Britton speak at the University of Delaware. Britton is the Fellowship of Christian Athletes' executive vice president of International Ministry and Training at the National Support Center in Kansas City.

"The only negative thing that I have heard, and this was in the past on campus about Christians, was that the Intervarsity Club' was not the cool club to belong to,'" Crossman said.

Crossman also says she thinks it's tough to be a Christian in Vermont, especially

to be a young Christian in the Castleton area. For one, she said there aren't a lot of churches around in the area. She thinks that the population of Christians on the campus is growing and the clubs are small, but starting to flourish.

Cassie Pinaire, a junior from Arizona, is also part of the Fellowship of Christian Athletes, and said the variety of churches is huge there. Coming here, she felt like it was very Catholic based. Pinaire joined the Intervarsity Club when she first came to Castleton, and now has joined the Fellowship of Christian Athletes as well.

"It's really nice being an athlete here and being able to relate the *Bible* and famous athletes, with fellow athletes on campus," she said.

In the book *Sticky Faith* by Dr. Kara E. Powell and Dr. Chap Clark, their research shows that about 40 to 50 per-

*Continued on page 6*



# High school senior is ready for life at CSC



To all high school seniors out there: it's almost over. This stage of our life is ending, and another is beginning. It's finally starting to sink in for me. At the start of this year I felt indifferent, like it was just another normal school year.

I was convinced that nothing was going to change. But then application deadlines rolled around, and then the game of waiting for acceptance letters, and then came the part that really made it all seem real: the choice of where to go to college.

I'll admit it was stressful, and I'll admit that literally listing the pros and cons of every school was tedious, and made me very anxious. But for me, it came like an idea. I didn't just sit down, look at my options and make a decision. I just, sort of - knew.

To be honest, it came to me while scanning groceries at my part-time job at Hannaford Supermarket. I don't know how I made the decision, I just did.

I am officially going to Castleton State College in the fall, majoring in communication and Spanish, and I couldn't be more pleased with my decision. It was right for me educationally and financially.

My senior year has been, hands down, the best year of high school. I feel as though I have learned more in this one year than I have learned in all 11 other years combined. But

more than just academically, I have learned so much about life and am so much more mature after this year.

There are so many distractions and a lot of excitement during senior year, and I have learned to ignore those distractions and stop procrastinating. I've learned that the people I'm surrounded by in high school are not who I'm going to be with for the rest of my life, which made it easier to focus on myself and my goals. I've learned how to handle myself in difficult social situations. I know I have learned from textbooks or standardized tests, but I've learned from experiencing things and making mistakes too. I'm ready for college and I am ready for my life to begin.

Twelve years I have been in school. And in twelve years it is all I have ever done. It's what I'm used to and what I'm comfortable with. But there is so much more I want and I am finally ready to take it.

To all of the seniors at Castleton, I congratulate you on your achievements and wish you the best of luck. To the juniors at Castleton, well, you're almost there. To the sophomores at Castleton, take advantage of the next two years and solidify what you want.

To the freshmen at Castleton, you've made it through your first year, just think, only three more to go. And to the people like me, who are just starting out, I say, let's make these the best four years of our lives. Let's make friendships that last forever, and learn as much as we can. College is something I know I'll never forget, and I'm glad that I chose Castleton as the place to make those memories.

-Carly Tombley

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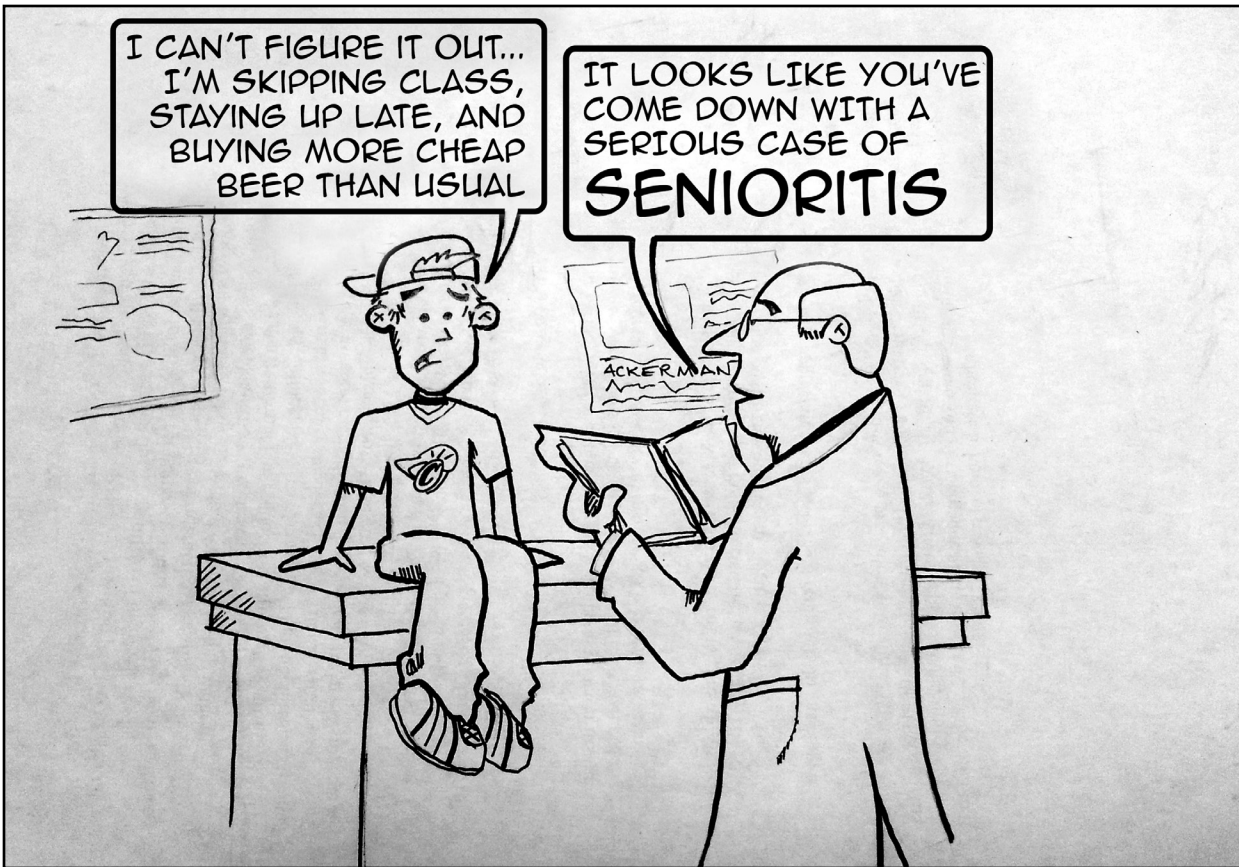
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*\*The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.*



# Similar walk leads to retirement reflection



PHOTO CONTRIBUTED

**Roy Vestrich and his wife, Dawn, pose on the riverwalk in Shanghai, China.**

It was the last day of March. Dull gray snow still framed the college walkways, and a cold wind cut through my sweater as I walked from Stafford Academic Center back to my office in Leavenworth. As usual, I had hurried over to class a few hours earlier without bothering to wear a jacket. I regretted that oversight.

I had spent part of the previous four hours talking with students about time travel, dystopian futures and the tensions between humans and technology as explored in the "Terminator" film franchise. "I'll be back," bounced about in my head in the requisite thick Austrian accent as questions of time and place, and thoughts of the future and change absorbed me.

How many times had I made this same walk? A thousand times or more? How many times had I talked about themes and issues raised in films? Countless? How many students had sat in my films classes over the last 25 years? Two-thousand or more? And

how many students had been changed in some small way by that class experience? Who can say?

In recent years, the broader education communities have focused much time and energy on assessing student-learning outcomes. And perhaps there are useful ways to measure this. But when it comes down to brass tacks, as a teacher, the best outcome I can hope for is that some small thing I do or say, some insight I share, or some task I assign might increase a student's understanding and appreciation of the world in which he or she dwells.

In time, if that appreciation can help students to see things differently, or develop new skills, or forge a new path, or even just to see the connections between their world-views and those of others, I consider that real success.

Like many of my colleagues, I cherish those students who take something truly meaningful or practical away from our classes and have the kindness to tell us

in India, I'm leaning more towards that because it is a factual philosophy based on real historical people," Larabee said. "I believe you can believe in what makes you happiest and the most comfortable."

According to religions. pewforum.org, nearly one in five men claim that they have no religious affiliation, compared with roughly 13% of women.

Religion may seem like it's fading as generations get older, but there are still those who have a strong relationship with God.

Jeff Blanchette, a junior, considers himself to still be religious. He says that religion can offer hope in times of trouble, wisdom for difficult times, and a set of values for people to follow.

"Unfortunately, there are people in this world who use

or thank us at some point, sooner or later, in their lives. Such comments help us to keep on going and believing in the value of our professional lives.

And when a former Intro to Film Studies student, already 10 or more years out of school, recognized me out of the blue in a Burlington shopping mall and came up to discuss a film he just viewed, I could not help but feel a real sense of accomplishment. More than a decade later and something still resonated; now that's a measurement worth taking.

Too often I hear myself and my colleagues waxing nostalgic about students we had in the past. We go on about how motivated and eager to learn those students were in comparison to those in our classes now. We sigh about how students of today seem more concerned with the tweets and texts blinking on their phones than the conversations and activities taking place in the classroom. And there may be some truth in the observation that this generation appears more distracted than engaged on the surface, but I cannot help wondering if there is something more to it than that. Are these surface distractions merely a new form of doodling? Are they windows into the kinds of skills this generation will need for future success?

There can be no doubt that the world we now inhabit is increasingly dependent on technology, and it is likely that certain technologies are reshaping what qualifies as knowledge. When I look at students using smartphones to find answers to questions, I can only reflect on how much the handheld calculator changed practices and skills required or expected in math courses. And I wonder how we, as teachers, can find ways to understand and incorporate these technological changes into our courses so that they can enhance rather than diminish the learning experience.

I do not believe the dark dystopian world of so many science fiction films, where humanity is undone or at war with its own technological inventions is inevitable. But

I do believe we will need to find the right balance between these powerful and potentially addictive devices and our abilities to focus on the "here and now" and the meaningful moments in our lives.

So as I made my way to Leavenworth on that cold March night, I reflected on my years at Castleton: on all the changes I have witnessed, on the new and not so new faces of buildings and people, and on the changing landscapes and pathways we travel both physically and technologically.

Most of all, I thought of the challenges we have faced and continue to face as a teaching and learning community. In a few weeks I will be officially a member of the "early retired," and though I plan to teach part-time in the future. I can not help but spend some time reflecting on the role, however small, I played in shaping and being shaped by how we at Castleton met those challenges.

As I reflect, I am often reminded of the ancient observation that "the only thing that is constant is change." And there is a contemporary understanding that we often fail to perceive change, as we tend to latch on to the familiar things that echo around us rather than actually perceive the discreet and distinct before us.

So that night it occurred to me that I had never actually walked that path from Stafford to Leavenworth before because the path itself had changed. The receding snow, the wind, the few faces I passed, were specific to that walk on that evening. I just needed to see things for what they were, for what they had to offer in that time and place.

And that is what I hope to take with me and what I hope I have given to my students over the years: the power to see things anew, to accept and guide change and stay engaged in the worlds they travel and help to shape, and above all to see and feel the journey, to navigate the twists and turns, to endure the pains and to behold the joys.

-Roy Vestrich

## Diverse religious beliefs are found at the Castle

religion as an excuse to harm others, and those are the people that make headlines. I would encourage people to look past these judgmental few and see all of the good that can be and has been done by people practicing religion," Blanchette said.

Though, Blanchette seems to have a strong connection with God, he said it's "perfectly okay" to not believe.

If you're not a believer, or an Atheist, then maybe you're in the middle. You want to believe and God is sometimes on your mind, but you also want to believe in science. There's nothing wrong with being confused about your beliefs.

It takes time.

Freshman Emma Blaiklock says that she wasn't raised religious nor does she believe now, but she is very accepting of everyone's beliefs.

"I went to a Quaker camp

while in high school and learned a lot about acceptance, which is how I live my life today," Blaiklock said.

However, forcing religion onto someone could be chaotic and could hurt both views in the end.

"It is most certainly not okay to antagonize those who choose not to practice religion, just as it's not okay to antagonize those who do practice," Blanchette said. "The golden rule is: do unto others what you would have them do unto you. That, in my opinion, transcends religion, and whether you believe or not, you should follow it."

-Rebecca Roe



# Green month initiatives promote sustainability

By Joshua Bassett

*Castleton Spartan*

Castleton State College's sustainability month concluded the week students went home for April break after four weeks, each with a different goal.

The month long event was a joint effort between the Green Campus Working Group and the Sustainability Club said Megan Harris, Student Co-coordinator of the Green Campus initiative.

"One of the things our school really prides itself on is our sustainability," Harris said.

The first week was pledge week, which involved getting students to be more mindful of ways they could reduce waste or resources by doing things like turning the water off while brushing their teeth. Harris said over 50 students pledged along with staff

and faculty members.

The second week was about getting students to reduce the amount of resources that they possibly waste. Tyler LaRose, Sustainability Club President and Green Campus Working Group Student Co-coordinator with Harris, wrote about the plans for the week of sustainability month in an email sent to all Castleton students, staff and faculty.

"We urge you to fully utilize Moodle and to print double-sided, and we will provide the location of double-sided printers at all non-applicable printing sites! Help us identify small and large ways we can be more sustainable," wrote LaRose in the email.

The third week was survivor week. Harris said the plan for that week was to turn down the heat on campus and take other possible measures like possibly even turning off the water on campus for one day.

The capstone of the month was "Do it in the Dark" week.

According to science professor Andrew Vermilyea, the goal is to get students and faculty to reduce their use of electricity and take more of advantage of the fact the sun is out a little more now and spring is finally arriving.

Vermilyea noted he likes to practice what he preaches and was sitting in his office in Jeffords 106 with the lights off and the shade up when the interview was taking place.

Vermilyea, who in addition to being an assistant professor of chemistry and part of the Green Campus Working Group, is also president of the Green Campus initiative and the leading force behind the last week of sustainability month.

According to Vermilyea, there are smart meters installed on nearly every building on campus, except Wood-

ruff, Jeffords and Babcock halls.

An ice cream social party was promised to the dorm that reduced its energy usage percentage the most.

Although originally there was only going to be one dorm to get the ice cream, Vermilyea said they decided to award it to two when the final numbers were so close at the end of the week.

"It got better as the week went on," Vermilyea said. "The dorms surprised me ... all had a reduction in energy."

While each dorm on campus reduced its electricity usage, two came out the clear winners.

Audet House came in first reducing its usage by 10.90 percent, finishing just ahead of Morrill Hall's 10.79 percent reduction, according to a chart supplied by Vermilyea.

Campus wide, energy usage was down by 3.7 percent over the week, according to Vermilyea, which was a

little short of the 5 or 6 percent goal.

While the numbers might not have been exactly where he would have liked them to be, he was still happy about them regardless.

"Our students seem to be motivated about this, based on the numbers," Vermilyea said.

He said one personal hope for the future is to get the mindset of sustainability entrenched in more students.

Harris also shared that same hope for a day when sustainability is even bigger here on campus and even more engrained with the school.

Regardless, Harris said she is still happy with what happened this year.

"I think given what we did, we were pretty successful. It makes me feel like we did something," she said.

## SGA finishes projects for the year

By Megan Harris

*Castleton Spartan*

The countdown continues as the end of the academic year approaches. As has been the tendency with the 2013-2014 Student Government Association, progress is inevitable.

Even as the transition from one SGA to another, marked by the recent elections, the officers and delegates of the association have remained focused and determined.

In their last three meetings, many measures have been approved, projects funded, and student groups supported.

Delegate Jake Grinbergs has headed one of those projects—that of procuring a hot tub for public and student use in the pool area.

"I really like how you just took charge and got this done," said SGA President Timothy Mackintosh.

Other delegate projects have included the ongoing fitness challenge posed by secretary Colleen Kunz and delegate Tara Dee.

"We were just talking and it seemed like a good way to promote health on campus especially with spring coming," said Kunz.

Dee and Kunz both said that up to this point, the challenge has been successful and that they've been able to give a lot of prizes to their participants.

The SGA approved \$14,000 for a new carpet in the Fine Arts Center lobby and in addition, \$2,414 towards the Women's Rugby Club for a referee and an ambulance for Scorpion Bowl.

Delegate Catie Wielgasz expressed excitement after attending the Faculty Assembly meeting where it was announced that Castleton would be welcoming new majors and concentrations.

"They are adding some really great stuff like a chemistry concentration, a new education licensure and one in behavioral analysis," said Wielgasz.

In other news:

\*Mackintosh was voted into the position of Senior Class Treasurer.

\*The annual Awards Ceremony will be held this year on May 7 in the Fine Arts Center from 4 p.m. until 6 p.m.

\*The SGA unanimously approved \$300 for the Right To Play group to buy t-shirts.

\*A project idea to bring students savings at local businesses has reached a dead end after delegate Dee said, "The project has been attempted before and there is a website. Unfortunately, it is out of date and inaccurate, so there isn't much else to do."

\*Election results will be in with the next issue of the Spartan.

\*Spring Week will culminate in a day of fun and food on May 3.

SGA meetings are held in the SGA office on the ground floor of the Campus Center on Tuesdays at 5 p.m.. Students, faculty and community members are encouraged to attend.

## Springtime at the Castle? WTF?



SARA NOVENSTERN / CASTLETON SPARTAN

Snow decided to make an unwelcomed appearance at Castleton State College on April 16.

## More men enter nursing program



KELSIE BOUDREAU / CASTLETON SPARTAN

Nursing students Bob Bryant, left, and Drazen Smith, right, listen to a lecture. The number of male nursing students is growing at Castleton State.

By Kelsie Boudreau and Ruby Bushey

*Castleton Spartan*

The once predominantly female profession of nursing is slowly seeing more and more males.

With this change, could past stigmas of male nurses finally become abolished? Although not long ago becoming a male nurse was not a popular career choice, Castleton has a growing nursing degree program and the enrollment of males is growing with it.

As a transfer student to Castleton State College from University of New England, 21-year-old second-year nursing student Drazen Smith said he could not picture himself doing anything else.

"In high school I took an EMS class which got me into fast squad and the fire department working as an EMT-B," he said. "It's because of that I decided to go into nursing."

Although Castleton's nursing bachelor's degree is still in process of being approved as an accredited program, Smith does not regret making the switch to Castleton.

When asked how he felt about the stigma of male nurses, Smith made it seem like no big deal.

"There are more males in my class than women think. It's not weird to see a guy in the nursing program," he said. "Yeah my friends joke about it, but I really don't care because it's what I want to do, help people. Beside I'll be the one laughing at them when I get my first pay check."

Rich Marantz, a non-traditional student is in the first year of the nursing program, agrees.

"It's not weird. I believe it's a non-issue with the exception sometimes of the women's gossip," he said. "I started out with Chinese healing and martial arts. Nursing is an expansion of what

I've already learned. I just want to continue helping people."

The stigma of male nurses seems to mean little to females on campus and in the nursing program, even as the number of male nurses continues to grow.

"I don't really think twice about it. I don't think anyone does anymore and if they do, they're just being really immature," said junior Allie Dwinell, a non-nursing major.

Some, like first-year nursing student Seaghan Lafaso, think the idea of male nurses is great.

"It doesn't really matter to me if there are male nurses, just as long as they are genuinely caring for the patient and giving them the highest quality of life possible. That's all that matters," Lafaso said. "I don't think people really care about it anymore, in fact I think people really admire male nurses and sometimes prefer them over women. My professor actually told me today that male nurses are usually more desirable and more likely to get hired in the work force than female nurses nowadays, which is really shocking to me."

According to Karsen Alcorn, a third-year professor at Castleton, it doesn't matter whether a nurse is male or female.

"Students are students, I am very happy to see more males in the program. Compared to even seven years ago males are now better accepted," she said.

But Alcorn admitted that the nursing world is very different than it was 10 years.

"When I was in school, there were two males, and one dropped out. Patients used to have a hard time accepting male nurses. But now it shouldn't matter, they are trained professionals, and nowadays people are actually more demanding of a male nurse," Alcorn said.

## Castleton student lands journalism job

By Joshua Bassett

*Castleton Spartan*

Bryanna Allen-Rickstad is the latest in a long line of Castleton alumni to become staff members of the local paper, *The Rutland Herald*.

Allen-Rickstad is now a full-time staff member covering education and mountain towns as well as part of Rutland Town and said has already gotten a nickname from the other staff members at the paper who refer to her as "the kid."

So far her desk is fairly clean and devoid of any real personal belongings outside of two *AP Stylebooks*, a rolodex, whiteout, a calculator, some tape and a picture of her with her younger sister. It has much less stuff on it than many of the other desks at the paper, but she was quick to add that likely will change soon.

"It's because I just started. Give it a month and it will be a disaster zone," she said.

She said she originally interviewed for a part-time reporting job working about 16 hours a week, which ended up not being the case.

"I was shocked, it wasn't a job I applied or interviewed for," Allen-Rickstad said.

She said two weeks after the interview she got an email from the paper asking her if she wanted a full-time job at the paper, not part-time. She added



Castleton alumna Bryanna Allen-Rickstad is a reporter for The Rutland Herald.

that she read the email "a bunch of times" to make sure it was saying what she thought it was.

"I was scared to accept it. I had to call my mom first," she said with a laugh. "She was the first person I had to tell."

Though she does not actually graduate until May, she finished classes in December and started at the *Herald* April 6.

The news that she was able to get a full-time job as a reporter right of col-

lege comes to no surprise to those who worked with her on *The Spartan*.

"She's an amazing reporter. When I have read her stories, she gives such amazing descriptions, it just makes you want to keep reading," said current Co-Editor Rebecca Roe.

The news also came as no surprise to one of her former editors at *The Spartan*, Martina Marchese.

"I think it's awesome and she's a great writer and it's a wonderful starting opportunity," said Marchese, who added that if anyone was going to get a job out of college as a reporter, it was her.

Dave Blow, a communication professor and advisor of *The Spartan*, was extremely happy when hearing about Allen-Rickstad getting a job and was quick to offer praise to one of his former students.

"She's a good writer, a good interviewer and a good storyteller," said Blow. "I was so psyched to hear she got that job, joining another recent grad, John Shramek."

Allen-Rickstad was equally quick to offer praise to her former professor and advisor and his classes.

"I wouldn't have been able to do it without Dave," said Allen-Rickstad. "Dave would be like 'you will use this' and it's true."

One thing Allen-Rickstad is still working on is adjusting from *The Spartan*, which was printed bi-weekly, to

*The Rutland Herald*, which is a daily newspaper.

"It's more intense than I thought it would be, but I love it," she said.

Shramek, a 2012 Castleton graduate and full-time sports writer for *The Rutland Herald*, also praised the former paper he spent a long time writing for.

"I think there's a definite learning curve," said Shramek before adding that working for *The Spartan* makes the jump easy.

Allen-Rickstad mentioned multiple times is just how happy she is to have a job in her field.

"It feels really great to be using my college education," said Allen-Rickstad. She added that when she interviews people for stories, they ask her how long she has been with the paper and when she says that she just graduated, people are blown away that she got a job in her field of study.

Rob Mitchell, Editor and Online Editor for *The Rutland Herald*, is excited to begin working with Allen-Rickstad.

He added a disclaimer first about this not being true with everyone, but said generally they look for a combination of both skill and potential.

"I look forward to working with her and developing all of the different aspects of her skill set that you need to do this job well," said Mitchell.

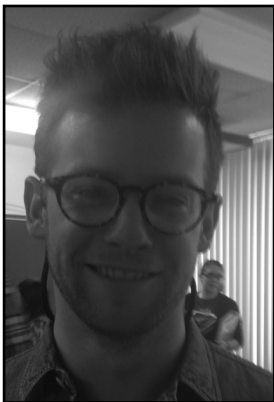


## Campus Quips

Kelsie Boudreau and Sara Miles



Question: What are your thoughts on the growing heroin problem in Vermont?



Jack DelPriore  
“It’s a shame such a devastating narcotic has a foothold in Vermont. Hopefully legal production and distribution of marijuana in Vermont will reduce this problem.”



Lloyd Potter  
“The heroin problem has been blown out of proportion by the media. It’s a fact that heroin is an issue in every state.”



Jenna Morrissey  
“Its something that needs to be taken care of because it is getting out of control. I feel the more we publicize it, the more it encourages people to partake in the problem”



Ethan Burke  
“I feel like the media should also be focusing on the rehabilitation for heroin addicts instead of just the uses.”



Andrew Alexander  
“The drug problem is probably one of the most important problems the state has to deal with. All I can say is, it’s sad but true.”

# Polar Plunge challenge goes viral

By Ryan Ackerman  
*Castleton Spartan*

You may have noticed your Facebook newsfeed recently becoming home to a new viral trend. Contrary to what you may believe, participants of the Polar Plunge are not clinically insane. The challenge consists of two parts. First, the participant nominates friends to complete the challenge via video, closing with the ultimatum, “you have 24 hours.” Next, the chosen ones jump into freezing-cold Lake Bomoseen for a few seconds. There’s nothing at stake except bragging rights and the

ability to challenge others to see if they have what it takes to endure the icy endeavor. The Polar Plunge was introduced to Castleton by students Meghan Hakey, Max Walker and Chris Belanger. Hakey, who saw videos of the new trend in New Hampshire, jokingly challenged Belanger to jump in Lake Bomoseen. Belanger made the jump, challenged Walker and Hakey in return, and the ball began rolling. Since Belanger’s introductory jump, dozens of Castleton students have followed suit. The popularity of the challenge came as a surprise to Hakey.



JAKE ST. PIERRE / SPARTAN CONTRIBUTOR

**Cassie Pinaire takes a plunge into the frigid water.**

“I expected it to be us three, being dumb and jumping into Lake Bomoseen,” she said in a phone interview. It has gone much further, spanning cliques and social groups of all types. Some participants have gotten creative with the challenge. Molly Howard, a junior at Castleton, was nominated twice. She completed the challenge last week as she jumped into the lake wearing a pair of onesie pajamas. “First two seconds, you can’t breathe – at all,” she said. “Once you do jump, the first words are either screams or swear words,” she added. Chris Kiernan, a 2012

Castleton alum, didn’t wait 24 hours after he was challenged. He gracefully belly flopped his way into the 30-degree waters of Lake Bomoseen only a few hours after he was called out. “I’ve seen a lot of people chicken out,” he said. “I didn’t want to be in that category.” According to Hakey, the shores of Lake Bomoseen have been buzzing with people completing the challenge. Whether it’s pride, fun or craziness you crave, the Polar Plunge can help you find it.



SARA NOVENSTERN / CASTLETON SPARTAN

**Ethan Burke displays his knuckle tattoos. Missy Dimock, bottom left, shows off her dream catcher ink while Mykala Sorrel unveils her wrist and back tattoos.**

# The real price of ink

By Stacy Sullivan  
*Castleton Spartan*

Tattoos are a way to express yourself, but could that expression you chose to make lead to missed job opportunities down the road? Gerri Harrison, a longtime employee of Green Mountain Power Corp., works with professionals across the state of Vermont and said students need to be aware that is a possibility. “I know that there are professional environments where obvious tattoos might be viewed as unprofessional or distracting, similar to how one dresses,” Harrison said when interviewed during last month’s career fair at Castleton State College. About 23 percent of Americans have at least one tattoo, according to a new poll done by Pew Research Center. The Center also reports that after investigating the issue, it’s easy to say stigmas are often attached to people with tattoos.

Castleton alumni and former *Spartan* editor Megan Davis agrees with the poll. “Despite my own experience telling me otherwise I do believe tattoos still has a stigma attached to them. I think if I were to ever try and get a job anywhere in corporate America, I may be denied because of them. At the very least, I would be forced to cover them up and hide them,” Davis said. Julie Giles, of Vermont Custom Tattoo and Piercing in Burlington, said the tattoo business is bustling and even more so with women these days.

“Most girls seem to get at least three tattoos once they get the first one. It’s a bit addicting,” she said. The most common places for tattoos these days are on ribs and wrists, she said. Castleton students, professors and recent graduates who have tattoos offered different opinions on what those tattoos might mean to their future in the professional world.

**“If you have a tattoo, let it be seen. It costs a lot of money and pain, it shouldn’t always be covered up.”**  
- Justin Carlstrom

Graduate Caitlin Briggs, working as a certified nursing assistant, has 12 different tattoos on her body from her legs to her neck. “I have not had any problems working as a CNA. The things that really give me a problem are my facial piercings,” Briggs said. Student Christian Procida said he isn’t worried about his body art and its impact on future employment.

“I got them in spots I can easily cover. Even if they were in spots I couldn’t cover, I think it’s ridiculous they are seen as unprofessional because of the fact it’s such a different generation,” Procida said. Castleton’s Exercise Science program coordinator professor Justin Carlstrom is yet another tattooed individual walking around campus. In 2009 Carlstrom came for an interview on a 95-degree summer day. Regardless of the heat, Carlstrom wore long sleeves to cover his tattoo sleeves so those interviewing him got to know him without making a judgment over his body art. “When it comes to a job interview, cover them up,” Carlstrom said. But Carlstrom also said it’s important to be proud of your tattoos. “If you have a tattoo let it be seen. It costs you a lot of money and pain, it shouldn’t always be covered up,” he said. Sean Collins, a business major, said he isn’t afraid to show his bicep art. “I got the mountain tattoo when I was 20, it means a lot to me,” he said. So despite the potential negativity of having tattoos, most of Castleton’s population is not afraid of what may happen with future employment. “Tattoo culture has evolved into an art form, a form of expression. I and many other people throughout the world use our bodies as a canvas, and I don’t think there’s anything wrong with that,” said Davis.



# Castleton students donate to save lives

By Stacy Sullivan  
*Castleton Spartan*

Most 22-year-old college students are focused on classes, work and where the next social gathering is located. For Eastern Connecticut State University student Jon DeCasanova, the story was much different. DeCasanova was diagnosed with the rare bone marrow dieses Aplastic Anemia, an illness where the marrow doesn’t produce enough blood cells. Two years ago, Decasanova was granted a lifesaving blood cord transplant after chemotherapy and radiation, receiving one cord from New York and one from France. “I came out of something doctors

didn’t think I would be able too,” DeCasanova said. Against the odds, he made a remarkable recovery and now encourages everyone to donate marrow. DeCasanova traveled to Vermont to talk to the men’s lacrosse team about his experience and encouraged them to donate. Castleton professor Deb Choma is an avid promoter of donating bone marrow as well and planned the 16th donation drive this past Tuesday in multiple locations around campus. “It could be anyone you know who needs the marrow, it could be anyone sitting next to you, a teammate, roommate or a family member,” Choma said. A total of 80 faculty, students and

community members all donated cheek swabs of DNA in hopes to save someone’s life down the road. Junior health science major Kalvyn Langford was among students who decided to become a donor. “Deb has a great alternative class that gets us involved in these things in and outside of Castleton,” Langford said. Colleen Newcomb, another student of Choma’s, was attracting students to the table by asking them to “marrow me” as a catchy slogan. New technologies allow for many different ways for bone marrow to be taken from the body. If chosen to become a donor, it is possible to meet the patient a year after the done.

“A year after, you get to meet the person whose blood saved your life. It’s a miracle to see the two connect,” Choma said. DeCasanova is not sure what cord was the one to save his life, but admits in the future he would like to conducts tests and meet with the family who gave him a second chance. “A lot of people are scared, but it’s so easy. You’re saving someone’s life and that feeling is much greater than a little pain,” he said.



# Karaoke Night rocks Fireside Cafe in more ways than one

**By Jack DePriore**  
*Spartan Contributor*

Laughter and conversation vibrate off the walls of Fireside Cafe giving the room its own beat, its own pulsating rhythm. It becomes difficult to tell which is filling up faster – the sign-up sheets or the café seats. It’s March 27, Karaoke Night, and Castleton students are here to have their voices heard.

Mere minutes into the event, the conversation has given way to steady clapping accompanying an energetic Tegan & Sara cover. Dani Crawford and Jess Cameron, stage names D-Craw and J-Cams, were the first duo to take the stage, and the night, by furious vocal storm.

When asked what inspired them to perform, both agreed “We’ve been practicing this routine in the shower. And we normally jam out to Tegan & Sara so we had it down. When we heard about karaoke night we had to do it.”

Cameron said Crawford introduced Tegan & Sara to her this semester.

“She made me a CD for the car and now I’m even singing it alone! Now when we sing it in the suite, I can’t help but picture Karaoke Night.”

Castleton freshman Karyn Burns won the Karaoke Night Grand Prize that night – half of the WIUV donations, \$33 – after astonishing listeners and onlookers with her melodious version of Greg Laswell’s “Girls Just Wanna Have Fun.”

Like other performers, Burns was not in it for the money.

“I didn’t really expect to win the grand prize, nor did I think about it a lot. I mostly got on stage for fun and because my friends strongly encouraged me to.”

WIUV Music Director and DJ Jaren Carpenter, came up with the idea for the event.

“I had the equipment and I had the time so we were ready to go. I didn’t expect it but it was amazing,” he said.

Even though the event was only scheduled to last until 10 p.m., students were signing up to sing their favorite tunes past 10:30.

“I did not expect it to be so popular. But we had many people who weren’t part of the station just show up and like what they saw. It was awesome,” he said.

Matthew Trombley, general manager of WIUV, says that the radio station is working on hosting another Karaoke Night before the semester comes to a close.



PHOTO CONTRIBUTED BY DANI CRAWFORD AND JESS CAMERON  
**Dani Crawford and Jess Cameron perform their duet at Karaoke Night.**

# Pop culture gets political



JORAH MCKINLEY/CASTLETON SPARTAN  
**Maggie Rodgers checks out Macklemore and Ryan Lewis on Spotify.**  
**By Jorah McKinley**  
*Castleton Spartan*

In a world where all 2 Chainz wants for his birthday is a big booty hoe, our mainstream music artists don’t always use their power for good. Their words are broadcast for the world to hear, but are they worth hearing?

Recently, more mainstream musicians are making it worth it. Artists are speaking out about current issues that matter and using their power to send a message.

One of those artists is rapper Kid Cudi. He’s

fed up with the current hip-hop culture and pleading for change.

“I think the braggadocio money cash hoers thing needs to be dead,” he said in an interview with talk show host Arsenio Hall last month. “I feel like that’s holding us back as a culture, as black people ... That doesn’t advance us in any way shape or form. It’s been like, what, four decades of the same old shit?”

Cudi says the purpose of his music is to show kids they aren’t alone and prevent kids from committing suicide. He feels as though he, and all mainstream artists, have a responsibility to puts something meaningful into the world

This isn’t the first time musicians are fighting for causes they believe in. The ’60s were filled with artists using their power to make a change.

“I grew up in an era where this is what music was all about,” said Castleton music professor Glenn Giles, citing artists like Tom Lehrer, Arlo Guthrie and Simon and Garfunkel.

Giles mentioned Guthrie’s song, “Alice’s Restaurant,” which protested the draft for the Vietnam War and “Bridge Over Troubled Waters,” by Simon and Garfunkel, which is about the generation gap.

However, once the ’70s and ’80s rolled around, we started to lose the political protest songs.

It was all about disco and dance at that time, Giles said.

“Maybe we were fat and lazy,” he said.

The issues were there, but the country was in a good place so people didn’t want to hear about problems, he said.

Since then, the industry hasn’t seen many political messages from its billboard artists – until now.

One of the most obvious examples is Macklemore and Ryan Lewis’s song “Same Love.” The song advocates for marriage equality and reached number 11 on Billboard Hot 100.

A portion of Macklemore’s lyrics read, “When everyone else is more comfortable remaining voiceless/Rather than fighting for humans that have had their rights stolen/I might not be the same, but that’s not important/No freedom ‘til we’re equal. Damn right I support it.”

“The first time I heard the song I almost started crying to be honest,” said Castleton student Maggie Rodgers. “I think that it must be really encouraging to people who still aren’t comfortable with their sexuality to hear something like that on the radio, where it’s normal. Even 10 years ago, five years ago, if something like that came out there would have been a crisis.”

Macklemore, a straight, white rapper raised Catholic in Seattle, shares Cudi’s view that the rap game needs to change, citing misogyny and homophobia as its two biggest problems.

“Those are the two acceptable means of oppression in hip-hop culture,” he said in an interview with Kurt Andersen, host of public radio program Studio360. “It’s 2012. There needs to be some accountability.”

While other rappers brag about their designer clothes and expensive cars, Macklemore and Ryan Lewis’s chart topping hit “Thrift Shop” made spending 99 cents on a secondhand t-shirt

cool.

The band FUN. is also taking a stand for equality. The three members are the creators of The Ally Coalition, an organization that raises awareness and funds in support of LGBTQ equality. The band took home the Grammy for best new artists in 2013.

Some of our most prominent artists you might least expect are even sneaking in socially aware messages. In December, MSNBC released a list of 2013’s top ten political songs. Making the cut were megastars such as Beyoncé, Lil Wayne and Kanye West, tackling the topics of feminism, the military, racism and materialism.

Socially conscious artists have always been present, but their music has typically been more underground. But these artists are chart-topping Grammy winners with sold out arena tours whose songs are being heard all over the world, but they couldn’t have done it alone. Their fans make them who they are.

So what does this all say about us college students, or our generation as a whole, that this is the music we are making popular?

“I think the fact that we are choosing to listen to this kind of music shows that our generation is maturing and realizing what’s really important. We are becoming more concerned with how media and music is affecting our peers,” said Castleton student, Mason Brown.

Rich Clark, professor of political science at Castleton, had some insight into why this music is becoming popular.

“When the public is restless and unhappy, we’re receptive to these types of messages,” he said. “There’s always the question of whether media is reflecting society or leading it.”

In this case, Clark thinks this music is reflecting society.

“Recently, polling has showed great changes in the attitudes around same sex marriage,” Clark said.

It’s not only the famous musicians who are realizing that they have a responsibility to make a change; it’s also their listeners.

“This is a very exciting time for music,” said Giles. “There might be some hope for this nation, if there continues to be a market for this music.”

Kid Cudi said it best.

“The power of music is something so special, and to be able to do it on this magnitude, where you reach millions of people ... why not use that for good? Why not tell kids something that they can connect with and use in their lives?”

# Rising costs decreases movie theater attendance

**By Catherine Twing**  
*Castleton Spartan*

With the popularity of Netflix and other media websites skyrocketing, college students are less likely to go to the theaters or purchase movies on DVD and Blu-Ray.

Netflix has over 29 million subscribers worldwide and gives users the ability to stream thousands of movies and shows instantly.

Although convenient, it often takes months even or years for a new movie or episode to be posted.

Many students find a way around this by using pirating sites such as Megashare. These sites allow Internet users to view episodes only hours after they premiere and view movies often before the film is released on DVD.

**“Nothing beats a good ole’ bag of movie theater buttered popcorn.”**  
**- Tony Sawyer**

With everything turning digital, is there even a need for movie theaters anymore?

When asked most Castleton students said that they visit a movie theater only a few times a year. They are more likely to make the trek

if it is a much awaited sequel such as “Captain America: The Winter Soldier” or “The Hunger Games: Catching Fire.”

Their reason avoiding the theaters?

“It’s too expensive,” said student Bekah Jensen.

And she isn’t wrong. Tickets for a regular, 2D movie at the Flagship Cinemas in Rutland range from \$6.50 to \$8.50. And that doesn’t include the snacks and drinks or the upcharge for a 3D film.

Regardless of the cost, going to the movies is still a special outing.

“I enjoy going to the movie theater with a group of friends,” said Tony Sawyer. “Also, I enjoy the movie theater for the popcorn. Nothing beats a good ole’ bag of movie theater buttered popcorn.”



# Music review: Haley Reinhart

**By Alexandra Johnstone**  
*Castleton Spartan*

Over spring break I traveled to North Carolina with a group of friends and during the 14-hour car ride I listened to A LOT of music.

One of the artists we listened to, continuously, was 23-year-old Haley Reinhart from season 10 of American Idol. Reinhart was just 21 when she placed third on the show. After American Idol she was signed by a couple different record labels trying to start her singing career.

Even though she was released by one label, she is still signed and continues to record.

One of the reasons I am so obsessed with this woman is

her voice.

Reinhart’s dreamy tone surprises you because it sounds like a 40-year-old woman is belting out power ballads. Singing blues, pop, jazz, funk, soul and rock, Reinhart really has a versatile voice that is joyful to listen to always.

After listening to so much of her music I was curious so of course I googled her. I learned that both her parents are musicians and she was singing and performing with her parents at the age of 8.

Now, I always wonder how the contestants don’t vomit on stage from nerves, but it seems Reinhart had a few years of practice before.

While on the show, Reinhart received multiple standing ovations from the judges including for her performances

of “House of the Rising Sun” and “Bennie and the Jets.”

Her performance of “House of the Rising Sun” is by far my favorite of her songs due to the way she twists it and sings it completely different than it has ever been sung before.

With so many artists all sounding so similar, it was refreshing to hear a unique voice among a pool.

Although she hasn’t released anything recently, I hope she continues to record and progress because I would surely love to hear more of her voice. If she continued to do covers, I certainly would not be mad about it and while I never expected to find a fantastic artist on American Idol, I’m very glad I did. Check her out!

# Movie review: Captain America

**By Catherine Twing**  
*Castleton Spartan*

As of April 13, Captain America: The Winter Soldier had taken in over \$100 million globally, setting the box office record for this month.

Surprisingly, more people are seeing it overseas than are in the United States and overall it is attracting more than just the typical Marvel mavens.

So what’s the appeal?

Well for starters, the plot is very intriguing. Steve Rogers, Captain America, must learn to live in the modern world, but when the Winter Soldier returns, the past surfaces, things only become more difficult. Captain America, with the help of Falcon, The Black Widow, and others, must defeat the Winter Soldier while also taking down a compromised S.H.I.E.L.D.

It’s exciting for those who follow the comic books, movies and television series and also for those, like myself, who are not quite so superhero savvy.

There is never a dull moment thanks to countless plot twists, jaw dropping special ef-

fects, and incredible futuristic technologies.

With a cast including Chris Evans, Scarlett Johansen, Samuel L. Jackson, and Robert Redford, you know it’s going to be a great movie.

It’s good for college students because you won’t be bored. There’s a little bit of touchy-feely emotion, but it’s not excessive and enhances the story.

Because I lack extensive Marvel knowledge, it was a bit hard for me to understand everything. But even without complete understanding, it was a very well made and exciting film to watch.

Freshman Vincent Guerrero, someone more knowledgeable in the comic book area, said that he enjoyed both Captain America movies but this one was better.

“It was awesome, I loved it,” Guerrero said.

Fellow classmate, John Barone, agreed and added that he especially liked Johansson reprising her role as The Black Widow.

Oh, and a piece of advice: stay after the first little run of credits for a hint about the next movie.



# Prom dress rugby game canceled



CONTRIBUTED BY ERIN DEVOST  
**Spartan rugby players play a match all done up.**

**By Emma Rudnick**  
*Castleton Spartan*

When you think of rugby, you picture dirt, mud, blood and bruises. Basically football without all the padding. Now picture prom. Girls spend hours upon hours getting their nails, hair and makeup done. And don't forget the dozens of dresses tried on until the perfect one was found. If you put those two things together, what do you get?

The annual prom dress rugby game.

This unusually attired rugby game is held every year at the University of Vermont, and is exclusively for Vermont state colleges. All the same rules and regulations apply as if you were playing a regular game of rugby.

The only difference is you're supposed to find the ug-

liest and weirdest prom dress you can, and wear that underneath the jersey.

"It's not everyday you see girls tackling each other for a ball in sequins and feathers," said senior Savanna Cortvriend. "It's the spectacle of irony."

Unfortunately, tradition will have to be broken this year. The 2014 prom dress game was cancelled because UVM officials weren't able to find a field to play on.

"As a new player, I had heard a lot about the prom dress game and really looked forward to it," said freshman Karsten Woods. "Hopefully I'll get that chance next year."

This'll make the anticipation for next years game that much stronger.

Those who played in the prom dress game in years past, say it absolutely hilarious to watch and play.

"It's a ton of fun to watch

and play!" said recent Castleton graduate Erin Devost.

Senior Liza Tarleton agrees. "It's funny to see everyone," said Tarleton. "Last year a few girls wore tutus and there were feathers everywhere."

Sequins, feathers, large costume jewels, balls gowns, skirts – nothing is off limits. The uglier the better, participants say. This game had become a tradition for the women's rugby team at Castleton. Tradition is a huge part of the rugby culture.

"Tradition is in every sport," said sophomore and president Devyn Potter. "If you lose tradition, you lose a sense of what rugby really is."

Unfortunately for this year's squad, the prom dress game tradition is broken.

# Christian Strong

*Continued from page 1*

cent of freshman who go off to college lose their faith time they graduate four years later. And these were kids who went to church every weekend and attended youth groups and mission trips.

Lyandon Warren, pastor of the Foundations Church in Poultney, says attending

Christian colleges makes it easier to retain faith.

"Temptation exists at Christian colleges just as well as non-Christian colleges, but you have more structure and more similar friends that are believers at a Christian college so it makes it easier," he said.

It's parents' job to help guide their children into taking the right steps to continue

their faith once they grow up, Warren said. Once teens enter into college, it's an opportunity for them to embrace their walk of faith on their own, but some fall to temptation without the structural support of having their family around, Warren said.

# Senior work on display



PHOTO BY KATIE SAULT  
**Nicole Carpenter adjusts her work at the gallery in Calvin Coolidge library**

# Student field trip a focus on diversity



**Inquiry 1 students enjoy a trip to Church Street in Burlington after visiting two city schools. The day-long trip included a focus on diversity, special education, and sustainability. Students also visited Shelburne.**

# Losing the college girl

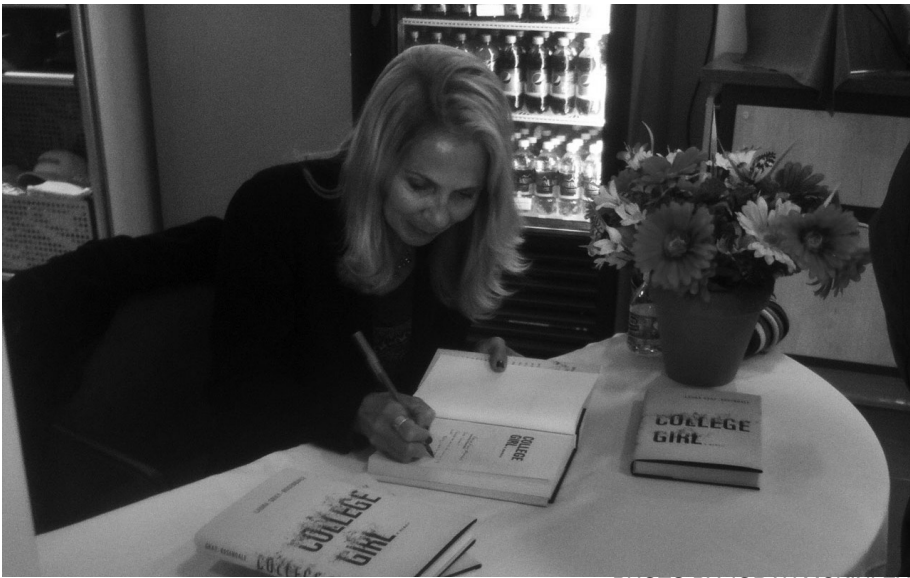


PHOTO BY JORAH MCKINLEY  
**Laura Gray-Rosendale signs her book, *College Girl*, at Castleton's College Store.**

*Continued from page 1*

PAC has helped her heal, she said.

Another student who attended, Sierra Boxberger is a criminal justice major and came to Gray-Rosendale's presentation because of her interest in victim's rights.

"Although it's a specific story

about me, I hope that they also get the sense that it's a universal story ... one that a lot of people can identify with even if they haven't been through that particular kind of trauma," Gray-Rosendale said.

Mills agrees that it is about more than just sexual assault.

"Her talk invites us to think about how we can reimagine a world where we can all live

free from violence and oppression, or anything else that imposes limitations and restrictions on us," she said.

College Girl was assigned in in several classes including Race, Ethnicity, Class, and Gender, Introduction to Women and Gender Studies, Writing Non-Fiction, and Sexuality and Intimacy.

# Q & A with 2013 graduate Elicia Mailhiot



**By Mike Davis**  
*Spartan Contributor*

Q. What have you been doing since you graduated from CSC?

A. Since graduating, my main focus has been trying to find a full-time job in the communications field, especially in journalism. I've worked at two newspapers since graduating, which has helped me gain an understanding of how a newspaper works in its entirety, from editorial to advertising. I always have my eye open for jobs that would allow me to use the skills I learned at Castleton and to not only use them, but to develop them as well.

Q. Have you been able to find a job that tie in with your major?

A. I'm still on the prowl for that full-time journalism gig. I got a call from the Rutland Herald, who I've been freelancing with regularly for the past year or so, to come in for

an interview for their education beat. I interviewed last summer to cover Castleton/West Rutland, but they decided to hire someone who had been there for 13 years and was looking for a change, so I completely respected that decision and understood where they were coming from. It's been a couple weeks and I haven't heard anything about the new position, but there's still hope! Plus, it's always good when editors are calling you asking if you want to come in for an interview. In the meantime, I took a job back in December with the town of Killington as their events and marketing assistant. I'm involved in several aspects of the special event process, from seeking lodging partnerships to day-of assistance. I also work on their website and am in charge of their social media campaigns. That job actually led me to a gig at the Killington Chamber of Commerce too, where I'm the Communications Assistant. There, I write their weekly newsletter, manage their social media campaigns, and write press releases. And I'm still at the newspaper in Middlebury writing too, so my schedule's pretty crazy lately!

Q. Why did you want to go to CSC?

A. I didn't want to go to Castleton! I remember the admissions counselor telling

me I was accepted in my on-the-spot interview and going out in the halls, sarcastically bragging how I had gotten into Castleton. I got accepted into some really good schools, like UMass Amherst and IONA, but my first choice was UVM. I applied early action and didn't get in. I thought 'what the hell?' I was an A/B student all throughout high school, participated in extra-curricular activities, and was a born and raised here. How could they not accept me? So I decided to go to Castleton.

Q. Do you think there will be room for journalism in our society in the future and what direction will it take?

A. I think there will always be room for journalism. Everyone says that print is going to go away sometime, and it probably will. But, there will always be a need for news. Whether you get it online or physically in your hands, someone has to write those stories.

Q. Tell me something interesting in your life right now?

A. Something interesting in my life...hmm. I'm going to be an aunt, which is consuming my thoughts right now because I'm just so excited. My sister is my best friend, so I'm overjoyed to welcome a new member to our duo.

Q. Where do you see yourself in the next ten years?

A. I've had a life plan for so long. I planned to find a good paying job right out of college and to be debt free in five years and move to New York City. If I've learned anything, it's that you can't plan life. You can have goals and things that you want to see happen, but things are always changing. My plan for the next 10 years is to not have a plan, but I would hope to be out of reporting by then and move into an editor role, or be running my own magazine, which is an idea I've bounced around for a couple years now.

Q. What do you miss most about Castleton?

A. I miss so much about Castleton. I didn't want to be there at first and made it known, but then I really got to know the girls I was living with and they are my best friends. One of the toughest transitions coming out of school is not seeing them everyday. Most of us live in Vermont, but there are a few in Utah and Canada, so we haven't seen each other since graduation. Everybody thinks Castleton's motto, "The small school with the big heart," is cheesy, but it's true in many ways. Ask someone who goes to UVM or UMASS if their college president knows them

by name. Chances are, probably not.

Q. If you had to do it all over again would you? And would you have chosen the same major?

A. I would do it again in a heartbeat. I couldn't see me going to school for anything other than communication, especially concentrating in journalism. And I couldn't imagine doing anything else for the rest of my life. That's a result of the people I met at Castleton. Anyone that really knows me knows how much I look up to Dave. He's shaped me beyond words, not only as a writer, but a person. He's the type of guy you want to know, not only because he's got a great sense of humor and is personable, but he really cares about his students. If you give him 100 percent, he'll give it back to you and make you the best you can be. He was always there to give me words of encouragement and to gently kick my ass if I wasn't doing as well as he knew I could. I don't think I would love journalism as much as I do if it wasn't for him, and I don't think I would be as confident. I remember getting the e-mail when he told me I was a contender to be editor of the Spartan. I was like "What? Me? No!" but he believed in me. It's funny because I went to his book presentation and

he was talking about how influential his journalism teacher had been on him ... how much he looked up to him and respected him. It resonated because Dave is that person for me. Even though I've graduated, he's still so supportive and I can't thank him enough for all he's done over the years. There are so many other communication teachers that shaped my experience and made me feel like this is where I need to be. Sanjukta was hard, but she really opened my eyes to the world, and while we didn't always agree on things, she taught me how to argue my point in a constructive, educated way. She left for India during finals week last year and I cried when we said goodbye because it was the last time I would see her before I was done school. Not many other people can say that and it's just a testament to how much I care about these people and how much they care in return. I didn't take a class with Conroy until my last semester, but I wish I would have. He's so engaging and I've had some great conversations with him. You're not just another student to the teachers in the basement of Leavenworth. If it wasn't for them, my experience would have been extremely different, I think. But, because of the five of them, I wouldn't change a thing.



# CSC rugby community will miss ‘Moose’

By Callie Ginter  
Castleton Spartan

Keith C. Page, known as “Moose” and as the founder of rugby at Castleton State College, died March 7 at the age of 56 in Dartmouth Hitchcock Medical Center. It was reported that Page had been on a run when he suffered his heart attack, which led to bleeding in his brain.

Page was a respected community member in both the Rutland and Castleton area. In addition to starting rugby at Castleton, he coached the sport at Rutland High School. The Castleton State Col-

lege rugby community is feeling down these days after the death of the program’s creator.

Senior Savanna Jean, who plays rugby at CSC, said his passing is difficult.

“Even though I did not know him personally, through rugby his death has an impact on all of us. He was the founder who brought all of us together. He is the father of our family,” she said.

Freshman Samantha Raymond knew of Page more personally through the game of rugby. She expressed how involved he was with the teams and community and how he touched people’s hearts.

“Sadly I did not know him

outside of rugby, but he was always willing to help with anything. He was always willing to help ref our games when we had home games ... He had so much love for the game and the team. He left a good memory and touched every person he ever met. It’s going to be sad not seeing him on the rugby pitch, but I know the men’s team will play hard and have him in their hearts as they play.”

Senior Bridget Curran also praised Page.

“He was the nicest guy in the world. He was so patient,” she said.

To pay homage to his work, sophomore Mikaela Poley is

creating a t-shirt to be sold to establish a scholarship in his name.

“We wanted to give back to the community,” said Poley.

The t-shirt is designed with a picture of Page on the front and a quote on the back which reads, “Rugby – the game they play in heaven.” On the sleeve are the words “Moose Never Forgotten 8/26/1957-3/7/2014.”

The shirts will be sold at Scorpion Bowl on April 26.

Samantha Raymond contributed to this report.



Keith “Moose” Page, founder of CSC rugby, recently died of a heart attack.

# Spartans take two from Lyndon, improve to 14-3



PHOTO CONTRIBUTED BY CASTLETON ATHLETICS

Macyn Clifford dives head first into third base.

By Andrew Cremins  
Castleton Spartan

The Spartans baseball team won a pair of games from their

double-header against Lyndon State College this past weekend.

After a tough loss to Amherst Thursday, scoring only

two runs, the team was looking to bounce back by making more noise with their bats and commit less errors.

“We were much better de-

fensively,” Soren Pelz-Walsh said about the Lyndon game compared to Amherst.

Castleton brought their bats back to life scoring 22 runs in the two games combined while Lyndon State only mustered five total.

The Spartans won the first game 11-1 and the second 11-4.

Adam Greenlese and Devin Hayes took the mound for the start of the games for Castleton. Greenlese pitched a complete game giving up just one earned run through 27 batters.

Hayes pitched five innings giving up three earned runs on eight hits, also facing 27 batters.

Eight of the 11 runs scored by the Spartans in the first game came in the first three innings. After two quick outs to start the first inning Dan Errico got the offense sparked with a single; eventually brought home on a bases loaded walk RBI for the first run.

The rest was history as Castleton scored two more in that inning and eight more total to top it.

In the second game they didn’t show any signs of slow-

ing down, but scored the bulk of their runs in the later part of the game this time unlike the first game.

The Spartans notched a run in the third, fourth, and fifth innings. However, it was in the seventh inning, Castleton put on an offensive showcase scoring eight runs and putting the clamp down on the Hornets.

Zach Bahan got the seventh inning clinic going as a pinch hitter and getting hit by a pitch putting him at first.

Greenlese is a versatile player who cannot only pitch, but run too. Greenlese pinch ran for Bahan and advanced to second after Tyler Lord was also hit by a pitch.

The Hornets were only down three runs at that point until a handful of costly errors loaded the bases and put Castleton in position for the kill shot.

Matt McNamee reached first on the inning’s first error bringing home Greenlese for an unearned run.

The next pitch was a wild thrown ball, which Lord scored off and advanced Castleton base runners to second

and third.

Chaz Millet drove in a single RBI and stole second putting runners at second and third.

Nate Swahn, Soren Pelz-Walsh and Lord would round out the rest of the runs in the inning, eventually winning and sending the Spartans home smiling.

The team improves to 14-3 in the NAC and 17-8 overall. They approach the final stretch of games before trying to redeem themselves in the playoffs from last year’s disappointing finish.

A championship is certainly in the mindset of the Spartans closer to playoff time.

“I think we’re going to be real competitive,” said Pelz-Walsh. “I think our whole team has the mindset.”

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LOCAL & LONG DISTANCE TOWING

PHOTO CONTRIBUTED BY CASTLETON ATHLETICS

Members of the softball team sport their Strike Out Cancer jerseys at a home contest against Maine Farmington.

# Ladies improve in NAC

By Kaylee Pratt  
Castleton Spartan

The Castleton State College softball team is looking solid as the season nears it’s end, coming out of the weekend with a pair of North Atlantic Conference wins against Johnson on Saturday April 19.

The score remained at zero until the Spartans’ Brittany Brayman slapped a two-out double to left field in the 6th inning, starting the rally.

The top hitter for Castleton was Brittany Brayman with three hits and two runs scored. On the mound was Kayla Wood and Veronica Amone who both pitched four innings and had a combined five strikeouts.

For Johnson Alex Bean, Anna Bingham and Emily Himberg each had one hit, with Amanda Coulombe scoring the only run of the day for the Badgers. Pitching was Andrea Williams, who stood strong for a full eight innings, and was able to strike out four.

In extra innings Castleton was able to pull ahead, ending with a score of 5-1 while advancing 8-13 overall and 6-3 in conference play. The Badgers fell to 6-14 overall and 5-3 in the NAC.

The game changer was the 6th inning after Brayman doubled to start the streak and teammate Katie Gagne singled, allowing Brayman to

reach home for the first run of the game.

The Badgers only run happened during seventh inning after Emily Himberg singled and Coulombe pinch running for her. Coulombe advanced to second on a Bean RBI. After two wild pitches she was able to score.

Scoring was even at 1-1 until the eighth when four runs were split between Castleton’s Jessica Babcock, Brayman, Cassidy Auger and Chelsea Grady.

Last at bat was Johnson who just couldn’t come back with another run.

The second game ran a lot more smoothly for the Spartans who won 13-6, putting them at 9-13 overall and 7-3 in the NAC. The Badgers dropped 6-15 overall and 5-4 in conference play.

Brayman stepped up to the plate Castleton in the first inning as she got walked followed by a Gagne single. Then after an infield error and an RBI, Brayman was able to advance home. To conclude the inning was Babcock, Tori Fearon and Gagne who all progressed home on defensive errors.

It took the Spartans scoring twice more in the second for the Badgers to kick it into gear when Alex Macey hit a homer, knocking teammates Sarah Voorhis and Bingham in.

Castleton didn’t break down at all as they added three runs in fourth, two in the

fifth, one in sixth and holding Johnson at 3 until the seventh when each team scored one more to end the game.

The girls had a specific mindset going into the weekend and they new the games were crucial. Winning both to have a good shot at second place for conference play was the goal Babcock said.

Offense was really the key element that allowed the girls to clench both wins Brayman said.

“We produced at the plate and we got timely hits. We hit the ball solid as a team and played great defense and our pitchers did great as usual,” Brayman said.

As a team there are a few things they have been focusing on.

“Lately we have been working on communication, quality at bats, and clean sheets in the field. Our hitting really came through towards the end of the first game and we were able to continue with the bats to win the second game,” Babcock said.

Looking forward to rest of the season both Brayman and Babcock the team just needs to show up ready to play to their full potential from get go.

“We are a very talented team with all the potential to do great things we just need to put the pieces together,” Babcock said.

The ladies next contest will be on Saturday, April 26, at home against Lyndon.



# Lady Spartans clinch a NAC undefeated season



EMMA RUDNICK/CASTLETON SPARTAN  
**Sarah Clark sprints down the field facing opponent Husson during an April 19 contest.**

**By Isaac Devoid**  
*Castleton Spartan*

The Castleton State College women’s lacrosse team celebrated senior day with a 16-4 win over North Atlantic Conference opponent Husson, on Saturday, April 19.

The Spartans started off the scoring quickly as Maddy DaCosta found the back of the net with a pass from Blake Wardwell at 25:50. Wardwell had a nifty finish three minutes later off the stick of Kate Auer to put the Spartans up 2-0.

Castleton distinguished great defense and seven straight goals to make it 9-0. In the run Kim Gosselin and Kate Auer supplied a pair of goals. Grace Johnson, Sarah Clark, and Mariah Lesure each added

a goal on the seven-goal run.

Husson defender Mariah Carrier put the Eagles on the board, scoring one of her two goals on the day to stop the Spartan run.

Johnson then wasted no time pushing the ball down the ride and finishing low for her second on the day while Auer scored to make it 11-1, Castleton, into the half.

DeCosta used good vision from behind the cage to find Taryn Smith for an easy finish to begin the second half.

Husson then rallied off two goals from Carrier, and Hayley Thibeau to cut the Spartan lead to 12-3 with 22:50 remaining.

Jennilee Mark, DaCosta, Chantel Wilkin, and Jenna Bostwick rounded out the scoring for the Spartans.

Junior midfielder, Bostwick was excited to see the offense clicking.

“It was a great start heading into the postseason, I think we moved the ball really well as a team,” she said.

Coach Hannah Corkery is also excited to head into playoffs with a full head of steam.

“Today we played the most composed that I’ve seen all season, and we just enjoyed playing the game,” she said.

With their win today Castleton is now 6-0 in the NAC. The Spartan seniors now graduate with an 18-0 regular season record in NAC play.

The Spartans continue their campaign on Tuesday Apr. 29, as they host a NAC semi-final game.



## Sports talk

**with Eric Dowd**  
*Castleton Spartan*

It’s playoff time folks. With time running down before graduation, the Spartans are preparing for the postseason.

The woman’s lacrosse team has already punched its ticket into the postseason being the number one seed in the North Atlantic Conference tournament.

The men’s lacrosse team will enter the postseason being the number one seed after beating Maine-Maritime this weekend. Both of these teams are looking to get back into the NCAA tournament this year.

The NHL playoffs are finally here!

The Bruins will look to get back to the Stanley Cup. One thing is for sure is that all the series are going to be go down to the wire and people will put their bodies on the line.

Look at Anaheim Ducks captain Ryan Getzlaf, as he got hit in the face by a Tyler Seguin slapshot, got stitches, and played in the Ducks game to win over the Dallas Stars.

Oh, and a congratulations goes out to Union College. The Schenectady school picked up its first hockey national championship defeating the University of Minnesota 7-4.

While basketball has ended here at Castleton, the NBA playoffs are about to begin. But before I look at the NBA playoffs, how about the University of Connecticut men’s basketball team winning the NCAA Championship as a #7 seed, the first time that it has happened ever! I bet not many people had them winning the national championship, I certainly didn’t.

In the NBA, it is the first time ever that the Boston Celtics, New York Knicks, and the Los Angeles Lakers aren’t in the NBA playoffs. With that being said I look at this year’s playoffs to be very intense.

I look for the Heat and Pacers to square off in the Eastern Conference finals, with the Rockets and Thunder facing off in the Western Conference finals. I then look for two of the NBA’s best players to square off in the NBA finals: Kevin Durant and LeBron James.

Baseball is just starting and the Red Sox are not off to the greatest of starts, but it’s early in the season and they will hopefully come out of this funk. One thing I know that I will look forward to is seeing our baseball team play some home games. They will hopefully play at least two games by the time of this publication.

# Snow brings spring sport woes

**By Tyler Ackley**  
*Spartan contributor*

Last year, the Castleton State College softball team could be seen on their softball field in early spring shagging fly balls and corraling routine grounders. This year, Mother Nature forced the team to trade in their gloves for shovels in hopes of one day playing a home game.

Until spring break, snow completely covered the softball and baseball fields while Spartan Stadium had an intimidating fortress of snow walls surrounding it. On separate occasions, softball and baseball players could be seen shoveling snow in hopes of speeding up the process. They soon realized their efforts were futile.

“We have had six games canceled and four postponed. We haven’t been on our field at all,” said sophomore softball player Brittany Brayman on April 1. “Of course it was hard to walk by it every day, we wanted to be out there so bad.”

Teams for weeks had been relegated to Shape Gymnasium for practices, which bring its own set of challenges for players.

“It’s hard because the gym is so small. Outfielders can’t even get a fly ball and infielders see bounces they never will outside,” said Stephanie Sylvester a catcher on the softball team.

The lengthy Vermont winter forced what would be home games into long, tireless road trips. It also forced coaches and administrators to log hefty hours to reschedule games.

And home games being moved to other venues has caused issues with the budget.

“Despite the venue change, we are still responsible for paying the officials, the rental fee (for the venue), food, buses, and hotel fair for each contest,” said Deanna Tyson the Athletic Director at CSC.

The baseball team recently completed a trip that saw a home doubleheader moved to Franklin Pierce College. This trip required the team to play their games at 7:22 p.m. and 9:55 p.m., only to return home in the wee hours of the morning.

If the late arrival wasn’t



PHOTO CONTRIBUTED BY BEN STOCKWELL  
**The baseball team members shovel off their field hoping to play a home game. Below players sleep on the bus ride from a game.**

bad enough, the team then had to report back to Glenbrook Gymnasium for a 6 a.m. departure for their double-header the next morning.

“It was terrible. We barely even got any sleep,” said senior Joe Borowski. “It is not easy trying to get rest on those buses. You’re basically sitting on top of each other.”

In a move to preserve the Spartans chances of success in the next day’s games, Head Coach Ted Shipley left behind Steven Jurkiewicz and Ryan Crowley who were set to start at pitcher and catcher the next morning.

Though the lack of sleep can harm a team, Shipley doesn’t think all the traveling is necessarily a bad thing.

“There’s good and bad in everything. With all the travel it has given our team a great

chance to bond and come together,” he said.

It seems to be paying off so far as the team is first in the North Atlantic Conference with a 12-3 mark and 15-7 overall.

All sports have been affected by the winter but Tyson stressed that no team had been more affected by it all then the baseball team.

Although it’s been tough, Tori Ferron, the lone senior on the softball team, has remained positive and extremely understanding throughout her final campaign.

“Playing softball in Vermont there is always a chance of bad weather affecting our season,” said Ferron. “It’s unfortunate it’s my senior year, but everyone in our conference is dealing with the same bad weather.”



# Tennis anyone? Home sweet home for men’s lax playoffs



PHOTO CONTRIBUTED BY CASTLETON ATHLETICS  
**Adam McCaffery readies for a volley. The team has a 5-4 record after losing this weekend to Southern Maine. The team is back on the courts Wednesday against Green Mountain.**

**By Andrew Muse**  
*Castleton Spartan*

The Castleton State College men’s lacrosse team was able to secure home-field advantage in the playoffs and top seed as they beat Maine Maritime 21-7 on Saturday afternoon at the Spartan Stadium.

“I hope our guys know the value of getting home field advantage,” Head Coach Bo McDougall said. “We are fortunate to have the support of our great fans and it truly is an advantage for us.”

Zach Davidson and Alex Green led the Spartans with five goals each and recording four and one assists respectively. Sean Paradis added two goals while dishing off four assists and Taylor Swarter scored four goals in the win.

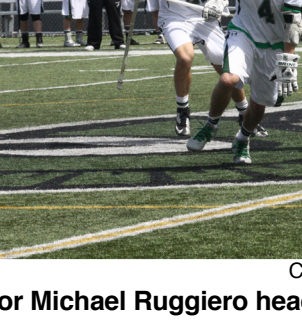
Castleton started the scoring early as Davidson netted a goal in the first 2:29 of the game and the Spartans were able to score seven more goals in the

quarter, including two from Green, Swarter and Davidson to take an 8-1 lead after the first quarter.

In the second quarter the Mariners came out strong with Nicholas Betti scoring 44 seconds into the quarter.

Davidson netted another 30 seconds later and both Castleton and Maine-Maritime scored once more before half bringing the score to 11-4.

“We have a lot of younger guys on our squad,” Castleton goal-



CASTLETONSPARTAN/EMMA RUDNICK  
**Junior Michael Ruggiero heads downfield with the ball.**

keep control of the game and outscored the Mariners 10-3. Green scored 20 seconds in but Peter Moore came back with a goal for Husson. The Spartans tallied off four goals in a row after including two more goals for Green, one

scored as well in the fourth as the Spartans won 21-7.

“We came out and played the whole 60 minutes today,” Latulippe said. “Home field advantage is great to have; we get opportunities to put on a show for our fans the whole tournament.”

With the win the Spartans improve to 10-5 on the season and an undefeated NAC record at 7-0, the Mariners fell 6-6 overall and 6-2 in conference play.

The final game of the Spartans is Tuesday at home against Johnson State at 7 pm

“We knew we were a young squad coming into the season with 16 freshmen,” McDougall said. “We had a tough out of conference schedule this season and that along with our senior leadership, helped our young guys learn and now we are going into the postseason with home field advantage throughout.”

Davidson and Swarter recorded their fifth and fourth goals respectively in the fourth quarter; Alex Denny

for Paradis and one for Zach Devoid.

Davidson and Swarter recorded their fifth and fourth goals respectively in the fourth quarter; Alex Denny



# Castleton Spartan

CASTLETON STATE COLLEGE'S STUDENT NEWSPAPER

Wednesday May 7, 2014      CastletonSpartan.com      Castleton, Vermont

## CSC hires new head of Public Safety

By Molly DeMellier  
*Castleton Spartan*

After more than a semester of operating without a director of Public Safety, Castleton College has hired Keith Molinari to fulfill the role. With a background in both law enforcement and Public Safety on a college campus, Molinari said he is eager to become a part of the Castleton community.

"I'm already in a place where I enjoy going to work. Every morning I look forward to walking out the door," he said.

Prior to accepting this position and uprooting to the Green Mountains, Molinari said he spent 15 years as a police officer for Sullivan County in New York State, until a car accident forced him into an early pension.

Shortly after, however, SUNY Sullivan contacted him and offered the former sergeant an assistant director of Public Safety position. As a result, Molinari said he spent the next eight years working as a liaison between campus officials and local police. Though happy in that role, moving up in the ranks was the next step.

"I wanted to be a director," he said. "I wanted to put my stamp on a department."

In order to make his mark, Molinari has a clear list of goals already laid out. First, he hopes to use his previous experiences to strengthen the communication between local law enforcement officers and campus officials.

With a rich background in emergency management, Molinari said he also plans to bring his experiences in this area to Castleton in order to maintain the safety of both students and faculty.

"It was already strong coming in," he said. "I think we can test it more. We have the potential to test it."

His third goal is to establish stronger interdepartmental connections. Specifically, in the Residence Life Department, Molinari said he wants both he and his officers to be involved in the Community Advisor training process. Additionally, he said he wants to be in communication with the Wellness Center as they handle cases of abuse and addiction.

Community Advisor of Adams Hall and Student Coordinator of Safe Ride, Kevin Santora said all of his interactions with Molinari thus far have been positive. Santora expressed gratitude for Molinari's support and interest in being involved with Safe Ride and said he is looking forward to working with Public Safety this summer as a dispatcher.

"So far without a doubt he's already had a difference with how people deal with Public Safety," Santora said. "And what I think is a great difference."

Santora has also had the opportunity to work more closely with the new director as Molinari has been living in the apartment on the first floor of Adams Hall until he can move into his new house with his wife Michelle and 5-year-old daughter, Ava, in mid June.

Molinari said that living on campus has been a huge asset as he works to assimilate to the Castleton culture.

"I can focus full time, be on site, see how student life goes in the residence halls. I eat in Huden," he said. "It's a great perspective and I couldn't have asked for anything better."

Despite this perspective on-campus living has brought him, Molinari said he is also looking forward to finally settling down in their new home, which is just three miles from campus.

"The best part is my wife

*Continued on page 6*

## Davis strives for equality in the athletic world



SARAH NOVENSTERN/CASTLETON SPARTAN  
**Former NFL star, Wade Davis, speaks to a packed Casella Theater on April 22.**  
By Jorah McKinley  
*Castleton Spartan*

Wade Davis was born in the south and raised in the church. He's an athlete, a golden boy, a

NFL star. He's also openly gay. On April 22, he came to Castleton and spoke to a full Casella Theater, detailing his journey from a confused kid in denial, to a self-loathing

young man desperately trying to blend in, to a proud and vocal adult with a mission to educate the public and improve the lives of others.

Davis is now the executive director for the "You Can Play" organization, which works to create an equal, respectful and safe environment for all athletes, no matter their sexual orientation.

"This is not a lecture; this is a conversation," Davis said. "I want you to engage me. I want you to challenge me."

**The bully**

From a young age Davis was taught that being gay was wrong, that you couldn't be masculine or an athlete if you were gay, and for a long time

he believed that.

In high school he played the role of the macho jock, the gangster and the bully.

"There was one kid in my school particularly. He was the only kid who was out, who was openly gay, and we'll call him 'John Smith'. But I never called John Smith John Smith. Every time I saw him he was 'the faggot,'" he said.

The word was harsh and shocking. It rung through the air and seemed to dig into the audience like it had claws. Davis was silent for a moment, letting the word sink in.

"John Smith was everything I wanted to be. He knew that vulnerability was a strength and not a weakness ... John Smith showed up in

the world with a shit load more integrity than I could ever hope to have," he said.

Davis spent his years in high school, college and the NFL putting on a performance. He tried having a long-term girlfriend, bringing a parade of girls back to his dorm, and blowing his NFL checks at the strip club because that is what a straight guy would do, right?

"My NFL career was filled with self hatred, filled with shame ... Instead of becoming a better player, I'm focused on the fact that someone may notice that I'm gay. Wow, what a lonely life," he said while reflecting.

*Continued on page 6*



PHOTO CONTIBUTED BY KYLAH LIVINGSTON  
**Castleton nursing students play soccer with children in an orphanage during their trip to Honduras this spring.**

## Helping in Honduras

By Molly DeMellier  
*Castleton Spartan*

As Castleton students trudged through campus in the early spring snow and slush, itching for their impending spring break, a group of nursing students got a head start on the journey to warmer climates.

However, this trip was not one of slinky bikinis and the cheapest brews a semester of saving bottle return money can buy. Instead, this group of students was on a medical mission to Honduras through the Global Brigades Holistic Development Program in which they provided medical and dental care to more than 700 Honduran villagers.

"The experience gave me insight in an entirely different way of life, an appreciation for the health care system and amenities we have in America," said senior Katie Holden.

According to nursing professor Margaret Young, Honduras was chosen because it is the second poorest nation in Latin America, behind only Nicaragua.

"Sixty percent of the people live below the poverty line," she said.

Young also said that cramped and unsanitary living conditions caused by this extreme poverty rate results in a tripled rate of infantile deaths annually compared to the United States.

Prior to the trip, the students had to update their immunizations and verify their shot records because of the bacteria and disease they would be exposed to. Additionally, for the entirety of their stay, armed security guards accompanied them.

"It was a little intimidating when they showed up with their machine guns," said senior Sarah Eichner.

Over the course of a week, the group held three clinic days in the villages of La Cienega and Juanquillos where they worked directly with villagers and held dental, pharmacy, education, and gynecological stations.

Student trip leader Kylah Livingston and senior Brooke Ann Boomhaver said they were able to provide a month's worth of medical supplies to each patient as well as hygiene packs containing soap, shampoo, toothbrushes, and toothpaste.

According to senior Josh Levandowski, the majority of

their first day was spent with pharmacists sorting the suitcases full of medications they brought with them.

"We had to re-label everything in Spanish," he said. "It was a long day of sorting but at the end we had the treat of going to the orphanage and seeing the children there."

Holden said the orphanage, run by Global Brigades, was where the foundation's owner grew up and was an empowering kick-start to the mission.

"Their faces just lit right up," she said.

The following day, the group set up their first clinic where they said they were swarmed with people in need of medical attention.

Although a few students studied Spanish to prepare for the experience, they unanimously agreed the language barrier was one of the obstacles to overcome.

Senior Ethan Klauzenberg recalled his encounter with an elderly woman whose triage information he gathered.

"I don't speak Spanish very well and she didn't speak any English so we really had to work together to get all the information I needed," he said. "She laughed at me a lot during the whole process and

at the end she smiled, gave me a hug, kissed me on the cheek and thanked me. There was something really familiar about her sense of humor and it made me appreciate how laughter transcends culture and language. I don't think I'll ever forget that."

The group said the most common symptoms they saw were bone aches, and the common cold and flu. They also said that although patients were being seen for current issues, it was evident they were planning for their futures, especially those with children.

"They were also stocking up for what they might need in the next three months," Young said.

Livingston said that because most of their patients cannot afford sunglasses, they also saw a great deal of eye issues. She recalled one albino child who was suffering from a severe eye condition and could not afford his own pair of sunglasses to protect his eyes.

"His eyes were almost crusted shut," Eichner said.

After seeing this child, a member of the Brigade from Wisconsin gave him her own sunglasses.

"He was just ecstatic," said Livingston.

Additionally, the group held a Children's Charla, where senior Sarah Alexander said the group focused on teaching children proper dental hygiene. She said the group was surrounded with children who had never experienced the luxury of a toothbrush and consequently their teeth hung rotting in their mouths.

"In the day I was there, we saw over 100 kids in an hour that we kept track of," she said.

The group accepted the challenge in strides and taught the children brushing techniques, entertained them while they waited in lines for programs, and provided them with dental supplies.

"We had hundreds of pages of coloring books for them," Holden said.

"Stickers are like gold to them," added Livingston.

The children echoed their excitement and marveled over the gifts of the Castleton Brigade.

"Kids would get in line and get their supplies and get right back in line. Either they were stocking up or they had brothers and sisters they were getting things for," Alexander said.

*Continued on page 6*

## Seniors prepare to say farewell to the Castle

By Jordan Seymour  
*Spartan Contributor*

One swift handshake with the right, one firm grasp on the rolled up piece of paper in your left and the mind-boggling realization that "it's all over" consumes your body.

On Saturday May 17 at 2 p.m., Castleton's graduating class will close the door on their college careers and embark on the journey to the rest of their lives.

It's a life altering experience to say the least.

"When you're a freshman you just want to break out of your shell and then all of a sudden you're a senior and

you wish you had more time. It's surreal," senior Amanda Phomnath said.

All those late night study sessions, dreaded hangovers and constant struggles to get out of bed in the morning have finally come to an end. Almost all of the 551 soon to be graduates of the 2013-2014 class can agree; this will be a bittersweet moment.

Nicole Ricci, a soon to be Castleton alum, encapsulates this distraught feeling about bidding adieu to Castleton.

"I'm sad to leave my Castleton family behind, but I'm excited to see what the future holds for me," she said.

Some graduating seniors

are leaving Castleton with full-time jobs such as Spanish education major Brian Garvey.

"Castleton has provided me with an exceptional foundation that has allowed me to land a full time position doing what I've always dreamt of doing by teaching in Columbia next year," he said.

Other soon to be graduates, like super-senior Isaac French, are struggling with the harsh reality of our scarce job market.

"Five years later and I still don't know what I want to do with my degree," he said.

Not only will the graduates

*Continued on page 6*





# Step up to the challenge people

Throughout my years as a student, I have evolved, not only as a student but as a person as well. I grew up in Rutland Vt., born and raised. I went all the way through the Rutland School system, which to many may not say very much.

I was just an average student, who was there because I had to be. I never actually tried to get anything out of my younger years, I just remember looking forward, and wishing time would speed up.

School was never really something that intrigued me, I'm sure part of the problem was a lack of interest, but what kid takes every bit of knowledge he or she learns and stores it away for a rainy day?

Well now that I'm a junior in college, I find that more and more of those rainy days are popping up, leaving me wishing I had tried harder and paid more attention. Which gets me thinking, in another five years, am I going to be kicking myself in the butt for passing up opportunities to further my knowledge to make a brighter future?

As of last year, I declared a major in communication with a concentration in public relations with a minor in writing. In the last year I have met some of the most amazing people who have helped me reach my full potential and led me to the dean's list every semester and cheaper car insurance.

I was never a straight A student nor will I ever be, but Castleton has given me the opportunity to achieve more than I could have ever thought possible.

College is a time to find yourself and what you want to spend the rest of your life doing.

No one is going to remember the awesome trick shot you made in beer pong last weekend. No one is going to care that you were hung over four days a week from not knowing your limits when finals come around and you have no idea what is going on.

Professors don't go into a class thinking "let's see who we can fail this semester." They probably go into it thinking, "should I even read the syllabus? It's not like they are going to follow it anyway," because we are slowly killing professors' trust in us as students to give them the respect they deserve.

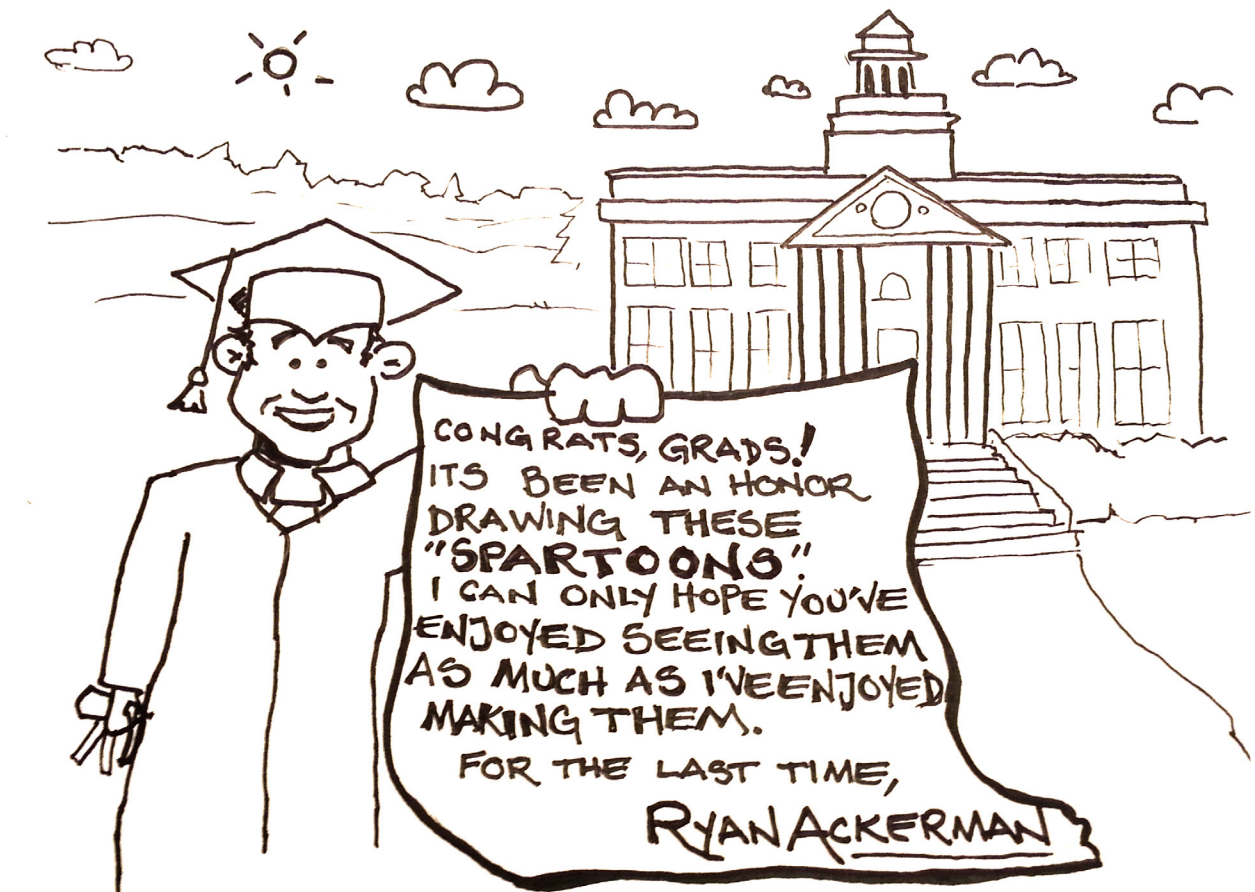
Times have changed and we as students are becoming less credible than ever before. We are pushing away some of the people who want to see us succeed the most, our professors.

Don't get me wrong, I skip class and like to have a good time just like every other college student. I have handed in late work, or not handed in work at all. But there comes a point where you grow up and realize you are only hurting yourself in the long run.

College is supposed to be the best time of your life and it can be. This is the beginning of the rest of our lives. The parties, the hangovers, the baseball games and social media will still be there.

But being in college also means we are adults who are now responsible for ourselves and our education. You're spending the money to be here, why not learn a thing or two in the process?

-Sara Miles



# Moving to the next chapter

I've been in this spot many times before. I type away in the dim light, my desk covered in papers, post-its, and books all illuminated by the tranquil glow of my computer screen. But this time, instead of writing a paper, I'm writing my goodbye to Castleton, a place I've come to know as home.

I began here in the Fall of 2012. I have worked harder than I ever thought possible. I attended school year-round, earned scholarships, aced every test, and now I'm graduating summa cum laude at the end of my sixth semester with a perfect 4.0 GPA.

To top that, I've received three job offers prior to graduation. I've accepted and started a position as an e-commerce analyst at Puma North American Headquarters in Massachusetts.

As I glance over at my regalia hanging on the wall and hope for the wrinkles to flee before May 17, I think about everything I've accomplished and how much I've grown here in this amazing place. But then I realize what I'll remember most isn't any of that – it's the people.

Twenty years from now, I won't remember the answers to tests or the papers I wrote. What I will remember are the amazing individuals I've met on this journey through higher education.

I'll remember talking with my communication department professors while nestled into my semi-permanent home in the communication lounge. I'll remember the students I've grown intellectually with. I'll remember coming up with cartoon ideas for *The Spartan* with the newspaper crew. I'll remember conversations with President Dave Wolk that ultimately changed the course of my life for the better.

Life doesn't happen in a silo nor does success. I never could have accomplished as much as I have without significant support from family, friends, and professors – particularly Bob Gershon and the rest of the communication department faculty. I am forever grateful for the support and encouragement I've received from these remarkable people.

If I could give one piece of advice to students and graduates, I would say that fear should never be the reason you don't do something. As soon as you leave your comfort zone and start pushing beyond your boundaries, you redefine yourself for the better. Never be afraid to begin something out of fear of failure, embarrassment, or inadequacies. If you're going to fail, fail harder. The only failure that's 100 percent certain is the failure from not trying.

As I say goodbye, I realize the end of this chapter only marks the beginning of the next. Although I'll no longer wander the halls or study in the communication lounge, a piece of me will always be at Castleton and a piece of Castleton will always be with me.

-Ryan Ackerman

# Congratulations!

Congratulations from the college writing committee to the following students, who earned Pass with Distinction on the culminating essays they wrote for the college writing assessment this academic year.

Thomas Bradder	Patrick Infurna
Emilio Cibula	Alicia Malay
Mark Flanagan	Cassandra Papandrea
Emily Haley	

## Come Climb!

**Where:** Castleton State College Rock Wall

**Location:** Bottom of Castleton Hall

**When:** Sunday 4pm-7pm and Monday-Thursday 4pm-6pm

**See You Soon!!**

**Follow us on Twitter @castletonrckwall**



# Castleton Spartan

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*\*The Spartan is the official student newspaper of Castleton. It functions to inform, educate and entertain readers accurately and responsibly. The College, its administration, faculty, student body and staff are not responsible for the content of the newspaper.*

# Senior reflects on progression

Everyone comes in to college with a different mindset. Some can't wait to leave high school behind. Some can't wait to escape their family and finally be on their own and some just want new and different experiences.

Me? I was all of the above.

In high school, I had friends, but I was never in the popular crowd. I floated from group to group. My best friends lived two towns away and I could only see them on the weekends. Also, growing up in a place where you have to look a certain way can be harrowing on someone who doesn't fit the mold.

Fairfield County, Conn. is a place where you pretty much have to look like a walking Lily Pulitzer or J.Crew model and I most certainly did not. I knew I wanted to leave Connecticut behind and start fresh where people could be themselves and I could finally be who and what I wanted.

I had to choose between Champlain College and Castleton State. My deciding factor was Castleton had sports. Champlain only had club sports and even though I had no sports knowledge other than horseback riding, I thought it was a very important part in a college career. I get thoughts once in a while wondering did I make the right decision? What would I be like at a big school? Would I have been better off at a different school or would I have a better chance of getting my dream job if I went somewhere else?"

Just days from graduation, I still have those thoughts. But honestly, I don't regret a single thing.

I had the opportunity to study abroad and live in London for nearly six months. Even though I'm lucky to go over there a lot because my mom lives there, having that opportunity allowed me to explore who I am and who I want to be. It forced me to get outside my comfort zone and try new things I didn't even know existed. I think that's what college is all about. Trying new things and stepping outside your comfort zone to find out what life can be about.

This college has made me who I am. Coming in to college, I was much heavier, wasn't comfortable with who I was, wasn't sure about anything, couldn't make a decision to save my life and I was a lot more shy.

I now have no issues talking to random people and strangers. I went down three clothing sizes. I am comfortable with how I look and who I am and I met some of the best people I have ever known.

I don't fully feel ready for the real world just yet, however. But I think these past four years helped prepare me and I learned a lot more than I realize I did. All the nights I can't remember, the good, the bad and the ugly, it has made these last four years the most incredible of my life and I wouldn't change it for the world.

-Emma Rudnick

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# Technology: tool or distraction?



PHOTO ILLIUSTRATION

**By Andrew Cremins**  
*Castleton Spartan*

Students in the 9 a.m. political science class sit scattered throughout the room as the professor lectures about Russia’s controversial government. Looking up from his notebook briefly to take a scan of the room, one student notices every single student face down looking at not their textbook or notes – but at their cell phones and computers.

Technology is continuously

paving the way for teachers to excel at their job, but only if they can tame non-class use of it.

There is a common consensus among a sample of professors at Castleton State College that technology is and can be a great tool for the profession, but they have to find balance for how to use it in classes while being critical of it when it’s not appropriate - in the case of cell phones for example.

Professor John Klein of the psychology department said, students like screens because they want to stay connected with their friends and professors are trying harder to gear their classes toward more technologically based settings to stay modernized.

“Nobody is immune to it [technology],” Klein said.

And studies show that increased technology use in classrooms has had positive impact on students learning.

According to a study in Auburn, ME, kindergarteners who used iPads scored better on every literacy test than those who didn’t. A similar study in California showed that 78

percent of students who used an iPad to learn algebra scored “proficient” or “advanced” on the California Standards Test. That was compared to the 59 percent who learned from a textbook.

The results from the report said the iPad was the “chief cause” for the improvement in test scores.

When it comes to illicit use of technology in classrooms, professor Abess Rajia, of the mathematics department, puts all of the emphasis on the teachers. Teachers today put too much blame on the student instead of looking for ways to be more effective, according to Rajia.

“Students text, because the teacher isn’t good or is boring,” Rajia said. “I give students a reason not to text by making them use their hands.”

The problem with cell-phones in classes could also be different teacher to teacher.

Andy Alexander, chair of the English department, doesn’t use the traditional lecture style method of teaching. Instead he uses more discussion-based forms of teaching

to engage students. He said he hasn’t had issues with students using cellphones, but said he might think differently if it was lecture.

Former professor Tom Conroy was just the opposite, using a lecture style method of teaching. Conroy was also well known for his cell phone basket. At the beginning of class he would have students put their phones in the basket, claiming he had to because of persistent problems with texting in class.

Richard Reardon, of the education department, is a strong advocate for technology in education and says its “unrealistic” to get rid of it.

“Sometimes you have to embrace technology rather than tell students to put their phones away,” Reardon said.

Technology is booming in the education field and showing no signs of slowing down. It is apparent teachers recognize this, while understanding the ball is in their court.

“Technology is as good as the instructor,” Rajia said.



ALEXANDRA JOHNSTONE/CASTLETON SPARTAN

**Castleton students sample ethnic foods supplied by the International Club outside the Campus Center.**

# CSC looks to grow globally

**By Alexandra Johnstone**  
*Castleton Spartan*

Recently Castleton has been making great strides to broaden its international program, including trying to get more international students attending CSC as well as seeing more Castleton students traveling to study abroad.

To foster these goals, the President’s Advisory Council was recently formed (to help expand Castleton’s international program). Debbie Singiser and Associate Academic Dean Ingrid Johnston-Robledo will co-chair the council while working closely with President Dave Wolk.

“I’m very excited about the prospects for increasing inclusivity and expanding our international population here,” Wolk said. “As well as encouraging more students to study abroad.”

Singiser echoed Wolk. “We can really get Castleton ready for more international students,” said Singiser.

With 70 percent of its student population from Vermont,

a while to fully take flight.”

Freshman Merna Ishak, one of two twins from Egypt, has found that Castleton was easy to fit into even though it’s different.

“The schooling is so much different in Egypt, we just wanted a better education and knew it was better here for us,” she said.

Professors and college officials have been recruiting in other countries hoping to spark interest with students to experience a completely different culture.

“Students can be introduced to people who might look or think differently than them, said Wolk. “It’s important that the college embrace the beauty of diversity.”

To improve campus life for international and local students, Castleton has been working to make it more unique by incorporating many new things. Cuisine will be broadened and a special cherished area to worship may be introduced on campus, Singiser said.

“We’re really looking at ways that we can be more welcoming to people from differ-

**“It’s important that the college embrace the beauty of diversity”**  
**-Dave Wolk**

Castleton is eager to embrace diversity with open arms.

“We want it to work really well for people at Castleton,” Associate Academic Dean Yasmine Ziesler said. “Everybody brings something to Castleton.”

Castleton only has 30 international students currently, and the council will look to raise that number although members realize it won’t be immediate.

“It’s going to take a couple of years before we see significant growth in international growth,” said Singiser. “As with any new program it takes

ent countries, cultures, races, and religions,” Wolk said.

Officials say Castleton just wants to become a more attractive place for foreign students so others like the Ishak twins from Egypt can be a part of Spartan life.

“Everything you do here is different, it takes some getting used to,” said Ishak. “I’m involved in things and I felt welcome here at once.”



JUSTIN HEPBURN/SPARTAN CONTRIBUTOR

**Professor Patrick Keller works with a student in the medicinal herb garden on campus.**

# Class cultivates medicinal plants

**By Justin Hepburn**  
*Spartan Contributor*

For 15 years, Patrick Keller has been teaching students the art of growing and cultivating medicinal plants using the campus’ herbs garden opposite the newly built greenhouse.

Keller, a biology professor from Rhode Island, has been demonstrating a nontraditional method of practicing good health and teaching students a preventative health care approach that is very different from western medicine teachings.

He teaches his Horticulture of Medicinal Plants class during the both spring and fall semesters.

“In the spring we focus more on germination and horticulture,” said Keller. “In the fall we focus on harvesting plants and then utilize different parts of plants to make medicine.”

Recently, Keller demonstrated how to transplant and move certain perennials. In a recent project, he and freshman Jesse Rowe made room

for newly sprouted seedlings that were ready to face the challenge of outside conditions.

“I’d much rather be outside working in the garden instead of sitting in a classroom,” Said Rowe. “It’s a nice change of pace.”

Keller enjoys seeing students take ownership for what they do. Students appear to share the enjoyment of the newly designed garden layout and the tidy keeping of the garden space. The plant life and healthy appearance seems to inspire the students.

Medicinal plants are utilized through a process of pulling the beneficial chemical compound out of the plant part and making tinctures, salves, capsules, or teas. The class mainly focuses on making tinctures – solutions of alcohol, water and plant material – for students to take home and use.

Between the two classes, students learn how to grow a plant in optimal conditions, how and when to harvest parts of a plant for their most medicinal value, how to properly

dry a plant and how to extract the chemical properties of each plant.

The class also discusses the benefits and disadvantages of western medicine and traditional Chinese medicine, and touches upon ethno-botany, which is the study of different cultural approaches to using medicinal plants.

The garden consists of a permanent collection of more than 100 plants, said Keller. Although some are grown inside the greenhouse, the majority of the plants are grown outside – most being perennials. When the class is over, students have the option to take home some plants that the class grew.

The classes also grow a smaller vegetable garden within the herbs harden. The plants are not grown solely for medicinal purposes, but for culinary and ornamental use as well.

Emily Haley, a junior enrolled in the class recognizes the importance of practicing this health-promoting lifestyle.

“I think it’s important to learn skills in sustainability

that will be relevant through our lifetime regardless of our major or career. This class is very practical,” Haley said, proudly revealing her sacred ginseng patch.

Senior Aric Marcille found the deep history of herbal medicine to be most valuable, saying “The fact that this approach has been around for so long says a lot.”

After graduating from the University of Rhode Island with a PhD, Keller moved to Castleton where he pursued a career of teaching a variety of science courses including general chemistry, bio chemistry, organic chemistry, analytical chemistry and cell biology.

Keller said he hopes interest in his work will allow him to teach a class or two during the summer.

“We used to run the class during the summer, but it has not been running lately. It would make a great summer class if we had the enrollment,” said Keller.



COURTESY PHOTO

**A Castleton student works with plants growing in the greenhouse.**

outside of the current green house. Droege says she hopes the new outdoor area can be used for meetings, classes or just serve as a place for people to hang out and eat lunch. Their original goal was to start this spring.

“I’ve been getting really solid bids from landscapers, so we’ll see if we have enough

money, or if we’ll have to raise more,” Droege said.

Paying for this project will be a little easier thanks to the grant the club received from Student Government Association.

Leadership of The Greenhouse Club is currently in transition with outgoing senior Presi-

dent Aric Marcille and in-coming President Jen Morelli.

“The Greenhouse Club is a lot of fun!” said Morelli. “Earlier this semester, we got to teach elementary students about our plants by playing fun, educational games with them like scavenger hunts.”

Morelli is excited about the club’s future and is looking forward to the garden patio project as well as plans to plant, harvest and dry their own tea.

“We are always looking for new ideas,” says Morelli.

Club member Mason Brown is glad she joined the club and said she has learned a lot in a short amount of time.

“Teaching the elementary students about the plants we have was my favorite part so far,” Brown said. “And I think growing our own tea will be awesome.”

Group members and leaders urge students and faculty to come check out their hard work or even consider joining the club.

“A lot of people don’t know about the club,” Droege said. “You don’t need any particular major or any background you just need to enjoy working with plants. We’ve had nursing students, psychology students, staff are welcome and have been involved. All you need is a love of plants!”



Campus Quips

Kelsie Boudreau and Sara Miles



What’s the largest state in the U.S?



Alexis Esposito  
“It has to be Texas.”

Who is the Comander in Chief of the U.S. Army?



Rachel Thompson  
“It’s not the president, wait! It is the president!”

What galaxy do we live in?



Eric Dowd  
“I have no idea, maybe the Milkyway Galaxy?”

What galaxy do we live in?



David Ievoli  
“Uhh well since we are throwing candy out there, I’ll go with Reese’s”

How many planets from the sun are we?



Dan Power  
“We are the third rock from the sun.”

What two countries border Niagara Falls?



Roy Fetters  
“Uhh, Canada and the United States?”

The eyelash viper expedition

By Professor Brad Coupe  
*Spartan Contributor*

DINK! DINK! DINK!  
Castleton’s herpetology class is in Costa Rica for April break. The piercing metallic calls of the diminutive dink frog penetrate the rainforest. We are searching for, among other critters, the eyelash viper, a beautiful, venomous snake that our guide says is found here. Unfortunately, it is late and we will call it a night without catching a glimpse of this variable snake that comes in green, brown, peach, yellow, and other colors.

Herpetology is the study of amphibians and reptiles, so the class, led by professor Cynthia Moulton and myself, spent time identifying them. In the tropics, where biodiversity is great and the landscape relatively unexplored, positive identification can be difficult. Coloration in frogs is notoriously variable — I think I found a narrow-headed tree frog, but it was browner and with a different pattern than the picture in our field guide. There are no anoline lizards in our books with a light-blue stripe over the shoulders. There is one with a white stripe, though the rest of the body is much darker. Are they the same?  
Still, success was often at hand. The green-and-black poison dart frogs, spiny-tailed iguanas, blunt-headed tree snakes, wood-colored salamanders and others were easily identified. While herpetology was our focus, the trip opened our eyes to other rainforest dwellers including scarlet macaws, three-toed sloths and florescent scorpions to name just a few.

The collection by one of our guides of a juvenile bush racer snake we found led to a discussion of the merits and morals of collecting ‘herps’ from the wild for display in zoos, for use in captive-breeding programs, and for sale in the pet trade. At some level, all of these have benefits and costs. Our interactions with our environments are fraught with moral gray areas. Sometimes, a practical assessment of ecological and societal impacts trumps moral responsibilities to wildlife.  
Sometimes, it does not.  
On our last night, we return to the forest dominated by the call of the dink frog. We are moving past common rain frogs and helmeted basilisk lizards that previously had been fascinating. We are looking for the eyelash viper. We are turning back soon and tomorrow we leave the rainforest for the concrete jungle of San Jose and the plane back to North America.  
I find a brown vine snake, a nice consolation prize. It is pencil-thin, four-feet long and gray, brown, and white with an elongated head. It isn’t dangerous to humans, though it does have fangs in the back of its mouth that deliver venom to lizard and frog prey. It has an impressive open-mouthed defensive display that shows off a dark purple coloration on the inside of its mouth outlined by white lips.  
We are admiring it when our guide turns around and sees a green, heavy-bodied, arboreal serpent with rust-colored blotches. This snake has two small scales that overhang each eye like lashes.  
DINK! DINK DINK.



PHOTO CONTRIBUTED BY BRAD COUPE  
The helmeted basilisk was seen by members of the herpetology class on their adventure in the rainforest.



PHOTO CONTRIBUTED BY BRIAN GARVEY  
Soon to be graduate, Brian Garvey, poses in Buenos Aires, Argentina where he worked at on orphange last summer.

Student lands prestigious Fulbright

By Dave Blow  
*Castleton Spartan*

In a little more than a week, Castleton State College senior Spanish major Brian Garvey will graduate.  
Two months after that and thanks to a Fulbright Scholarship, the Burlington native will travel to Medellin, Columbia – known across the globe for cocaine production and ruthless cartels – to teach English at the University of San Beunaventura .  
So why Medellin when he could have applied to teach English at one of 160 worldwide locations?  
“Because I want to teach people that it’s not all like the movies and TV make it sound like,” he said. “I want to come back and tell people it’s a cool place.”  
When he tells people he’s going to Medellin, though, he said the reaction

is consistent and involved jaws dropping and blank stares. He said even the father of his girlfriend is sending him travel warnings for that area, seemingly questioning his decision to go.  
“I just laugh. I see it as a reason TO go,” he said, adding that he has traveled abroad before including trips to Spain and Buenos Aries and feels equipped to handle Columbia.  
Garvey is the first Castleton student to ever be awarded the Fulbright English Teaching Assistant grant, which pays for all of his travel expenses, pays him to teach and pays for him to earn his master’s degree in the year he’s there.  
The 21-year-old Garvey said he feels “humbled completely” at being the first CSC student to get this opportunity.  
“But it really makes me want to encourage other students to apply and make people learn they can do it too,”

he said.  
Spanish professor Ana Alfaro-Alexander excitedly spoke about Garvey and his work at Castleton. He sponged up everything they threw at him including opportunities to travel to Spain and Argentina. The trip to Buenos Aires came about after he told her of his summer plans after junior year to work at Price Chopper.  
“I said over my dead body,” she said, recalling the conversation in which she told him he needed to do something far more interesting.  
He found a program called Cultural Embrace, and he ended up working with orphans in Buenos Aires.  
“He came back and said, wow, that was a lot better than Price Chopper,” she said with a laugh.  
Alfaro-Alexander and CSC Librarian Sandy Duling, also a Fulbright scholar, said Garvey landing this opportunity is also great for the school.

“It’s a big deal for Brian, and for Castleton too,” Duling said.  
Duling said the application for the grant alone is a hurdle with strict essay requirements. In addition, he was competing with students from lofty schools including Harvard, Cornell and Middlebury, she said.  
Duling said a Castleton graduate, Ashley Acuna, is waiting to hear whether she will be awarded a similar grant to teach in Malaysia.  
“I hope that Brian’s success will inspire other Castleton students to apply for Fulbright opportunities,” she said.  
And that was the message Garvey wanted to drive home too, that students need to get out and see the world and take advantage of opportunities the school offers.  
“The one thing I want to say is go abroad. That’s it, do it,” he said. “Even if you don’t think you have money to do it, there are ways.”

Those wild nights in Fireside Cafe

By Kaylee Pratt  
*Castleton Spartan*

It’s midnight at Fireside Café and it’s as if a rave just let out full of hungry obliterated people who want nothing more than to stuff their face with some greasy fried food.  
Inside the café, workers stand anxious, but prepared, as they do each weekend getting ready to be bombarded with people who are – let’s just say – not in a normal state of mind.  
But hey, it’s college!  
This is a place where people talk with a varied vocabulary unlike your average cafe, saying things like “what’s good homie?” “what up?” “how’s it goin bro?” or “hey girl hey!”  
As each person steps up to the deli counter it takes what it seems like 10 minutes to order, like they’ve never been there before.  
Oh, and by the way, if you didn’t get the memo, we don’t use the words “buffalo” or “chicken” here either.  
Demonstrating this on a recent Saturday night was a girl who was dressed in a vintage red, orange, teal and cream colored long sweater, with black leggings and black combat boots. She ordered a “buff chix” quesadilla, with a side of fries and the girl behind the deli said, “okay, and your name?” without any sort of reaction to what was just ordered.  
As more people flood the café, you could hear a variety of stories from people who were at a party that just got busted, or were just about to “hit up” another party.

Then the clock slowly crept closer to 12:30, which is the time Fireside closes Friday and Saturday nights, but that didn’t stop another crowd of people who walk in nonchalantly.  
From an outsider perspective, this set may seem a bit “out there,” but not at Castleton State College.  
“Saturdays are crazy! And Fridays especially too, because we are open a little bit later,” said CSC senior and former Fireside employee Megan Harris.  
She knows all about the rush of people that come in at once.  
“It’s really funny because all the sudden everybody looks at their clocks after they’ve been drinking since six o’clock and they realize that we’re about to close,” Harris said. “It’s like a swarm of kids starting to come in, eyes all blood shot and a little bit dizzy.”  
She finds it amusing when people are in line and they think the workers aren’t paying attention and they snag a piece of pizza and eat it right there, or when she’s sees people picking at the french fries, which she said is really gross.  
Still, that is not the most bizarre thing they have seen.  
“I saw one kid peel off a pepperoni from one of the pepperoni pizzas before,” Harris said.  
Emily Taylor, the new supervisor in Fireside, shared an equally wild story about the crazy nights she’s seen.  
She said one girl comes in drunk every weekend and she tries to flirt with a guy that works there, which she finds hilarious. She said the girl is convinced they’re in love – when she’s drunk.  
Taylor said one night, the girl went over to the piz-

za and looked at it and then took a piece of chicken off every piece of pizza.  
All of the workers were in awe, Taylor said, but the girl said, “it’s okay I know people here!”  
She said this girl comes in like this Thursday through Saturday each week.  
Another student witnessed a pretty gruesome puking incident in the dining area of Fireside.  
“I’ve seen a kid vomit pretty aggressively into the recycling bin with the two circles as a lid, trying to aim into it. I don’t know how successful he was, but it didn’t look pleasant,” junior David Ievoli said.  
Although the crazier stuff happens at night, the days at Fireside are just as busy, according Jeff Kurto, the Sodexo official who oversees all food produced at Castleton.  
“But certainly at 12:30 a.m., it’s a different kind of customer than at 11 a.m.,” he said.  
Kurto believes the unique exchange program the college offers is one of the reasons Fireside gets so hectic and the only way to alleviate this is to manipulate the program somehow. As of now students think of Fireside more as a second cafeteria.  
He said he loves the business they are getting and would like to assure everyone he is not at all disappointed in behavior of the students.  
“It’s stuff that we are used to on college campuses, and really, Fireside is the students café,” Kurto said emphasizing the word students. “How they behave there is how it ends up being. We really just provide for the on campus community. It’s really more for the students.”



# Comic Colin Ryan makes finances funny



By Catherine Twing  
Castleton Spartan

The audience couldn't stop laughing on April 23 in Herrick auditorium. What were they laughing about, you may ask? Money.

Yeah, not the answer you expected.

Comedian and speaker Colin Ryan presented his program "A Comedian's Guide to Money" to a small audience, making finances funny.

The audience learned many lessons from "Don't take your pants off at airport security" to "get a credit card so you can build your credit score."

Through a mixture of stories and facts, Ryan introduced the audience to the importance of saving their money so that they can buy time. The comedian says this was his secret to following his dream and making money while doing it.

Ryan's best advice to students? "Pick a goal and save towards it." He informed the audience that it's all about choices. You need to identify your spending weaknesses in order to budget and save.

Going out to eat is expensive, but for \$10 you can get 22 PBJ sandwiches, 12 spaghetti dinners, or 44 bowls of cream-of-wheat. Also, there is nothing wrong with your flip phone old iPod nano, but perceived obsolescence, the idea that your older items are useless, makes consumers believe that they need to spend their money on the newest items.

Ryan also made it clear that society is obsessed with becoming millionaires but not about staying millionaires. Less than 75% of millionaires buy used cars, meaning they save money despite the common belief that if you have the money you should spend it.

Audience members were also warned about the debt effect: spending more in order to feel better about the fact that you are in extreme debt.

The term "akrasia", a Greek word, means wanting to do something, but not doing it. This happens a lot with saving money.

Student Tyler Anderson said he came away from the presentation with the message that saving will let you do what you love and still make a difference.

Ryan encouraged attendees to visit the website he has made specifically for Castleton students in order to learn more about finances and money management: [www.astanduplife.com/esc](http://www.astanduplife.com/esc).

# 'Bittersweet' last show for senior theater students

By Joshua Bassett  
Castleton Spartan

There were many hugs and congratulations given out after the opening night showing of "The Bald Soprano" Friday evening in the Black Box Theater.

Many of the theater students involved had just one word to describe the feelings they had after working on their last show as a class - "bittersweet."

While many said they were happy to work with their friends, they also feel bad that this is possibly the last time many will work with each other.

"It's a little bittersweet, but it was really exciting," said Loren Spencer, costume designer for the play.

Other than two students who helped out behind the scenes with technical equipment, the entire show was done by senior theater students.

"I think it went really well," said Meghan Hakey, who played Mary, the maid, and was the director of the play.

She said it was the first time the seniors have all worked together on their own production without any input from the theater department.

"It was a great bonding experience ... It was nice to know it was all of our own decisions," said Mike Mitrano, who was the play's stage manager and sound designer.

Though the play was done without



CONTRIBUTED BY MEGHAN HAKEY

Castleton theater students during their opening performance of "The Bald Soprano" Friday evening.

any input from the theater department, the department does select which play the students perform. The play the students have to perform is also selected by the department based on three options chosen by the students.

Harry McEnery, the chair of the theater department, was very impressed with the play.

"It's wonderful, just wonderful. I couldn't be any happier," he said.

The play is part of a genre referred to by many who worked on it as "absurdism."

McEnery said the reason the play was chosen over the other two possible

options was because of how difficult it is to perform.

"It's got to be challenging or else they won't grow," said McEnery.

Martin Esslin, in his essay called "Absurd Drama," defines many of the characteristics of absurd theater or an absurd play.

"Narrative or discursive thought proceeds in a dialectical manner and must lead to a result or final message; it is therefore dynamic and moves along a definite line of development. Poetry is above all concerned to convey its central idea, or atmosphere, or mode of being; it is essentially static."



MOLLY DEMELLIER / CASTLETON SPARTAN

Campus Activities President Eric Dowd battles with the bull in the 1787 room above the Campus Center on May 3.

# Spring festivities at the Castle



COURTESY PHOTO

Castleton students enjoying Scorpion Bowl during Spring Weekend.

By Stacy Sullivan  
Castleton Spartan

Castleton's Spring Weekend, hosted by Residence Life and the Student Government Association, was packed full of events this year and was spread throughout two weeks.

Friday April 25 kicked it off with a rubber duck hunt in which ducks were hidden throughout campus for students to find and claim prizes.

Tickets to The Great Escape amusement Park, free admission to the Pond Hill Rodeo, movie tickets and gift certificates to Table 24 were all among the rewards.

On Saturday afternoon, the focus turned to the pavilion, which was tricked out with bounce houses, races and a tiki bar.

Taking a break from her nursing studies to partake in the fun was Sam Largess.

"It's good to see school spirit and students having fun in warm weather," Largess said.

While students were enjoying events on campus, off-campus celebrations including the annual Scor-

pion Bowl party were occurring after the women's rugby games as well.

Throughout the week, many other many other activities occurred across campus. Comedians like Monroe Martin and Dan Henig performed in Fireside free of charge. Bingo and poker tournaments were held on Thursday and Friday evening in the Campus Center.

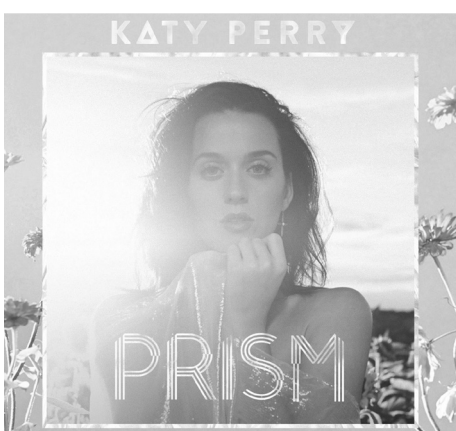
Campus Activities President Eric Dowd said he decided on the weekend of May 2 for SGA events because many students will be around campus.

"So many of the sports teams are hosting games this weekend with a lot of action happening, it made sense to have everyone included," Dowd said.

Sparty t-shirts and cups were handed out throughout the morning of Saturday May 3 and the day featured personal henna tattoos, road signs, smoothies, cotton candy - and mechanical bull rides.

Among the students participating was Tyler Hoare. "We're lucky that Castleton puts on these activities for us," he said. "Not all schools do these kinds of things."

# Music Review: Katy Perry



By Alexandra Johnstone  
Castleton Spartan

You may know her for her whipped cream tops and blue wigs, but for her fourth studio album Katy Perry went dark. "Prism" was released in October 2013 and quickly became Perry's fastest selling album to date.

Her previous album "Teenage Dream" had a successful tour and included six singles all on the Billboard Hot 100. But this album has a much different focus than the last though, and critics noticed.

"Prism" has singles that detail a long heart-break from her previous husband Russell Brand. Number one on the album, "Roar," is an empowering song that is just as fun to sing along to as it is to dance to.

"Dark Horse" with Juicy J was performed at the Grammy's and sounded almost the same as on the album. One thing I love about Katy Perry is her realness. I've watched the Katy Perry movie and seen the struggles she went through while divorcing her husband.

During interviews, she stated she had suicidal thoughts and was depressed after the divorce. After listening to this album, I could hear some of those feelings come out in her music, which I think is a great quality in a singer, not just singing about what you think other people want to hear, but also singing for yourself.

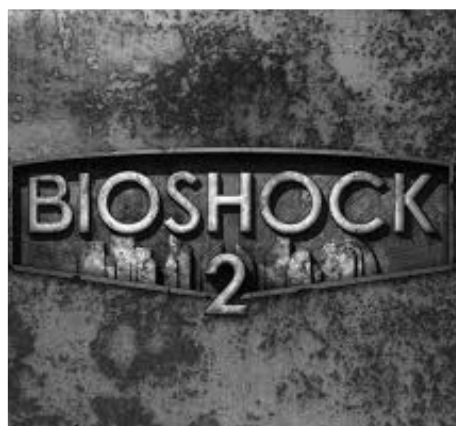
Number five on the album, "Unconditionally" is a softer song that lightens the playlist up just a little, but leaves you wondering if there's someone new in her life.

Even though this album was different from what we had all expected from Perry, this was just another side of her we hadn't seen before. Hearing a singer's personal side can make you enjoy his or her work a lot more. It's reassuring knowing they go through the same things as you and are still human.

Connecting to music is one of the best feelings, I think, and even though I couldn't connect with all the songs on this album, I know other people did. Perry released an album that left her so vulnerable it's hard not to appreciate it.

If you haven't listened to Katy Perry's new album, do it now and if you haven't listened to Katy Perry at all, you should be ashamed.

# Game Review: Bioshock 2



By Dashiell Monder  
Castleton Spartan

Bioshock 2 was released in 2012. The story begins in a sci-fi 1958 in an underwater city named Rapture. Subject Delta is awakened and confused by what is going on. Delta is an alpha series "Big Daddy", a sort of hero even though other Big Daddies are bad. He is attached to a "Little Sister" and helps keep her alive. Delta has a kind, gentle heart and thinks this Little Sister is his daughter.

There is an online multiplayer mode, where the players unlock many different characters after each level following a 10-minute match. Each of the characters that players get to unlock has different combat stats like faster agility and strength.

The weapons the players get to use are a rivet

gun, a drill, and a grenade launcher, and players also get to use a strange liquid called ADAM that turns in to plasmid, which is energy.

In order to refill them, the player needs to find an injector called EVE that players can buy from a vending machine called Circus of Values. They can also buy ammo from a vending machine that sells rivets, rockets and grenades. There are stations called Power to the People that allow players to upgrade weapons they currently have to be even more powerful than before.

In the campaign, players get to upgrade their health and EVE gauges to the maximum, and also players can get armor upgrades and melee attack upgrades to do extra damage to the enemies called Splicers, the mean Big Daddies and Big Sisters as well to have them die just a few seconds faster than before.

The music is 1950's style and most of the songs are instrumental, but other songs have interesting lyrics. The computerized graphics are very advanced. The gaming software includes intriguing weapon design, complex character design, and realistic area design.

The mechanics of the in-game chapters and multiplayer are more advanced than many players can wrap their heads around. The game itself and other additions like the sound effects are unbelievably mind blowing.

GamePro gave the game five stars, an amazing review. I hope non-video game players will try this game out and see for themselves and enjoy Bioshock 2 just as much as I have.



# Davis pleads for people to get involved

*Continued from page 1*

**Injury gives new life**  
Davis' NFL career ended with an injury and life got real. He was finally able to find his place and live a life that made him happy, away from the expectations and pressures of pro football. He moved to New York City, and was shocked and elated to discover the New York Gay Flag Football League.

"There are like 300 guys who play football and I'm like, 'Wow look at all these unicorns!'" He said, and the audience laughed. "I find a space for me. I find a family for me ... I was breathing for once. For the first time in my life I exhaled."

It was then that Davis started to realize he couldn't just think about himself anymore. There were kids out there going through the same thing

he had, and he needed to help them.

He began working with what he calls 'at-promised', instead of at-risk inner-city LGBTQ youths.

"I am blessed to meet the most amazing heroes and 'she-heroes' in my entire life. I meet young people who teach me to look at the world through an entirely different lens."

Davis shared one story of a transgender girl he once saw on a train. He noticed the people around her were looking at her in horror, and he pitied her, but she was smiling.

"Then I realize, this is not her first train ride. She's shown up in this world as herself before. Why the hell am I offering her pity?" he said. "There's no value in my pity. There's no value in calling her at-risk, but there is value in called her at-promised, and it's my responsibility as an adult to see that

promise and to use the privilege that I have to help her realize that promise."

**Can't do it alone**  
Davis made it clear that it's not just his responsibility. It's all of ours.

"You all have a lot of privileges or you wouldn't be here right now. Use that privilege to allow those kids to see their promise," he said, addressing his audience. "I'm begging you to get involved, because you don't need another Wade Davis ... You have the time ... These kids need you, but they don't need your pity, and they damn sure don't need your judgment. What they need is a friend."

"Can we get involved?" he asked. The students in the audience were quiet.

"Can we get involved?" Murmurs run through the crowd.

"CAN WE GET INVOLVED?!"

"YES!" they yelled in unison and broke out in applause.

That was then end of his presentation, but it wasn't the end of the conversation. Davis said there was no question he wouldn't answer, and the audience wasn't lacking any.

One Castleton student, Karsen Woods, called attention to the issues females face in sports and in the media as well.

Davis agreed, saying, "sexism is the root of homophobia." It gives people the impression that if they don't fit into their gender box then something is wrong, Davis said. We have to have a conversation that lets people know regardless of they're gender, sexuality or gender expression, that they are accepted as an athlete, Davis said.

"What coaches and admin-

istrators need to do is create an environment where they're intentional about the language that they use. You have to use language that lets your players know that you see them ... That lets the gay athlete know you know there's a possibility they're there."

Davis hopes to be able to have that conversation with every NFL team as a part of his work with "You Can Play."

When asked how this Soundings event compared to others, students Taylor Peters and Jake Kobryn said that it was more engaging, and it really was a conversation, not just a lecture.

"Frankly, I don't really care what you are, gay, straight, animal. If you can play, you can play. It doesn't matter," said Kobryn, a football player at Castleton.

When the event finished, students waited in the lobby to

talk to, hug, and take pictures with Davis.

"I've never had a bad reaction so far, which I'm grateful for, and I've probably spoken at 100 schools," Davis said.

"I really love being here," he said of his visit to Castleton. "From talking to the athletic directors, coaches and students here I think this school is doing an amazing job of making sure their students feel safe and embraced."

Davis gave his entire audience a challenge to get involved and share their privilege with young people, but what he really wants is small.

"If just one of you get's involved in the life on a young person then I've done my job here," Davis said.

## Bitterweet goodbyes

*Continued from page 1*

feel a sense of sadness leaving Castleton's quaint community, faculty members and underclassmen are also disjointed about losing beloved students and friends.

"Some of my closest friends are seniors. Not having them around next year is a harsh reality that I'm not looking forward to dealing with, but I know all of them will contribute great things in their future careers," sophomore Kelsie Boudreau said.

Student Services Staff Assistant Tina Betit comes in contact with almost every student on campus – and she feels it too.

"It's always sad when this time of year comes around. I've seen these students grow over the last few years so it's hard to see them go," she said.

## Library thefts

**By Rebecca Roe**  
*Castleton Spartan*

Vicky Barry was casually doing her homework in a library cubicle when she realized she needed to print some research articles. Not really thinking about it, she got up and left her belongings. When she returned she instantly began to pack up, but before she left she realized that something was different.

Her phone was missing.

"I was confused at first and thought it was in my bag," Barry said. "When I realized it was gone, I was pissed."

For the past month, many things have been stolen from the Calvin Coolidge Library. Recently, the library retaliated and put signs up that read, 'Attention. There have been reports of theft. Don't leave personal belongings — including textbooks — unattended.'

Barry said it's ridiculous to have to worry about possessions being stolen in the library.

"I've been at this school for five years and not once have I had this problem," Barry said.

Dean of Students Dennis Proulx mirrored her sentiments and shock.

"The American Library system is such a symbol of trust and community," Proulx said.

For longtime Librarian Sandy Duling, the recent thefts were troubling.

"Libraries operate on trust," Duling said.

But Duling and others said the thefts won't stop the library from being there for the students in need.

"We have not closed the gap. We still want to be a lending property," Proulx said. "We can't close the doors."

But library staffers are now strongly encouraging students and faculty keep an eye on their belongings.

According to the new Public Safety Director Keith Molinari, a crime can't happen unless there is a motive and an opportunity.

"We can't control motive, but a victim can control opportunity," Molinari said.

However, Molinari is not surprised about the theft of textbooks.

"It's not new to the academic environment. It's a common theft and it's an easy target. Like leaving a ten or twenty dollar bill on the table," Molinari said.

# Wolk: 'I'm so proud of you'

*Continued from page 1*

Others chose to forgo the line and took more creative measures.

"They were hanging from the trees," Eichner said.

Not every day was as light-hearted and entertaining as the Children's Charla, however. Castleton's Peruvian nursing major, Marilyn Nulsen doubled as a translator and a nurse in the gynecology clinic.

Nulsen said they saw not only women who had been exposed to harmful bacteria, but also those suffering from conditions like cervical cancer.

"We had one patient who was 16-years-old. She was pregnant and she had HIV," she said.

The nurses took pride in their insistence to see each person who sought their care. They anticipated the long days, but not the amount of supplies needed to provide the amount of care needed.

"We were able to see everyone," Nulsen said. "The last couple pap smears we didn't have gloves. I had to use plastic bags."

Despite the shortage of supplies, the group said the

villagers were thankful for any care they able to provide. One villager told Livingston after a clinic that they felt if they had their health, they had everything.

In their April 24 presentation of their experience in the Alumni Room of Huden Dining Hall many members of the group said they would

undoubtedly accept another opportunity like this in their futures. Livingston said she hopes to return as an alumnus and guide other Castleton students through the experience.

"Now after this experience I feel more motivated to keep helping people," Nulsen said.

Levandowski reflected on the changes of his profes-

sional perspective since he has returned to the Green Mountains.

"We're so technological focused here," he said. "You go down there and you just have to go down to the basics."

He said the experience taught him the value of being able to provide basic needs to make his patients as comfort-

able as possible when in his care.

President Dave Wolk took the opportunity to address the group following their presentation.

"So impressive. So heartwarming," he said. "I'm so proud of you. We all are."



PHOTO CONTRIBUTED BY KYLAH LIVINGSTON

**Nursing students get together and take a group picture while in Honduras.**

# Molinari takes over Public Safety



REBECCA ROE/ CASTLETON SPARTAN

**Keith Molinari is hard at work in his new role as director of Public Safety.**

**By Jorah McKinley**  
*Castleton Spartan*

When Ryan Ackerman first applied, they told him thanks, but no thanks, but the next day they changed their minds.

He got a call back asking him to come in after all. Three interviews later, and Ackerman is now an e-commerce analyst at Puma North America.

"I've bought more pairs of shoes in the last month than I have in the last five years," said the 24-year-old Castleton communication major as he sported Puma sneakers and the Puma logo on his t-shirt.

His job consists of studying the performance of Puma's North American websites and making recommendations on how they can be improved. This is just the type of job Ackerman was hoping to get after school, but he didn't have to wait until after graduation.

While still taking one class on campus and two online, Ackerman is currently working at Puma three days a week, but this isn't your typical work environment.

There are people playing ping-pong, riding around on Razor scooters and playing golf on the putting lot putting green.

Ackerman showed up on his first day wearing an oxford shirt and khakis.

"You would have thought I was wearing a tuxedo," he

said. "I can't even describe how cool it is."

However, this dream job didn't just fall into his lap. Ackerman has worked very hard at Castleton to make sure these types of opportunities would be available to him in the future.

A native of the Rutland area, Ackerman traveled to Boston for his first year of school, but after taking some time off he returned home to continue his education at Castleton.

"I came in and just wanted to do everything I could. I just tried to seize every opportunity I could. That's just kind of how I am in general. I don't like to be sitting still," he said.

Ackerman has been going to school year round and as a result, finished his degree in six semesters. Last summer he took 21 credits (3 online courses and a 12-credit full-time internship) all while maintaining a 4.0 GPA.

In his time at Castleton Ackerman displayed his talent for art and graphic design in *The Spartan* editorial cartoons. He also designed the logo for the natural science department, won a t-shirt design contest for Solar Fest and designed the Vermont Academy of Arts and Sciences logo.

"He puts a lot of effort into his work and really enjoys learning," said Ali Flewelling, a Castleton grad and Ackerman's girlfriend. "Castleton

*Continued from page 1*

likes it. I get to pick the job, she gets to pick the house," he said with a laugh.

Molinari's three other children, Heather, Samantha, and Chase who range in ages from 15 to 26 will remain in the New York State area pursuing their careers and attending school.

Castleton students are interested to see the outcomes of this campus change. Freshman Trevor Sayers said he hopes the director change will lead to changes in the parking ticket

process. He said the current policy of officers being able to write multiple tickets for one car is unfair and allows tickets to accumulate without students even being aware they violated a policy.

"I believe it's wrong to ticket someone and not notify them," he said.

Senior Nick Tubolino, a Public Safety dispatcher, said he has enjoyed working with Molinari over the past few weeks and expects him to be a positive influence on the campus.

"He seems motivated," he

said. "For the most part everyone seems very comfortable with him there. He carries himself very well."

This respect is mutual as Molinari expressed his eagerness to work with the faculty and staff throughout Castleton's campus, but especially within his own department.

"I inherited an extremely loyal staff," he said. "Their heart is with Castleton."

# 'The harder I work, the luckier I get'



RYAN ACKERMAN/ CASTLETON SPARTAN

**Ryan Ackerman stops in his new Puma offices to pose for a picture.**

has given him the chance to do all of the things he loves and then some."

Getting a dream job right out of school is not very common for graduates these days. Ackerman's advice to students would be to "do your homework."

"You've got to know what

the hell you're talking about," he said.

In his last interview for the Puma job, Ackerman prepared for his meeting with senior executives by studying their LinkedIn profiles.

"I got there two hours early and sat in my car reading their profiles," he said.

Ackerman mentioned a quote that has stuck with him for years from a golfer named Gary Player.

"He would say, 'The harder I work, the luckier I get,' and that is what has powered me through school," Ackerman said.



# Are CSC athletes dedicated in summer?

by Mike Davis  
Castleton Spartan

With Castleton spring sports coming to a close, that means summer is coming. But with summer fun comes other responsibilities for athletes to keep their bodies tuned for when they return in the fall. Some will likely come into camp in the fall out of shape and may not be able to do the running or requirements. But for the baseball team, that may not exactly be the case. Castleton Baseball Coach Ted Shipley said he supports his players in whatever they chose to do over summer – as long as they are improving and working on individual elements of their game. “We expect our players to compete in a collegiate summer baseball program. We start searching for these programs in the fall and it allows our players to work on different elements of their game,” Shipley said. “Some of our players work over the summer as well, so it might not be ideal for them financially to be able to just up and leave to North Carolina or somewhere like that. Others take the summer to rest because they have played too much.” But Shipley said he believes hard work in the summer pays off. “If you’re not trying to improve, then you’re going to get passed by,” he said. Even though daily summer workouts are expected by athletes in just about every sport

at Castleton, it doesn’t mean that they are in fact being completed. Without coaches hounding them, they can be easy to skip. But for Castleton football player Kyle Higgins, he gets that at home too. “Well over the summer I am home in New Jersey with my family, but that doesn’t mean I’m sitting at home on the couch playing Madden,” Higgins said. “My dad is the head football coach at our local high school, so I like to go and do workouts with him and try to learn and help out some of the younger guys.” Higgins continued on expressing his love and passion for the game and what it truly means to him to be a Spartan and be the best player he can be. “Football has always been a huge part of mine and my family’s life. My father was just inducted into the New Jersey Football Hall of Fame for coaching, my uncles and brothers are involved with football at other levels also. I just want to make them proud, so it would be stupid of me not to stay in shape and do the workouts. I want to succeed at Castleton and playing football, but more importantly I want to succeed in life and so far football has been my calling.” Castleton softball player Ruby Bushey also does what she can to stay at the highest level while on summer break. “We get required workouts from our coaches, but I don’t live near a gym because I live in the middle of nowhere Vermont,” Bushey said. “But my



COURTESY PHOTO  
**Strength and conditioning coach Al Jean oversees athletes during a workout, but what are they doing in the summer when he isn’t around?**

job as being a life guard allows me to work out as much as I want and on a beautiful, hot, summer day, who doesn’t want to swim in a pool or lake?” But some feel summertime is a time for vacations, spending time with family and friends, having fun and getting a break away from the college life. So although some athletes like Higgins and Bushey are trying to stay in shape, others may have other priorities. “I try to follow the workouts as much as I can,” Castleton Football player DJ Keough said. “But I am just so busy in the summer that it gets hard to fit time in for a set workout. I have a job which keeps me

constantly moving all summer, but I do find time to work out other ways like biking, hiking, swimming, and playing other sports. I won’t lie and say I do every workout every day, because I don’t, but when it’s time to get serious, then I know what I need to do.” As some athletes can continue to play sports throughout the summer, it may be a bit more challenging for a team like the women’s hockey team, but Head Coach Bill Bowes said a lack of ice shouldn’t stop players from staying in shape. “Brittany Higgins, our strength and conditioning coach, hands out a set of workouts for the summer that include cardio and weight lifting. Some workouts get missed because of working, social lives and spending time with friends and family, but most of our athletes do some sort of working out,” he said. According to Bowes, his athletes accomplish this in various ways. “Some play hockey in other places like overseas, and some like to get away from hockey because that’s all they do from September until May. But we like to have them shoot a lot of slap shots, even if it’s in their driveway at home,” he said.



## Sports talk

with Eric Dowd  
Castleton Spartan

As the clock is ticking, the days are getting closer to graduation, it means one thing for most of you seniors: your careers at Castleton are finished. While this may seem like a sad post, I don’t mean it to be, because I want to congratulate all the seniors on a hell of a ride these for years they have brought the school. You girls and guys woke up at 6am countless times to experience an Al Jean workout before scurrying off to try to get breakfast or at most a bagel before you had your 8am class. You girls and guys won numerous North Atlantic Conference championships, and played in NCAA tournaments. This year we saw woman’s basketball reach the sweet 16. These achievements will help boost the athletics here at Castleton for years to come. You dealt with both academics and athletics. I bet some of you did your homework on those long bus rides to Maine and on the way back if you admit it or not. The thing is you guys manage to have a better GPA than students that don’t play sports, which is impressive. What is even more impressive is that most of you do even more stuff outside of that. Some of you are CA’s, some of you are involved in a club on campus, while some of you mentor at the local elementary school. You dealt with Hurricane Irene. The football team’s locker room was ruined, countless fields were flooded, and you didn’t even lose a step. You continued to do the best you could with what you had available. The best part was while dealing with the damage on the Castleton Campus, some of you found time to go into Rutland to help with clean-ups for families that needed help. At such a crucial time you stuck together as teams to get the jobs done. Finally, you girls and guys were able to make long lasting friendships that will last after college. Don’t get me wrong everyone when they graduate will make those long lasting friendships. You got to spend six months with those friends, and spent time with them after the season was over. Some of you got to travel and see the world with those friends, which you will never forget. As this time comes and goes and as you move onto the “real world,” I just want to give a thank you to the athletes and the seniors of the Class of 2014 for a great run here at the “Small College with a Big Heart.”

# NAC champions - again!

By Isaac Devoid  
Castleton Spartan

With only 9.1 seconds left in regulation, and the score knotted up at 9-9 the Castleton Spartans women’s lacrosse team pushed the ball in transition to find a goal from freshman Grace Johnson just before the sound of the buzzer. The Spartans stormed the field to celebrate their third consecutive North Atlantic Conference championship. Castleton has never lost a game in conference history, although Thomas held them to the closest game in NAC history. Maddy DaCosta opened up the scoring for the Spartans with a nifty finish, from an even more beautiful feed from Blake Wardwell. Castleton continued their rally with goals from Brandi Whittemore and a free possession strike from Sarah Clark. Thomas then pushed the ball in transition to find a goal from Brittany Premo with just 11:06 remaining in the first half. Despite the goal Castleton continued to find the back of the net with a free possession shot from Kate Auer. Whittemore then stuck one of her three goals with a roll to finish off the stick of Auer to make it 5-1. Castleton appeared to be running away with the game, although that was not the case. Thomas made their presence known going on a 3-1 run paced by two goals from Jennifer Day to cut the Spartan lead to 6-4. Kim Gosselin then established great vision to find Blake Wardwell for a



COURTESY PHOTO  
**A Thomas College player is devastated after the Spartans scored the winning goal with 9.1 seconds left to capture the NAC title.**

goal to put the Spartans up 7-4 heading into halftime. Thomas goaltender Allie McCarthy started the second half brilliant, stopping countless shots to keep the game scoreless until 16:56 left in the first half. Premo, and Day used the momentum from their goalkeeper to find the back of the net, and make it 7-6 and bring the game within one. DeCosta and Auer each netted goals

to give the Spartans a comfortable 9-6 lead. However, the Spartans didn’t get too comfortable as Thomas scored three goals highlighted with two strikes from Jennifer Day, and just like that the Spartans found themselves in a 9-9 ball game. After a Thomas turnover, and 9.1 seconds left on the clock Tiffany Dan-yow cleared the ball finding Gosselin, who then threw a bomb down field to Grace Johnson, and scored with no time remaining on the clock to give the Spartans the victory. Johnson couldn’t have been more excited to net the game winner for her team. “It felt so great to score the goal, I’m still in shock the buzzer didn’t go off,” she said. Johnson was not the only one excited about the goal. Whittemore was ecstatic, and has a positive outlook on the postseason. “I was so proud of Grace, we just have to stay positive, play our game, and have fun,” she said. Whittemore was also impressive, pacing the Spartan offense with three goals. Coach Hannah Corkery was poised to go undefeated, and win the NAC championship in her first season at the helm of the Spartans. Corkery and the Spartans now look to tackle the NCAA tournament. “We are a team to be taken very seriously, and I’ve known that from the beginning. I think we’ll do very well,” she said.

# Men’s lax falls short in NAC championship

By Andrew Muse  
Castleton Spartan

Castleton went into the fourth quarter with a 10-7 lead but could not hold on as New England College outscored the Spartans 6-1 in the quarter to win the North Atlantic Conference Championship, 13-11 at Spartan Stadium on Friday night. “I give NEC a ton of credit for riding the wave of momentum,” Castleton Head Coach Bo McDougall said. “We had some opportunities in the third to separate ourselves from them on the scoreboard, but they withstood our rush, and used their own opportunities to turn the tide of the momentum.” Zach Davidson put in three goals and added an assist, while Alex Denny recorded two goals, and seniors Will Stuhler and Alex Green each scored two goals adding one and two assists respectively in the loss. In the first quarter NEC started scoring with Cam Scully, ripping a shot top-shelf putting them up 1-0. Castleton answered two and a half minutes later with Stuhler finding the back of the net for the Spartans, tying the game up

at 1-1. Zach Davidson added a goal in the first as well but NEC put in three and were up 4-2 at the end of the first quarter. The Spartans had the answer in the second quarter with Davidson and Denny each scoring a goal a minute apart halfway through the quarter tying the game 4-4. Louis Al-hage put one in for the Spartans with three minutes left in the quarter to take the lead. The Pilgrims found the back of the net with a minute left to tie up the game again but six seconds later Green answered the attack with a goal of his own to reclaim the lead going into halftime up 6-5. Davidson, Stuhler, Green and Sean Paradis each netted a goal in the third and went into the fourth up 10-7. In the fourth the Pilgrims started to surge and was with-in one before Denny ripped a goal to go up 11-9. It wasn’t enough though and NEC kept scoring and tied it up at 11 with four minutes left. Skyler Saunders scored the go-ahead goal with three minutes left then sealed the victory for NEC with a minute left winning 13-11. “Definitely a tough loss, our seniors didn’t deserve that outcome,” Davidson said.

“We are a young team though and we will be back next year with an even bigger chip on our shoulder.” Peter Latulippe recorded 17 saves but took the loss in net for the Spartans. “This squad played as hard and as together as any team I’ve been a part of,” McDougall said. “Many in the lacrosse community tabbed this year as rebuilding year, during the preseason. This group of guys, led by our great senior class, refused to settle for a rebuild.” Davidson filled the stat line this season recording 106 points with 57 goals and 49 assists. He also became the first Spartan ever to record 300 points in a career and is only a junior. “It’s pretty cool to reach that milestone but I don’t really care for stats as much as winning,” Davidson said. “Alex Green has been my right hand man and we play really well off of each other I am going to miss him come next season.” He was awarded the NAC player of the year for the second year in a row and will be back for his senior campaign looking for a NAC Championship. “Zach is a special player.



EMMA RUDNICK/CASTLETON SPARTAN  
**Players of the men’s lacrosse team battle for a ground ball during the NAC championship game.**

Sometimes, what gets lost in his stats is how great of a teammate he is,” McDougall said. “His unselfishness is reflected in his stat line, as he’s just as happy to assist on a goal as he is to score one himself. He makes everyone around him better.” The Spartans end their season with a 12-6 record while the Pilgrims improve to 14-3 and earned a berth in the NCAA tournament. “We are very very excited about what’s to come. We’ll return both the conference player of the year and defen-

sive player of the year,” McDougall said. “We’ve also seen great development in this deeply talented freshmen class. If they continue to stick together and work as hard as they have; they could take this program to new heights.”



# Softball team swept by Husson in NAC championship game

**By Andrew Cremins**  
*Castleton Spartan*

The women’s softball team traveled to Maine where they opened up playoff action and potentially ended their season all in the same weekend unless they get an ECAC bid into the NCAA tournament. Things were looking good for the Spartans winning the first three games against Lyndon State College, Thomas,

and Husson in that order. They played Lyndon Friday, then Thomas and Husson Saturday advancing them to the NAC championship. However, things slid for Castleton as Husson defeated them in two games Sunday – losing the championship. The Spartans lost the first game 3-1 and the second 7-5. The first of two against Husson, Kayla Wood got the start going 6.1 innings pitched,

giving up 3 hits, 3 earned runs, 3 walked batters, 3 strikeouts and 1 homerun. Husson’s Kayla Merrill got the win who is also the NAC softball player of the year. Merrill went 7 innings pitched, giving up 5 hits, 1 earned run, 3 walked batters 7 strikeouts and 1 homerun. Leading the Spartan offense was Tori Fearon and Brittany Brayman. Fearon had 1 hit, 1 run batted in, a home-

run and 1 walk. Brayman had 2 hits on three at-bats. The second game featured pitcher Katie Gagne for the Spartans. Gagne gave up 7 hits, 7 earned runs, 4 walked batters, and 6 strikeouts; five of them came in the seventh inning. Merrill pitched the second game too for Husson, going 6.1 innings pitched and giving up 7 hits, 5 earned runs, 1 walked batter, 4 strikeouts, and

two homeruns. Jessica Babcock carried most of the load for the Spartans offensively. She tallied 1 run herself, 2 hits and a two-run homerun. Regardless of the result, the Spartans traveled to Maine with a sense of purpose. “We battled as much as we could. This whole weekend we came ready to play,” said Ruby Bushey. “We did our best.” As far as getting a bid to

into the tournament, Bushey feels they have a good chance. She explained how beating quality teams like Husson and Plymouth will help their odds and will know for sure on Wednesday. The Spartans will finish 16-15, 11-3 in the NAC unless they get a bid. They will finish in second place in the NAC behind Husson regardless if they get the bid or not.

## Tennis team ends at 8-6

**By Kaylee Pratt**  
*Castleton Spartan*

The Castleton State College men’s tennis team ended the season on a good note, going 8-6 overall and 4-2 in the North Atlantic Conference. Head Coach Bruce Moreton, who has held the position for 14 years, was very proud of the team’s success and said he had high expectations early on. “At the beginning of the season I believed Castleton would end up in second place in the NAC, which is exactly what happened,” he said. Last year the men went 10-5 overall and 5-1 in conference play. Even though the record looks pretty solid, Moreton said the team looked even better this year. “Overall we had a good season. From top to bottom the team was stronger than last year. The players were committed and worked hard and to improve,” he said. After a great season there were many highlights to look back on but Moreton said there was a few that stuck out in his mind.

He said the best thing was watching the number three doubles team, consisting of Matt Trombley and Mike Divis, as they won their semi-final match in the NAC tournament. Moreton also said another memorable moment was defeating Thomas College in the tournament after losing to them two weeks previous to the match. However, with each season new talent is brought in and talented senior are lost. Next year the team will be losing some key players, including Adam McCaffrey, Mike Divis, Matt Trombley, and Josh Dower who have each contributed and led the team to where they are now. Moreton said this group of guys would have made it to the finals in the NAC tournament their sophomore year if it weren’t for a few unfortunate injuries. He is especially happy for them this year and described the experience “gratifying,” for making it so far in their career. The Spartans will be returning four of their six starters, which makes for a pretty solid team next year but Moreton knows he will have to scout some new players to make a full team and achieve the goals for next season. “In order to win the NAC championship we will have to find strong players and convince them to come to Castleton. So I will prioritize recruiting outstanding tennis players,” he said.

# Stockwell, the man behind the stats

**By Stacy Sullivan**  
*Castleton Spartan*

All Castleton State College student athletes, employers, fans and anyone else who has entered the Spartan Athletic Complex knows the face of Ben Stockwell. Stockwell is director of Athletic Communications at Castleton and has been since March of 2013. He was promoted to the position after working as the Associate Sports Information Director. Prior to both these jobs, Stockwell was a graduate assistant at Castleton. He is in charge of sports press releases, updating sports on the school website and social media sites, covering games and taking down stats – and he does it seven days a week. He graduated from Ithaca College in 2008 with a degree in sports media and minor in

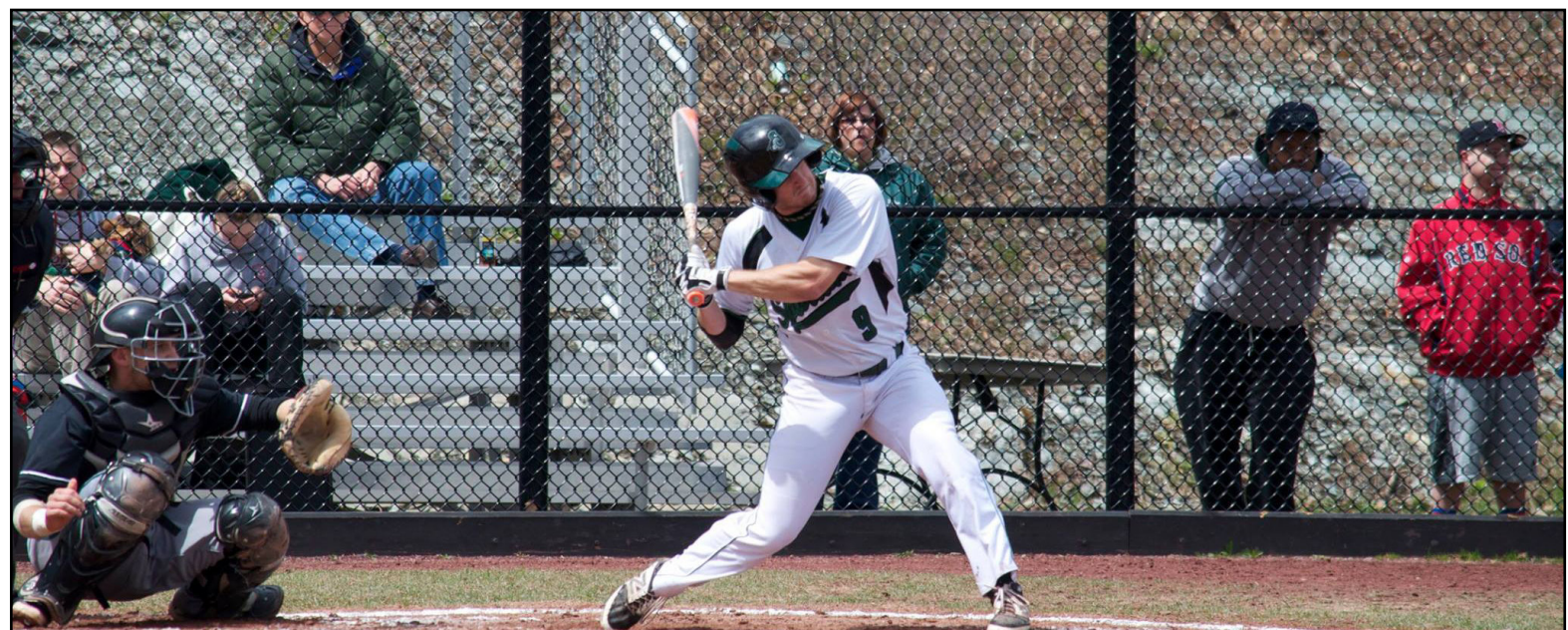
marketing and writing. Stockwell spent two years as athletic communications assistant for the University of Pennsylvania and interned at Stonehill College and Dartmouth College. “Make your internships count. There are thousands of kids with the same degree, what makes your stand out?” Stockwell said offering a bit of advice to students. Senior communication major Eric Dowd interns with Stockwell in the athletics office and spoke about the professionalism expected. “He wants my work done very well, he won’t settle for ok,” said Dowd. Stockwell admits building a resume can be hard, but he said will pay off in the end, as it did for him. His favorite part of the job is working with the student athletes. “Seeing the success of stu-

dent athletes on the field at championships is one of the most rewarding parts about my job,” Stockwell said. He specifically recalls three years ago when both men’s and women’s basketball teams won titles. “The crowd and team spirits were remarkable that day,” he said. Senior field hockey player Rachel Preusser said athletes appreciate all the work Stockwell does. “Ben cares a lot about Castleton sports and is always willing to put in effort to help the athletes. He did a lot for us on the field hockey team and I know that I speak on behalf of the team that we appreciated everything he did for us,” Preusser said. Stockwell currently serves as the principal contact for all Castleton’s 20 varsity sports. Another appreciative student athlete is captain of the



COURTESY PHOTO

**Ben Stockwell takes the field for another assignment.** girls lacrosse team Sarah Clark. “Ben works with the website and Twitter and Facebook constantly updating about our team and others. He helps spread the word about our games, but also recognizes us for other things we have done on and off the field,” Clark said. Stockwell admits his work can be a little stressful at times with games happening all year round and all days of the week, but he said it’s all very worth it. “My office is the Spartan Stadium, how more lucky can I get?” Stockwell said.



KATIE SAULT/CASTLETON SPARTAN

**Macyn Clifford takes a big cut at a playoff game on May 3 against Husson at Castleton.**

# Baseball team wins another crown

**By Stacy Sullivan**  
*Castleton Spartan*

The Castleton baseball team claimed its fourth NAC title in seven years against Husson University Sunday at Spartan Stadium. But Castleton Head Coach Ted Shipley wasn’t as ecstatic as someone may be after a championship win when asked to react. “I guess relieved,” said Shipley. “They’re all special, but once you’ve done it once you kind of expect it after that.” Castleton’s 20-3 record was the conference best and gave them home field advantage throughout the tournament. The Spartans fought hard winning the first game against Husson allowing them to con-

tinue to the championship game. The Spartans started the conference tournament against Lyndon State College May 2. Castleton prevailed over the Hornets 7-2. Samuel Spencer pitched eight innings for the Spartans allowing one earned run and five strikeouts. At the plate Joe Borowski finished the day with a home run and two RBI sparking the late rally. Matt McNamee added four hits and a run batted in. In the eighth inning the Spartans dominated play and scored four runs to seal the victory. After the win against Lyndon, Castleton advanced to play Husson on Sunday. The game ended with a victory for the Eagles but not

without a fight from the Spartans. Adam Greenlese pitched 5-2/3 innings giving up three runs. Replacing Greenlese was Devin Hayes. The Spartans ran into trouble in the 8<sup>th</sup> inning allowing four runs with the winning run walking across home plate. Nate Swahn led the Spartans attack with a triple, a double and one RBI. Dan Errico had two doubles and two RBI’s. The Spartans fought but fell short 7-6. After the loss, Castleton rebounded against Maine Farmington with an 8-2 victory. Pitching for the Spartans was Connor Johnson, who threw a complete game allowing one earned run. Swahn and

Errico led the offense with a home run each. Macyn Clifford ripped a double in the fourth inning. Championship day started with a win a 6-1 win in the first game. Steven Jurkiewicz had a complete game only allowing four hits and striking out five batters. Allen White led the Spartan attack with four-doubles and two-runs-batted-in with McNamee and Clifford each recording a double. In the championship game, Luke Salerno started pitching for the Spartans and went eight innings and allowing two earned runs. The Spartans got off to a hot start scoring four runs in the first inning and three more runs in the third with an RBI

single from Taylor Vile. White led the Spartan attack again with a triple and an RBI. Borowski and McNamee both had two hits helping lead the Spartans championship victory. Swahn was voted tournament Most Valuable Player while Jurkiewicz and White received all-tournament team. Asked how the win felt, outfielder Allen White said “it feels good. I wouldn’t have wanted to win it with anyone else. As far as the chances of winning in the first round of the NCAA tournament, Shipley put it quite simple. “All we can do is what we can,” Shipley said.

# O’Connor builds a ‘family’ out of soccer team



**By Nick Lingardo**  
*Castleton Spartan*

John O’Connor set the standard for what was to come for Castleton State College soccer. In his first pre-season, coaching in a calm but confident tone, he reassured his new players with his knowledge and passion. That is what a leader of a family is all about. As long as they put the work in, he said this knowledge and passion would be seen in their play. On and off the field, the players found an uplifted spirit. Something was going to be different. They would be a family. The team worked together as movers, tour guides and jokesters, but most of all as those who would go that extra mile to help the family reach

its goal. At the end of every practice, before every game, the chant was clear. Family. This word brought the team together and summed up everything that O’Connor and his new Spartan squad were all about. Going into the spring after a tough home defeat to Thomas College to end the season made the team train even harder over the winter. “The guys were dissatisfied and that pushes them,” said O’Connor. This past season was more about teaching O’Connor’s style of play and trying to get everyone on the same page. Michae Tanke, a grad assistant and former semi-professional soccer player, feels the CSC soccer program is evolving for the better. “It is a natural evolution and we are perfecting the philosophy even more than we did in the previous fall,” said Tanke. Now that the team is becoming more familiar with this attack-minded style, they can put it to the test this spring. O’Connor has made a few

key changes for their spring and regular season schedule, making it much more competitive. With the introduction of Keene State, Johnson and Wales, Eastern Connecticut and Plattsburgh, the Spartans look to compete regionally instead of just in-state. “When you play good teams, no matter what the result is, you’re going to get better,” said O’Connor. The returning players share the same mentality. “In my opinion we are the best team in the NAC,” junior striker Vinny Addonisio said with a confident smirk. “But nothing is going to be handed to us.” The goal of this Spartan team is not your regular, win the NAC or bust, it is much more than that. “Winning is a result, not an action,” said Tanke. “Our goal is to play perfect soccer.” Junior midfielder and captain of the team, Bryce Kaler, feels the team has the potential to be perfect. “With the style that O’Connor implemented, it feels like a realistic goal,” said Kaler. What O’Connor brought



EMMA RUDNICK/CASTLETON SPARTAN

**Castleton’s Bryce Kaler dribbles past alumn Nick Johnas.**

from his previous coaching position at the University of Rhode Island to Castleton is his belief in a strong regular season schedule. “You’re exposed to greater talent and that can be important when you get to post-season play,” said Kaler. The men’s soccer team now has the potential to be the first male team to get an at-large bid for the NCAA tournament. Those go to teams who are regular season conference champions who fail to win their post-season conference tournament.

“When we reach our full potential, if we do that, then we will do those things,” said O’Connor. By bringing a Division I coach to lead the soccer program, you get their knowledge and experience. “I still consider myself a young coach and am really lucky to have someone like OC to go to,” said Chris Chapdelaine, women’s soccer coach. “Last year was the first time in my nine seasons that I had that chance and someone who is willing to work with

me ... is priceless,” he said. Athletic Director Deanna Tyson said she believes the bar is rising for all Castleton sports, not just soccer. “Word has gotten out and people are more interested in our programs,” Tyson said. The Castleton soccer team already has a prominent name in the state of Vermont and now the program as whole is trying to become regionally known. “We are trying to get our name to be a recognizable team in New England more than it already is,” said Tanke.